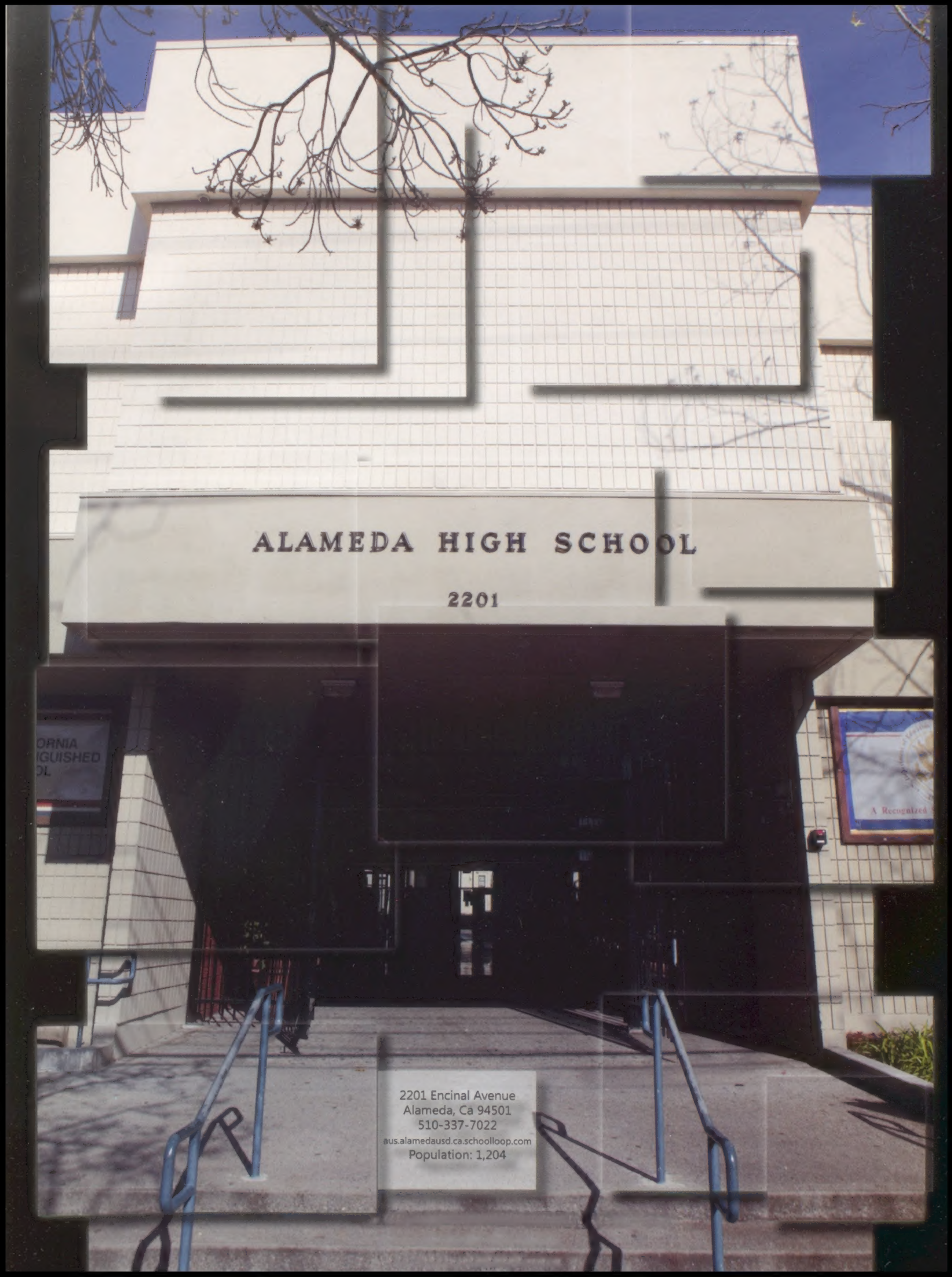
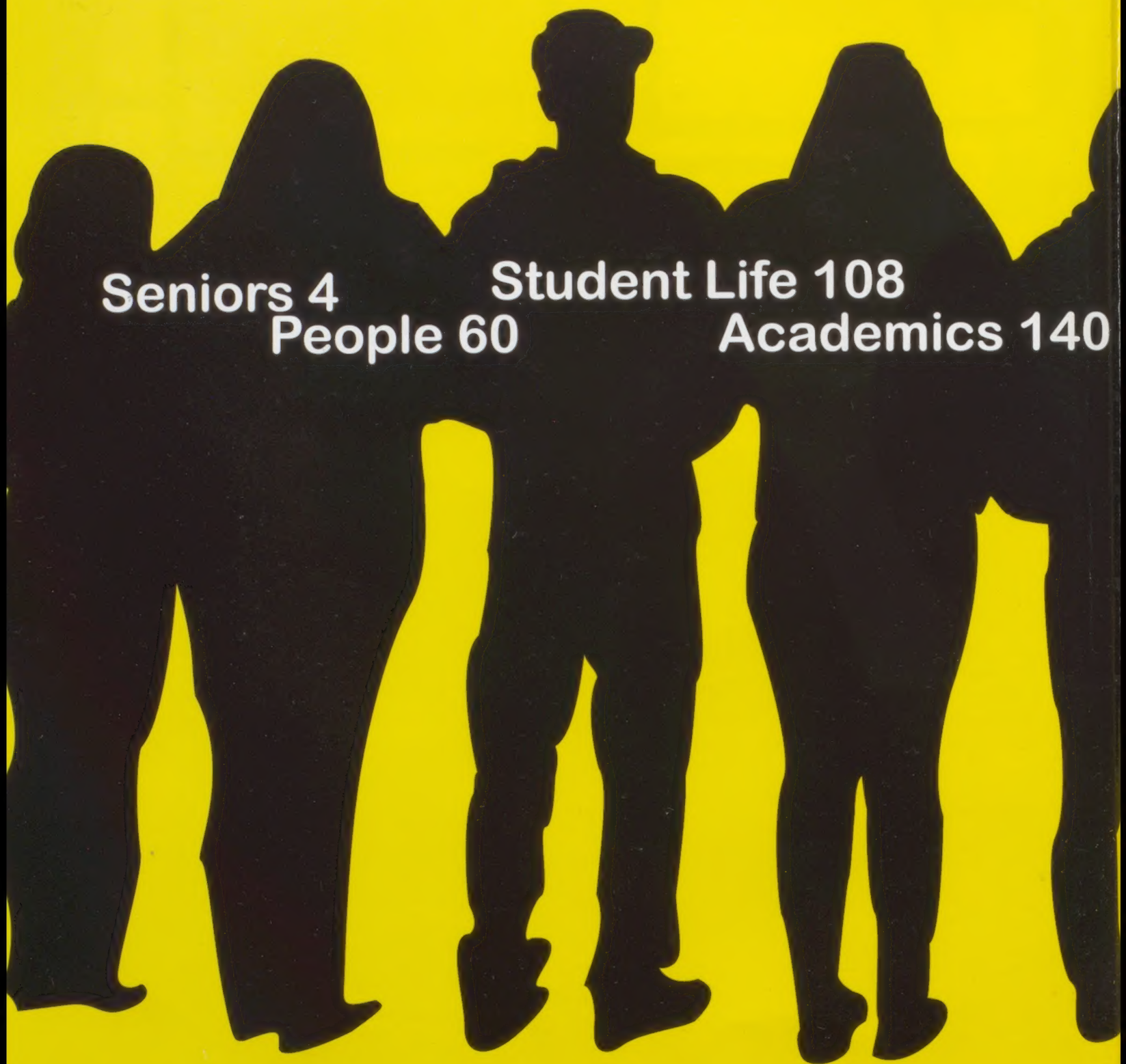
Layers
2011


ALAMEDA HIGH SCHOOL
2201
2201 Encinal Avenue
Alameda, Ca 94501
510-337-7022
aus.alamedausd.ca.schoolloop.com
Population: 1,204

Each person consists of many layers. Layers make up the complexities which embody each individual. Each person's layers overlap and each of us share components of them with other people. As our identities evolve, each layer represents another aspect of our life. When we begin high school, we have fewer layers than when we exit.



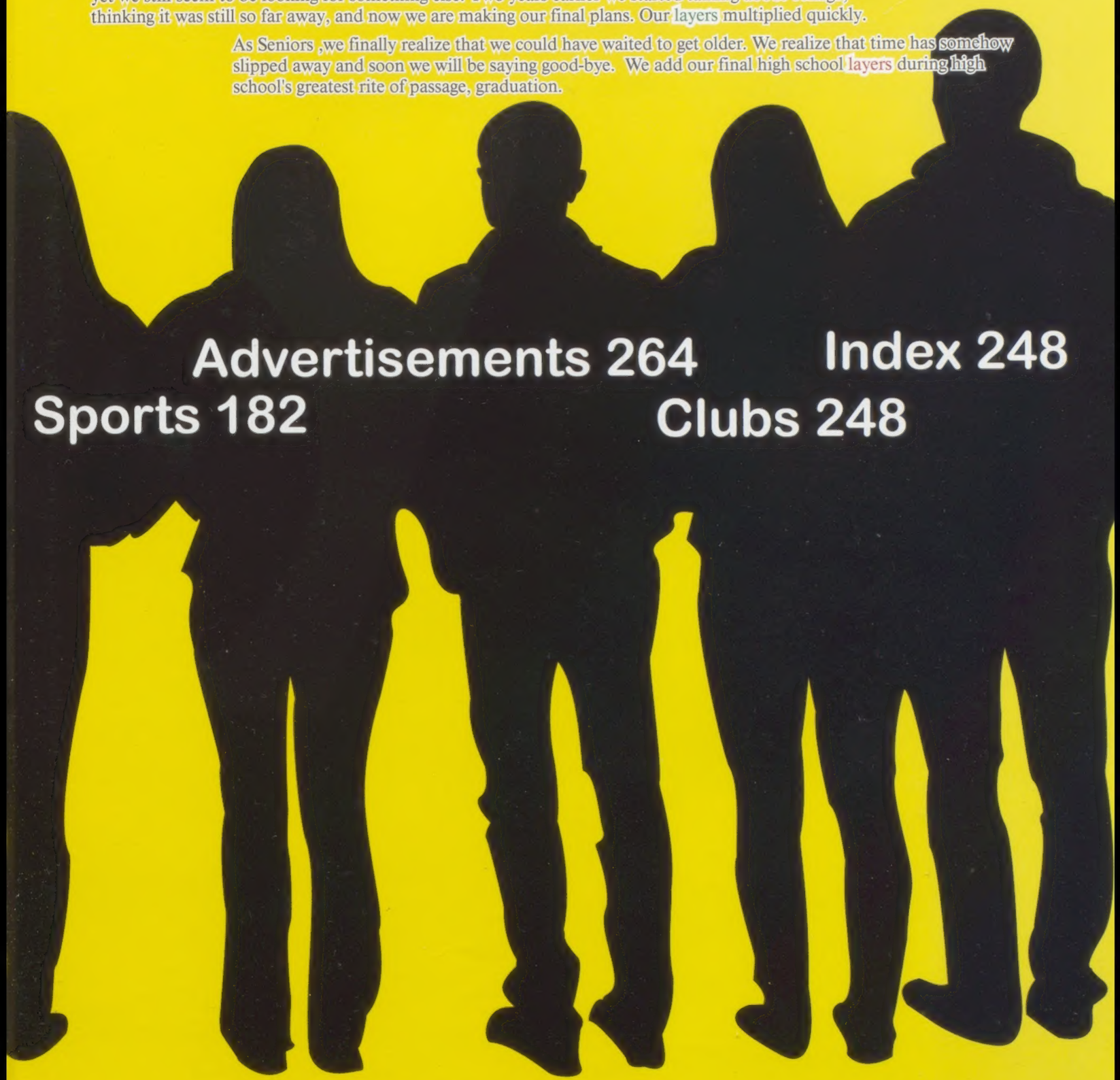
Opening by Sara Osman & Sam Embry

During freshmen year, we enter high school seeking to do well and find out who we are. We open our lockers for the first time, look at our schedules, and think about how great it is to finally be in high school. As Freshmen we meet our best friends, go to our first school dance, have a crush on a cute senior, and feel excitement about getting older. As Freshmen, we build our identity with additional layers.

As Sophomores, we step into high school and believe that we own the place. No longer freshmen, we have a new attitude and new layers. Still, we search for ourselves as we attempt to fit in and begin to achieve in a variety of areas. We follow our daily routines, get our drivers licenses, expand our circle of friends, and talk about parties. As sophomores, we make new best friends, go out with our friends every weekend, and talk about getting older.

During Junior year, we become upper classman. We begin to realize that we are growing up. As Juniors, we realize who our true friends are and cherish the time we spend with them. We find where we fit in, yet we still seem to be looking for something else. Two years earlier we started talking about college, thinking it was still so far away, and now we are making our final plans. Our layers multiplied quickly.

As Seniors ,we finally realize that we could have waited to get older. We realize that time has somehow slipped away and soon we will be saying good-bye. We add our final high school layers during high school's greatest rite of passage, graduation.



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Gina Huynh

Seniors by Sara Osman

Seniors

Congratulations

Class of 2011

Seniors

Class of 2011

Obaida Abdallah

Intelligence without ambition is like a bird with no wings.

Lejla Ahmetspahic

Dreams are free, so free your dreams.

Roya Aimen

This too shall pass.

Benjamin Alemania

my name is Djansz and all I say HOO! Seamus eats potatoes N the marnin when in doubt whattt pawer!! I<3PM

Arin Allen

Class of 2011

Siena Allen

When we are absolutely certain, whether of our worth or worthlessness, we are almost impervious to fear.-W. Congreve

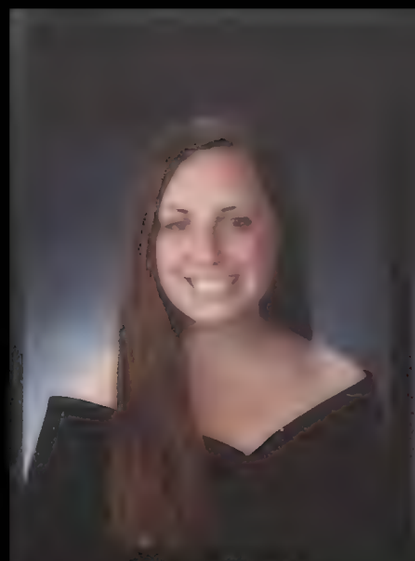
Catalina Alonso Martinez

Life isn't about waiting for the storm to pass, but about learning to dance in the rain

Andrew Altomare

Do not let anything stop you from achieving your goals, and overcoming all challenges you face.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang



Sara Allart

It's easy to judge if you have never been there before

Vanessa Ann Ambrosini

To be yourself is all that you can do -- Audioslave

Armando Andres

You are not rewarded for having a brain, you are rewarded for using it.

Gregory Aniban

Dreams are like stars. You may never touch them, but if you follow them they will lead you to your destiny.

John Dylan Armijo

B.A.R – Wiz Khalifa

Maribel Arrizon

Class of 2011

Marisol Arrizon

Nobody can go back and start a new beginning, but anyone can start today and make a new ending -Maria Robinson

Kelly Arth

Class of 2011

Chelsea Ashbaker

Class of 2011

Rebekah Asuncion

A smile is a simple curve that sets everything straight.

Rosalie Atkinson

There isn't much that I feel I need. A solid soul and the blood I bleed.

Megan Averill

Time you enjoy wasting, was not wasted.
- John Lennon

Amber Robbins

Khyre Bailey

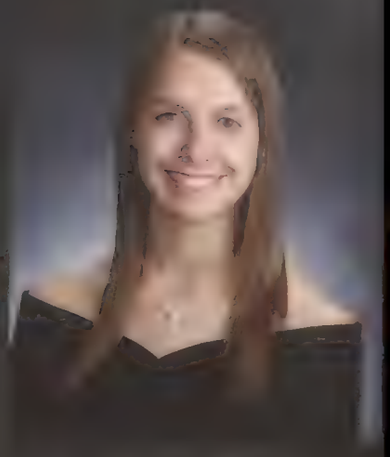
Walk by faith, and not by sight. . . 2011

Julica Baker

WE make a living by what we get, we make a life by what we give.

Christopher Balino

If you don't have any shadows, you're not in the light. They can't scare me if I scare them first. Born This Way.



Jamie Banks

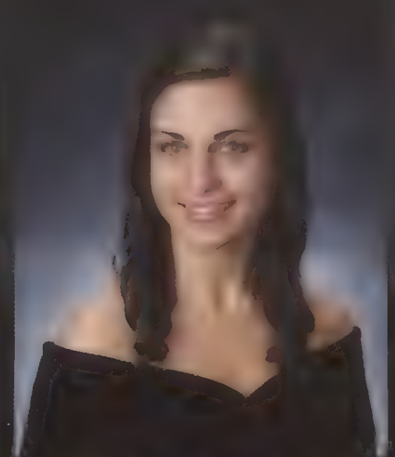
Wherever you go, go with all your heart.

John Barbour

Today is the youngest you're ever going to be, but today is also the oldest you have ever been

Elsa Bastin

Do not follow where the path may lead. Go, instead, where there is no path and leave a trail. -Ralph Waldo Emerson



Emily Baste

You can have everything if you let yourself be.

Odgerel Batbold

"The future belongs to those who believe in the beauty of their dreams." E. Roosevelt

Nomin Batsaikhan

If you believe in yourself you can do anything you want. Thank you to all my family friends and teachers. I LOVE YOU ALL!

Benjamin Bauer

It was beautiful, it was brutal, it was cruel, it was business as usual. It was the best of times it was the end of times.

Elisse Bianchi

Class of 2011

Michelle Blackman

I am excited to keep living

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Richard Blank

I finally watched harry potter. . . a tad unrealistic. . . I mean a ginger kid with 2 friends ?

Emily Bliven

I've loved the stars too fondly to be fearful of the night

Analise Bostrom

Class of 2011

Michael Bogdan

WHAT HAPPENED

Denise Bruno

I will not be concerned at other men's not knowing me; I will be concerned at my own want of ability - confucius

Nathanial Bruno

"A hero is just someone who stands when their legs are gone" -Barry Allen

Michael Bugarin

It's one thing to know what you're against, but quite another to know what you're for.

Jiao Bai

Class of 2011

Ngoc Bui

Sometimes the way you see yourself is not how the world sees you :)

Kirk Calamba

You can't change the past but you can ruin the present by worrying about the future.
9/19/05 KC+JUJU

Sierra Calandri

"Follow the freeway, break the routine, 'cause everything is second to your dreams"
<3

Alexander Cardenas

Class of 2011

Ryan Carlson

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.

Lament Carter

Class of 2011

Ciana Catudan

Wherever you go, go with all your heart <3

Randy Chahine

It is what it is

Crystal Chan

Well, it seemed like a good idea at the time...

Kitty Chan

You're only as tall as your heart will let you be.

Mei Wa Chan

A cup should never be half empty.

Shuki Chan

It's easier to see what we want than to search for the truth .

William Chan

Fashion race, awkward taste, counterfeit insides, the brain is a terrible thing to waste

William Chang

There was a fantastic universal sense that whatever we were doing was right, that we were winning. -Hunter S. Thompson

Suzanna Chau

Some people, no matter how old they get, never lose their beauty, it merely moves from their faces to their hearts. =]

Heming Chen

We're all better than someone at something.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Kai Xiong Chee

No more dreams, b/c they will become true.
I won't doubt, b/c I am who I am.

Liga Chee

Imba Corki

Joyce Cheung

You have to expect things of yourself before you can do them - Michael Jordan

Seilaja Cekotvi

Life is beautiful!

Joseph Chin

It isn't what you do, but how you do it.

Sara Ching

Never forgotten, forever missed
Keith Alexander Ching
4/27/90-11/3/10

David Choi

Class of 2011

Henning Choi

Class of 2011

Ryan Chua

Class of 2011

Tyler Cobb

Don't live just to pass, don't live not to fail.
Live to take chances in attempt to prevail.
-TC SENIORS

William Colvin

From the place I was, to the place I am, to the place I want to be

Brittani Combs

Class of 2011

Jenay Cooper

You must know that you can swim every change of the tide.

Michelle Costa

I can choose a dream over any wish

Taylor Crutchfield

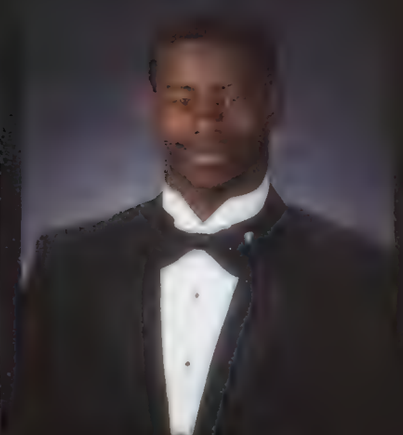
Its not who I am underneath but rather what I do that defines me.
- Bruce Wayne

Gabriel Cruz

There is more to life than being really really really really ridiculously good looking.

Rene Cruz

I can do all things through Christ, who strengthens me.
- Philippians 4:13. FSF



Donte Cullins

Pads is popin and People is Droppin and it ain't US #25

Hannah Cunningham

Having every question answered isn't going to help at all. You're not supposed to know
-Keith Murray

Michael Cunningham

Class of 2011

Tyler Currie

If you don't stand for something you will fall for anything.
- Malcom X

Daniel Daniel

Play waterpolo

Asmirah Dastgir

Our fingerprints never fade from the lives we touch.

Liana David

Falling is inevitable, rising is voluntary.
LDM from start to finish.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Jeffrey Day
Here's looking at you kid
- Rick Blaine

Aeriel Debita
Happiness is not in having everything you want but being happy with everything you have. 1st Tuesday

Wanying Deng
WE CAN LET GO OF THE PAST AND OF THE FUTURE.

John Dietrich
Accipere quam facere praestat iniquitas.

Tyler Dieter
Class of 2011

Zachary Donald
We're more alike than different

Elise Dennitt
When all you got to keep is strong, move along just to make it through.
- The All American Reject

Katelyn Dunn
The pen is in your hand and the rest is still unwritten.

Daphne Duong
It does not do to dwell on dreams and forget not to live.
- Dumbledore

Jessica Duong
Too weird to live, too rare to die.FSF

Etohie Ofeoritse Ekuejunor
Struggle is proof that you haven't been conquered, that you refuse to surrender, and that victory is still possible.

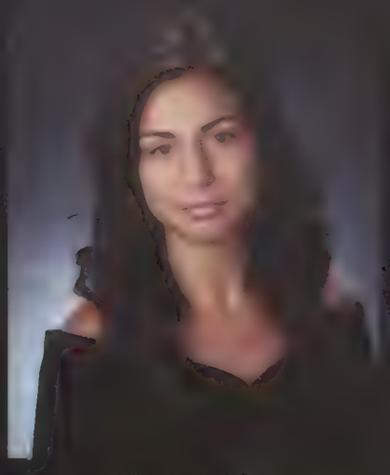
Samuel Embry
Time you enjoyed wasting was not wasted.

Kristin Eng

Did you ever stop to think then forget to start again?

Sod Orgil Enkhbayar

IF OPPORTUNITY DOESN'T KNOCK, THEN BUILD A DOOR.



Luciana Eran

I am not moved by what I see. I am not moved by what I feel. I am moved only by what I believe.

Samantha Esguerra

Go confidently in the direction of your dreams. Live the life you have imgaine.
// j.co family

Ali Esmatyar

You only live once , but if you work it right , once is enough .

Simon Feng

The only good thing about it being the worst is that it can only get better.

Samantha Ferris

Class of 2011

Alicia Feng

So many things are possible just as long as you don't know they're impossible.

Annie Feng

wherever you go, no matter what the weather, always bring your own sunshine.

James Feng

Class of 2011

Lawrence Feng

NO PAIN NO GAIN! I love Alameda High!

Ryan Feng

Nothing is as constant as change.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Ryan D. Tang

Growing old is inevitable. Growing up however, is purely optional. - Shawn Harris

Valerie Tang

Promise me you'll always remember: You're braver than you believe,and stronger than you seem,and smarter than you think.

Clare Forbes

keep smiling, love happens.

Harrison Freed

Il viaggio non finisce mai, solo il viaggiatori finiscono - Jose Saramago (in onore di il mio fratello Junio Aglioti)

Samantha Freitag

Let not the sands of time get in to your lunchbox, for time is a great teacher but it kills all it's pupils-Berlioz

Oscar Fuentes

Khongerzul Ganzerig

Excuses are tools of incompetence used to build monuments of nothingness.

Bryan Gee

Once in A Life Time...
GIANTS WON THE WORLD SERIES!!!

Michael Gee

Live deep and suck out the marrow of life."
-Henry David Thoreau

Sean Gentry

Mouse says... Welcome My son Welcome to The Machine -PINK FLOYD

Zackery Gerguriech

Live your life one inch at a time.

Andrew Godfrey

We keep moving forward, opening new doors, because we're curious and curiosity keeps leading down new paths. -W.Disney

Sophia Gonzales
all I ever wanted was to pick apart the day, put the pieces back together my way
- anonymous

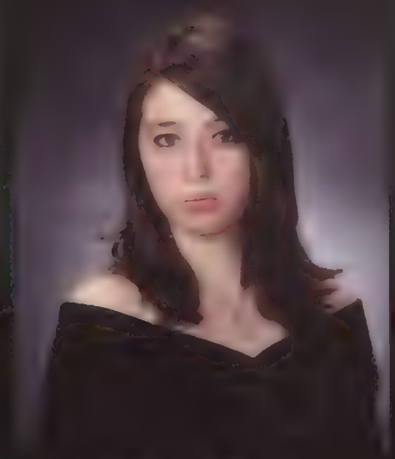
April Gonzalez
Class of 2011

Benjamin Goode
No regrets.

Matthew Goodwin-Cruz
Class of 2011

Haley Green
It takes courage to grow up and become who you really are - e.e. cummings

Eleanore Grimm
May the road rise up to meet you. May the wind always be at your back
- Anonymous



Andrea Guzman
Class of 2011

Roxanne Guzman
Be who you are & say what you feel because those mind don't matter & those who matter don't mind

Vinh Ha
Class of 2011

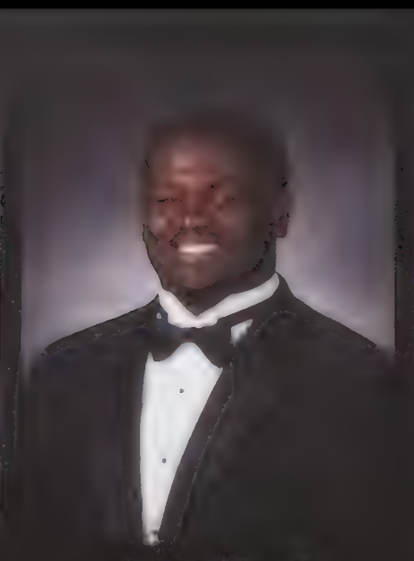
Taylor Haddican
Vamos a la playa

Reymar Hardy
High off life so my eyes low, can't wait to see what's in the future but I drive slow.

Brandon Harris
Never regret anything that made you smile(:-Dexter
GO CLASS OF 2011!

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Marissa Harris
I tried to be cool, but then I was me instead.



Kevin Harrell
Class of 2011

Safiullah Hareed
Copy-paste . . . does wonders

Hashang Hatifie
"Nobody can go back and start a new beginning, but anyone can start today and make a new ending" - Maria Robinson

Ariel Heincke
Class of 2011

Nathan Hidalgo
If opportunity doesn't knock, then build a door

Dustin Ho
We live below the heavens but right now, I wanna chill above the clouds - Blu

Marykim Hoang
You can't airbrush personality.

Quang Hoang
NEVER STOP TRYING
UNTIL YOU
ACHIEVE IT!

Rose Hoang
Strength is the ability to accept life's beautiful imperfections.

Alisa Hong
The eyes believe themselves ; the ears believe other people.

Maxwell Hong
"There's got to be something better than in the middle" - The Wallflowers

Kelly Huang
What makes you different
makes you beautiful!

Sammy Huang
Nothing is impossible!

Cynthia Hughes
There's a positive side to every situation;
All you have to do is find it.

Sara Hui
Even if time passes by, and everything's
smudged . . . the memories won't erase.

Ryan Hunter
If there exists no possibility of failure,
then victory is meaningless.
– Robert Schuller

Casey Hutchison
Gather ye rosebuds while ye may . . .
- Robert Herrick PEACE OUT!

Wesley Irons
East side West side Genocide?

Michelle Jacobsen
Go confidently in the direction of your
dreams. Live the life you have imagined.
- Thoreau

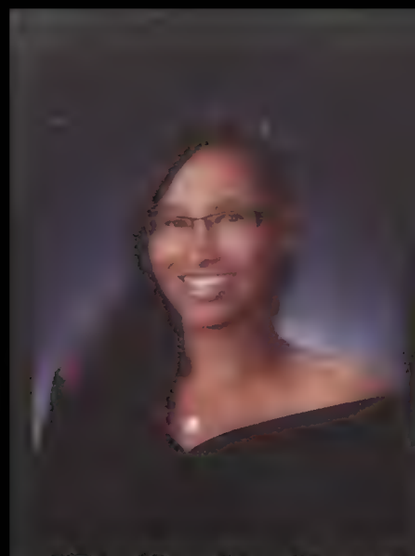
Khaled Jami
Time waits for no man and tomorrow's not
promised.so the fighting
and the drama's just not worth it.

Chul Soon Jang
Life's simple: make choices,
face the consequences, and move on.
// j.co family

Mark Janiz
You are Me, Me and you, our love never
changing, like a statue: Im always going to be
by your side Mark & Maria

Jordan Jarrell
I just want to be successful in whatever the
future holds in store.
P.S. shoutout too freakNasty

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang



Amber Jeanbleu-Jordell

Through ups&downs
Always Bffs
ANR, JLJ, NLR
Love you guys

Lauren Jiang

Pleasant words are a honeycomb, sweet to the soul and healing to the bones.
Proverbs 16:24

Yujie Jiang

Class of 2011

Daniel Jimenez

Class of 2011

Tito Jimenez

If you can't love yourself,
how do you expect to love somebody else.

Joseph Johansen

Only two things are infinite, the universe and human stupidity, and I'm not sure about the former.-Einstein (aka Dauber)

Katherine Johnsen

Obstacles are put in our way to see if we really want to reach our goals or if we just thought we did -Alyssa Farmer

Summer Johnson

People will forget what you said and what you did, but they will never forget how you made them feel - Maya Angelou

Hannah Kang

Hope is a paper boat that sinks. Always know that you will never be good enough.

Noah Kang

We are such stuff as dreams are made on and our little lives are rounded with sleep.
-Shakespeare

Peter Kim

You can turn off the sun,
but I'm still gonna shine.

Emily Kirschenbauer

There's a light on in the attic.

Linda Zhang, Matthew Goodwin

Masato Kobayashi

Be kinder than necessary, because everyone you meet is fighting some sort of battle.

Alexandra Kofman

Don't gain the world and lose your soul, wisdom is better than silver or gold.
-Bob Marley

Francine Kokobobaufiti-Grace

Don't worry, be happy!

Tanya Komer

Innovation establishes identity.

James Kwon

We represent it. Class of 2011!

Vivian Lai

Be true to who you are

Herbert Lam

Try and fail, but don't fail to try.

Kristina Lam

Let the wind blow in your hair, smiles fly free, laughter please the ears in the thick optical allusion called life.

Christopher Lancaster

Cherished moments happen in various ways; the best are spontaneous

Christopher Lassen

Class of 2011

Jason Lee

Class of 2011

Sarin Le

Class of 2011

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Thao Le

You can reminisce through your old path but cannot be restored but you can always restart and make a new finer ending.

Tiffany Le

The best way to make your dreams come true is to wake up.

Tiffany K. Le

There's no telling how many miles you'll have to run while chasing a dream.

Alexander Lee

Class of 2011

Derric Lee

You can't explore new oceans without losing sight of the shore.

Jennifer Lee

Therefore do not worry about tomorrow,for tomorrow will worry about itself
-Matthew 6:34

Monica Lee

Everything changes, and Nothing changes.

Priscilla Lee

With each flash comes a memory of my yesterday, as today becomes my passion for tomorrow.

Ted Lee

Yesterday is history, tomorrow is a mystery, today is a gift, that's why its called the present.
JJ.co family

Kyle Leung

Do today what others won't, so tomorrow you do what others can't.

Brenda Li

Money only has value when it's spent, so don't spend your life chasing it.
- Bourke Tillman

Cho Xin Li

Sing like no one is Listening. Love like you've never been hurt. Live Like it's heaven on earth.

Raymar Hardy, Soojin Shin

Kin Ming Li

Life Goes On.
WE'LL NEVER fight ALONE.

Vivian Li

Everybody thinks of changing the world, but no one thinks of changing himself.
- Leo Tolstoy

Alan Liang

Listening to music is realistic; creating music is surrealistic.

Derek Liang

Boredom is like curosity with an imagination.

Michelle Liew

For what it's worth, it was worth all the while.

Wilson Lim

Class of 2011

Monica Pauline Lim

We stopped checking for monsters under our bed because we realized they were inside us.

Brian Lin

I'm just tryna stack chips watch a couple racks flip and that's if you can keep this fame Ima stack this change

Guan Yong Lin

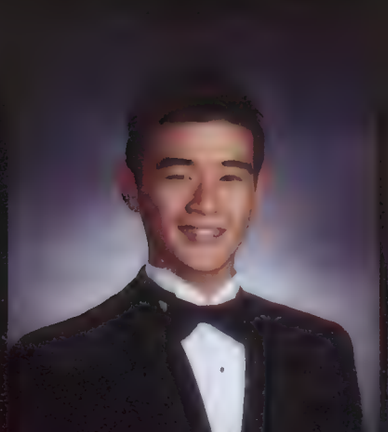
made in China

Shouyu Liu

you only get to be a senior 3 times in your life

Cameron Lock

over here! Follow your dreams, be thankful for what you have, and put family first.
KLKLJP(T04)NRFYBWVFDHMLNHKESKDDTYHP



Jason Lopes

Memory is a way of holding onto the thing you love, the things you never want to lose.
-Jessica McMahan

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Sheng Yee Le

What am I looking for?
ABCDEFGHIJKLMNOPQRSTVWXYZ.

Huy Ly

When you are troubled, it's better not to think about it, but to keep busy with more cheerful things.

Lee Jordan Lyons

Class of 2011

William Lyons

Steve Ma

When there's light, they can see you. But when it's dark, they can't see you . . .

Nadya Mackner

Class of 2100

Dj Marcus Madizon

Class of 2011

Frank Mai

Freedom is not worth having if it does not include the freedom to make mistakes.
-Lao Tzu

Taylor William Mark

Class of 2011

Janelle Martin

We can admire what we see, but we can only love what we truly know."
- Tygd love Mom + Dad <3 LMNLCMTC

Camila Martinez-Granata

I WAS not born for one corner; the whole world is my native land
– Lucius Annaeus Seneca

Alec Mathiesen

On ne voit bien qu'avec le coeur. L'essentiel est invisible pour les yeux.
- Le Renard

Duncan McAdam

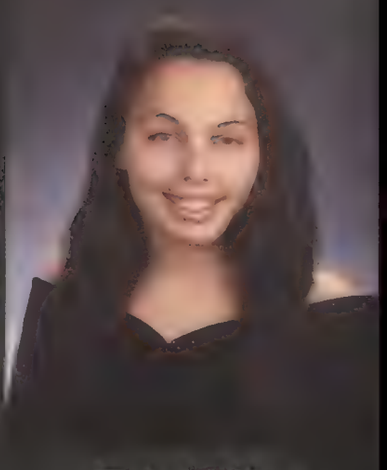
Live.

Alexa McGie

work like you don't need the money,love like your heart's never been broken,& dance like no one is watching. Anonymous

Megan McGrath

That's not necessary!!



Tasha McKeown

Class of 2011

Julie McLean

I go to seek a Great Perhaps
- Francois Rabelais

Ian McLeus

The good times of today are the sad times of tomorrow-Bob Marley

Cody Meley

Live and let live.

Samuel Meredith

Class of 2011

Peni Mesui

I woke up one day and wanted to eat some cereal but I had no milk...

Allison Miller

Time for you and time for me, and time yet for a hundred indecisions, and for a hundred visions and revisions-T.S. Eliot

Charlotte Mkanga

DON'T TELL ME THE SKY IS THE LIMIT WHEN THERE ARE FOOTPRINTS ON THE MOON

Sumaya Mohamednur

Hakuna Matata

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Nicholas Meier

Maybe it's just Buddha's way of telling her to slow down-John Dorian

Jenni Jasmine Manuntiral

People too weak to follow their own dreams, will always find a way to discourage yours.

Jay Mundy

SOME MAKE HEADLINES WHILE OTHERS MAKE HISTORY

Rebecca Moua

But do we lose our past to secure our future?

Daniel Morris

Baruk Khazdil Khazdûl-zâram! -Gimli

Nadia Mounajih

PEACE up, A-Town down

Connor Mulholland

A man who refuses to work shall not eat. RIP Granny May, Michael Tollins, and Davante "Tay" Riley. Planes over lames!

Grace Na

Do not fear, for I am with you, do not be afraid,for I am you God. . . uphold you with my victorious right hand Isaiah 41:10

Mariam Nabizai

so often we live our lifes in chains, and we never even know we have the key. I<3J

Michelle Nam

above all else, guard your heart, for it is the wellspring of life. Proverbs 4:23

Eli Nemzer

I'm not here to talk about the past - Mark McGwire

Juan Neri

Thanks to my parents for never giving up. ELY ERMCJG A Dream is what got me started. Discipline is what keeps me going.BOE#5

Kristy Trinh, Ted Lee

Ching Nam (Queenie) Ng
I can do all things through Christ who strengthens me - 1 Phil. 4:13

Jasmine Ng
It's the crazy things you remember the most.

Jennifer Ng
Let's see each other when we are blind.

Cecilia Nguyen
Never underestimate the heart of a champion

Christopher Nguyen
The best and most awesome Nguyen on the page.

Christopher Nguyen
EAT sleep skate. Life's always great.

Khoi Nguyen
NOBODY GETS TO LIVE LIFE BACKWARDS.
LOOK AHEAD,
THAT IS WHERE YOUR FUTURE LIES.

Lexi Nguyen
I live life like the captain of a sinking ship.

Mary Nguyen
There are times where you think you are doing a right; but actually, you are doing a wrong.

Vy Nguyen
Clearly there was a stutter in the yearbook leading up to the greatest Nguyen of them all.

Veronica Norton
Consistency is a virtue as long as you're not a screw up.

Erica Obando
Good vibes, good vibes!

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Danielle Oshiro

Maybe everyone can live beyond what they are capable of. LDM from start to finish.

Sara Osman

I still have my feet on the ground, I just wear better shoes.

Shelly Ongang

Hakuna - Matata

Anna Tai Owens

"Be yourself, everyone else is already taken."
Oscar Wilde

Stephanie Ongang

Don't look back just go. Take a chance and be strong, you can't spend your whole life holding on.

Adrian Padilla

Class of 2011

Christopher Padilla

You catch feelings, we catch flights
- JET LIFE

Alexandra Pabst-Skinner

Don't Let Your Life's Income Determine Your Life's Outcome
-The Pink Spiders

Esther Paik

What am I doing with my life?

Monseen Pandey

Here's to the beginning of the rest of our lives

Elizabeth Park

Don't cry because it's over. Smile because it happened.
-Dr. Seuss

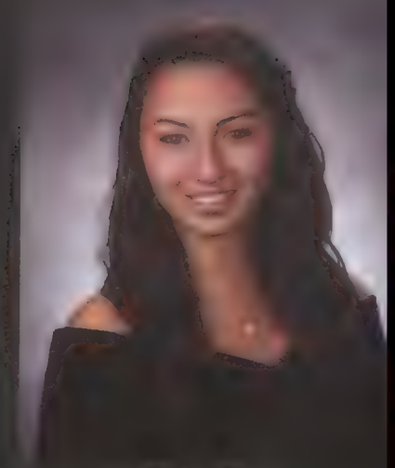
Heather Park

Sorry my friend.
-My BFF Carman.

Benjamin Parker
Carpe Diem

Tyler Parsons
Life is a mindset.

Maxine Pontiac
I am not afraid of tomorrow, for I have seen yesterday and I love today.



Jade Parras
"There's no end to the Thing you might know, depending how far beyond Zebra you go."
DR.Seuss

Alexandra Pete
Class of 2011

Patricia Hai Tien Phi
Class of 2011

Chris Phung
Exit, Pursued by a bear. - Shakespeare
Remember the compliments, forget the insults, and if you do,tell me how. -B.Lurman

Judith Phung
Find your pride and keep on grindin' bcus in every dark cloud there's a silver lining.

Meisze Phung
Strive, perservere, and don't stop.
Life is a tick-tick-ticking away.

Brittany Platt
Nothing gold can stay

Liam Pletcher
The needs of the many outweigh the needs of the few.

Sina Pourcyrous
The revolution will not be televised.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Hillary Pritchard

Believe in yourself no matther what.
Thanks D

Jazmine Pulley

Just your heart in exchange for mine...

Alexander Quan

Class of 2011

Jackie Quan

Amateurs train until they get it right;
professionals train until they get it wrong.
// j.co family

Emily Quilici

OMG!

Samantha Rades

Man is born free,
yet everywhere he is in chains.
-Rousseau

Scott Ramos

Class of 2011

Sarah Raphael

The more I see, the less I know for sure.
-John Lennon

Quinn Reddriet

I can do all things through Christ who strengthens me. - Phil:4:13

Connor Reed

Good things happen at good times
-Wiz Khaleifa

Dylan Reedy

Class of 2011

Jan Mykel Reyes

If knowledge is the key then just show me the lock.

Hong Vo, Jimmy Tran

Nicholas Reyes

Waiting on the World to Change
-John Mayer

Oscar Reyna

FREE mah brutha FATboy 510

Angelica Rivera

To Infinity and Beyond
- Buzz Lightyear

Rolando Rivera

TAKE CARE OF THE LITTLE THINGS AND THE BIG THINGS WILL HAPPEN

Amber Robbins

People underestimate the value of a good ramble
BTVS

Maya Robles-Wong

Dime que me amas

Matthew Rodrigues

Lose yourself in this moment because the next moment, I'll own it.

Michael Romero

Finding your true inspiration will lead to great things.

Richard Rogue

The best things in life are spontaneous;Thanks for the good times. Stay thirsty my friends R.G.R.

Isabel Rosales

You can plan a pretty picnic but you can't predict the weather

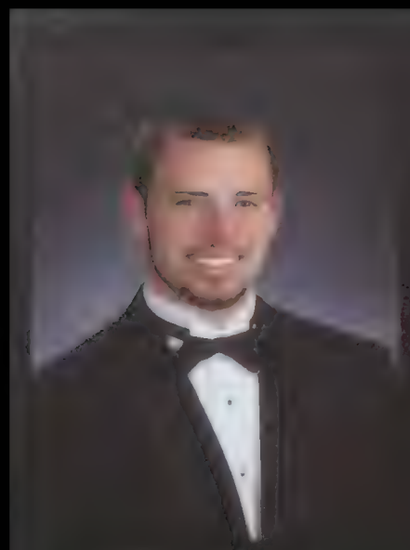
Blake Ross

Class of 2011

John Ruck

Don't mess with the mojo

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang



Thomas Ruckman

Integrity is the essence of everything successful. T-Ruck baby #5

Scott Rude

Non mollare mai, sempre cercando di andare giu

Chelsea Rundle

Live like your at the Bottom, even if your at the top. - JB

Sally Sanchez

4/5/07 always Loved neva 4Gotten. Gracias tia, tio y Em, couldn't have made it w/o u guys Te amo. Rugby Islanders :)

David Saraspi

Friends of all most of all to the Filipinos Proud to be Pinoy

Emily Scott

Only when we are no longer afraid do we begin to live. - Dorothy Thompson

Allyson Seals

We only have this moment, sparkling like a star in our hands-& melting like a snowflake. Devo alla famingia e fede! 2011

Nikolas Shackleford

Class of 2011

Carla Shao

I don't like defining myself. I just am.

Devon Sherak

Class of 2011

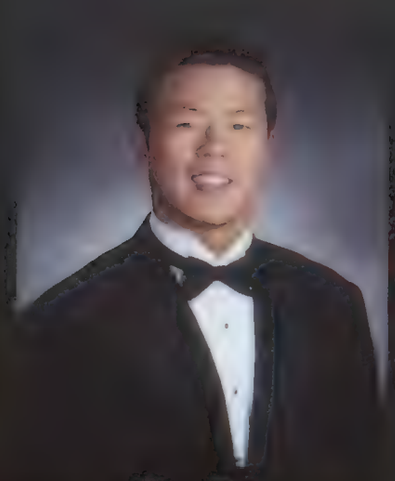
Clara Shin

Don't depend on anyone else to give you what you want. - SJS
// j.co family

Robert Shortt

Knowing when to be silent is often more important than knowing what to say.

Kai-Ming Li, Nathan Hidalgo



Evan Shum

What we call the beginning is often the end. To make an end is to make a beginning. The end is where we start

Arielle Siem

How lucky I am to have something that makes it so hard to say goodbye <3

Renee Siong

I don't care where I'm going, I just want to see where I've been.

Sheree Smith

Don't let the excitement of youth cause you to forget your Creator. Ecc. 12:1

Anton Snow

Class of 2011

Tarenh Sobrabi

AND THEN I WONDERED WHY I COULDN'T GO THE WHOLE WAY DOING WHAT I SHOULDN'T
- SYLVIA PLATH

Elise Seeber

Always Remember; you're braver than you believe, stronger than you seem, and smarter than you think

Matthew Sorenson

NO struggles NO progress

Kelsey Soule

Class of 2011

Jimmy Soung

It is a matter of life and death, a road either to safety or to ruin.
- Sun Tzu

Stephen Sun

To accomplish great things, we must not only act, but also dream; not only plan, but also believe

Samantha Swaim

And here in my own skin I can finally begin. Let the century pass me by standing under the night sky. - A.F.

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Jessica Tan

Set your minds on things above, not on earthly things Colossians3:2

Ryan Tan

Fake it til ya make it.

Alan Tee

This was the way it was meant to be.
- DJ Machale

Francis Tang

Does anyone know who I am?

Diamond Tanggpes

Don't tell me Sky's the limit when there's footprints on the moon

Arvin Tanjuakio

What makes you wonder? Life itself or the people you wanna fall in love for?
STAY STRONG - ARVIN TANJUAKIO

Jameia Taylor

NEVER Settle 4 less because that gets u nowhere .Keep intune w/ ur self and mind!c/o 2011! Lets go Babyyyy! BTW:ILYM-dawg

Angela Hongtra Thai

Ask any racer, any real racer. It don't matter if it's an inch or a mile. Winning's winning.

Summer Thibodeaux

JS-JF-II-SP-NKI-KJD-A+K-XZ Cat and wolf leaping together into the springs in the forest beyond the reach of the castle.

Courtney Thomas

Class of 2011

Jared Thompson

It's not the size of the dog in the fight, but the size of the fight in the dog.

Alexandra Tom

You cannot depend on your eyes when your imagination is out of focus.
- Mark Twain

Michael Romero, Kitty Chan

Kia Yan Tow-Li

Problems are not stop signs, they are guidelines.

Justin Tong

The focused and determined tacticians overcome the impassible wakes with the greatest degree of success; finish it now!

Jimmy Tran

You are always given a second chance in life.

Linh Tran

Class of 2011

Vicky Tran

Class of 2011

Victor Tran

Remember the three F's: fast, focused, and physical.
- Kemp Moyer

Jessica Trieu

Life is simple, we just insist on making it complicated.
- Confucius

Victoria Trieu

Don't let anyone else define your reality.

Kristy Trinh

Take my hand and we can fly to Neverland.

Bess Truong

Class of 2011

Thanh Truong

I'm a SLOW WALKER, BUT I NEVER WALK BACK. ABRAHAM LINCOLN

Tschmystschtschy Tschtschendelgschi

Now say it 5 times fast ;)

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Wesley Tu

You only live once, but if you work it right, once is more than enough.

Dorothy Tong

You can't always get what you want, but if you try sometime, well you just might find, you get what you need.

Lauren Upp

Be Good or Be Good at it

Elena Uranwala

Be secure. Be happy. (:

Sam Ugas

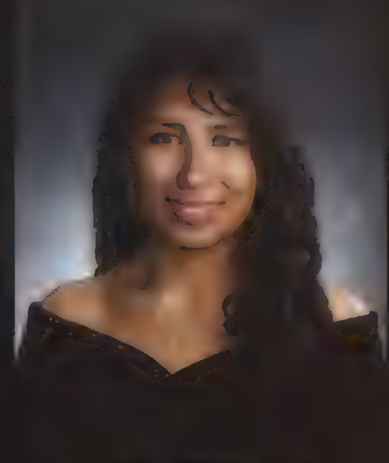
I wasted time, and now doth time waste me. - William S.

Thomas Vanaudle

Never regret. If it's good, it's wonderful. If it's bad, it's experience. IHNAF

Ygazie Vergara

This is my story and you're not a part of it



Ilse Villacorta

Not everything that counts can be counted, and not everything that can be counted counts - Albert Einstein

Allan Ray Villanueva

Everybody played their part and now we have one song, and this is how an unheard voice becomes strong – DUMBFOUNDEAD

Dominice Vitucci

Shoot for the moon because even if you miss you'll land amoung the stars.
- Brian Littrell

Henry Vo

Class of 2011

Justine Vo

Nobody can go back and start a new beginning, but anyone can start today and make a new ending.

Hoshang Hatifie, Peter Kim

Kailly Wang

Let the sun shine on you everyday.

Kevin Wang

What the ancients called a clever fighter is one who not only wins, but excels in winning with ease. – Sun Tzu Art of War

Alexander Wilkins

If a body catch a body comin' through the rye.

Emmanuel Williams

Let us leave this place where the smoke blows black and the dark street winds and bends to there the sidewalk ends.-S.S.

Misti Williams

Class of 2011

David Wang

SEMPER INVICTA AD INFINITUM ET LUX IN TENEBRIS LUCET

Henry Wang

Chnk it till you make it!

Kevin Wang

Class of 2011

Nancy Wang

Class of 2011

Vivian Huyah Ly Wang

The greatest pleasure in life is doing what others think you cannot do

Brandon Wu

The only time success comes before work is in the dictionary

Grace Wood

The person who knows how to laugh at her self will never cease to be amused =)
- Shirley MacLaine

Seniors by Audrey Yeung, Jackie Quan, & Kelly Huang

Jimmy Wu

Become who you are
- Friedrich Nietzsche

Quan Wu

If there is no truth, there is no trust

Andy Xu

Insert here.

Jamie Xu

A #2 pencil and a dream can take you anywhere.

Janice Xu

Sometimes people put up walls not to keep other out, but to see who cares enough to break it down.

Edward Yang

Live Long and Prosper
-Spock

Jie Lian Yang

If you love something, set it free...
if it returns, keep it and love it forever.

Stephen Yang

Happy people are boring, but the darkness inside their hearts isn't.

Arthur Yee

Let the music flow through your soul and be happy pandas.

Karen Yee

Accept no one's definition of your life.
Define yourself.

Justin Yee

The future is finally here;
don't look back now or you'll lose momentum.

Audrey Yang

If you want to walk on water,
you have to get out the boat.

Adam Yim
You don't know until you try.

Daniel Yoo
Be who you are and say what you feel because those who mind don't matter and those who matter don't mind
-Dr.Seuss

Christopher Young
The weather is great up here!

Garrett Young
There is nothing permanent except change

Jennifer Young
Variety is the spice of life.

Lindsay Young
No time for cameras,
we'll use our eyes instead;
I see flashes of gold.

Allison Yu
I'm bored.

Amy Yu
You can't always get what you want but, if you try, sometimes you get what you need. - The Rolling Stones

Hin Hang Yu
THE UNIVERSE HAS BOUNDARIES BUT IS INFINITE. NO BOUNDARIES BUT IS FINITE

Kevin Yu
Every artist was first an amateur.
- Ralph Waldo Emerson

Sophia Yu
Decide that you want it more than you are afraid of it.

Florence Yuen
He who knows best knows he knows nothing.

Jiachen Yuco

It's kind of fun to do the impossible.
-Walt Disney
With God, all things are possible.
Matthew 19:26

Bao Heng Zhang

I will not say goodbye, hoping to see you again my friends. <(^^<)

Ruth Zhang

PUAHAHAHAHAMOOHAHAHAHAHEEHEE-HAWHAHARHARPUAHAHAHAHAHAHA-HEEHEE-*gasp,wheeze,cough*-PUAHAHA-HATCHAHAHAHAHATEEHEEHEEHAW
(repeat)

Dave Zheng

Hold your head up high and finish strong

Yuyi Zheng

I AM FREE AND YOU ARE NOT! xD

Jack Zhu

WHAT DID THE 5 FINGERS SAY TO THE FACE? (intense stare)..SLAP!
(commences slapping)

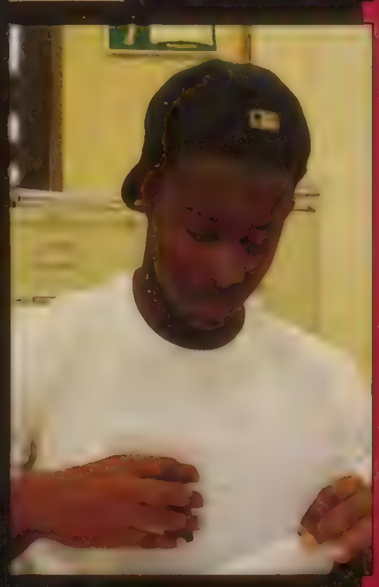
Missing in Action:

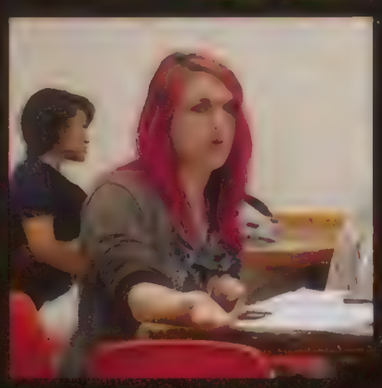
Ajmel Ahmadzaey
Omran Beebgul
Joey Cheng
Joseph Cotton
Sabrina Ehrenfeld
Jacky Fan
Alexander Fernald
Alan Fung
Russell Gayle
Jaaneet Kaur
Yat Ko
Huynh Le

Jenny Liang
Jian Hao Liang
Linh Lieu
Christopher McMillan
Lauri Reece Walker
Anna Soskin
Yaldah Sultan
Jun Lian Tang
Ming Tang
Sahra Tekle
Yajaira Velazquez

Nick Moler, Queenie Ng

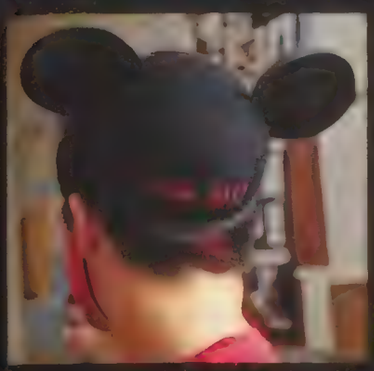
Seniors '11

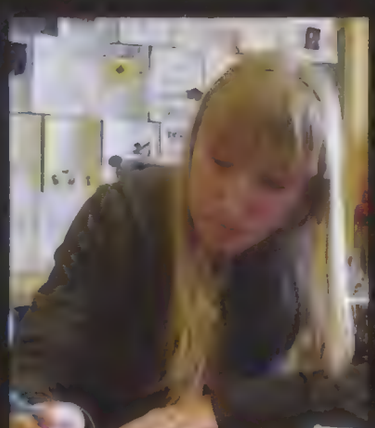


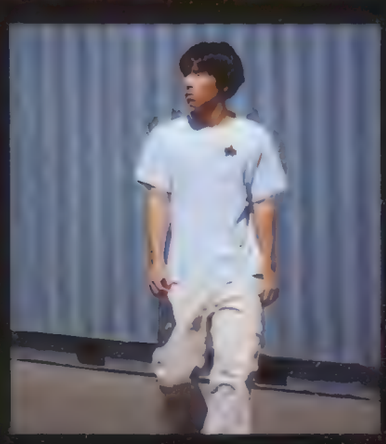


Senior Candid by Audrey Yeung, Jackie Quan, & Kelly Huang

Senior Candid by Audrey Yeung, Jackie Quan, & Kelly Huang



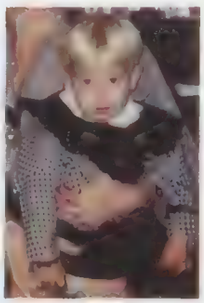




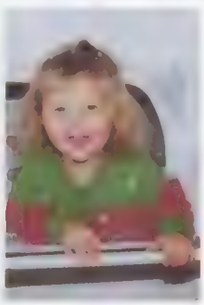
Brian Lin & Tom Ruckman

BABY PHOTOS

Obaida Abdallah
Lejla Ahmetspahic
Roya Aimen
Benjamin Alemania
Siena Zoë Allen
Andrew Altomare



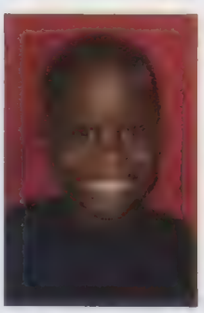
Sara Alturk
Armando Andres
John Dylan Armijo
Kelly Arth
Rebekah Asuncion
Rosalie Atkinson



Megan Averitt
Juliea Baker
Jamie Banks
John Barbour
Eleni Baskin
Emily Basta

Odgerel Batbold
Nomin Batsaikhan
Michelle Blackman
Ricky Blank
Emily Bliven
Michael Boyles

Derico Brown
Ngoc Bui
Sierra Calandri
Kirk Calamba
Ryan Carlson
Crystal Chan



Senior Babies by Audrey Yeung, Jackie Quan & Kelly Huang

Guess Who...

Kitty Chan
Shuki Chan
Suzanna Chau
Joyce Cheung
Joseph Chin
Tyler Cobb

Jenay Cooper
Michelle Costa
Rene Cruz
Hannah Cunningham
Tyler Currie
Aamirah Dastgir

Liana David
John Dietrich
Zachary Donald
Elise Doumitt
Katie Dunn
Daphne Duong

Jessica Duong
Kristin Eng
Sod Orgil Enkhbayar
Luciana Eran
Ali Esmatyar
Simon Feng

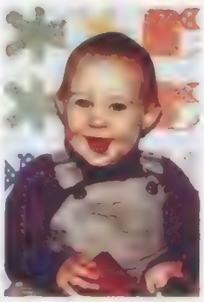
Did you have an imaginary friend?

1. Tiffany K. Le 2. Gabe Cruz 3. Roxanna Guzman 4. Randy Chahine 5. Monica Pauline Lim 6. Jeff Day

Karen Yee & Sarah Raphael

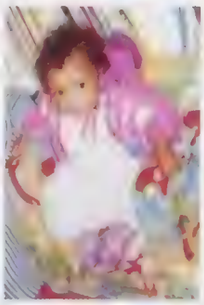
Alicia Fong
Annie Fong
Ryan C. Fong
Ryan D. Fong
Valerie Fong
Clare Forbes

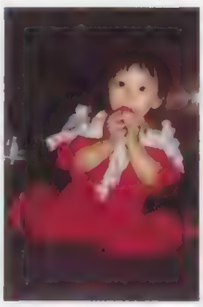
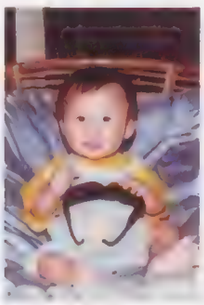
Harrison Freck
Samantha Freitag
Bryan Gee
Michael Gee
Sean Gentry
Andrew Godfrey



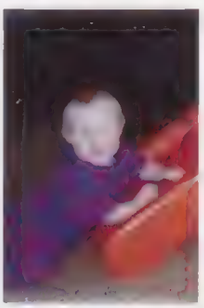
Sophia Gonzales
Ben Goode
Eleanore Guenon
Andrea Guzman
Vinh Ha
Raymar Hardy

Marissa Harris
Hoshang Hatifie
Nathan Hidalgo
Dustin Ho
Marykim Hoang
Quang Hoang



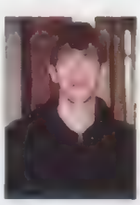
Rose Hoang
Kelly Huang
Sammy Huang
Cynthia Hughes
Sara Hui
Ryan Hunter



What was your favorite childhood memory?

"I went to a Barney concert when I was 3 and I got to sing along with Barney to all of my favorite songs."
- **Justine Vu**

"I got my first Gameboy Color and Pokemon Gold. It was the best!"
- **Chris Young**



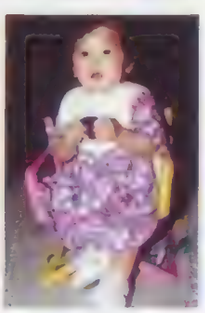
"My favorite childhood memory was playing with Legos and Pokemon cards."
- **Duncan McAdam**

Senior Babies by Audrey Yeung, Jackie Quan & Kelly Huang

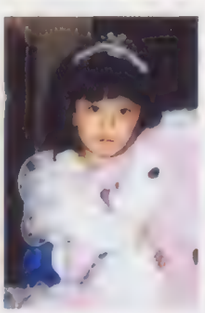
Casey Hutchison
Michelle Jacobsen
Mark Jansz
Amber Jeandebien
Goodeill
Lauren Jiang
Tito Jimenez

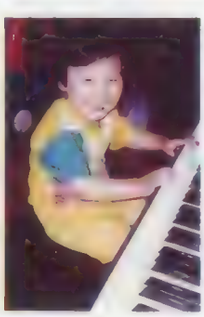
Katherine Johnson
Summer Johnson
Hannah Kang
Peter Kim
Emily Kirschenheuter
Masato Kobayashi

Alex Kofman
Francine
Kolokihakaufisi-Gross
Taniya Kumar
Vivian Lai
Herbert Lam
Kristina Lam



Chris Lancaster
Chris Larsen
Thao P. Le
Tiffany Le
Derric Lee
Monica Lee





Priscilla Lee
Kyle Leong
Brenda Li
Chu Xin Li
Vivian Li
Alan Liang

Guess Who...

1. Brandon Woo 2. Camila Martinez-Granata 3.Veronica Norton 4. Rolando Rivera 5. Jazmin Pulley 6. Alisa Hong

Noah Kang & Stephen Sun

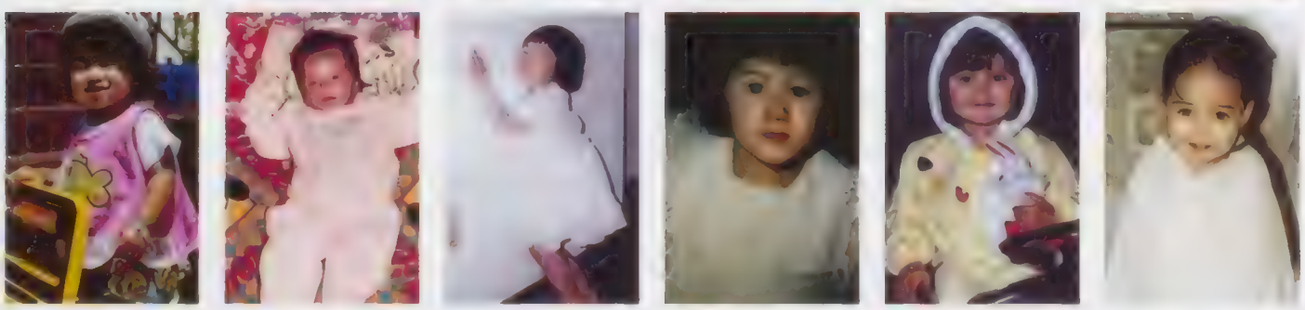
Michelle Licea
Cameron Look
Huy Ly
Nadya Machrus
Janelle Martin
Alec Mathieson

Duncan McAdam
Alexa McGie
Megan McGrath
Julia McLean
Ian McLens
Sam Meredith

Allison Miller
Sumeya Mohamednur
Nicholas Moler
Jenae Monasterial
Jay Moody
Rebecca Moon

Nadia Mounzih
Grace Na
Michelle Nam
Eli Nemzer
Juan Neri
Jasmine Ng

Cecilia Nguyen
Khoi Nguyen
Lori Nguyen
Mary Nguyen
Vy Nguyen
Erica Obando



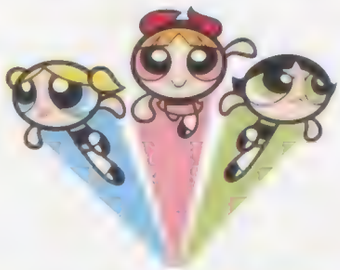
Guess Who...

1. Evan Shum 2. Sina Pourcyrous 3. Ofeoritse Etchie 4. Jackie Quan 5. Clara Shin 6. Robert Shortt

Senior Babies by Audrey Yeung, Jackie Quan & Kelly Huang

Top Three Favorite Childhood Superheros

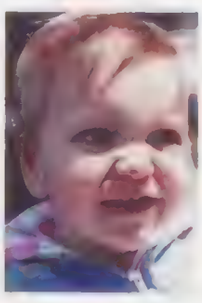
"I used to pretend I was spiderman jumping around shooting spider webs."
- **Adam Yim**

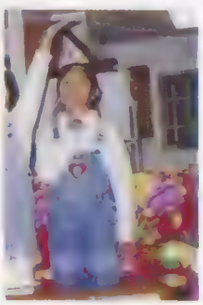


"Powerpuff girls can fight crime AND are super cute"
- **Sara Osman**

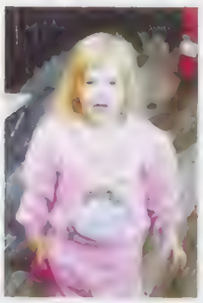
"Batman is my hero because he is a boss in daylight and does whatever he wants in moonlight."
- **Simon Feng**

Danielle Oshiro
Sara Osman
Anna Tai Owens
Stephanie Owyang
Alex Pahl Skinner
Esther Paik

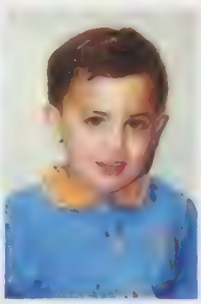


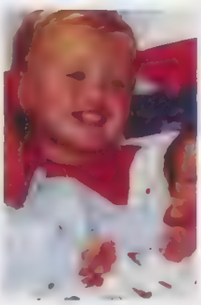
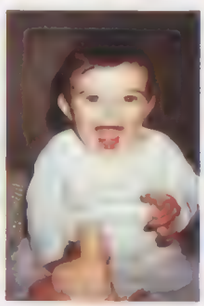


Monsoon Pandey
Elizabeth Park
Heather Park
Monica Paulino
Jade Pavao
Meisze Phung



Brittany Platt
Hillary Pritchard
Emily Quilici
Sarah Raphael
Connor Reed
Nicholas Reyes



Amber Robbins
Michael Romero
Isabel Rosales
John Ruck
Tom Ruckman
Scott Rude

Sally Sanchez
Emily Scott
Allyson Seals
Carla Shao
Arielle Siem
Renee Sieng

Justin Yeo & Sara Alturk

"Every age has its beautiful moments."
– Albert Einstein

Sheree Smith
Elisse Soohoo
Stephen Sun
Ryan Tam
Diamond Tangpos

Arvin Tanjuakio
Jameia Taylor
Angela Thai
Alexandra Tom
Linh Tran

Victor Tran
Jessica Trieu
Victoria Trieu
Kristy Trinh
Thanh Truong

Tselmegtsetseg Tsetsendelger
Wesley Tu
Dorothy Tung
Lauren Upp
Elena Uranwala

Sam Uyeno
Ilse Villacorta
Dominica Vitucci
Justine Vu
Kailly Wang

Senior Babies by Audrey Yeung, Jackie Quan & Kelly Huang

Alexander Wilkins
Emma Rose Williams
Grace Wood
Quan Wu
Andy Xu
Jie Lian Yang

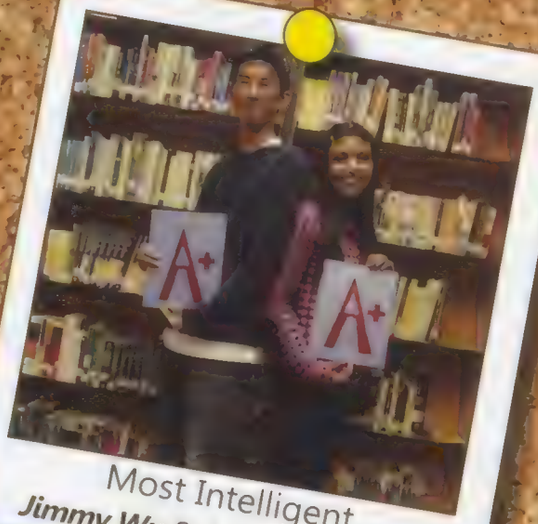
Karen Yee
Justin Yeo
Audrey Yeung
Adam Yim
Chris Young
Garrett Young

Lindsay Young
Allison Yu
Sophia Yu
Florence Yuen
Dave Zheng

Memories...

Leila Ahmetspahic & Chris Yang

The Best of the Best

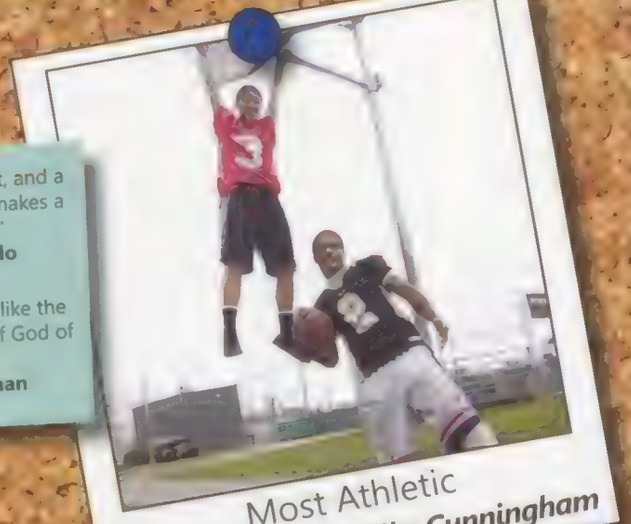


Most Intelligent

Jimmy Wu & Aamirah Dastgir

Jimmy is just a simply brilliant person **Heming Chen**

Whenever I have questions I know I can go to her for answers. She manages to balance her intelligence with her charming personality **Michelle Jacobsen**



"Cece is quick, smart, and a hard worker which makes a good athlete." - **Erica Obando**

"Too solid. Mike is like the humanizing form of God of Earth" - **Tom Ruckman**

Most Athletic

Cecilia Nguyen & Mike Cunningham

"Monica has a beautiful voice and an amazing stage presence. No one is more deserving of this award." - **Megan Averitt**

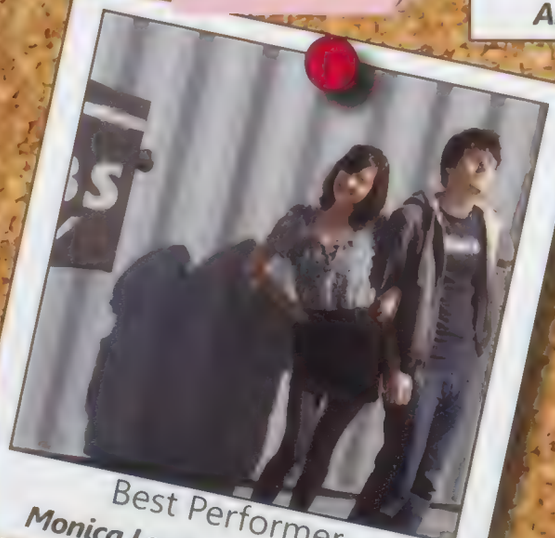
"Alec disguised his amazing talents like superman. Who knew he could transform into M.J. and Captain Hook so easily? " - **Kitty Chan**

SWAG SWAG SWAG SWAG SWAG! **Alicia Fong**

"His personality is so magnetic he is unable to carry credit cards. His charm is so contagious vaccines have been created for it. If asked to define his legacy I would simply say continues. - **Eli Nemzer**

Best All Around

Angelica Rivera & John Ruck



Best Performer

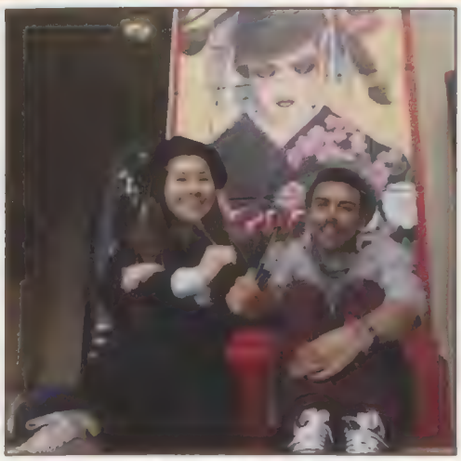
Monica Lee & Alec Mathieson

Nadia is really funny, but also sincere and caring **Emily Basta**

"Kailly is one of the most genuine people I have ever met. His constant positive attitude always keeps everyone around him happy. I don't think we could have picked anyone better. - **Nathan Brown**

Best Personality

Kailly Wang & Nadia Mounzih



Most Artistic

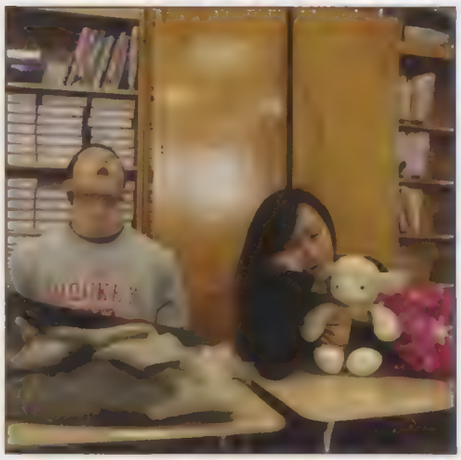
Sarah Raphael & Tito Jimenez

"Sarah's the type who ALWAYS has a sketchbook on her, and when the opportunity presents itself, she'll go all sketch crazy"
Kristin Eng

"Tito uses his artistic abilities to express his emotions. His artwork is the type that appeals to his peers."
- Rene Cruz

"Valerie is the epitome of a sleeper knocked out in a heartbeat."
Daphne Duong

"Evan has great techniques for sleeping in class."
- Florence Yuen



Always Sleeping in Class

Evan Shum & Valerie Fong

Party Animal

Lori Nguyen & Tommy VanAusdle

"Lori is such a social butterfly, she knows how to be the life of the party."
- Katie Dunn

"Tommy is a party!"
- Brittany Platt

"Tyler takes joy in dressing up for school events and he doesn't care what other people think about his outfit because he knows he is having fun."
-Chris Lancaster

Hands down Alexa always has the best and most creative outfits for spirit days."
- Emily Scott

Most Rebellious

Brian Lin & Michelle Licea

"Whenever Taraneh does come to class, you can't even find her."
- Veronica Norton

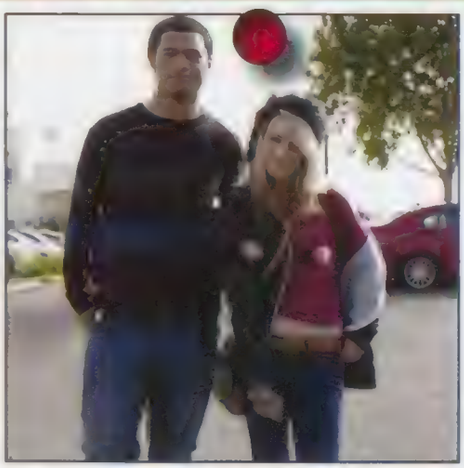
"Peni is too cool for school"
- Adrian Padilla

Most Spirited

Alexa Tom & Tyler Cobb

"She's not!" **- Allison Yu**

"Brian is a rebel because he doesn't care what people think or say about him."
- Chris Phung



Worst Case of Senioritis

Peni Mesui & Taraneh Sohrabi

Kelly Huang & Audrey Yeung

Best Friends

Danielle Oshiro & Liana David

"As their mother, I have to tell you that Liana and Danielle are actually twin sisters separated at birth."
Monica Lim

"I knew Karen and Max were best friends when they started to gang up to make fun of me."
Simon Feng

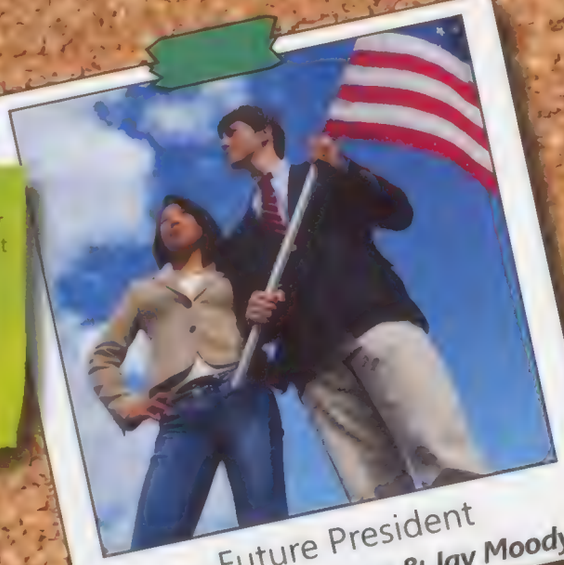
"Hoshang and Peter's relationship is like Harold and Kumar. I love their laugh, it brightens my day."
Joseph Chin

Best Friends

Max Hong & Karen Yee

"Maya is a very caring person that takes care of her responsibilities. She has great leadership skills."
- **Grace Na**

"Jay is the Governor of JSA. He can do anything."
- **Connor Reed**



Future President

Maya Robles-Wong & Jay Moody

Best Friends

Hoshang Hatifie & Peter Kim

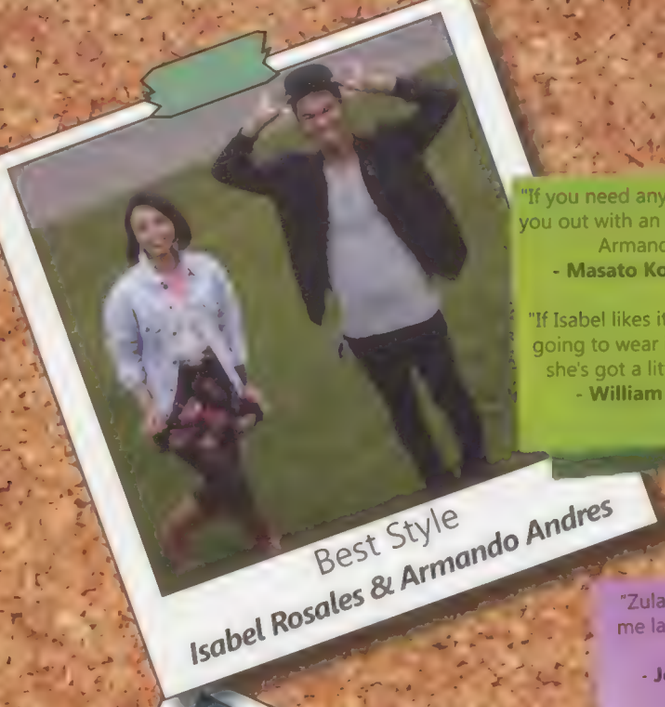
Perfectionist

Lamont Carter & Renee Sieng

"Being a perfectionist is what makes Lamont such a good Vice President."
- **Stephanie Owyang**

"Renee is the type of person who erases her words and rewrites them until they look as neat as they possibly could."
- **Jessica Trieu**

Mentor Besties: Audrey Yeung, Jackie Quan & Kelly Huang



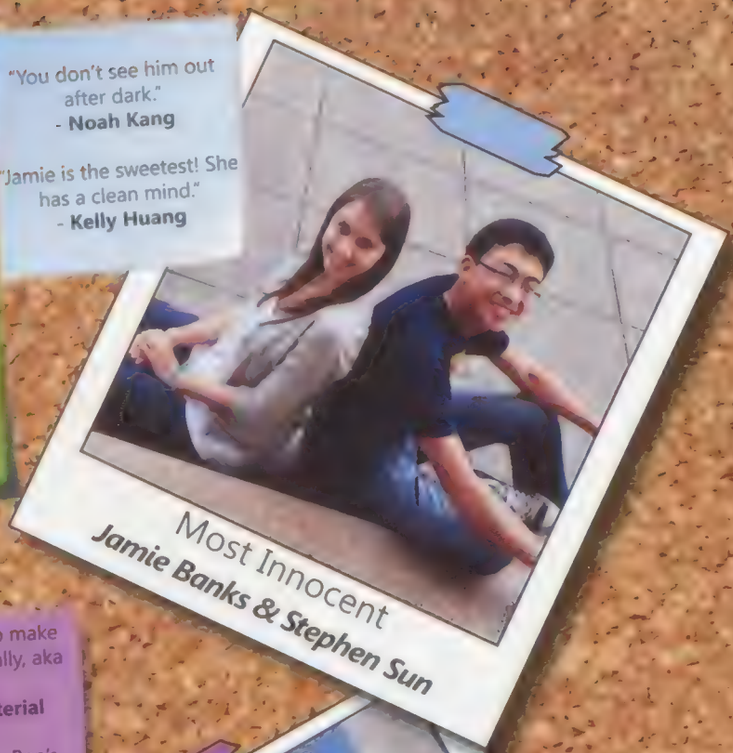
Best Style
Isabel Rosales & Armando Andres

"If you need anyone to help you out with an outfit, go to Armando."
- Masato Kobayashi

"If Isabel likes it, then she's going to wear it. I'll admit she's got a little swag."
- William Lyons

"You don't see him out after dark."
- Noah Kang

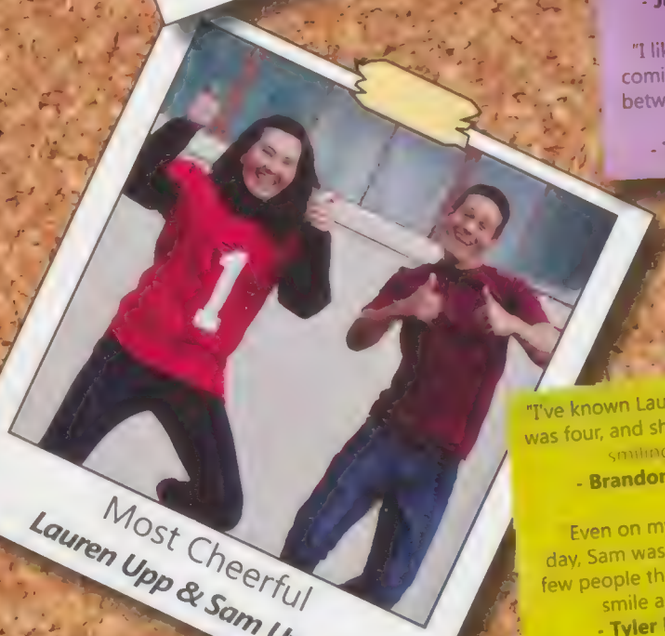
"Jamie is the sweetest! She has a clean mind."
- Kelly Huang



Most Innocent
Jamie Banks & Stephen Sun

"Zula never fails to make me laugh hysterically, aka LMFAO."
- Jenae Monasterial

"I like to compare Ben's comic genius to a mixture between a young M.J. and Jesus Christ"
- Taylor Crutchfield



Most Cheerful
Lauren Upp & Sam Uyeno

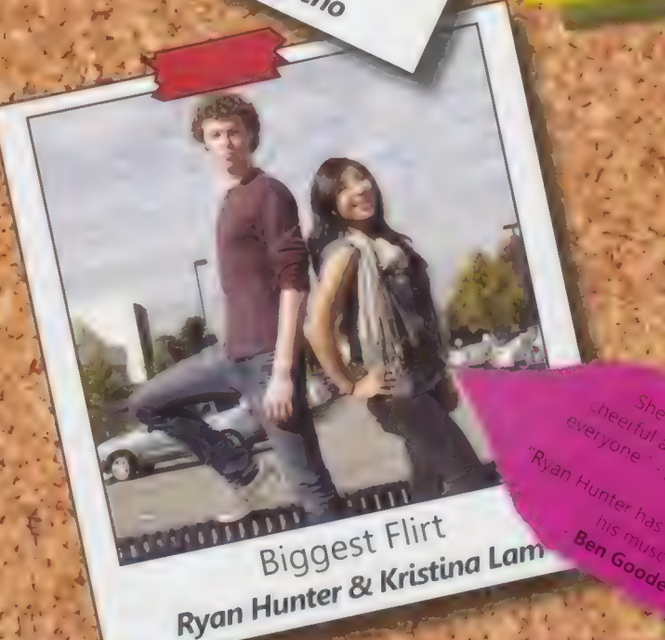
"I've known Lauren since I was four, and she is always smiling."
- Brandon Woo

Even on my saddest day, Sam was one of the few people that made me smile again."
- Tyler Divino

Class Clown
Zula Ganzorig & Ben Alemania

Of course Kyle won most clumsy just look at him!
Nick Reyes

"I remember Shuki told me she fell going up the stairs"
Angela Thai



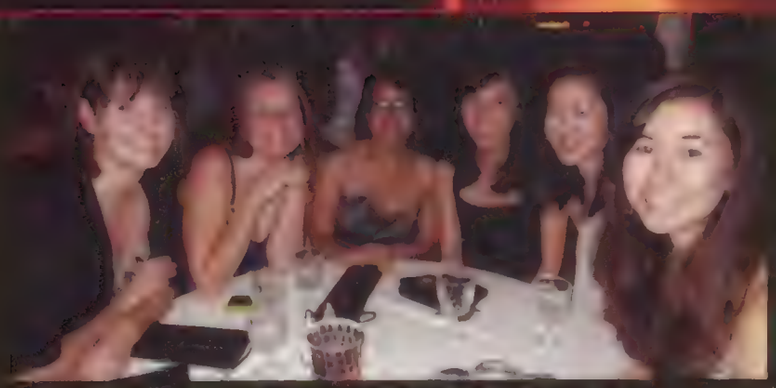
Biggest Flirt
Ryan Hunter & Kristina Lam

She is always cheerful and is just nice to everyone. - **Justine Vu**

"Ryan Hunter has every girl touch his muscles."
Ben Goode

Most Clumsy
Shuki Chan & Kyle Leong

Sara Osrian & Jackie Quah



Julia McLean, Megan McGrath, Ilse Villacorta, Dorothy Tung, Lauren Jiang & Sarah Raphael

RoRo Lyons, Roxy Guzman, Luxiana Eran, Randy Chahine, Raymar Hardy, Tyler Currie & Jordan Jarrell

The day has finally arrived as seniors look out at the Fume Blanc Commodore. There is no turning back. Long gone are the days when the seniors waited for the end of high school. Their heads are reeling from nostalgia. They cannot help but look back at their footprints and wonder where their lives will lead them next. Banquet is the first of a series of events that seniors attend. They say their last good byes to the familiarity they knew for the last four years. Now, they have to venture out into the unknown. These are their last farewells to their fellow classmates, to free education, and to the end of the first chapter of the rest of their lives.

Fume Blanc Commodore

Brittany Platt & Taylor Crutchfield

Sally Sanchez, Tiffany Le, Elisse Soohoo & Dominca Vitucci

Allison Miller, Zoe Allen & Claire Forbes

Derric Lee, Renee Sieng, Maxwell Hong, Karen Yee, Simon Feng & Bryan Gee

Hans Hunsaker, Casey Hutchison

Senior Banquet by Audrey Yeung, Jackie Chan & Kelly Huang

Senior Banquet
November 13, 2010

Jenae Monasterial, Rene Cruz, Zula Ganzorig, Tito Jimenez & Isabel Rosales

Samantha Swain, Hannah Cunningham, Jazmine Pulley, Rosalie Atkinson & Samantha Freitag

Sophia Gonzales & Maya Robles Wong

Quan Wu & Chris Lancaster

Kristina Lam, Vanessa Amrbosini, Kristin Eng, Florence Yuen, Nick Reyes, Justine Vu, Kelly Huang, Brandon Woo, Cameron Look, Kyle Leong, Jamie Banks & Aamraih Dastgir

Nadia Mounzih, Marykim Hoang, Valerie Fong, Daphne Duong, Angela Thai, Michelle Licea, Nadya Machrus, Shuki Chan & Emily Basta

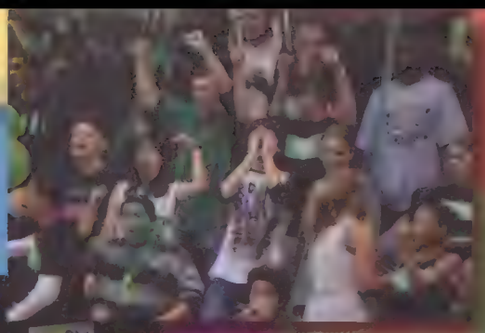
Sam Meredith, Andrew Altomare, Harrison Freck, Jimmy Wu & Kevin Yu

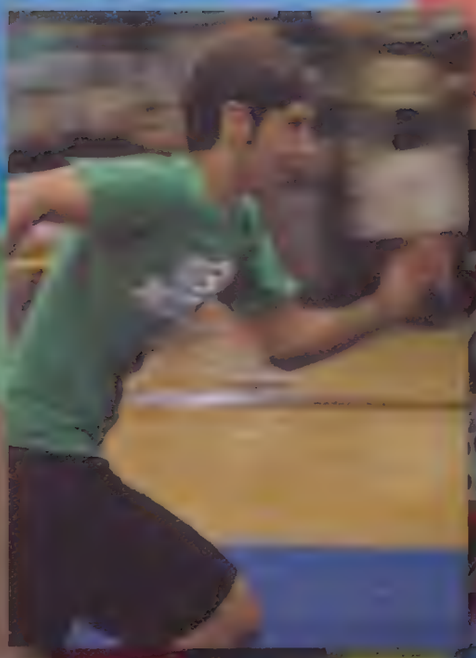
Jade Pavao, Rebekah Asuncion, Esther Paik, Alisa Hong, Rebecca Moon & Vy Nguyen

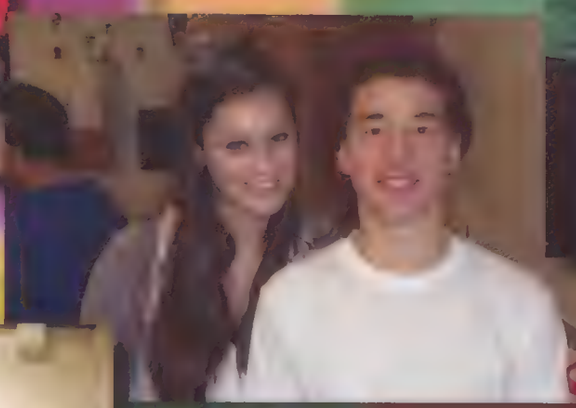
Catalina Alonso & Melissa Sovik

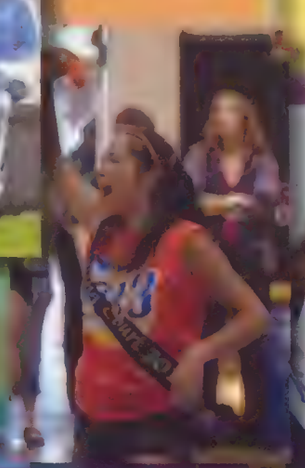
Sam Embry & Mark Jansz

SOPHOMOR
TAKE A CHANCE ON 2013
50
20

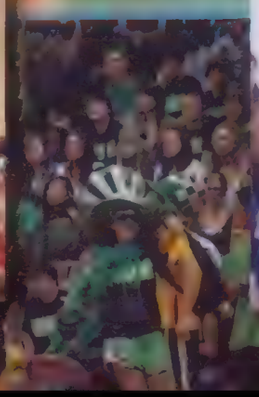








People



Ricky Wolf, Melissa Chung

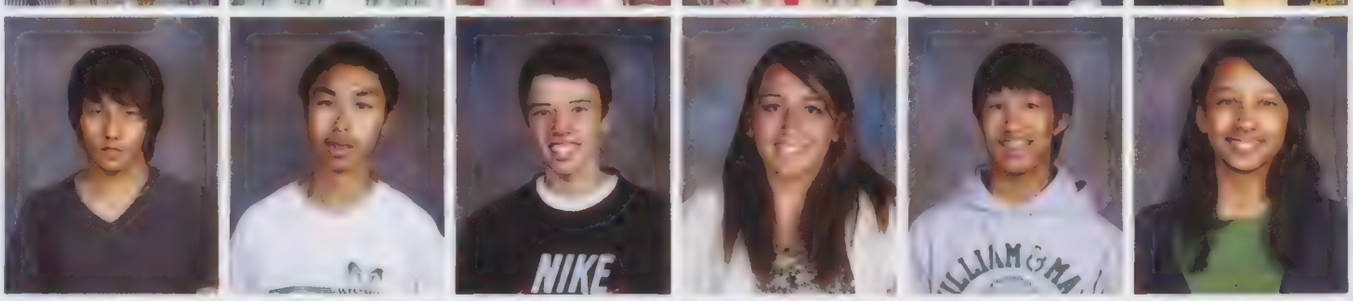
Juniors

Mohamad Abushi
Giovonte Adams
Sahar Adina
Roshni Advani
Roheena Ahmadzaoy
Delgermaa Ailtgui

Kathryn Alexander
Zachery Alfers
Tiana Allen
Anjelica Marie Ambrosini
Desiree Angeles
Tara Antone McDonald

Ludovica Antonini
Christopher Araujo
Alexandra Arjo
Thais Arjo
Daniel Arnstein
Courtney Ashbaker

Rikki Ashworth
Blair Austin
Anne Jilliane Barcelona
Anne Julliene Barcelona
Andrew Barraza
Grace Barrie



Tengis Bayaraa
Billy Be
Nicholas Beach
Rym Bendimerad
Gabriel Benin
Briana Biascan Ramos

Kenneth Bolden
Emmanuel Boquiren
Erica Borowski
Jazmin Bravo Contreras
Rosalee Brown
Stefan Brown

Juniors by Andrea Myovich & Sara Osman

Class Of 2012

Julius Bucher
Shelley Buford
Jessica Burns
Bayarjargal Buyanjargal
Fabienne Byosiere
Andres Cabrales

Mikel Cager
Mae Sharmaine Caoile
France Darwin Capistrano
Jared Carmon
Olivia Carrington
Angelina Castellanos

Nellie Cazares
Yuanyi Cen
Jacqueline Cepeda
Elizabeth Cepernich
Aimee Chan
Corey Chan

Mi Anne Chan
Ethan Chavez
Ai Yi Chen
Brendon Chen
Hong Tao Chen
Jia Hua Chen

Vivian Chen
Winnie Chen
Siu Kwan Cheng
Alec Cheung
Curtis Cheung
Jing Tian Chiang

Carly Childs
Corey Ching
Sarah Choe
Eunjin Choi
Yee Tung Chong
Caleb Chow

Alex Lee & Alejandro Sandoval

Eric Chung
Kevin Chung
Melissa Chung
Liseli Cisneros
Rikio Cohen
Christopher Conner

Emily Cooper
Ryan Cooper
Isai Cortes
Alicia Cost
Henry Cotter
Andrew Courtland

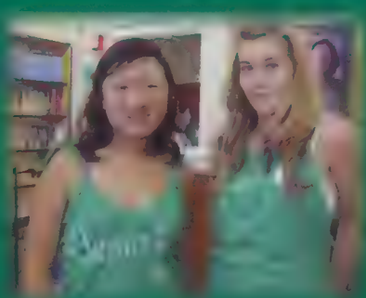
Jacob Cowan
Pedro Cremasco
Jenell Cruz
Levi Culverhouse
Selina Curiel
Gavin Dacumos

Asmita Dahal
Khoa Dao
Juston Dea
Barak Decelle
Bianca Dekock
Justin Del Rosario

Maria Depaz
Ronald Desmond
Leo Dickey
Angeline Didonato
Dakare Dixon Essien
Ryan Djafaripour

Derrick Do
Duan Do
Christopher Dodson
Jordan Dominguez
Gabrianna Dumaguin
Damian Dunwood

Diana Panich and **Danielle Taylor** wear T-shirts that they custom made to show their spirit and support their Junior class. **Taylor** adds, "The homecoming assemblies are my favorite because I get to go crazy and cheer on my class."



Lindsi Tu and **Hannah Klein** wear green to show Junior pride during homecoming week.

Annly Duong
Sandy Duong
Tiffany Duong
Brendan Durkee
David Elzig
Anand Enkhtur

Anudari Erdenetuya
Anna Erway
Erica Escalante
Rafael Espinoza
Daniel Estrada
Princess Joy Estrella

Isaac Everett
Rick Fan
Sally Fang
Vicky Fang
Aden Fesehaye
Robert Finau

Courtney Fisher
Megan Fisher
Lorea Foinels
Brandon Fok
Curtis Fong
Julia Fong

Audrey Fox
Vanessa Frandsen
Akela Gabriel
Helena Gagnon
Boyang Gai
Michelle Galicia

Collin Ganz
Sierra Garcia
Haregua Gebreyesus
Arik Geilifuss
Zachary Gentry
Sameema Ghafouri

Alyssa Lauser, **Desiree Angeles**, and **Natalie Redublo** say "Aloha while wearing their Hawaiian attire on class drink day. **Lauser** comments, "Spirit days are fun because they're easy to participate in and it supports our school."

If you could trade places with anyone at this school, who would it be and why?

Mr. Martin because he went to Oxford and he's a genius beast
Corey Ching

Gloria Gil Vazquez
Sarah Goldspring
Zachary Goldstein
Alejandra Gonzalez
Pranav Gopal
Hailey Gordon

Mark Gotuaco
Madeleine Gould
Geena Greene
Lauren Gross
Amanda Ha
Huy Ha

Aden Hagos
Isabella Hamilton
Nathan Haro
Terrace Harvey
Barreen Hasseep
Christopher Hausmann

Xiao He
Douglas Hebel
Lauren Henderson
Nancy Hinojosa Rodriguez
Honorio Hipol
Sara Ho

Lam Hoang
Emma Hoch Schneider
Whitney Holmes
Sonia Homayun
Keely Hosick
Amanda Huang

Linde Huang
Yan Huang
Zhexian Huang
Ryan Huey
Juliana Hui
Raymond Hui

Juniors by Andrea Myovich & Sara Osman

"I would want to be like Cameron because he has one of the top five roundest heads. Also because he is raw at Wii Sports."
-Trent Yee

"I would like to trade places with Mr. Dunn because he always shows off his dance moves."
-Juston Dea

Sarah Huie
Bao Huynh
Hali Huynh
Phuong Huynh
Robert Ingram
Marquise Jackson

Masseh Jami
Kevin Jang
Cindy Xin Ru Jiang
Grace Jin
Willa Jin
Hannah Johnson

Drew Jones
Esther Jung
Diane Kang
Stephanie Keel Moore
John Kelly
Dongho Kim

Sophia Kjelland
Hannah Klein
Megan Klembith
Benjamin Krause
Monte Krohn
Hao Ran Kuang

Harrison Kusel
Christopher Lam
Jessica Lam
Kon Hang Lam
Kristina Landreth
Richard Lantz

Haruki Laskowski
Alyssa Lasuer
Alexander Lau
Johnson Le
Thanh Le
Jalen Leathers

Antonio Manibusan & Andrew Barraza

Alexandra Lee
Alvin Lee
Daphne Lee
Dionna Lee
Evan Lee
Joon Hee Lee

Kenneth Lee
Marissa Lee
Richard Lee
Tabitha Lee
Christopher Leung
Michele Leung

Myron Leung
Sydney Lewis
Jia Xiang Li
Jiamin Li
Peggy Li
Steven Li

Vicki Liang
Isabella Lino
Amy Liu
Andrew Liu
Daniel Liu
Li Shan Liu

Nicholas Liu
Simon Liu
Damien Lo
Amber Lopez
Megan Louie
Frank Lovelady

Emily Lovell
Kathryn Ludlow
Iris Lui
Emmanuel Cristoper Luistro
Max Lytle
Tiffany Ma

Hannah Slicton-Williams takes on the role of a flute player in an impressionist painting while on a field trip with her French class at the de Young Museum in San Francisco. **Slicton-Williams** comments, "I really enjoy the trips we get to take for French class and I'm espically excited for the trip to France over Spring Break."

Jose Macias
Jose Vittorio Madrid
Andrew Mah
Jonathan Mah
Lia Mahoney
Christopher Maier

Nathaniel Mak
Amanda Man
Katie Mandell
Antonio Manibusan
Samantha Manning
Stephani Marlin

Tomas Martinez Granata
Nabeel Matin
Rachel Matinlas
Avery McClennon
Patrick McGrath
Kelsey McKeon

Michael McMillan
Erin McMullen
Isabel Menz
Sean Mesa
Fifita Mesui
Kira Meyer

Oleksandr Michkovsky
Darija Michovich
Aaron Miller
Trent Mitchell
Zubair Mohmand
Edwin Mora

Brandon Morales
Sierra Moreno
Ciara Morris
Gialina Morten
Saede Moseley
Samantha Moyal

Jocelyn Nguyen and **Marika Tsagris** have attended all the football games this season because they love cheering on their schools team. The girls use black facepaint to write the #50 on their cheecks to support their friend and AHS football player **Sam Rausser**

Celia Bruer and Megan Klembith 12 enjoy each others company during lunch. Although this is **Bruer**'s first year at AHS she and **Klembith** have become good friends quickly. **Klembith** comments "I feel like I have known Celia for my whole life. She's so nice and we have a lot of fun together so we became fast friends!"

What is your favorite lunch spot and why?

"My favorite lunch spot is [illegible] because it's amazing"
-Brandon Morales

Dzanela Muminovic
Jasmine Murphy
Frank Muzio
Andrea Myovich
Grace Na
Sthephania Najera

Sharon Nam
Jazmine Negrete
Sahar Nekmal
Kiearie Nelson
Brandon Ng
Darren Ng

Mitchell Ng
Priscilla Ng
Ky Nghieu
Andre Nguyen
Anh Nguyen
Christine Nguyen

Daniel Nguyen
David Nguyen
Duyen Nguyen
Hoa Nguyen
Jessica Nguyen
Jocelyn Nguyen

Laura Nguyen
Lien Nguyen
Melanie Nguyen
Quang Nguyen
Thy Thy Nguyen
Y-Nhi Nguyen

Nathaniel Northern
Dominique Jhoane Ocampo
Brenda Ochoa Mendoza
Yvonne Oliva
Ian Olivas
Faith Omara

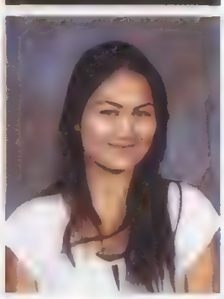
Juniors by Andrea Myovich & Sara Osman

[illegible] at
Big [illegible] Preparation is key.
-Angelina Tran

At lunch I love to feast on the
pizza at the Freeze.
-Ian Wang

Tommy Ong
Cody Orthmeyer
Tsend Otgonbayar
Alexandra Pacheco De Sousa
John Lester Pacibar
Jinsu Paik

Diana Panich
Jake Paredes
Juhi Patel
Adrienne Pena
Christina Pena
Juan Perez



Sarah Peters
Kimberly Pham
Viet Thai Phumsa Ard
Hulises Pineda
Grant Placencia
Sayal Pokharel

Vikram Prasad
Kelsea Price
Nancy Quach
Amy Quan
Ronald Quang
Nicholas Raber

Daniel Radding
Ryan Rafferty
Brianna Ramchandani
Jose Ramirez Granades
Alejandro Ramirez
Gianna Ratto

Sam Rausser
Amir Razavi
Jonathan Real
Adam Redfield
Natalie Lorraine Redublo
Haley Regan

Diana Panich & Edwin Mora

Paul Reichert
Amelia Remeta
Christopher Reyes
Stephen Rhodes
Leslie Rich
Abigail Rockwell

Jonathan Rodriguez
Evelyn Rosa
Lorenz Rosenau
Ivy Ruggiero
Nicholas Rundle
Annabelle Rushing Nelson

Nathan Ruttan
Justin Saco
Rocio Samaniego Lara
Savannah Samp
Deanpaul Carlo Sancho
Alejandro Sandoval

Mario Santamaria Rodriguez
Ana Santos
Lina Savage
Antonia Schaeff
Declan Shener
Zachary Sherak

Caroline Sherratt
Emile Siroit
Hannah Slicton Williams
Tanas Sliheet
Kamyron Slocum
Christina Smith

Irene Smith
Corey Spray
Jonathan Stettler
Rachel Stewart
Victor Su
Ming Suen

Boyang Gai and Frankie Wilcox try to pump up the crowd at the Island Bowl with their face paint and colorful posters. **Gai** comments, "The Island Bowl is the best football game of the season because we always get a huge turn out. Also, this year the Island Bowl was at our home field so it was even more important that we show our school pride."

Haley Summerfield
Emmanuel Sunglao Valdez
Alison Takagaki
Elaine Tam
Freddy Tam
James Tam

Virginia Tan
Stephen Tang
Wai Man Tang
Malcham Tatman
Keegan Tatum
Jose Luis Tavares

Danielle Taylor
Casey Thiering
Brandon Thoma
Jena Thoma
Steven Thon
Nathan Tieu

Sarah Tognoli
Haley Toot
Trevor Toy
Angelina Tran
Elena Tran
Hong Tran

Janie Tran
Kiet Tran
Thuy Tran
Timothy Travis
Brenda Trieu
Ena Trokic

Hoan Truong
Nathan Truong
Yvonne Truong
Marika Tsagris
Victoria Tsang
Lindsi Tu

Alexandra Lee is helping fill out her See's Candie's forms as part of her fundraising job in leadership

If you could trade places with anyone at this school, who would it be and why?

"I think Mr. Wilson can dance the best because he's got so much swag."
-Jack Kelly

Elvedin Tudjinovic
John Tupasi
Jackson Valler
David Van
Jacob Vargas
Arnoldo Vasquez

Millie Vikanis
Rebeckah Vitucci
Daisy Vo
Huy Vo
Kimberly Vo
Micki Vo

Lori Lok Yiu Wai
Laine Walrath
Maxwell Walther
Michelle Wan
Yuan Ian Wang
Zi Hao Wang

Tracy Wanjiku
Katherine Watanabe
Imani Watts
Christina West
Frances Willcox
Marlas Wilson Foster

Christopher Wilson
Courtney Winterbauer
Troy Wise
Anan Wolf
Brigitte Woltjen
Brian Wong

Daisy Wong
Elise Wong
Fiona Wong
Nathan Wong
Sandy Wu
Irene Xu

Juniors by Andrea Myovich & Sara Osman

"Mr. Nakamura or Nak because he's the funniest teacher."
-Elaine Tam

"Ms. Lara could probably dance the *Dougie* the best because she is the principal."
-Julia Fong

Natalie Ybarra
Andy Ye
Alexander Yee
Cynthia Yee
Megan Yee
Trent Yee

Lok Yiu Yeung
Cheng Gong Yin
Garrett Young
Shu Ying Yu
Andy Yuen
Timothy Zeng

Andrew Zhao
Hao Wen Zhou
Yi Qin Zhu
Irene Zou

Juniors Not Pictured:

Elmina Alispahic
Joshua Anderson
Ashley Bennett
Charieasha Breedlove
Henry Calicdan
Novia Chudha
Ana Flores
Akela Gabriel
Jonathan Gee
Keith Green
Matthew Grennon
Ariana Gruber
Ajmal Jackson Brown
Meranda Kaniye
Zi Chun Lan
Roberto Llamas
Gabrelle Longoria
Brandy Manriquez
Neri
Mutti Matingou
Nikole Moore
Maxwell Moreno
Jasmine Padilla
Michelle Popelka
Daniel Prins
Francisca Ramirez
Patrick Searle Bray
Matthew Stevens
Sophie Tan
Wai Man Tang
Raneka Thomas
Dao Vo
Man Lok Yang
Sawsawkenjay Young

Sean Mesa, Amir Ravazi, Andres Vargas-Johnson, and Doug Hebel check out the beautiful sunset across the bay.

Marika Tsagris & Nate Ruttan

SOPHOMORES

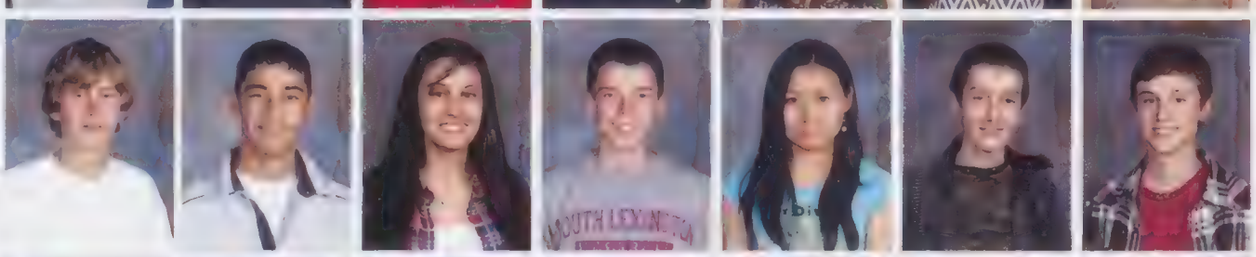
Alia Abdallah
Elizabeth Adkins
Gerardo Aguayo
Hasson Ali
Rebecca Alturk
Jessica Alvarado
Raphael Alvarez

Damon Anaya
Manuel Anaya
Angelina Anderson
Wyatt Arens
Wajma Arghandiwal
George Aribon
Kala Arniola

Benjamin Au
Theopolis Augustine
Joseph Avakian
Adham Awa
Muhammad Awais
Kareem Badr
Sarrah Bagadi

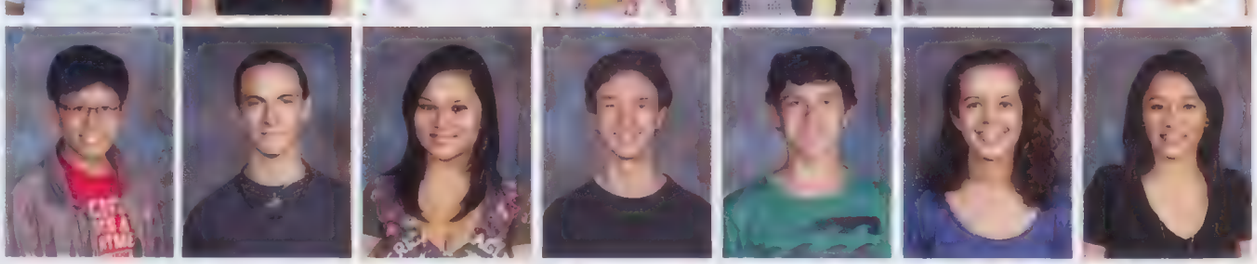
Cameron Ball
Navin Basnet
Tyler Bates
Cameron Beene
Gracie Beireis
Gabrielle Bell
Marie Bertholdt

Nickolas Bianchi
Marcus Billetter
Daniela Blanca
Karl Bliven
Undariya Boldbaatar
Jacob Bostrom
Colin Brady



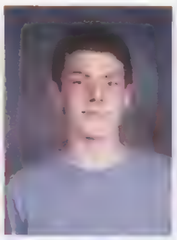
Alessandra Brambila
Celia Breuer
Joshua Brown
Stephanie Buggs
Christopher Bussey
Jordan Butler
Reyna Buzon

Jio Calderon
Nicholas Caldwell
Amelia Capps
Charles Carlise
Stephen Carlson
Caroline Carper
Eisa Carranza



Sophomores by Andrea Myovich & Sara Osman

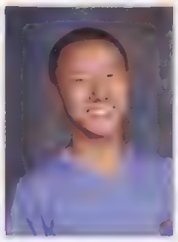
Class Of 2013



Cielo Carrasco
Jessica Carrillo
Shawn Carroll
Victoria Castellanos
Yongcong Cen
Scott Chahine
Kayla Chai

Hoi Chak
Pui Chak
Alexander Chan
Christopher Chan
Marvin Chan
Michelle Chan
Naomi Chan

Taylor Chan
Tyson Chan
William Chan
Nayoung Chang
Samuel Chang
Jacob Charney
Tsz Wai Chau



Ivan Chavez
Albert Chen
Jennie Chen
Kevin Chen
Kunlun Chen
Nicholas Chen
Xiao Lin Chen

Xingyu Chen
Zhicong Chen
Olisa Chibueze
Joshua Chin
Ronald Chin
Krystal Ching
Lila Ching

Eugene Chiu
Andrew Choi
Christopher Choi
Madison Christ
Briana Chu
Sophia Chu
Brenda Chung

Colleen Chung
Helen Chung
Tina Chung
Jasmine Clark
Nicholas Clementi
Tracy Clerk
Andrew Cooper

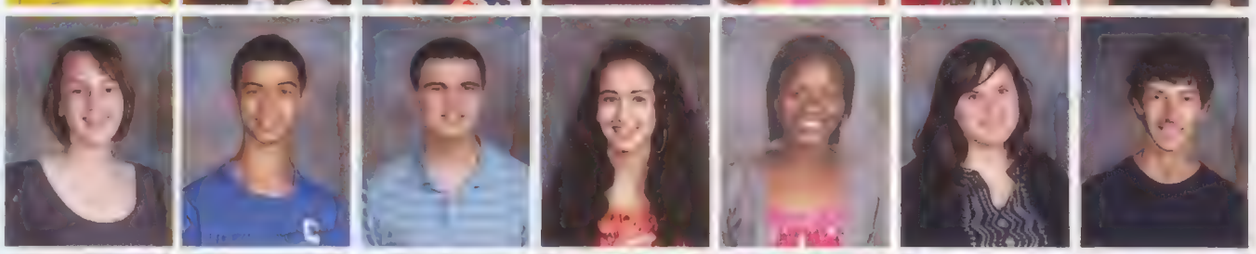
Andrew Rochlin & Anastasia Scheichl

Michael Copple
Christina Cowan
Kaitlyn Crooker
Robert Cuthbertson
Jim Dali
Rory Dalleva Keane
Udval Dambadarjaa

Jensen Dang
Drew Daubeneck
Evangel Davis
Jansenn Reece Dela Cruz
Brian Deng
Meixin Deng
Jessica Denney

Dominick Deroche
Angel Desousa
Julia Deutsch
Emily Dial
Charisse Dimalanta
Alexandra Dimitruk
Katharine Dimitruk

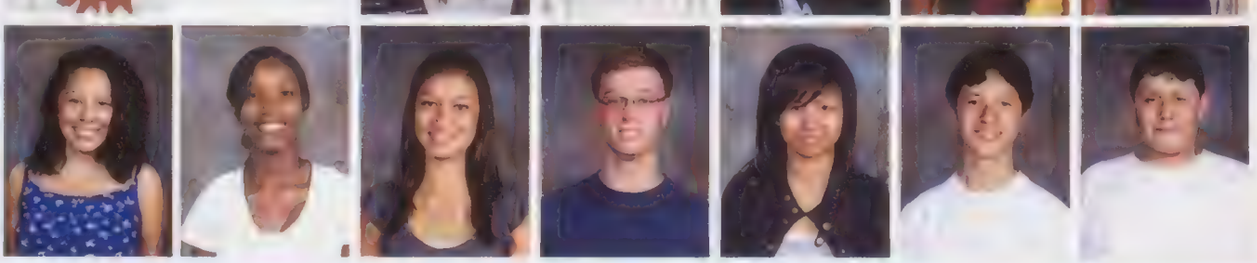
Rebekah Dosa
Alexander Doyle
Bryan Durkee
Audrey Ehrenfeld
Utieyin Ekwejunor Etchie
Kaitlin Elkins
Alexander Elsibai



Tanner Embry
Bayarjargal Enkhbold
Gregory Erickson
Kassandra Espelita
Julia Fanger
Brian Feng
Jeremy Fiddes

Avery Figari
Douglas Flood
Evita See Fok
James Fong
Justin Fong
Lilian Fong
Alyssa Francisco

Bianka Franco
Jana Y Franklin Adams
Emma Fraser
Matthew Fullmer
Alyssa Gaddi
Gerardo Garcia
Jesus Garcia



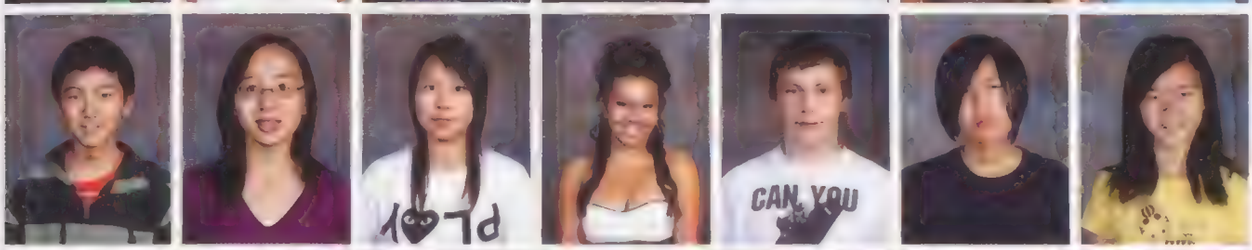
Angela Zafari congratulates **Raymond Kelly** after a game well played.

Tyler Yee helps contribute to the school by picking up picking up the recycling bin in the hall.

Ernest Gardner
Pranisha Gautam
Amanda Gee
Emily Gee
Rachel Gee
Wesley Gee
Selaab Ghafouri

Challena Gilbert
Olivia Godfrey
Devin Green
Emily Grimm
Molly Groves
Grace Guenon
Angelo Guo

Alexandra Gutierrez
Ariel Hall
Veronica Hall
Nicholas Hargrave
Charles Harkins
Rachell Harris Anderline
Alexandria Hartwell



Jacky He
Jennifer He
Shi He
Guadalupe Hernandez
Kenneth High
David Ho
Sharon Ho

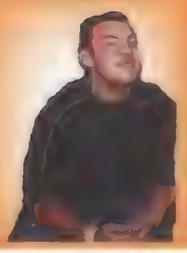
Jessica Hoang
Tiffany Hoang
Ethan Hobbs
Ashlye Hodge
Aumen Holliday
Pearl Holmes
Kelly Hosokawa

Jing Hou
Darryl Hua
Anthony Huang
Dajun Justin Huang
Justin Huergas
Shafaqat Hussain
Gina Huynh

Hien Huynh
Ly Huynh
Catherine Ignacio
Fabelina James
Ryan Jarecki
Kaeleb Joffrion Hanrahan
Caniya Johnson

Anh Vo and **Miguel Garcia**
hang out on the weekend.

What would you do if you won the lottery?



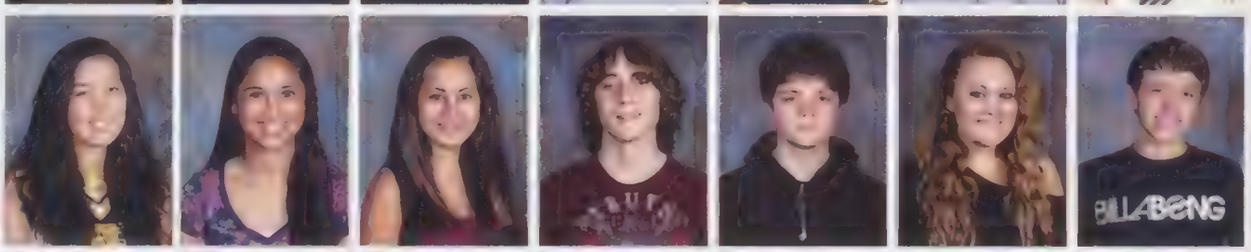
"I would give back....sike!! I would buy a mansion and a lot of clothes."
-Devon Robinson

Denzel Johnson
William Johnston
Miles Jones
Daniel Joo
Erik Jung
Meranda Kahiye
Robert Kammerer

Reece Kamphuis
Benjamin Kastning
Troy Kawaguchi
Raymond Kelly
Sean Kelly
Bryant Kim
Jason Kim

Jeany Kim
Nahyun Kim
Soo Kim
Kevin Kinney
Joshua Kirkpatrick
Alex Kleinman
James Knight

Alyssa Kondo
Alexis Konstantino
Anastasia Koutoulakis
Athan Kouvelis
Ryland Kreese
Paige Krinks
Gabriel Kruglikov



Anshika Kumar
Samuel Kunz
Samuel Kuttner
Linell Lacanlale
Galen Lam
Hiu Man Lam
Jessica Lam

Juliette Lam
Nora Lam
Quoc Lam
Ryan Lam
Nicolas Lambert
Emily Landis
Garrett Langfeld

Hao Lao
Zhao Lao
Aaron Lau
Joanne Lau
Shirley Lau
Alexa Le
Minh Le

Sophomores by Andrea Myovich & Sara Osman

"I would help the poor and starving families in Afghanistan and other places."
-Adham Awa

"I would buy myself a mansion, give money to the poor, and buy lots stuff for myself."
-Victoria Castellanos

Stephanie Le
Stephano Le
Phillip Ledoan
Bethanie Lee
Brittany Lee
Carrie Lee
Edward Lee

Jeffrey Lee
Jonathan Lee
Justin Lee
Kendy Lee
Samantha Lee
Teon Lee
Wai Lee

Yeuji Lee
Armando Leon
Juliet Leonard
Perry Leong
Chandler Lynn Leslie
Dayjanae Levingston
Wai Guan Lew

Jeremiah Lewis
Jesse Lewis
Charlie Li
Haiqi Li
Jenny Li
Rixi Li
Jack Liang

Joo Eun Lim
Melanie Limbo
Connie Lin
Timothy Ling
Ivanteng Linh
Benjamin Liu
Devon Lodge

Julian Lofton
Luxor Lopes
Mark Lopez
Lauren Losande
Daniel Lu
Elijah Lustig
Robert Macario Contaxis

Sophia Macias
Jose Madrid
Lilian Mar
Remy McCon
Tony McDowell
Victoria McGovern
Kaleb McIntosh Jennings

Christina McKinley
Jonathan Mendoza
Kevin Mercado
Samuel Merz
Jasmine Miller
Patricia Miller
Ridwan Mohamednur

Michael Moler
Brogen Mollica-Lomascola
Ghie Anne Moreno
Rhys Morgan
Giovanni Mostajo
Sharif Mounzih
Orkhon Munkhbayar

Fiona Murphy
Mia Musso
Adam Nabhani
Zolboo Namkhaidorj
Lyzette Navarro Castaneda
Matthew Neff
Claudia Neri

Connie Ng
Ka Wai Ng
Drayson Ngiraingas
Paul Ngo
Brittany Nguyen
Christine Nguyen
Duc Nguyen

Lan Nguyen
Lori Nguyen
Ngan Nguyen
Anita Njeri
Anthony Northern
Gabrielle Obando
Malia Obillo

Marco Ochoa
Jihoon Ok
Viridiana Oliva Garcia
Anina Oliver
Graeme Onuffer
Enrique Ortega
Mark Otenbriet

Kaitlin Owyang
Taylor Owyang
Derek Oyama
Kathleen O`Connor
Miguel Padilla
Kevin Paiz Deleon
Angelica Pan

Linda Lee, Alejandra Quintero, Eisa Carranza and **Claudia Neri** get ready for the first AHS Halloween Dance.

Jorge Par
Christopher Parsons
Lauren Parsons
Nadine Paulino
Hannah Paulus
Andrew Pavao
Madeline Pearce

Preston Peel
Tianna Peirson
Maricela Pena
Crystal Pestana
Nicole Pham
Andrew Playsted
Tyler Powell

Alvin Quach
Jacqueline Quale
Alejandra Quintero
Mitchell Quon
Rosi Ramirez
Kevin Rankine
Jack Rausser

Jessica Ravetti
Lexus Rawlyk
Ekaterina Reeb
Kelsey Reed
Patrick Reilly
Zachary Ribera
Devon Robinson

Andrew Rochlin
Daniel Roderig
Maxine Romualdo
Peter Roque
Karina Rowe
Jianbo Ruan
Valerie Rubino

James Ruck
Joseph Ruck
Joseph Ruiz
Tessa Russell Harde
Bianca Salazar-Henderson
Kimberly San Juan
Hernando Sanchez

Lorenzo Sanchez
Johnathon Sandoval
Aakash Sastry
Samantha Sato
Jessica Saunders
Isabel Saxty
Anastasia Scheichl

Fred Smith, Sam Kutner and **Tyler Powell** spend their break hanging out at the circle and socializing.

Keiko Tokuda and Erik Van Winkle dress in fancy attire.

What celebrity are you most like and why?

"The celebrity that I relate to most is Tom Cruise because I love action movies."
-Jim Dali

Tierra Schierholz
Christopher Scyphers
Averyl Joy Serrano
Lotus Shan
Patrick Shao
Deepak Sharma
Tareana Shelton

Xinqi Shi
Corinne Shiu
Calvin Sieng
Madeline Silverman
Fred Smith
Derek Snediker
Chaninat Somsakulboongam

Darina Speranskaya
Hana Stanojkovic
Holly Staten
Matthew Stephens
Brandon Stewart
Sherilyn Stewart
Angus Storm

Peggy Stuart
Iryna Sulimova
Elmir Suljicic
Connor Szeto
Isabel Tager
Nicholas Tahani
Helene Takamura

Hudson Tam
Andy Tan
Holly Tan
Rani Tanjuakio
Yael Tapia
Marlena Tatman
Rachel Taylor

Bao Thai
Marisa Thoma
Kenny Thon
Aushanay Tidwell
Alan To
Jaydon Tobler
Rawzita Tohki

Keiko Tokuda
Weston Tolbert
Anthony Tran
Calvin Tran
Iris Tran
Judy Tran
Kenny Tran

"I relate to Lucy Liu because she is Asain. I am representin'!"
-Connie Lin

"Snooki! I am like Snooki because I am exactly like her, just skinny."
-Daniela Blanca

Shastina Truex
Willie Tucker
Almir Tudjinovic
Tsagaan Turmunkh
Blake Twyman
Boyan Tzvetkov
Jacobb Ulloa

William Upp
Erkhes Usukhbayar
Eleanna Vafeiadou
Veronica Valdivia
Jorge Valencia
Danilo Valle
Nancy Van

Erik Vanwinkle
Kathryn Vargas
Christopher Vaughn
Omar Vergara
Raissa Villanueva
Miguel Isaiah Villasanta
Gabriel Villela

Anh Hung Vo
Paul Waddington
Belal Wahab
Claudia Waldman
Madelaine Walker
Daniel Walters
David Walters

Jeremy Wan
Kevin Wang
Thomas Wei
Ricky Welt
Lauren Williams
Alexander Wilson Leech
Brian Wong

Dennis Wong
Felicia Wong
Jordan Wong
Stella Wong
Michael Woo
Amanda Woodworth
Kiuana Wright Parkinson

Scarlett Wu
Waley Xu
Alice Yang
Jia Yang
Jing Yang
Stephen Yang
Zelin Yang

Dan Rodeng & Charllena Gilbert

Randi Ye
Alexander Yee
Tyler Yee
Tyler Yee
Jennifer Yeung
Jennifer Yeung
Melissa Yip

Peter Yip
Anne Yoo
Hansol You
Aric Yu
Michelle Yu
Nicholas Yuen
Angela Zafari

Nargis Zafari
Rachel Zenobia
Guo Long Zhang
Aaron Zhou
Christine Zielinski

Sophomores Not Pictured:

Rowvhel Bautista
David Cabrera
Peixin Cai
Kody Campbell
Palma Capelli
Cielo Carrasco
Leland Chow
Calvin Donaldson
Rebecca DuMars
Joshua Dutra
Ariselli Gaona
Grace Guenon
Zhan Xiong Huang
Jennifer Anh Huynh
James Linzie
Hassey Maile
Tisa Mikell
Emiliano Moran
Justin Morris
Kayla Murray
Marianna Nava
Kathleen OConnor
Robert Platt
Taylor Ross
Gianna Solis
Yahnay Terrell
Sedrick Thomas
Erica Williams
Zaikeng Zhong

Cobbie Ulloa, Tsagaan Tur and **Claudia Neri** chill at one of their favorite hang out spots on the weekend.

Matt Neff and Chris Parsons try to get customers to come to their car wash by going shirtless.

Who is your favorite musical artist and why?

I love Taylor Swift, she sings about a lot of things I could relate to.
-Kaitlyn Crooker

Ariell Hall, Remy McCon, Alexandria Demetri work to complete the gingerbread contest held in December.

Alyssa Francisco and Rachel Taylor are covered in orange and leis on Class Color Day.

Judy Trinh and **Utieyin Ekwejunor Etchie** show off their wacky side while waiting for P.E. to start.

Marie Bertholdt, Mia Musso, Tessa Harde, and **Kaitlyn Crooker** take a break from lunch and gather to represent their class of 2013.

I like Ke$ha because she is so confident and fun when she sings.
-Keiko Tokuda

Weezy F. Baby.
because he is the greatest rapper alive and all his music slap!
-Tyler Yee

Jessica Alvarado & Keiko Tokuda

FRESHMEN

Orion Aldaz
Katherine Allan
Kaleigh Allen
Hasibullah Alocozy
Ariana Alonso
Gilbert Aribon
Adreena Arnold

Maxmillian Atkins
Sciorra Atoigue Concepcion
Rene Jesse Bagus
Thomas Baire
Julia Ballou
Mikaila Baskin
Pawan Basnet

Enkhjin Batbuyan
Khulan Batsaikhan
Rylie Becerra
Casandra Beesley
Julia Bergamaschi
Trevor Bergman
Valente Blanco Garcia

Dawnia Brody
Gabriella Bryan
Christina Bui
Diana Bui
Michael Bui
Brandon Byrd
Maria Caceres

Mackenzie Cala
Emma Canalin
Christina Carmon
Rachelle Carrier
Meghan Carroll
Chase Carter
Christian Cash

Felix Cassidy
Vanessa Castro
Vincent Catacutan
Jo Ann Catungal
Julie Ann Catungal
Jessica Cavalli
Blake Vincent Celindro

Emerald Chan
Gary Chan
Jonathan Chan
Gabriel Chavez
Hai Qing Chen
Jenna Chen
Jian Liang Chen

Freshmen by Andrea Myovich & Sara Osman

Class Of 2014

Joseph Chen
Nicholas Chen
Tina Chen
Xiao Yu Chen
Siu Yan Cheng
Nicholas Cheung
Raymond Chiu

Matthew Choi
Annie Choy
Jamie Chua
Sara Ciapponi
Taylor Clark
Efren Claro
Nicholas Collins

Emi Compton
Julian Cook
B Jon Couther
Jennifer Cully
Sean Cunningham
Shane Curiel
Daniel Dalipe

Catalina Dalton
Marianna Daniel
Alexander Dao
Fischer Davis
Leona Debita
Justin Dela Cruz
Johnfrei Delariman

Melissa Dembroge
Alyssa Devilla
Brianna Devlin
Luis Diaz
Mary Dietrich
Bleth Docena
Daisy Dominguez

Aisling Donohoe
Kathryn Dosremedios
Keelan Doss
Christian Doumitt
An Du
Casandra Duong
Suzanne Eggert

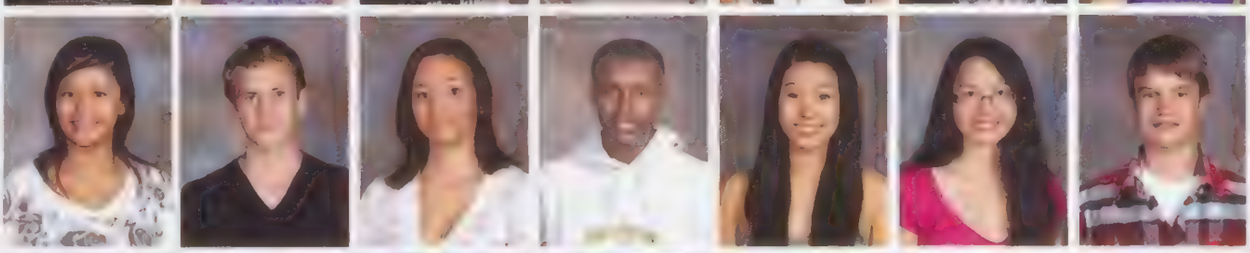
Nabil Ehsan
Margaret Elias
Ariel James Estinor
Andrew Fan
Huan Zhen Fan
Amy Fann
Gabrielle Fasano

Stacy Feng
Sara Fiedler
Jonathan Fifer
Ryan Flynn
Wing Fok
Marcus Fong
Marina Fong

Polly Fong
Raymond Fong
Ryan Fong
Sarah Fong
Winton Fong
Walker Foster
Alexandra Fradel

Amity Freese
Grace Friedman
Hannah Fritze
Yolanda Fuentes
Emerickaye Gaddi
Christian Galvez
Ashley Garber

Adrianne Garcia
Quinn Garcia
Kenzie Gatling
Biruk Gebreyesus
Elizabeth Gee
Kaitlyn Gee
Jack Ghiglione



Paige Gorman
Annabel Grealish
Trevor Greenley
Justin Guan
Anisha Gurung
Geeron Guzman
Sulaiman Hameed

Nicholas Harris Anderline
Cari Hartigan
Morgan Hashimoto
Kirsten Hausmann
Diana Henriquez
Mario Herrera
Deja Hewitt

Michael Hidalgo
Miguel Hidalgo
Kathryn Higuchi
Arianna Hill
Alana Hipol
Erica Ho
Forrest Ho

Vanelly Trejo, Darnel Rose and their classmates sit in English class and listen to their teacher speak about a story in their anthology book.

Jasmine Ho
Dziu Vicky Hoang
Holly Hong
Andrew Hovermale
Edward Hu
Hui Yu Huang
Jia Hao Huang

Drew Huie
Courtney Hukill
Michael Hulihan
Gerald Icmat
Timothy Ilchene
Benjamin Ingram
Koe Guang Yue Inlow

Claire Isola
Taylor Jaber
Maxwell Jacobs
Laura Jarecki
Min Hyuk Gregory Ji
Athena Jimenez
Desaree Jimenez

Evelyn Jo
Alexander Johnson
De Ja Johnson
Keenan Johnson
Thomas Johnson
Emmett Kaake
Anna Kang

Emilia Kastning
Naayl Kazmi
Briana Kelly
Enkhlen Khurelbaatar
Bridget Kim
Richard Kim
Sarah Kim

Julian Kizanis
Zachary Kjelland
Kenneth Ko
Jonathan Kornblum
Kaitlin Krause
Rebecca Krause
Avery Kuang

Cartianna Kung
Olfred Kwan
Kevin Lam
Nijesh Lama
Giacomo Lane
Cameron Lantz
Kimberly Lantz

Sarah Baghadi listens attentively while in English. She looks forward to this class each day because it is one of her favorite classes.

Emi Compton and Elizabeth Reynolds

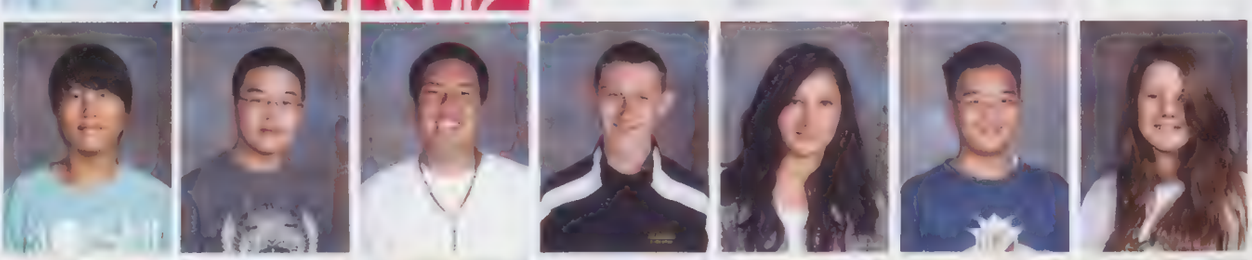
Chloe Lau
Serene Lau
Lennea Lawson
Cody Le
Julie Le
Mai Trinh Le
Andrea Lee

Chanel Lee
Justin Lee
Mina Lee
Ryan Lee
Steven Lee
Tae Hoon Ken Lee
Andrew Leong

Oscar Leung
Danica Liang
Cian Lim Mahusay
Calvin Lin
Wenshuo Vanessa Lin
Christie Linh
Andrew Liu

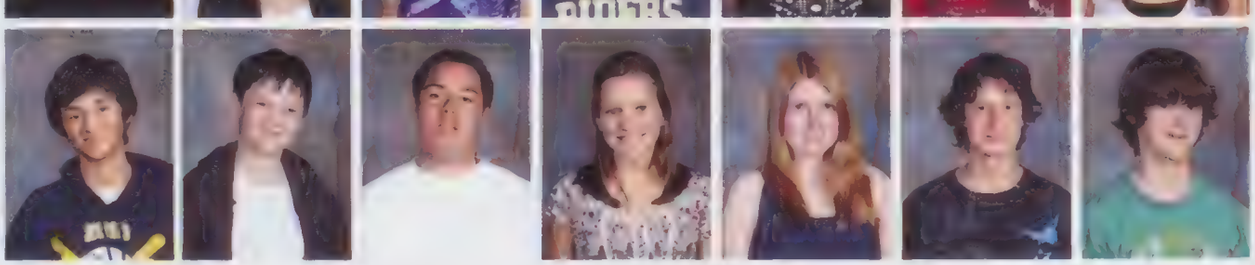
Emily Liu
Emily Liu
Jason Liu
Derek Lodge
Zachary Lovell
Zachary Lovell
Max Lozada

Phong Luong
Eden Ly
Vincent Ly
William Maiers
Elif Mamedova
Gabriel Mapa
Tessa Marker



Rowland Markheim
Lauren Martin
Michelle Mayer
Grayson McClain
Brittany McGovern
Kelii McKeown
Tehani McKeown

Mitchell Meadows
Maxwell Meek
Angel Mendoza
Rachel Menendez
Drew Mitchell
Steven Montoya
Alexander Moran



Sarah Feidler tells **Britney McGovern, Lika Vaisberg**, and **Nick Chen** a story during lunch.

Andrew Morris
Raymond Mui
Lillian Myers
David Na
Erynn Naccarelli
Hosna Nalan
Gregory Ngim

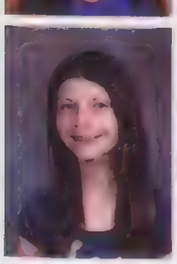
Sarina Ngo
Andrea Nguyen
Andrew Nguyen
Johnny Nguyen
Joseph Nguyen
Justin Nguyen
Kevin Nguyen

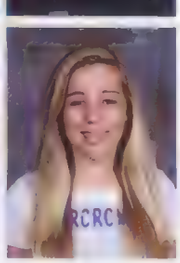
Peter Nguyen
Thanh-Nhi Nguyen
Vivian Nguyen
Michelle Nip
Jesse Norman
Adrianna Nunez
Sarah Nunn

Okari Nyagaka
Allison Ong
Nia Ordinario
Keoni Otenbriet
Angelica Parodi
Harshal Patankar
Joseph Paulukonis

Ashton Paulus
Zachary Pecson
Daniel Pena
Sheila Pham
Kien Phan
Corey Phu
Andy Phung

Erin Plazola
Jeffrey Ploss
Violette Pulley
Ariel Pun
Nathaniel Putnam
Samantha Quinones
Alejandro Quintero





Elena Radding
Yazmyn Rahimi
Thomas Rall
Vanessa Ramirez
Andrea Ramos
Brandon Ramos
Rachel Reising

Kimberly Revolorio Par
Pamela Reyes
Savannah Reyes
Elizabeth Reynolds
Joseph Riley
Kristen Rinck
Mariah Ring

Elizabeth Rios
Benjamin Roberts
Marialuisa Rodriguez
Rebecca Roller
Darnell Rose
Yuyuan Ruan
Andrew Rusca

John Sablan
Raina Sacro
Annamarie Sapalicio
Nicholas Sarmiento
Maria Sazo
Gitte Schirrmacher
Jazmine Schwinges Williams

Suvant Shahi
Jasmine Sharma
Caitlin Shener
David Sherak
Ren Shimizu
Isabelle Shin
Justine Silvers

Gurpreet Singh
Laurent Siroit
Colette Smith
Juliane Smith
Melayna Smith
Rosalie Smith
Kelly Son

Josephine Soriano
Marybeth Soriano
Jennifer Soung
Brianna Stagnaro Green
Dalila Stanfield
Cayland Stanley
Mariko Stenstedt

Min Shan Su
Searr Sultan
Aili Sun
Jason Tan
Elaine Tang
Wilton Tang
Renae Cez Tanjuakio

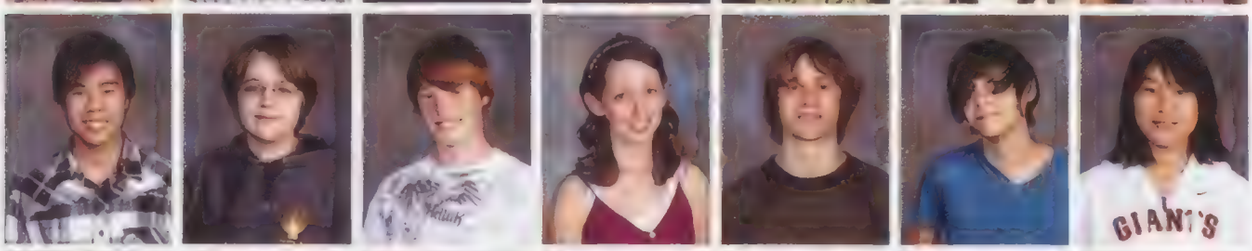
Deja Johnson follows along as the teacher reads aloud in English class.

Conner Tansey
Alexander Thiering
Ryan Tong
Tara Toy
Jackson Tracy
Alexander Tran
Tina Tran

Vanelly Trejo
Amy Trieu
Tammy Trinh
Ashley Trujillo
Salinda Truong
Cameron Tu
Doni Uyeno

Patrick Vaca
Brandon Vangelder
Wylie Vann
Joseph Vargas
David Varghese
Leony Vaysberg
Victor Verduzco

Suman Vijay
Kevin Villacorta
Christian Villanueva
Tatiana Villegas
Paul Virgen
Kristy Vo
Karen Vu

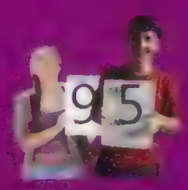


Tuan Vuong
Cosmo Walrath
W David Walrod
Autumn Ward
Jack Wellman
Jeremy Wendroff
Elizabeth Westwood

Caleb White
Madison Willcox
Allen Williams
Sophia Wirtz
Beatrice Wong
Danny Wong
Kenny Wong

Nicholas Wong
Sharon Wong
Marisa Woo
Matthew Woo
Skyler Wright
Miranda Wrobel
Anna Wu

Maria Sazo and **Peter Nguyen** have been really good friends for a while and love hanging out together.



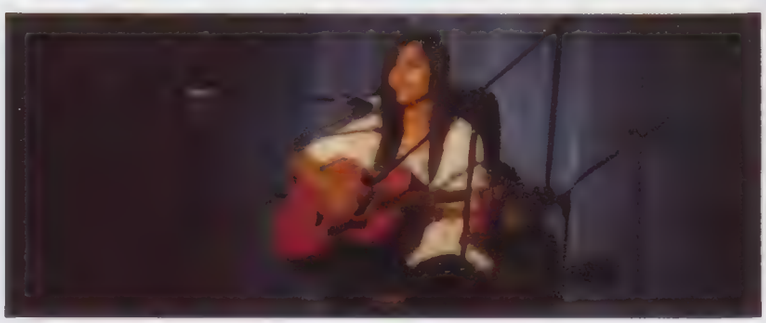
How were you feeling on the first day of high school?

[illegible]
[illegible]
[illegible]
Marisa Woo

Chuyi Wu
Christopher Wynn
Sonia Xu
Aziza Yaropa
Chantel Ybarra
Daniel Ybarra
Brian Ye

Danielle Yee
Devon Yee
Lauren Yee
Nathan Yick
Macario Yonn
Adam Yu
David Yu

Jason Yu
Timothy Yu
Calvin Yuen
Elise Yuen
Francisco Yuen
Hui Yan Zeng
Jasmine Zenobia

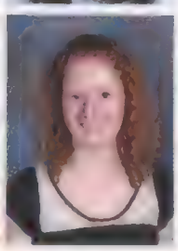


Freshmen by Andrea Myovich & Sara Osman

"I couldn't wait to meet new people and excited to see my husband everyday."
-Morgan Hashimoto

"I was really excited to meet new people and make new friends!"
-Ryan Fong

Benjamin Zhang
Jiahe Zhang
Michelle Zhang
Pamela Zhang
Anita Zhao
Sam Zhao
Brian Zhen



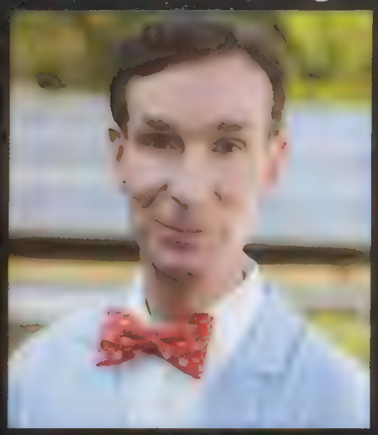
Jia Wen Zhong
Annie Zhu
Zaria Zinn
Corrin Zuranich

Freshmen Not Pictured:

Robert Achramowicz
Alexander Adranly
Emmal Ahmadzaoy
Lejla Arifovic
Munkhjil Ariunbold
Chloe Ashley
Madison Badger
Anna Bautista
Jessica Bell
Binderiya Boldbaatar
Ian Bonde
Vincent Bongiovanni
Ryan Burke
Samantha Byrd
Angela Campbell
Abigail Campion
Dang Cao
Faan Chan
Mari Chavez
Christian Cuellar
Zachary Engberg
Christian Espinoza
Harley Finberg
Elijah Fisher
Kendal Foster
Audrey Frangiamore
Gustavo Gonzalez
Taylor Green
Lang Jun Guo
William Han
Katherine Hanover
Sophan Heng
Gregory Hui
Helen Huynh
Benjamin Ingalls
Margeaux Knuth
Sean Korey
Blade Landau
Serene Lau
Lennea Lawson
Julie Le
Mai Trinh Le
Chanel Lee
Justin Lee
Ryan Lee
Steven Lee
Tyler Lewis
Karina Li
Ye Li
Yuzhen Li
Grace Lin
YongZhuang Liu
Malcolm Matthews
Anthony McDonald
Andrew Melendez
Julian Mendoza
Rachel Menendez
Michaela Mullin
So Nam
Oludayo Kemi Oladipo
Antaja Parham
Joseph Pasqualini
Alexander Phung
Erik Purvis
Grace Riddle
Elysia Rivera
Alexander Sanchez
Nonan
Joseph Silva
Hannah Soltz
Saoirse Stock
Rico Tan
Jill Taylor
Wyatt Vance
Jose Velazquez
Andrew Velez
Mark Venturini
Eva Vu
Dajanay Walker Perry
Jacob Wilbur
Min Ying Yang
Jenny Zhong

Rachelle Carrier *enjoys reading Great Expectations. Her other favorite books include A Wrinkle in Time by Madeline L'Engle and Animal Farm by George Orwell.*

Celebrity Look Alike



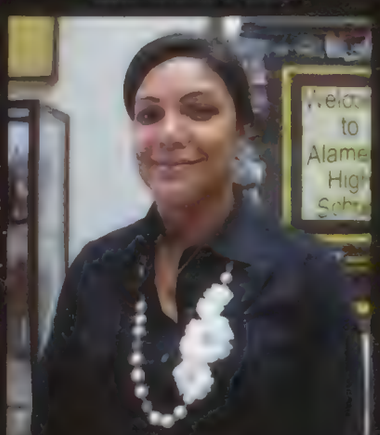
Bill Nye
The science guy

Mr. Carlson
The other science guy

Trinity
from Matrix

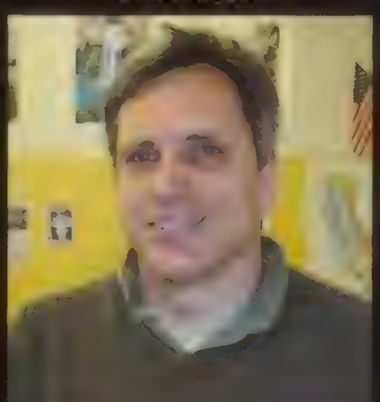
Dr. Griffith
Environmental Hero

Michelle Obama
1st Lady

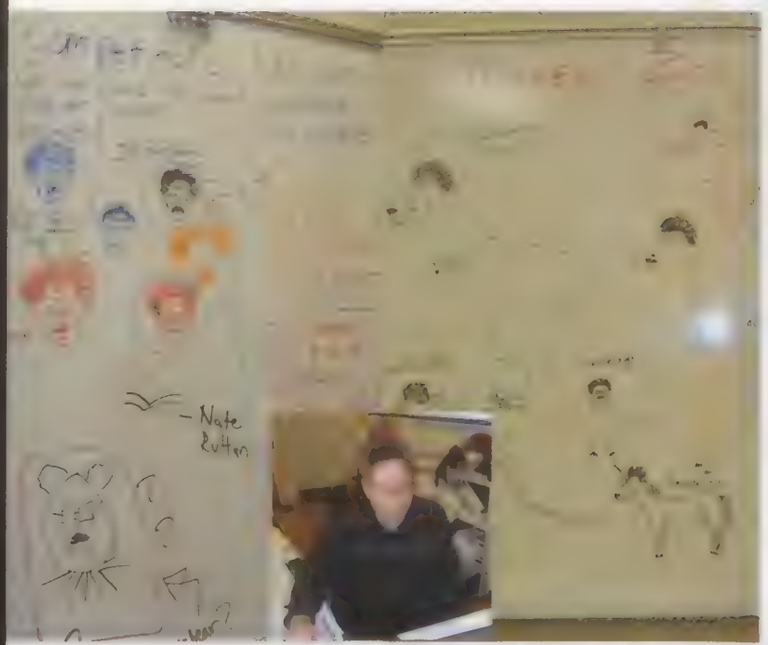


Ms. Lara
AHS Principal

Steve Carell
Actor/Comedian



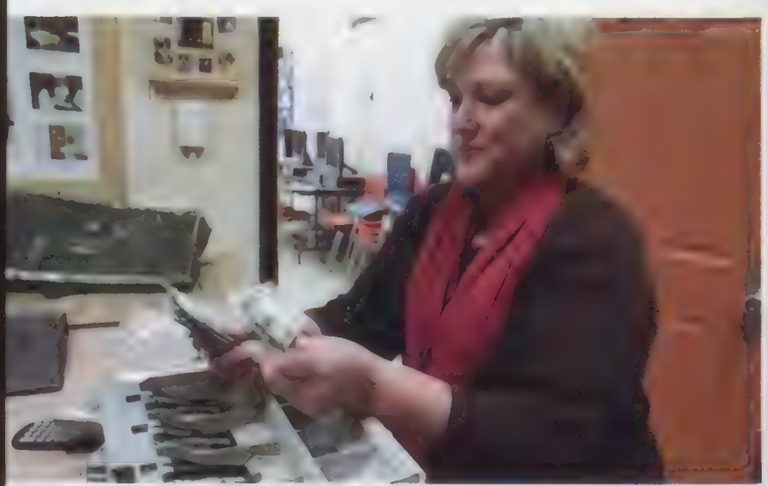
Mr. Wilson
Biology/Physiology Teacher



Dr. Dauber, physics teacher, is well known for his colorful personality. "Dr. Dauber is one of my favorite teachers. He is extremely funny, which makes the class a whole lot better. He is always there to answer questions for us and explain things that we don't understand," says **Cecilia Nguyen**, '11. "He makes learning physics fun no matter what. There's always something new to look forward to." Dr. Dauber even has his own wall dedicated to him in Mr. Friedman's AP Calculus class. According to Dauber, "Anything is not possible."

Supervisor Dimaano is always patrolling the campus to make sure students are getting to class smoothly.

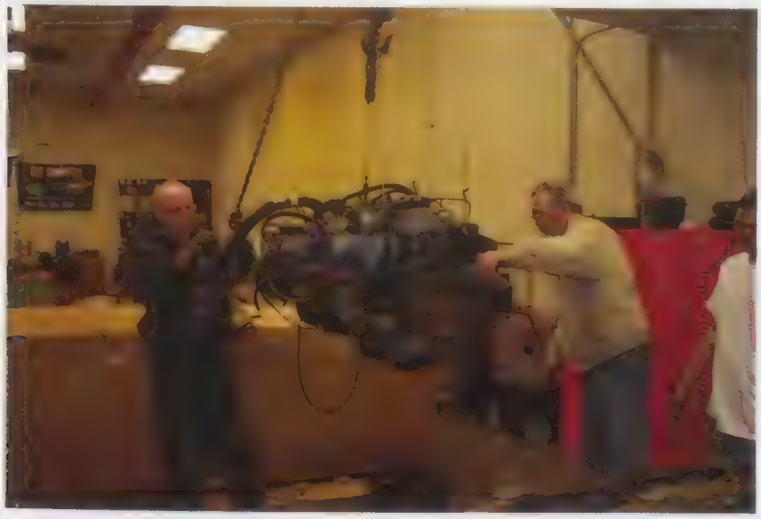
Mr. Nakamura, along with his leadership students, coordinate events for students and faculty.



Ms. Sydow is the very definition of a hard worker and a dedicated teacher. She not only manages the Hive with her marketing students, but also runs DECA, a well known club. Students' first impression of Ms. Sydow is that she is a lovable and warm person. She always goes the extra mile to ensure her students are happy with what they do.

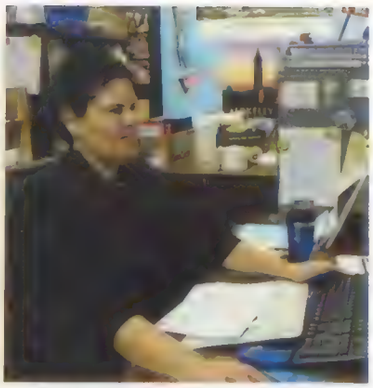
Coach Dunn has been a Physical Education teacher for many years. **Calvin Tran**, '13, describes Dunn as "an encouraging teacher that promotes fun."

"Ms. McCallister is one of the greatest art teachers here at AHS. Her beautiful paintings and drawings motivate her students to try their best," states **Jade Pavao**, '11. "She is always giving advice to help students reach their full potential when it comes to their artwork in her class."



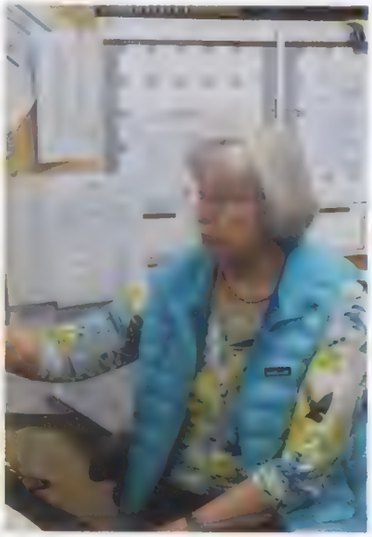
Mr. Potter and Mr. Hothan give a demonstration to the Auto Shop students. "I like how the teachers really give the students the education we need. When something's wrong with my car, for instance, I know exactly what to do to fix the problem because my teachers have explained and demonstrated the process," says **Lori Nguyen**, '11.

Ms. Yeo instructs **Lizzie Reynolds**, '14, on the best ways to conjugate the verbs for her sentences.

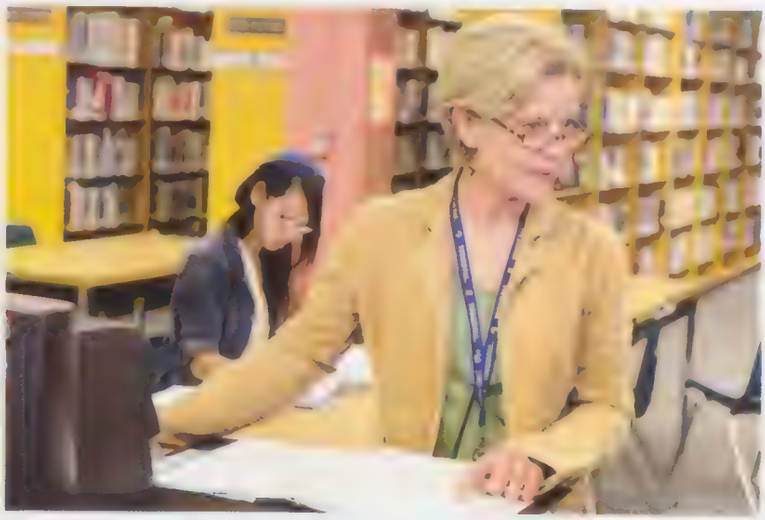


Ms. Pula never fails to amaze students with her knowledge of how the educational system works. She has many tips and tricks to find scholarships and apply to colleges.

Mr. Manno makes his lectures interesting with songs, insightful PowerPoints, and silly puns. "Some people think I'm funny, kind of like the way milk smells after three weeks." There is never a dull moment in Mr. Manno's class, it seems if being funny comes naturally to him.



On a daily basis, Ms. Roemer helps students gain access to information and troubleshoot computers. In addition, she schedules lab times for teachers, gives presentations on search engines, recommends books, changes passwords, and so much more. The AHS community agrees that Ms. Roemer is one its greatest assets!



Madame Gutleben, French teacher, glances at her students to make sure that they are on task. She uses "Bravos" to encourage her students to practice the French language. "We do a lot of partner work, which I find to be really helpful," says **Grace Friedman**, '14.

Janet Acquistapace
Margaretha Augustine
Cornelia Barani
Rabbit Bassmassery
Molly Blair

Kirsten Bramstedt
Richard Bunker
John Byon
Chris Carman
Ann Casper

Leila Catambay
Carol Chacon
Annie Chin
Margarita Cruz
Teresa Dayucon

Elizabeth Dimaano
Ella Estes
Gary Fierro
Jeremy Foltz
Rachel Fulton

Susan Gill
Sherry Gordon
Carolyn Griffith
Candace Gutleben
Amy Harriman

Richard Harris
Birgit Hoffmeister
Yuen-Hsia Hsu
Kimberly Kennedy
Judith Klinger

George Landry
Larue Anderson
Kathleen Austin
Robert Bergen
Emily Boyes

Tharon Bunger
Stephen Burnett
Martha Campos-Lopez
Janice Carroll
Rosario Castro

Steve Caziarc
Susan Chakib
Christin Cooper
Renato S. Cruz
John Dalton

Susan Erdmann
Laura Fanning
Jackie Falleti
Craig Friedman
Nilo Garcia

Allison Goldberg
Kelly Gregor
Martin Gross
Timothy Hardin
Karen Harrington

Al Hockenhull
Belinda Hord
Yong Joo
Teresa Kennedy
Michael Lamb

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Emily Gramm, Molly Groves & Alexandra Gutierrez

Cindy Larsen
Inez Lawson
Allison Lee
Judi Lewis
Carmen Llanos

Janice Loy
Kathleen Macy
John Maiers
Tony Manno
Wendy Mariani

Dell Martin
Mark Martin
Scott Mathieson
Susan McAllister
Amy Mae McGuire

Charlene Milgrim
Laurie Mojica
Eileen Mooningham
Allen Nakamura
Adam Nelson

Sylvia Nonan
Michael O`Malley
Latrelle Parker
Mary Peterson
Celine Playsted

John Potter
Sandra Pula
Judy Quan
David Quinonez
Marc Ramirez

Randy Ramos
Jesse Randell
Ruby Reynado
Deann Robinson
Karen Roemer

Cynthia Rosenthal
Margo Rudd
Robin Sarvey
Marisa Schulman
Rebecca Shoshan

Joy Sigmon
Barbara Stahl
Robert Stein
Rick Teixeira
Brad Thomas

Edward Tolentino
Anne Turpin
Vivek Sharma
Gertrude Wafula
Julie Williams

Lajuan Williams
Brian Wilson
Johanna Winzenread
Scot Wocicki
Tonya Morgan

Clarissa Yeo
Carmel Zimmerman

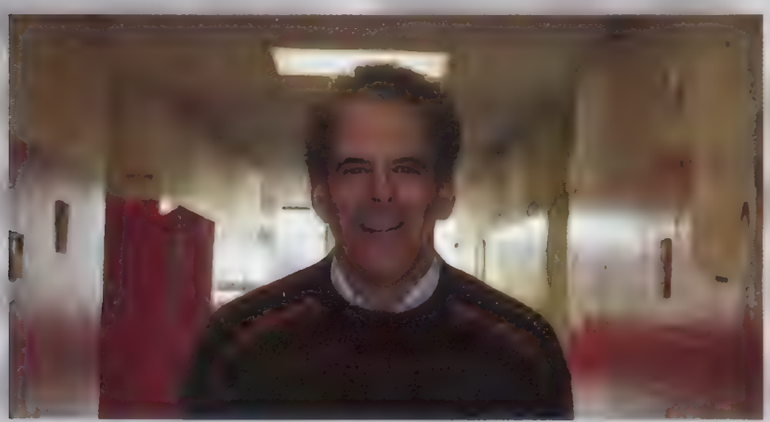
Not Pictured:
Mike Carlson
Maja Catipovic
Fred Chacon
Leslie Cortez
Constance D'Ambrosio
Phil Dauber
Terry Dominguez
Gregory Dunn
Pamela Fabela
Rob Friedrich
Ray Hothan
Yong Joo
Denise LaBarre
Kelly Lara
Miriam Lenhardt
Rupika Malik
Karyn Missagia
Tonya Morgan
Teri Olsen
Joe Pearse
Kerry Phillips
Lisa Piazza
Gerald Rawlins
Veronica Reyna
Eddie Ruiz
Vivek Sharma
JoAna Sydow
Andrea Szeto
Michelle Toth
Dorothy Wiggins
Sandy Wong

Teacher

Favorite subject and teacher in high school? Why?

"Spanish III with Ms. Olsen because I had no idea what was going in the class. Everyone was speaking Spanish, I felt like I was in another country. "
- Mr. Byon

"I really liked English with Ms. Stewart. She taught me to look at the world in a different way, connecting learning to life. "
- Ms. Szeto



"My favorite teacher was Mr. Grebanier. He was a great teacher in Shakespeare. His son Michael Grebanier played in the San Francisco Symphony. I knocked on Michael's door once and told him what a wonderful teacher his father was. "
- Mr. Gross

What did you remember most about high school?

"The principal had everyone gathered in the auditorium and told us that President Kennedy had just been killed. I was confused. I didn't know if I should go my dentist appointment afterward. "
- Ms. Lewis

"The friendships and a party at my friend's house during my senior year. The entire class was there to celebrate. "
- Mr. Stein

"Being in band, playing music, and the beautiful girls. The classes and teachers were boring but my friend could imitate the principle and got kids to stop in the hallways. "
- Mr. Manno

Interviews

Tell us something interesting about yourself.

"In 1990, my buddy was ranked 4th in the world in tennis. He took me to New York where he played in the U.S. Open."
- Mr. Friedman

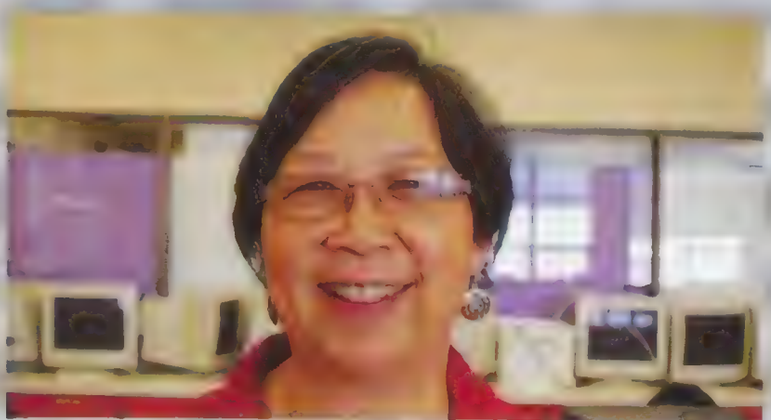
"I have a lot of construction and re-modeling skills."
- Mr. Chacon

"There is an archaeological site in Australia named after me. I found it when I got lost in the bush. The site is called Robin Site."
- Ms. Sarvey

What is your favorite aspect of teaching?

"I like having interactions with the students about literature."
- Mr. Teixeira

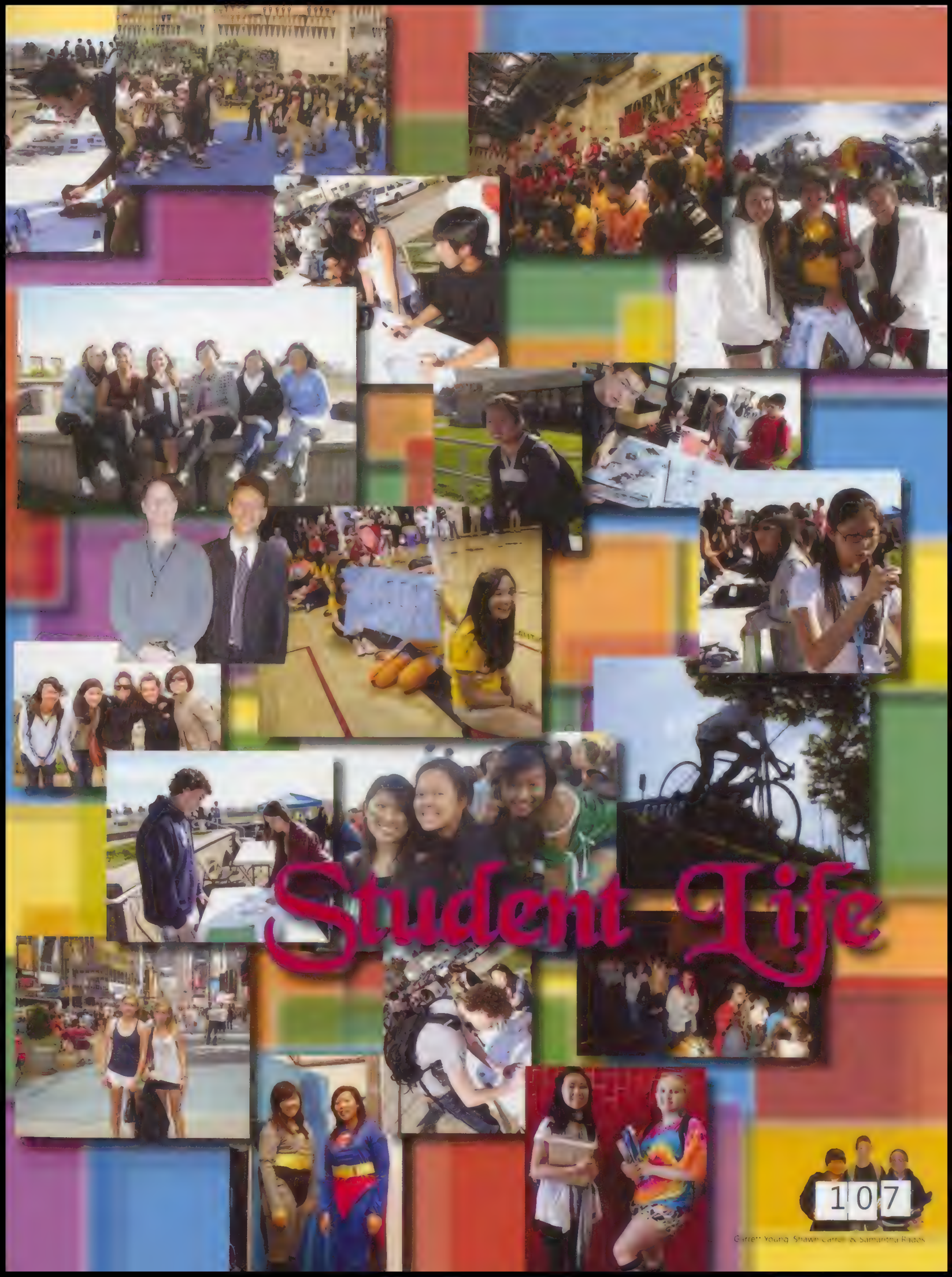
"When I see my students understand a concept, I feel successful. It is the greatest part of teaching."
- Mr. Lamb



"My favorite part of teaching is the interaction with the students."
- Mrs. Quan

Lejla Ahmetspahic, Sierra Calandri, Connor Mulholland

Student Life by Sara Osman



Garrett Young, Shawn Carroll & Samantha Rados

A Privilege

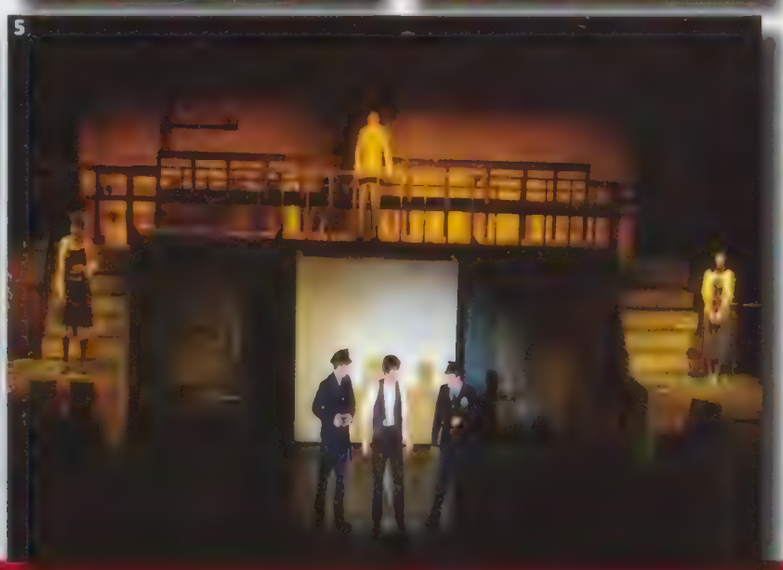
1) The cast of Urinetown performs the final number of the musical. After months of preparation and rehearsal, the cast is proud to present the final product of their play.

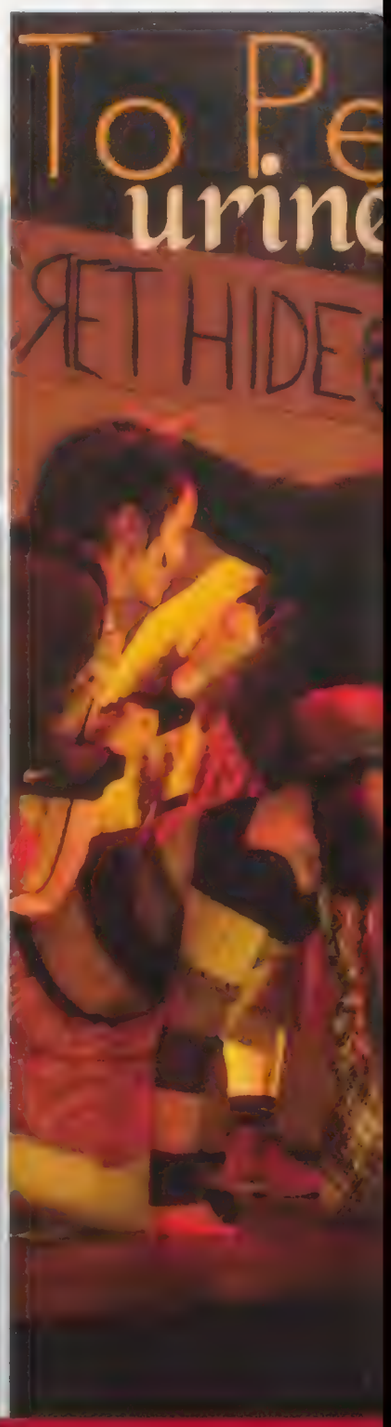
2) "My favorite part of Urinetown was opening night," says **Mary Kim Hoang**, '11, . "I loved bonding with the cast over these past few months and creating memories that I will never forget."

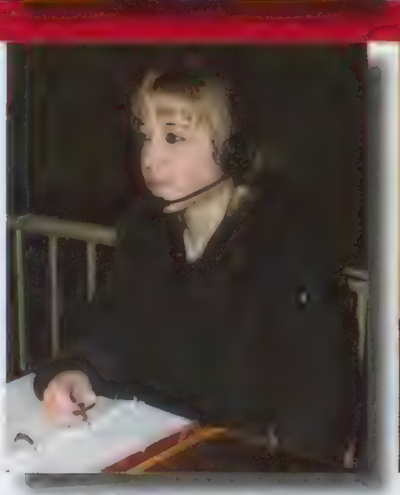
3) **Nathan Brown**, '11, and **Michelle Blackman**, '11, play Bobby Strong and Josephine Strong. They enjoyed being part of an ensemble cast.

4) **Monica Lee**, '11, has been acting for the AHS Drama Department since her Freshman year. She is very comfortable being on stage and performing for a large audience. She plays the lead role of Hope Cladwell.

5) Many characters come together on stage to sing one of the many musical numbers performed in the play.

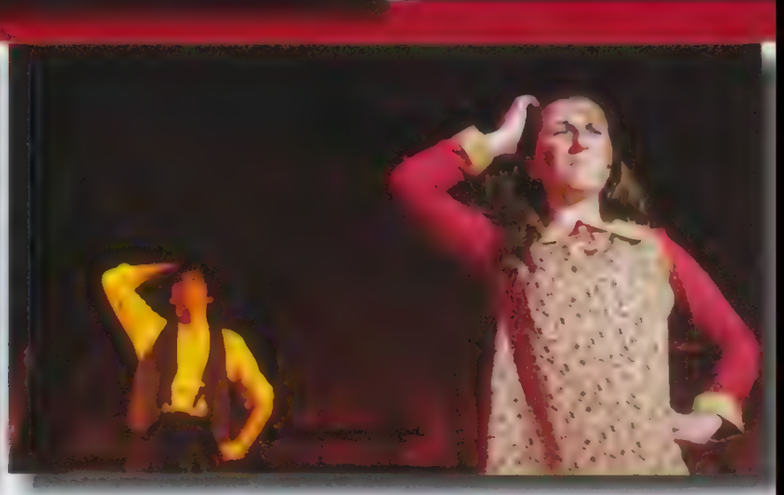






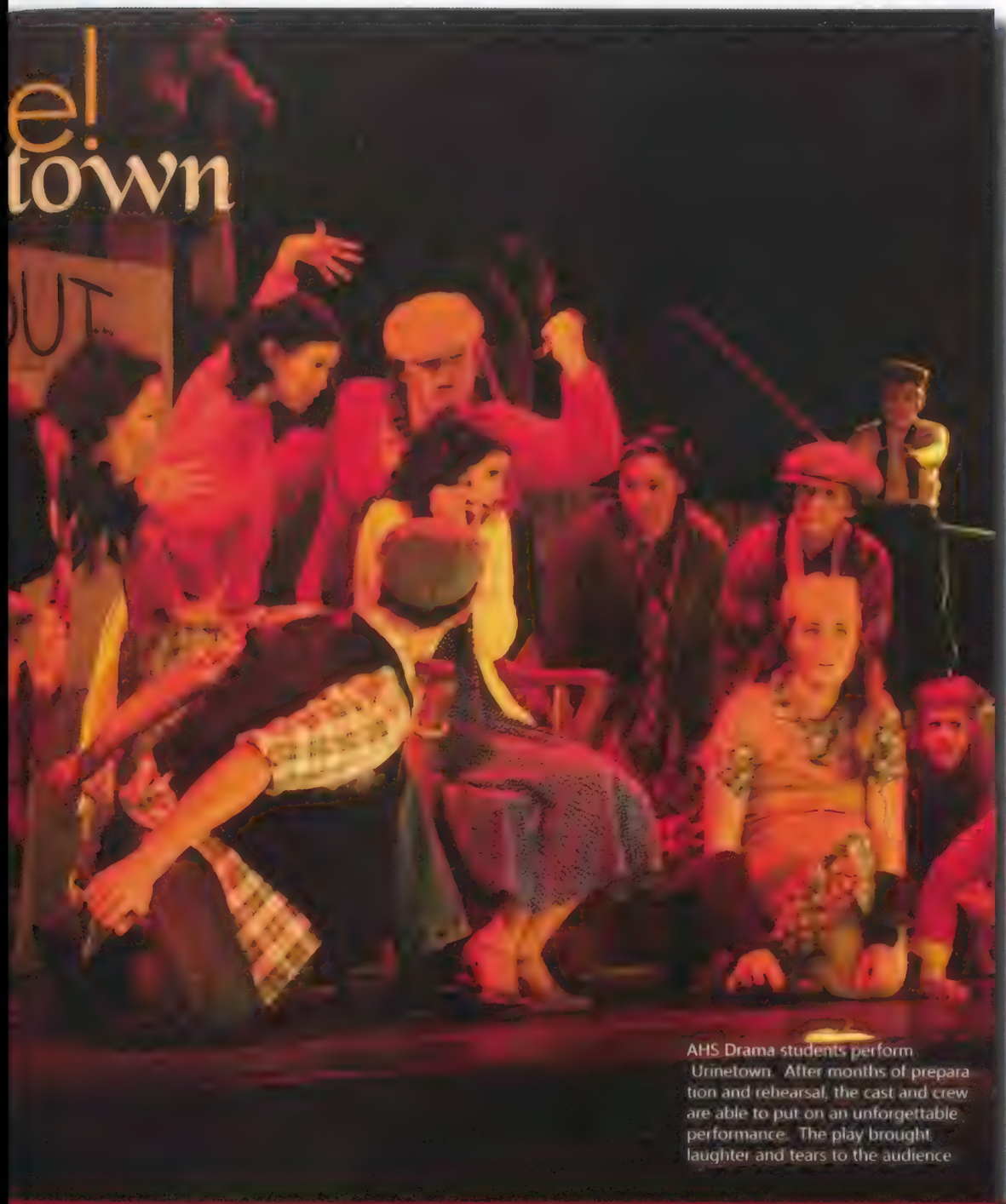
Emily Kirschenheuter '11, works behind the scenes of Urinetown as the Stage Manager. It is her job to make sure the play runs smoothly.

Casey Hutchison, '11, plays Penelope Pennywise. She runs the "poorest and filthiest urinal in town."



"My favorite part about the whole experience are the people," states **McKenzie Cala**, '14. "Everyone is so accepting and extremely talented. I haven't known them for that long, but I've become really close with some of the Seniors and it's going to be really hard to watch them graduate."

Urinetown by Angelica Rivera



AHS Drama students perform Urinetown. After months of preparation and rehearsal, the cast and crew are able to put on an unforgettable performance. The play brought laughter and tears to the audience

Cosmo Walrath, '14

Clare Forbes, '11

Nikita Burshteyn, 12

Rosalie Atkinson, '11, plays Little Becky Two Shoes. She provides the audience with sarcastic humor and numerous puns throughout the play.

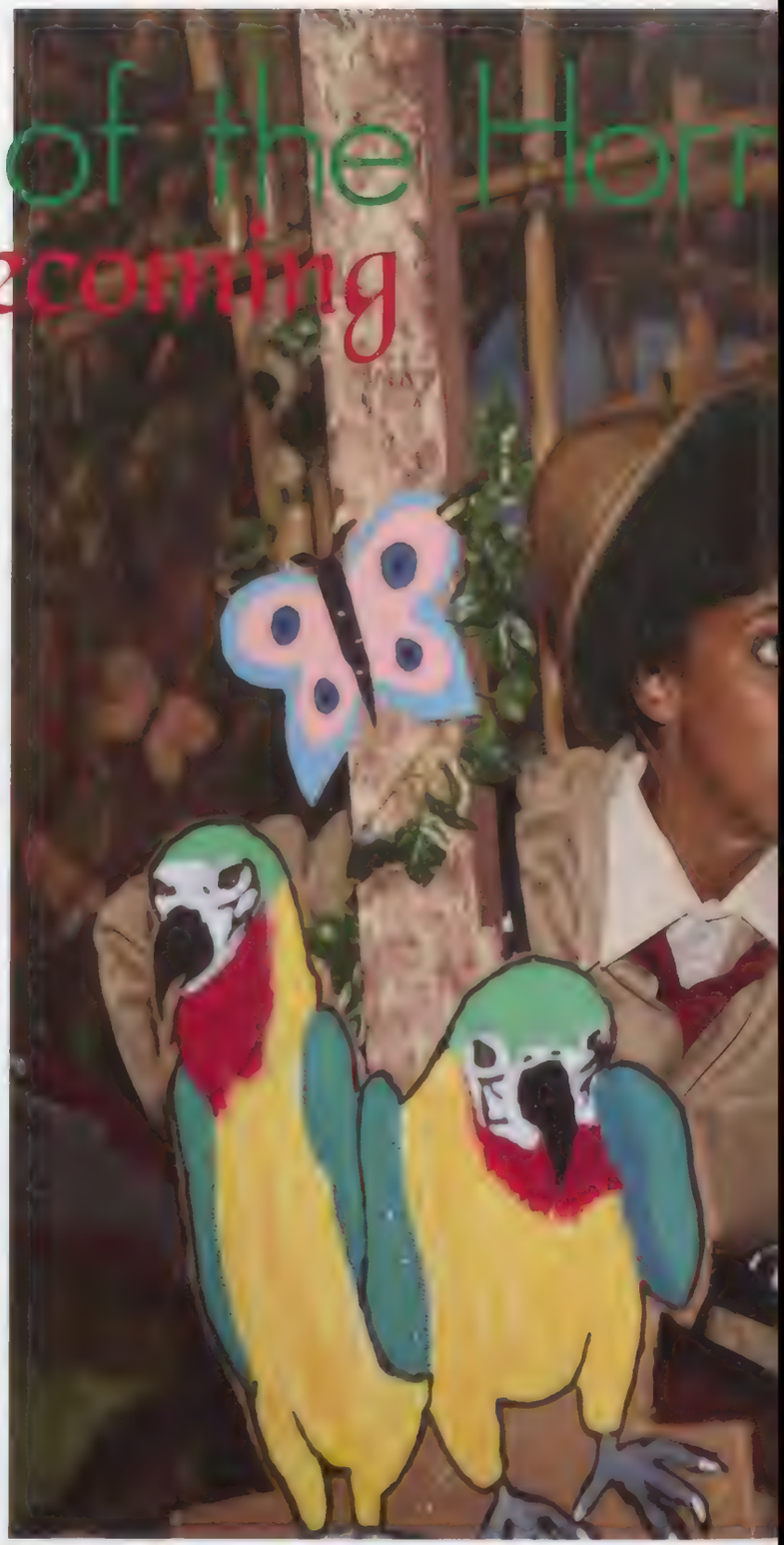
Alec Mathieson, '11, plays Caldwell B. Cladwell. In the play, he is the boss of the UGC Urine Good Company. He is responsible for the fees at the urinals and loves the power he holds. His character is portrayed as the leader of Urinetown. The UGC workers and policemen attempt to regulate all of the urinals in town and make sure that everyone is abiding by their laws. **Mathieson** performs many songs and shows the audience his dance skills.

Pranisha Gautam, Sophia Gonzalez & Jacob Vargas

Pride of the Herr

homecoming

Homecoming is the time when students go all out for spirit days to represent their classes. Guys and gals from all grades show their spirit and dress as heroes, nerds, and even popular drinks. But the most celebrated day of the whole week is Class Color Day. All grades come together to compete at the homecoming assembly. The competitions include running, rolling across the floor, hopping in potato sacks, and dribbling basketballs.



"It was cool. I got to run out there, get everybody excited, and dance in front of everybody," says **Taylor Crutchfield**, '11. He plays defensive lineman for the Varsity football team. He had a great time during homecoming assembly and incorporated lots of red into his outfit to represent the Seniors.

The cheerleaders get the crowd fired up at the homecoming assembly. The flyer **Vivienne Wong,** '11, has a great time during her final year of being a part of the homecoming assembly. "It was really fun, but also kind of sad because it was my last year," she said. She and the other cheerleaders did an amazing job and made AHS proud, both at the homecoming assembly and at the football game later on.

Grace Na and **Jessica Trieu**, '11, show their spirit by yelling and cheering for the Seniors during the homecoming halftime. "It's kind of hard to believe I've been here for a long three years. I watched the Seniors as a Freshman, and now I am finally a Senior myself," says **Trieu.**.

Utieyin Etchie, '13, roots for the Sophomores at the homecoming parade. She celebrates by wearing her orange shirt proudly and cheering with her friends.

Homecoming by Katie Allan and Rachelle Carrier

The Junior's *Jumanji* themed float won for first place in the annual contest. "The crowd looked like a sea of green and participating in the float was fun," exclaimed **Drew Jones**

"Being in the homecoming assembly was fun and I was happy to represent the freshman class," **Sazo** says. She showed her spirit at the homecoming assembly and parade, which is why she won the award for most spirited in the Freshman class.
-Maria Sazo, '14

"I put on as much orange as I could. You know, because I'm a Sophomore.' says **Harkins**, and he wasn't lying. He came to the homecoming assembly prepared and excited to represent the Sophomores in their clever detergent-themed shirts.
-Charlie Harkins, '13

"It was lots of fun and cool to see the whole school get together for the spirit of homecoming," comments **Daniel Radding**, '12. **Radding** directed and participated in the races, while standing for the Juniors. It worked! The juniors won the races in both the first and second assemblies.

Ryan Hunter, '11, represents De Anza high school at the homecoming assembly. He is dressed up as their mascot in his cowboy costume as he fails in a race against Buzzy, our very own hornet mascot. Later on, AHS also beat De Anza High at the football game with a score of 56-14.

The seniors celebrate homecoming on their candy-clad float.

The Monopoly man dances around on the Sophomores classic float.

The Freshman show their spirit on their mouse trap float.

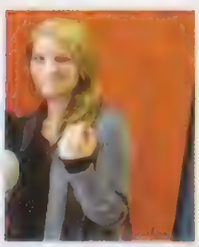
Oscar Leung, Galen Lam & Manssa Woo

Express Not Impress

Fads and Fashion

Sarah Peters, '12 describes her style as "pretty simple, but I like to add accessories to my outfits to make it more personal. I don't follow any trends and just try to dress according to my mood."

Maxwell Walther, '12, pops the collar of his favorite flannel. **Walther** likes to keep his style relaxed and classic with Vans and jeans." Flannels are my favorite. I have about four or five different ones that I wear a lot," **Walther** says.



Fashion is an expression of style. Whether you are feeling lazy and comfortable or professional and classy, your clothes and how you wear them reflect who you are. "I always wear clothes to show how I'm feeling that day. If I don't feel like dressing up, I'll keep it casual and chill," says **Abby Rockwell**, '12.

"I personally love to see all the new styles that are out there. It's fun to see all the different fashions and new looks that I could try out for myself," says **Jessica Burns**, '12. Fashion is forever changing, with new trends popping up each day and vintage looks coming back. The possibilities of how to dress are endless."

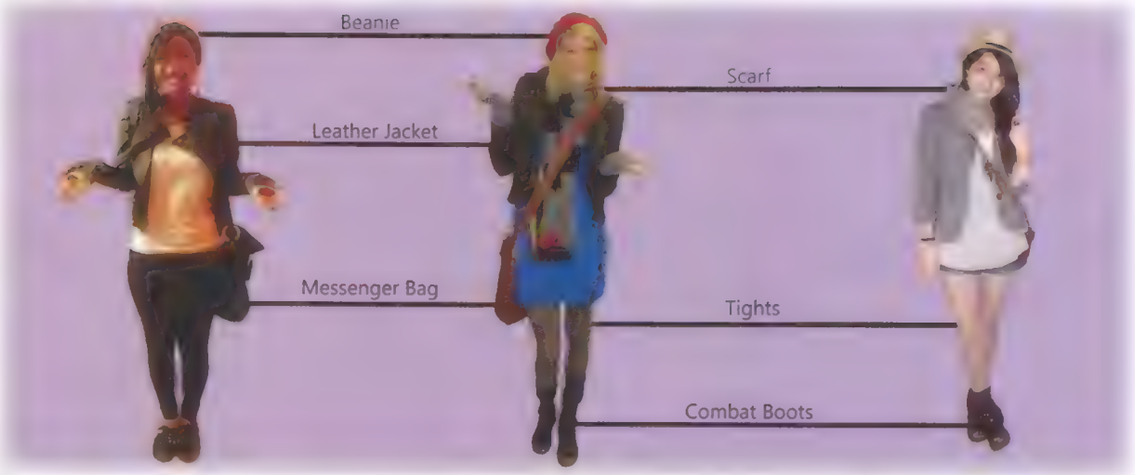
"I dress like me. The reason I wear what I want is because I have the freedom to create my own style. I just wear whatever suits me," says **Ben Goode**, '11. Each student at AHS has his or her own style.

Brian Lin, '11 shows off his new haircut from George's. He gets a new haircut every one to two weeks and likes his current hairstyle because he gets positive compliments from girls. "The next thing I want to try with my hair is dreads."

Morgan Hashimoto, '14, and **Marika Tsagris**, '12, playfully braid their hair together to show the length of each. **Hashimoto**'s hair is 18 inches long and **Tsagris**'s hair is 24 inches.

Fads & Fashion by Alvin Lee, Kelly Huang & Sarah Choe

Ladies



Name: **Angela Thai**, '11
Style: Chic with a twist of street vintage and a sprinkle of hobo
Inspiration: Rihanna and Tumblr

Name: **Casey Hutchison**, '11
Style: Urban, Bohemian
Inspiration: No one

Name: **Lina Savage**, '12
Style: Indie, Hipster, Classy
Inspiration: Audrey Hepburn

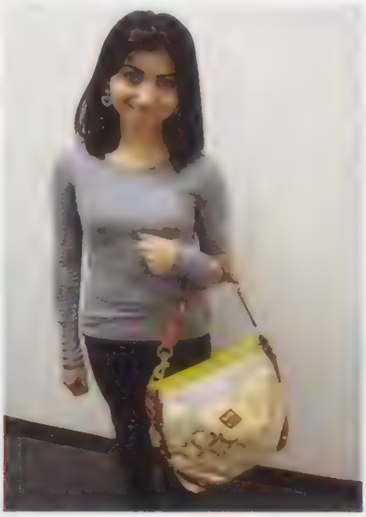
Gents

Name: **Sasha Michovsky**, '12
Bag : Chrome
Why? : "The colors match the Ukrainian flag and it's really durable and cool."

Name: **Hudson Tam**, '13
Shoes : Toms
Why? : "I like the idea that when you buy one pair, the company donates a pair to someone who needs it "

Name: **Nick Reyes**, '11
Scarf: New York vendor
Jacket: Katin Surf Shop
Why? : "They keep me warm during winter."

"This is my all time favorite jacket. I love the color and it's from LRG, another one of my favorites. I get my inspiration from artists such as Usher. Currently, I own 15 jackets and I plan to get more," says **Ben Enkhbold** '13.



Vanelly Trejo, '14, shows off her brand new beige and tan Coach bag. **Trejo** loves to use the bag for school because it's durable enough to hold all of her books and stylish too.

Elizabeth Gee '14 (left) and **Amelia Capps** '13 (right) show off their "I Love Boobies" bracelets. These bracelets are to spread awareness for breast cancer. This trend is fashionable and it is for a great cause.

Sulaiman Hameed '14, strikes a pose in his favorite red Hollister jacket. "I have to stay looking fresh, keep my swag up."

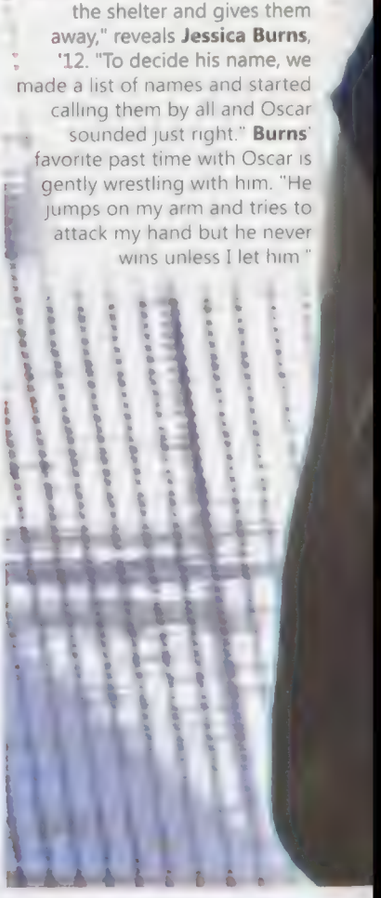
Emily Cooper, Yahnay Terrell & Bryan Gee

Family First
family & pets

"I love my dog Mini. If I lost her one day or if she ran away, I would cry my eyes out," says **Kiet Tran**, '12. A family friend gave Mini to **Tran** four years ago. She is half Shih Tzu and half Pomeranian. "I remember when I took her out for a walk, it did not turn out so good. She saw another dog and started to run like crazy. She started barking and barking and the owner came to me complaining to get my dog off. When the owner and I turned back, we saw Mini and the other dog being all lovie-dovie."

"This was a good change for my Thanksgiving of 2010", says **Gia Morten**, '12. "Usually on Thanksgiving I would go to my Italian side of the family to celebrate, but this year I spent it with my Filipino side. I barely get to see my cousins often, and when I did this Thanksgiving they left me a memorable remark. One of my older cousins wanted to organize a pyramid and while he was doing so, my little cousin fell from the table down to the floor trying to hang onto the curtains. My little cousin ended up ripping off the curtains."

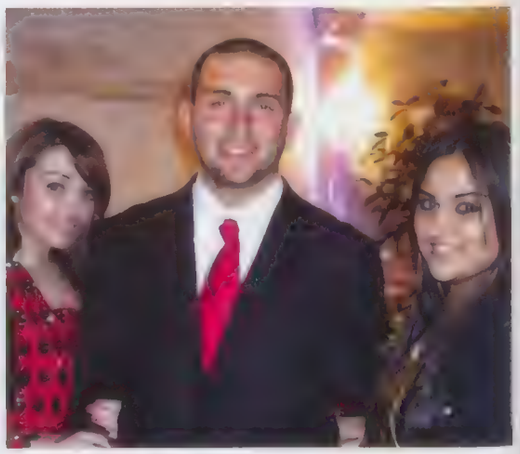
"This picture was taken at a friend's 21st birthday party. It was an authentic Indian party and I dressed up wearing a lengha. Lenghas are usually worn by younger girls compared to the saris which are usually for older, married women. A group of four to five family friends get together for special holidays and we celebrate. I like how eventually we always just start dancing at parties," says **Anshika Kumar**, '13



"We got our kitten in the middle of November from my mom's friend. She fosters kitties from the shelter and gives them away," reveals **Jessica Burns**, '12. "To decide his name, we made a list of names and started calling them by all and Oscar sounded just right." **Burns**' favorite past time with Oscar is gently wrestling with him. "He jumps on my arm and tries to attack my hand but he never wins unless I let him."

"At the end of the day, all you have is family," says **Sam Esguerra**, '11. From our first baby steps, losing a tooth, to taking that awkward prom picture, your family is always right there next to you to support you. Although it seems like students just hang out with friends, we all seem to make that extra time with family. They bring out only the worst and the best in us and that's why we love them. All the times we share, all the memories we make, are the deeper layers that make up our personalities, our life decisions, and ourselves.

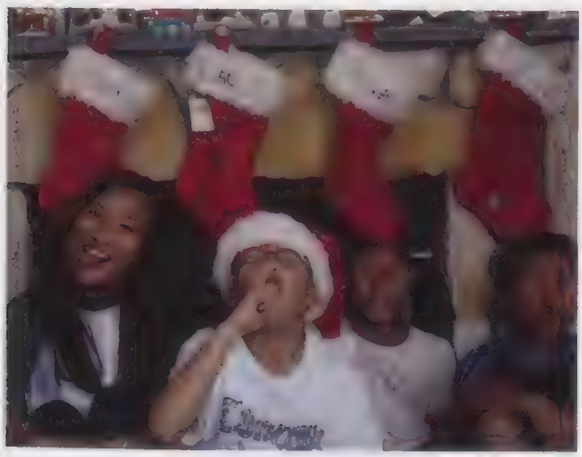
"All of my cousins and I are really close. We spend most of our time together," says **ThyThy Nguyen**, '12. "We are never bored because we are easily entertained. On weekdays, all of my cousins come to my house to play Nerf War, Black Ops and sometimes sing karaoke. On the weekends, we always have something planned or we just go with the flow."



Roya Aimen, '11, attended a party with her sister Michelle Aimen and her brother Mustafa Aimen. "Looking at this picture we have all grown up so much it just makes me miss the fun childish days. I remember when we used to play apple fights in front of our apartment. We always threw it at each other and my sister would always end up getting the most bruises."

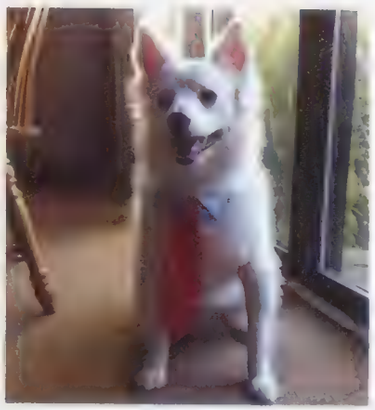
Family & Pets by Janie Tran & Sarah Choe

Approximately two and a half months ago, **Anh Vo**, '13, bought his first dog, Smokey. "In the beginning, it was hard to train Smokey, but later on I was able to train him not to bite. What I did was every time he tried to bite someone, I pulled his tail into his mouth. It worked because he stopped. "



There's never a boring moment when **Justine Vu**, '11, is with her three brothers and one sister. "We always go to our grandma's house as a tradition and play board games and watch Charlie Brown's Christmas movie. Our favorite game is either Monopoly or Cranium but they always both get really intense which makes it a lot more exciting."

Koe Inlow, '14, travels down to U.C. San Diego to remain close to her sister, Koki. **Inlow** hopes that one day she and Koki can go on a road trip to New York. "I mostly remember the time we made friends with the people next to us on the airplane. It was awkward at first but now it's our favorite thing to do on the rides."

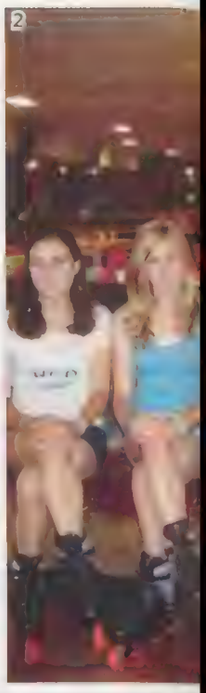


Neo is **Brandon Ng**'s, '12, American Eskimo. "I've had him for five years and he is the most affectionate dog ever For three years he lived in Brazil so he's pretty cultured, too." **Ng** says that Neo's favorite tricks are giving high-fives and spinning. "There's not a day Neo doesn't put a smile on my face."

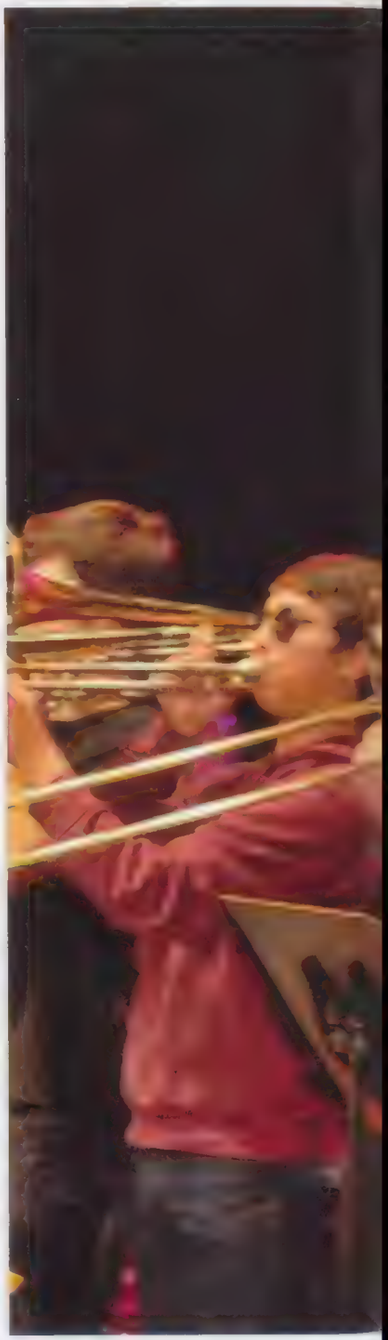
"I do ballet and I used to do contemporary. Besides that I like to read and I love to paint".
- **Dzanela Muminovic**, '12

"After school I work for my dad, hang out with friends, and play computer games."
- **Alex Thiering**, '14

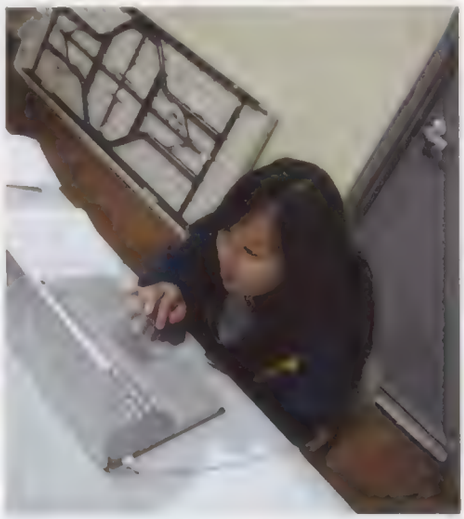
"After school I enjoy hanging out with my friends when I'm not playing softball and working out with P-90x. I workout when I can."
- **Gia Morten**, '12



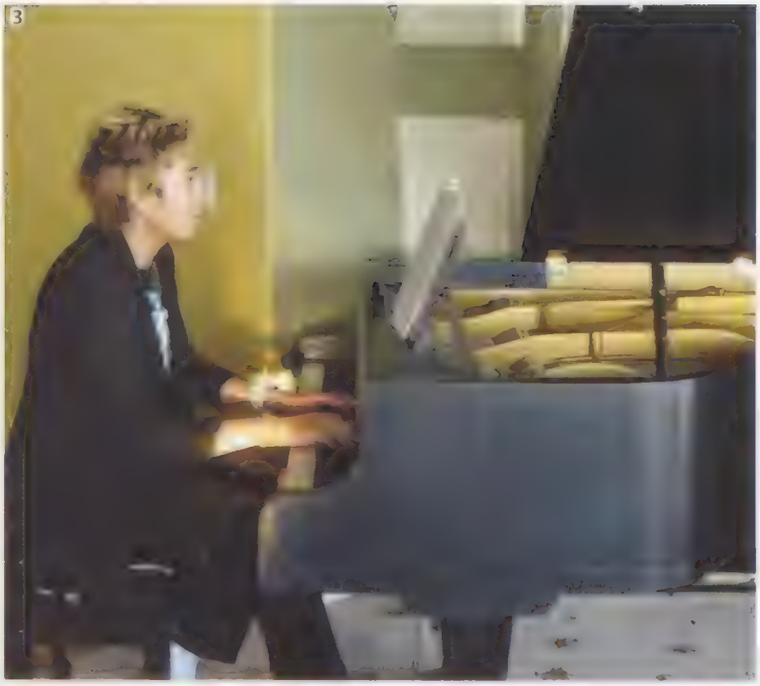
Anna Kang, '14, spends her time working on the computer as a pro presenter. She is a presenter for her youth group called Element. **Kang** says, "Sometimes its hard cause I can't enjoy myself. I constantly have to be on the watch. Its a small job but still has a lot of pressure."



Thao Le, and **Charlotte Mkanga,** '11, enjoy bargain shopping in their spare time. Everyone love to find great deals when it comes to shopping.



A group of junior friends meet up at Lincoln Middle School to play a game of football. Here **Ryan Cooper**, '12, goes to catch the ball. **Cooper** explains, "It's a fun change to get out and play instead of playing video games." Some of these players have been playing football on teams for a long time. **Antonio Manibusan**, '12, claims, "Football is one of my favorite sports and I really enjoy playing with my friends."



1) **Austen Snow**, and **Ryan Fong**, '11, both play the guitar. **Snow** says, "I have played guitar for about three to four years. What I like about guitar is that it is a versatile instrument and it is fun to play. One song I like to play is 'Animal' by Neon Trees." **Fong** says, "I have played about 3 to 4 years too. I play the acoustic guitar, it is relaxing to play and releases stress. It also calms the mind. One song I enjoy to play is 'I Will Follow You to the Dark' by Death Cab for Cutie."

2) **Caitlin Shener**, **Sara Fiedler**, **Ariel Pun, Morgan Hashimoto,Tara Toy,** and **Elise Yuen,** '14, went indoor roller blading. **Fiedler** says, "It was my friend's birthday party and I enjoyed it because it was fun to spend time with friends."

3) **Alan Liang**, '11, brilliantly plays the piano. **Liang** says, "I started piano at three and I took lessons for 8 years. My favorite song is what I played at last year's talent show called 'All of Me' by Jon Schmitt. I also play guitar, but I am more of a song writer. What I like about playing piano is that it expresses emotion, and it is a way to communicate with the crowd."

After School is a time when students engage in a myriad of enjoyable activities. Students play sports, hang out with friends, or go directly home. After school is a time for students to relax, get work completed, and take pleasure in hobbies. Many students treasure their after school time.

Newfound Freedom

spare time

Zac Ribera & Paul Waddington & Andrew Cooper

The

Senior **Cece Nguyen** sprints towards the juniors' goal line with **Dionna Lee**, '12 in pursuit. The teams train hard for moments like this, where being able to run fast for long periods of time is crucial to stopping the opposing players' runs, and conversely to score.

Cece Nguyen, '11, makes a run while playing quarterback. To score as quarterback can be very difficult, because there is no way to get the ball to the goal besides pushing through the defenders.

"The beginning was weird because I didn't know what I was doing, but in the end it was really fun. The most memorable moment was when Zula Ganzorig was crying because she was so happy we won."
- **Monica Lim**, '11

"I felt that this allows girls the opportunity to play a game that girls normally cannot, so its a good opportunity and they should try it."
- **Annie Fong**, '11

"Watching the team fail was hard because there were so many talented girls that couldn't mesh together."
- **Kathryn Alexander**, '12

The Juniors and Seniors face off on the line of scrimmage, with the Seniors on offense, and the Juniors on defense. With the seniors about to hike the ball into play, the Juniors need to be ready to stop the coming play.

Powderpuff by Janie Tran & Sam Embry

Tough Comes Out powderpuff

1) The seniors celebrate their hard won victory, which has broken the long tradition of the Juniors winning every year. After weeks of intense practice, this gives everyone on the team a great feeling of accomplishment.

2) **Ciara Morris**, '12, runs down the line with **Tiki Garcia**, '12, blocking the following seniors. Receivers need to have people guarding their backs because it can be very easy to pull off the flags from behind.

3) **Francine Kolokihakaufisi Gross**, '11, runs through the center of the field for a touchdown, but **Linde Huang**, '12, dashes in to pull off her flags.

The ball is fumbled after the Juniors receive the kick off, and both teams race for possession. **Stephanie Keel Moore**, '12, dives for the ball so that her team can stay on offense.

Part of the Seniors team takes a break from playing to rest and discuss the game. The sidelines are a valuable asset to the game, as players can see how their team plays from a different perspective, and make changes to their tactics.

Thy Thy Nguyen, '12, breaks away from the defending group of the Senior team. This maneuver takes a great amount of speed and agility, along with the endurance to run the ball into the goal.

Devon Lodge, Paige Kranks & Ignacio Xavier

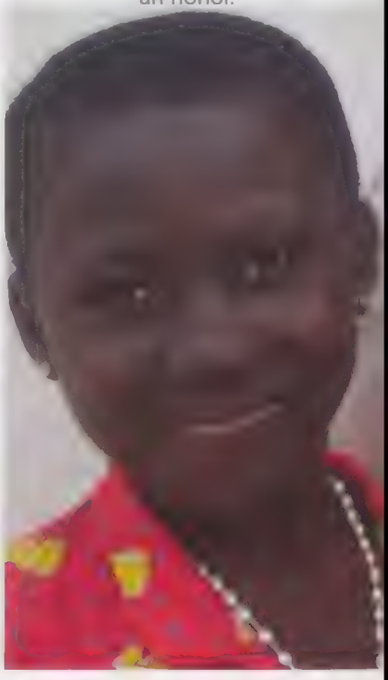
1. **Angelina Tran**, '12, enjoys spending time with her aunt on Bondi Beach, Australia. **Tran** later says,"It was fun visiting family in Australia."

2. Exploring Vietnam waters, **Jasmine Ho,** '14, goes on a site seeing trip with her family of five. "This year we went site seeing for the first time. We usually go and spend time with my Grandparents but we wanted to do something different this year."

3. **Meisze Phung,** '11, and her family enjoy their vacation on the estuary.

Joyce Cheung, '11, smiles for the camera while her and her friend enjoy a peaceful day on the water. "The boat is a very nice place to relax" **Cheung** later says.

Gathering around **Jamie Banks**, '11 are young, underprivileged African girls that are taught about the skills and balance of soccer and academics. **Banks** and her ACC Mavericks soccer team traveled to Africa to represent women's soccer in the USA. Most girls in Africa quit school to become professional soccer players but the ACCM teammates used their time and encouragement to educate the girls on how to wisely use their time to balance academics and soccer. **Banks** later says, " We volunteered at one school, but visited many. It made me more appreciative of what I had because even though they had so little they were so happy to see our soccer team. We each brought 3 balls on the plane, and tons of equipment to share with the girls. It was such an honor."



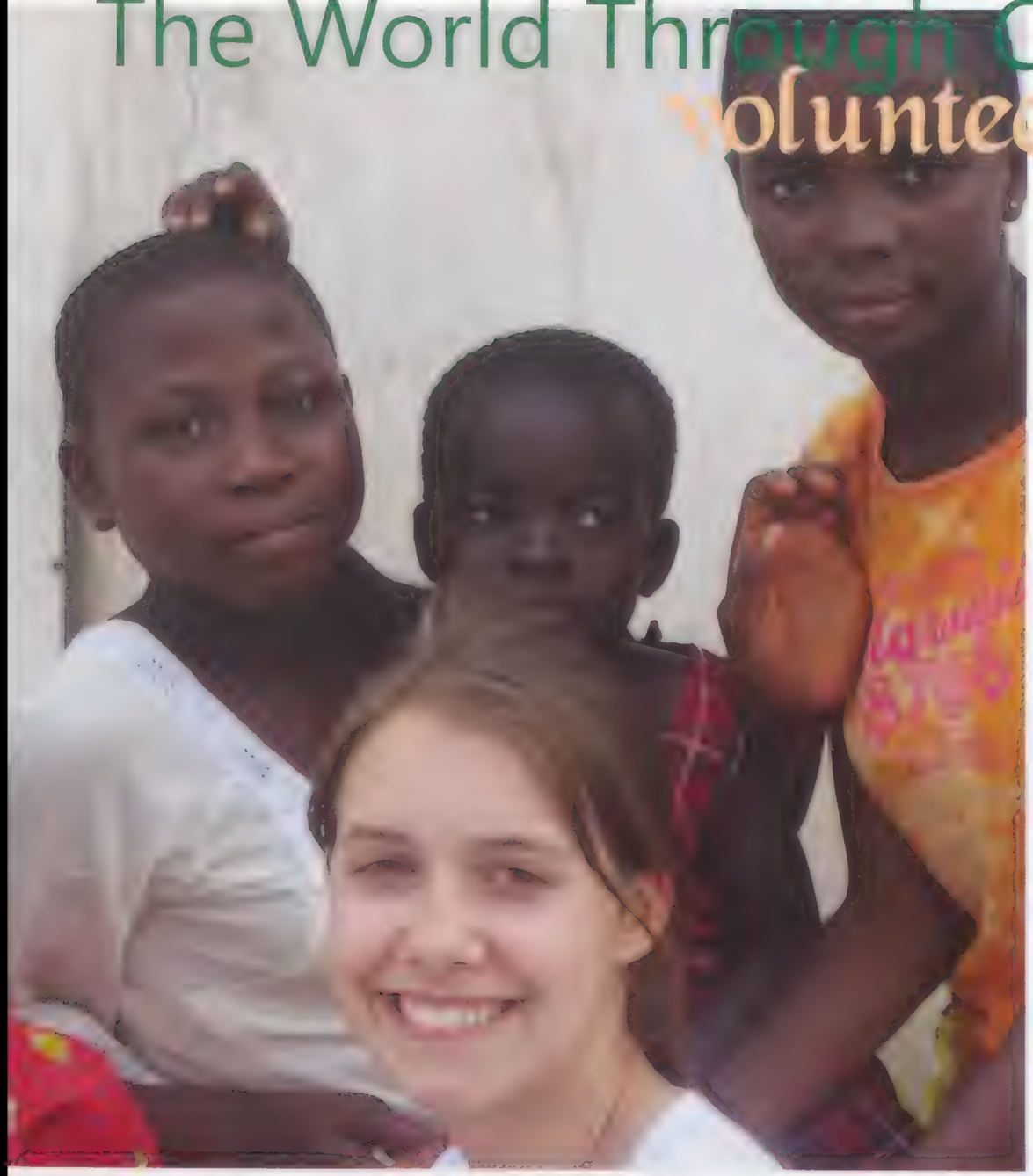
Vacation is a time to sit back, relax, and discover different parts of the world. Whether it is hopping on a plane to Italy, or taking a road trip to your favorite campsite, vacations are about taking a break from the stress of life. It can be a time to spend with family, friends, or a time to spend with yourself. Some people choose to go to the beach, go shopping, travel somewhere, or even study. But no matter what you are doing, it gives you a chance to take a break from the everyday life, do the things you love, and relax.

Sitting in Central Park, New York City, **Alexa Tom**, '11, **Fiona Murphy**, '13, and **Cameron Beene**, '13, spend their 2010 summer practicing their ballet dreams at a prestigious Arts Academy, Joffrey Ballet School.

Reaching out by Grace Friedman & Stephen Rhodes

The World Through Our Eyes

Volunteering

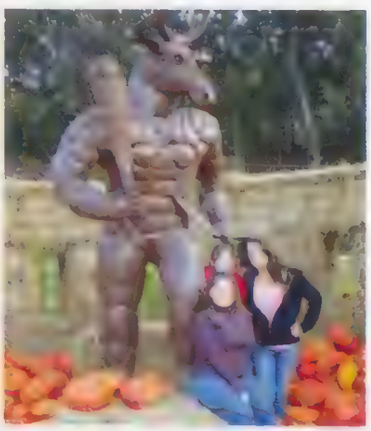


"I go to Tokyo, Japan every 2-3 years during the summer to visit my Mom's side of the family. When I'm not going to Japan, I go to Maui, Hawaii with my family."

-**Emi Compton**, '14

Sara Fiedler, '14, spends her summer in Central Park, New York City, with her cousin. "We usually come to New York and visit family, but this year we wanted to explore the city."

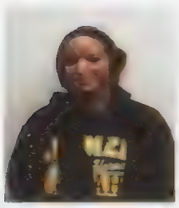
Gavin Dacumos, **Stephen Rhodes**, Cameron Litzky, **Sean Mesa**, and **Ryan Cooper**, '12, show their strength while standing on a rock in the middle of the icy ocean of Ocean Cove, California. **Dacumos** later says, "The trip to Ocean Cove was a really good experience. We all had an exciting time and got to do amazing things."



Allyson Seals, '11, stands with her family in Half Moon Bay. It is a yearly tradition for her family to go and get pumpkins together for the holidays.

"Since I live on Bay Farm, I take the bus to school. I actually like it because I see friends from other schools and it's great to catch up with them."
-**Steven Montoya**, '14

"My mom usually drives me to school everyday. Sometimes she is unable to, so I have no choice but to beg my senior friends for a ride, especially during basketball season."
- **Marie Bertholdt**, '13



"I walk to school everyday because my mom makes me. I don't like it because it's boring and cold in the morning. But I don't have another choice."
- **Kenzie Gatling**, '14

Lori Nguyen, '11, drives a 1992 Toyota Corolla. She has had her license for almost a year and a half. She loves being able to get from place to place without bothering her mom for a ride. "I keep random things in the back seat of my car just in case I get bored. I have a kite, Monopoly, and some other games. Sometimes my car smells, so I constantly buy Febreeze to spray around."

Numerous students at AHS ride their bikes to school. Not only is a great method of exercise, but biking is also enviromentally friendly. The more students ride bikes rather than drive, the less pollution is created. When parents' aren't able to give rides to certain destinations, biking is a very fast way to get to the location. Students choose to ride their bikes over walking because they can get from place to place much faster.

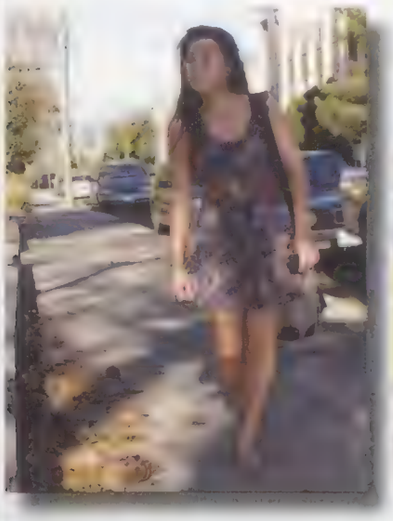
Public transportation is another way that many students get to school. There are numerous buses around Alameda that make the commute easy. Not only is it cheap, but it is also good for the environment. Students are able to interact with one another on the ride to and from school. Also, since the bus is available to everyone in Alameda, many students get the pleasure of seeing friends who attend other schools that they don't really get to see.

Adam Yim, '11, enjoys biking around Alameda with his friends. "Cycling is a very effective way of getting from place to place," says **Yim**. There are many students at AHS who ride bikes for fun. Fixies, bikes with no breaks, have become quite popular lately. Students try to learn new tricks on their bikes to show off to their friends. The weekends are the most common time for students to take a bike ride around Alameda.

Dustin Ho, Michelle Licea, Nathan Hidalgo, '11, all have their licenses. **Licea** says "it is bittersweet because I am able to get to my destinations quicker, but I feel like I'm the one always driving my friends around."

Transportation by Angelica Rivera & Angelica Parodi

Shuki Chan, '11, walks to school everyday. Although she has her license, she doesn't have a car of her own so she needs to find another method of transportation.



Austen Snow, '11, does an awesome trick on his skateboard. One of **Snow's** favorite activities is to practice and try out new skate stunts to show to his friends.

Jordan Jarrell, '11, lives a few blocks away from school. He chooses to ride his customized bike over walking. **Jarrell** often rides his bike around town with his friends.

Fiona Wong, '12, drives a 2000 Dodge Durango. She says the most difficult part of driving is parking, but she is getting better at it everyday.

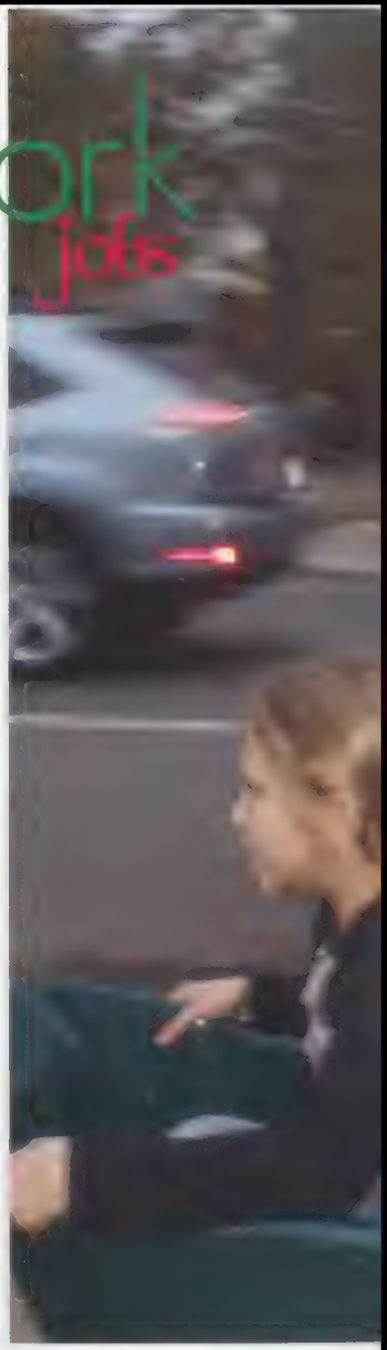
Zoom Zoom Transportation

In high school, finding transportation is not always as easy as it seems. While some upperclassmen enjoy the privilege of having a license, lowerclassmen are not as lucky. Some students realize that their parents no longer want to drive them from place to place so they attempt to find another responsible person to lend them a ride. Some students rely on the bus, while others ride their bikes, and some just settle for walking. At times, it can be a bit stressful to find transportation. There are numerous events that students attend, but getting to the locations can be a hassle. As students get older, they often realize that they took their parents' rides for granted. However, most students do manage to find rides from place to place.

Kevin Jang, Deja Johnson and Harsha Patankar

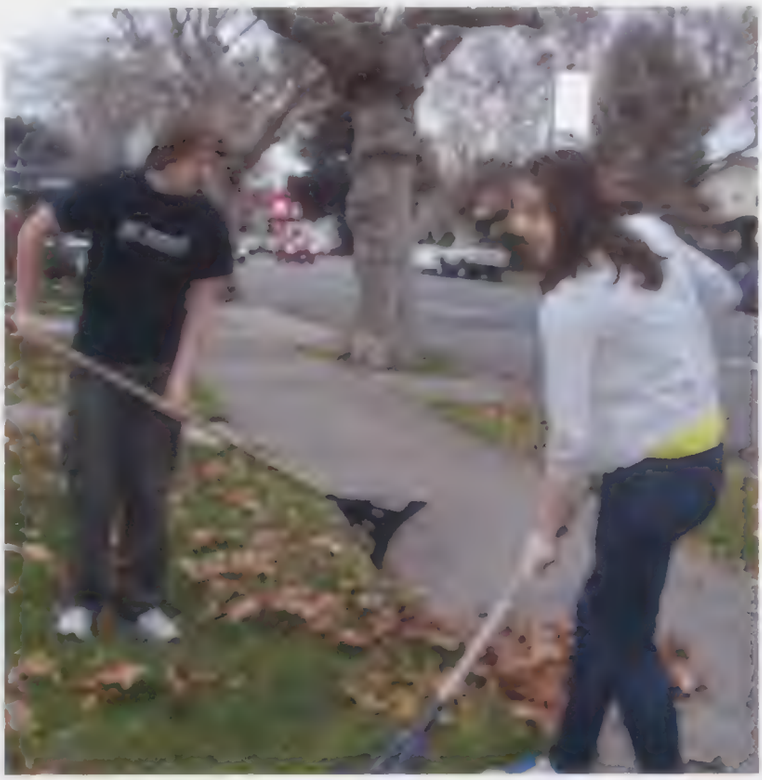
Hornets at Work

jobs



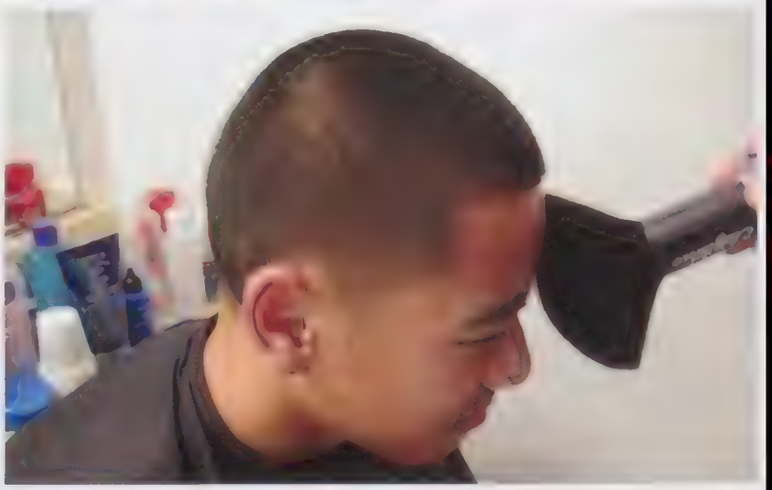
Cameron and **Kim Lantz** '14 help their neighbors clean up their yards with a rake and a powerful lawn mower. These fraternal twins earn ten dollars per yard and only work in the fall and winter. **Kim** says that during winter break she and some of her neighbors get together and offer to help make the neighborhood yards look better for company. **Cameron** states "The job is fun if you are listening to music or making it into a game." He explains that he must be careful because one time the handle on the lawn mower broke, unidentified liquid spilled out and his hand began to burn.

"I like having a job because I get a good amount of tips and they add up quickly. I also get plenty of cash from the paychecks," says **Jon-Mykal Reyes**, '11. **Reyes** is a bus boy at Linguinis and he completes many responsibilities such as cleaning tables and making sure the customers are satisfied. He knows that he is held liable if he doesn't follow what his employer tells him to do. He uses his well earned tips to purchase items that he wants to buy for himself and puts his paychecks into his college fund.



Bryan Gee, ' 11, works at Hawaiian Barbeque and has been working there for the last three and a half years. **Gee** works three to four hours a day and his place of work becomes most hectic during lunch hours.

Since 7th grade **Drew Jones**, '12, has been baby sitting for kids ages one through six. **Jones** works about once or twice a month and works three to four hours each job. She makes over ten dollars a hour.

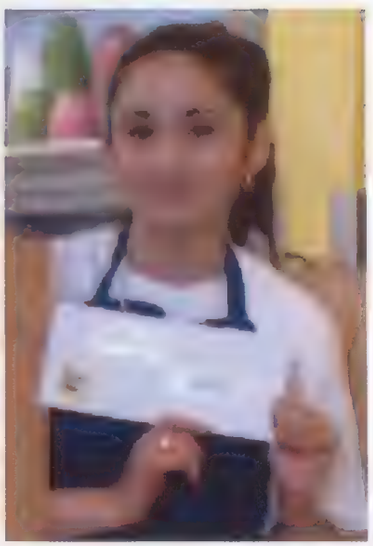


Cameron Look, '11, started cutting people's hair last summer because he thought that it would be a good opportunity to earn money. **Look** normally has five customers a week. The first time you use his services he does not charge. The cost is $5 per hair cut. His services are for anyone who wants a haircut but mostly teenagers go to him for a new look. Here **Tyler Yee**, '13, gets the finishing touches on his haircut.

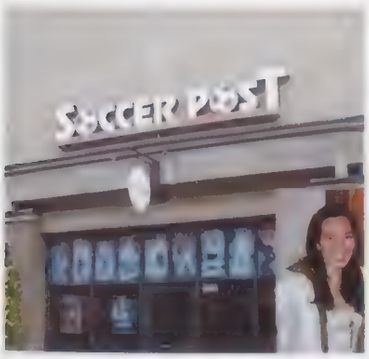
To earn money, **Kathryn dos Remedios**, '14, spends her weekends supervising children when their parents are away. She says that her favorite time to baby sit is around the holidays because she can help kids wrap presents and decorate their houses.

Jobs by Kristen Rinck

Rebekah Dosa, '13, is a devoted baby sitter. Since the age of twelve, she has watched over young children for seven dollars an hour. During an average month she works four or fives times. Around the holidays when parents are out shopping **Dosa** gets more opportunities to work and earn extra cash for holiday shopping. Her favorite babysitting job was when she looked over two sisters and the three of them ran up and down the sidewalk in a green wheel barrow. **Dosa** says "Although baby sitting can be exciting at times the job isn't all fun and games because it is not the easiest task to get kids to listen or to be left with out any instructions." **Rebekah Dosa** isn't just a baby sitter to the children she watches she is a friend.



Rocio Samiento, '12, works at Fudgelato. **Samiento's** least favorite part of her job is she has to work on weekends. One of her favorite moments was when the Park Street clown came in and ordered a panini.

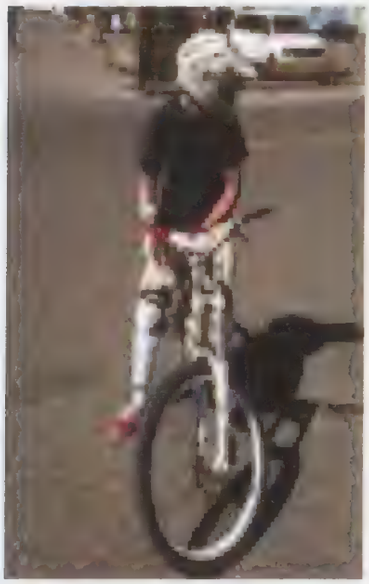


Lauren Upp, '11, earns money from her job at Soccer Post. She began her job there in the summer and works on Sundays for seven hours. Her favorite part of the job is the paycheck. To entertain herself while on the job **Upp** and her co-workers play together.

Taraneh Sohrobi, '11, has been working four days a week at Kabob Central since it opened in June. She keeps herself busy by bussing tables, serving, and being the cashier. **Sohrobi** states "One time the oven blew up."

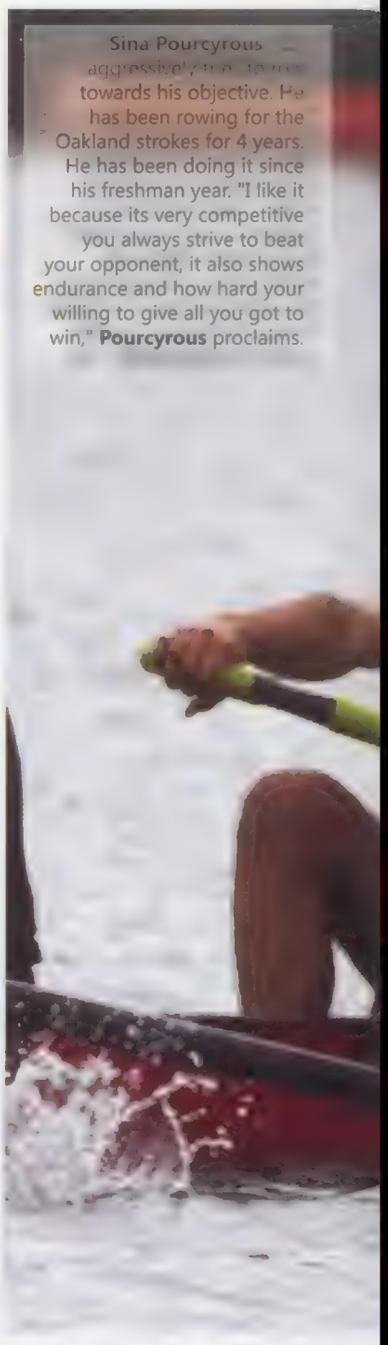
Jocelyn Nguyen, '12, is a recreational coach at Bay Island Gymnastics. **Nguyen** is a former Bay Island team gymnast and began coaching recreational classes in September of 2010. She has over a decade of gymnastics experience and has been a member of the competitive team for 5 years. **Nguyen** is a USAG member and is currently working toward her USAG Safety Certification and Professional Development Program Level 1 Certification. She enjoys working with younger kids and helping them improve their gymnastics skills. **Nguyen** loves sharing her experience with younger children.

Max Walther, '12, traveled to Mammoth Mountain this past summer and went biking. "I have been riding since I was 6 years old. Now that I've been riding for 10 years, I'm more experienced than before and my favorite part is going fast." **Walther** explains.



Erica Ho, '14, **Julia Ballou**, '14, **Matthew Fullmer**, '13, and **Ryan D. Fong**, '11, all fence at the Pacific Fencing Club. "I have been fencing for 5 years. I enjoy it because we learn self defense and its an interesting sport to do. My favorite memory was playing ninja with my components," **Ballou** expresses.

Sina Pourcyrous aggressively [illegible] towards his objective. He has been rowing for the Oakland strokes for 4 years. He has been doing it since his freshman year. "I like it because its very competitive you always strive to beat your opponent, it also shows endurance and how hard your willing to give all you got to win," **Pourcyrous** proclaims.



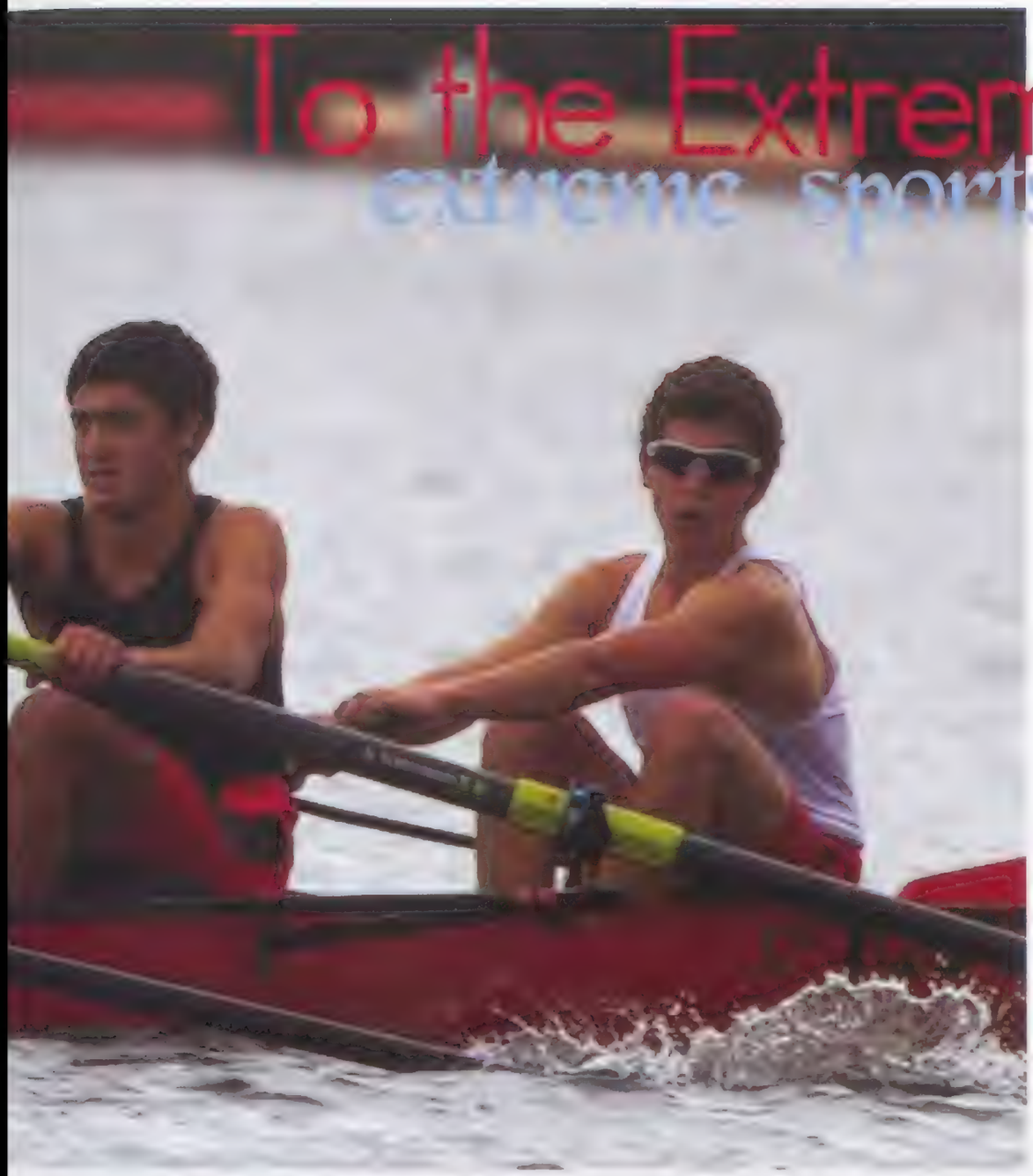
Casey Thiering, '12, Soars through the dunes on his dads new KTM Quad. "I've been riding quads and dirt bikes since I was little. This picture is in Dumont dunes in Southern California. This trip was really fun because my friend Cameron was there and I bought a new dirt bike right before this trip." **Theiring** says.

Extreme Sport (Adjective): A challenge that arises in which the individual must overcome the obstacle to succeed; A person brave enough to accept a challenge even in the most intense conditions. Extreme sports at Alameda High School are the outlet for individuals who feed off the adrenaline rush that comes from the risk. It is this that brings about passion, strength and the desire to win. Extreme sports can be any type of sport different than the normal sports offered at school. These sports require dedication, compassion, and the endurance of pain, bruises and scars. Nonetheless, through it all, extreme sports measure the amount of heart an individual carries. He or she is the type of person willing to "go out on a limb" in order to achieve happiness, glory, and the impossible.

Scott Ramos, '11, ollies a pole in a nearby park and gets some air. He has been skating since he was 10 years old. "I've had my board for a few years now, it is a Real Deck; it feels good, its fits me personally, and has great pop. I skate everyday, usually I go to the Berkeley skate park under the lights." Says **Ramos**.

To the Extreme

extreme sports



"I like surfing because its exhilarating; its a great way to get out of the house get some exercise and get the blood flowing. Also there's some fine women on the beach" **Gavin Dacumos**, '12

Jocelyn Nguyen, '12, has been doing Gymnastics for 11 years and loves doing it. Here Nguyen got 1st place in her level 7 states competition this year. " I finished in 2nd place all around in the whole Northern California, for my division. I have been going to Bay Island Gymnastics for the 11 years I've been doing gymnastics. My favorite part is competing against other people because I am very competitive," stated **Nguyen**.

Kathryn Alexander, '12, in her spare time, loves skiing and snowboarding. She drives to Kirk wood Ski Resort as often as possible, where she has been skiing for 7 years since she was 9 years old. " I love being out there, getting away from everything, clearing my head from school. It's a fun, addicting sport, and it always gives me thrills."

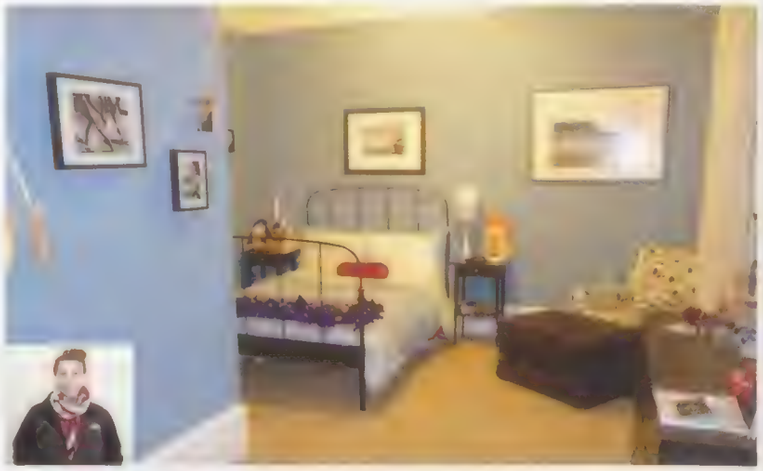
Chris Jang, Galen Lam, Andrew Godfrey

"In my room, I have a vanity dresser, a record player, and a cherry blossom painting on one of my walls. The things I collected express my own vintage style." Students' rooms also act as places for them to unwind and relax.
- Abby Rockwell, '12

"I have a backseat of a car in my room that I use as a couch to chill and watch TV on."
- Lori Nguyen, '11

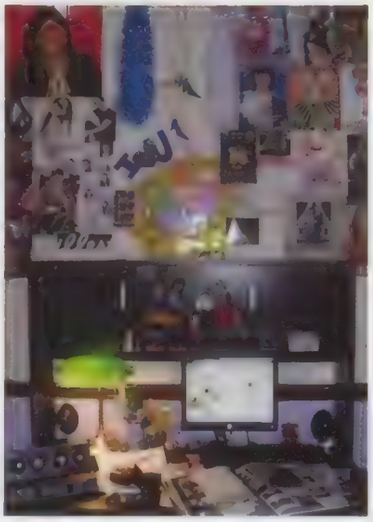
"In my room, I have a collection of stuff including the trophies and medals I've won from playing sports."
- Grace Friedman, '14

Kelsey McKeon, '12, loves the blue walls in her modern styled room. Her walls are covered with pictures of things that are important to her including her family, friends, basketball and ballet. **McKeon** says, "I love having my own personal space when I need to be by myself. Also, I like being in my room because I put so much effort into making it the perfect room for me."

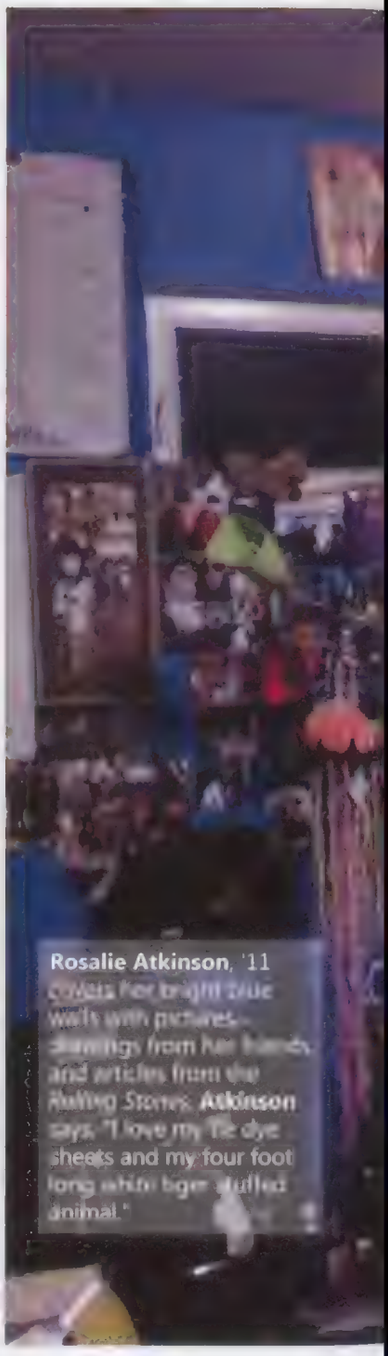


As a golfer and student at Alameda, **Sam Moyal**, '12, has incorporated both aspects of her life into designing her room. **Moyal** displays both her athletic and scholarly achievement awards on her walls. Her reasoning behind this is that so when she wakes up in the morning "the awards inspire [her] to try [her] best and fully commit to what [she] is doing for the day because all of that recognition is proof of what hard work and determination can really do."

Michael McMillan, '12, designs his room by hanging up old skateboards and pictures of his family and friends. Typically, **McMillan** likes to keep his room clean. However, every now and then, it can get messy and sometimes results in him hiding the clutter in his closet. But, when his room is clean, **McMillan** enjoys relaxing in there with friends and family while watching T. V. , listening to music or even warming up by a nice fire on a cold night.



Alisa Hong, '11, likes cutting out anything in magazines that appeals to her and can be added to the huge collage on her wall. **Hong** explains that the collage is a combination of pictures and drawings that she has collected from friends since her freshmen year of high school. **Hong** says, "Each object given to me from my friends has a story behind it."

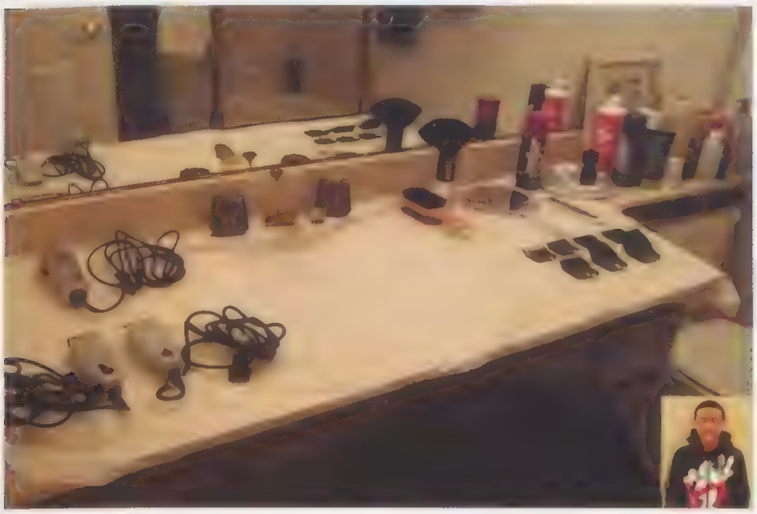


Rosalie Atkinson, '11 covers her bright blue walls with pictures, drawings from her friends and articles from the Rolling Stones. **Atkinson** says, "I love my tie dye sheets and my four foot long white tiger stuffed animal."

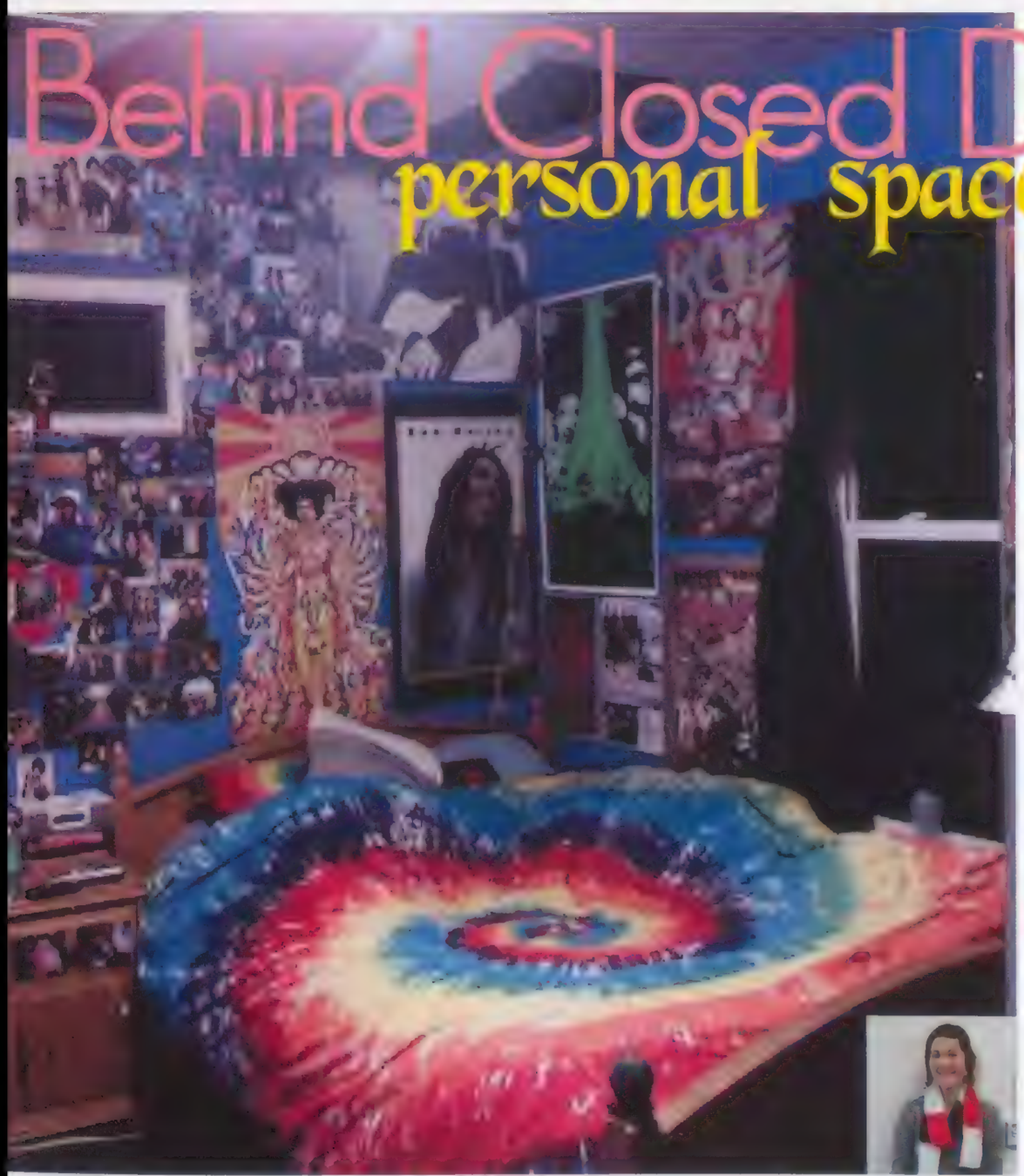
Behind Closed Doors

personal space

In addition to his bedroom, **Cameron Look**, '11, has another room that he calls his own personal space. **Look** sets up razors, brushes, and mirrors in his bathroom for his hobby, cutting peoples hair. **Look** likes having a space of his own where he can do what he loves.



Maya Robles Wong, '11, changes her room whenever she wants a change, and picks a different theme every time. She went from a rainforest theme to ice cream and now has a dinosaur theme. "I knew I didn't want it to be any ordinary teenage room so I just started painting things that made me smile. That's how I designed my room."



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1) Juniors, **Dionna Lee** and **Daphne Lee** design their lockers for both style and convenience. The girls use a collection of In-N-Out stickers, gum wrappers, and photos to cover the outer area. While inside they store their binders and books among other things, including snacks and their hot water boiler.
2) **Tiki Garcia**, '12, likes decorating and adding new things to her room. Her collection consists of a wooden piano, art supplies, a cage for her snake, and, on her ceiling, 400 tiny glow stars.

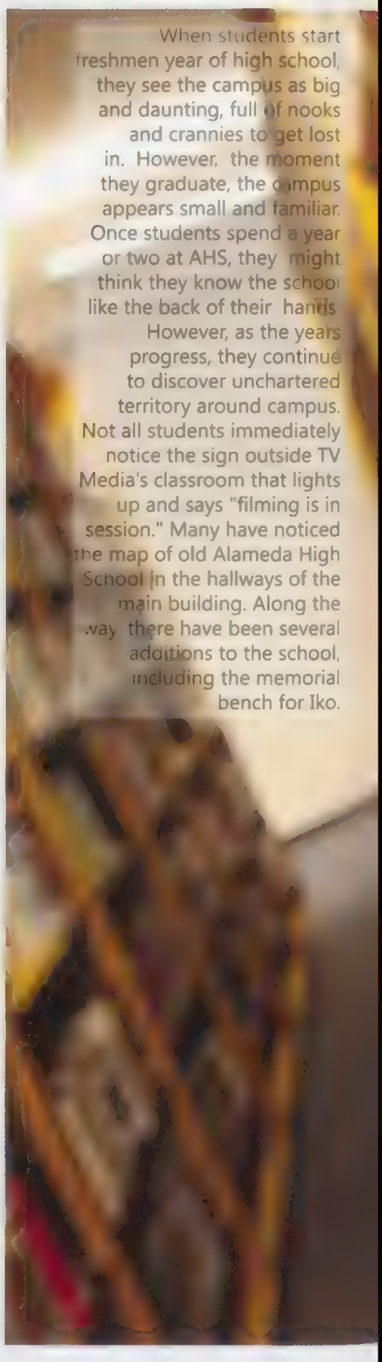
Raymond Kelly, Sandra Tuan & Bryant Kim

Alameda High is fortunate to have a large auditorium. Koffman. Over the stage, the words of Shakespeare remind the audience that "All the world's a stage, and all the men and women merely players; They have their exits and their entrances, And one man in his time plays many parts."

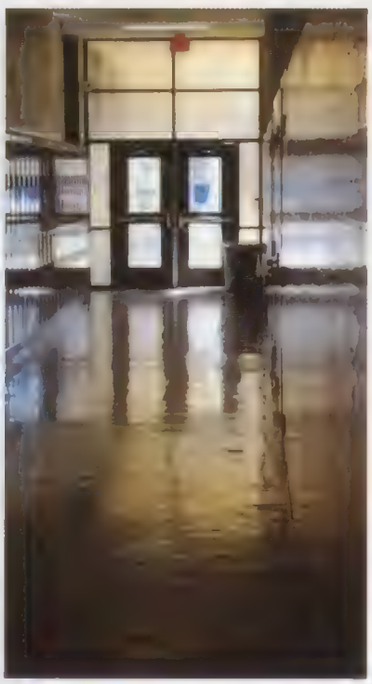
The courtyard is a popular hangout area for students. One of the two annual Food Faires are held there, people enjoy eating lunch on the benches, and it is a common place for students to relax while they are winding down after being in the classroom for the majority of the day

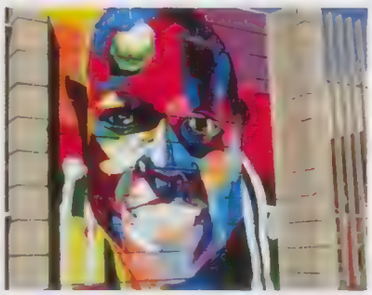
The benches by the softball field encircled by the rest of the school are commonly referred to as "the circle." When standing in its center, and depending on which direction one is facing, a variety of views of AHS can be seen. When facing Encinal Avenue, one sees the Main Building. Most students have classes located there, hence its name. Facing it, one can see the Larry Patton Gym, often called the old gym. The circle will remain the meeting point for many students, a reference point for other locations, and the go to place for lounging on the grass.

When students start freshmen year of high school, they see the campus as big and daunting, full of nooks and crannies to get lost in. However, the moment they graduate, the campus appears small and familiar. Once students spend a year or two at AHS, they might think they know the school like the back of their hands However, as the years progress, they continue to discover unchartered territory around campus. Not all students immediately notice the sign outside TV Media's classroom that lights up and says "filming is in session." Many have noticed the map of old Alameda High School in the hallways of the main building. Along the way there have been several additions to the school, including the memorial bench for Iko.

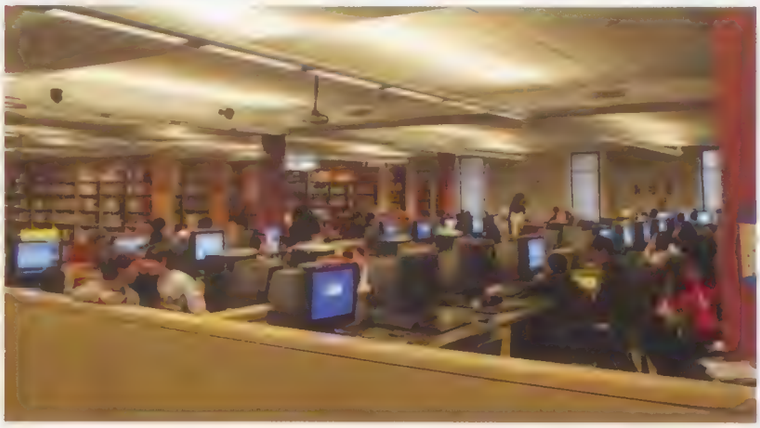


Nak stands underneath the Video Taping Sign that is outside the T.V. Media classroom. The sign indicates when the class is taping a video for one of their many projects which students are assigned. The final projects consist of the accumulation of the different segments, flowing together into one masterpiece.





The main building is the most active part of campus. The majority of classes are held there. The building houses four separate computer labs, the library, the main office and the attendance office. The Main Building is home to the Math, English, Social Studies and Science departments. Although it can be a convenient location for most people, it can also be confusing. Many students report walking around in a complete circle and getting lost on the second floor or tripping while going up the stairs. The central focal point of all memories, the Main Building, will remain imbedded in our lives forever.



Where it All Takes Place

campus

Grace Friedman, Kristin Rinck & Andrea Myovich

"Everyone was enthusiastic, and it was very spirited, since everyone made their own shirts."
- Diona Lee, '12

The **Obando** sisters were both homecoming winners for their class. "I liked the assembly, running around, and having fun!"
- Gabrielle Obando, '13

Homecoming Week

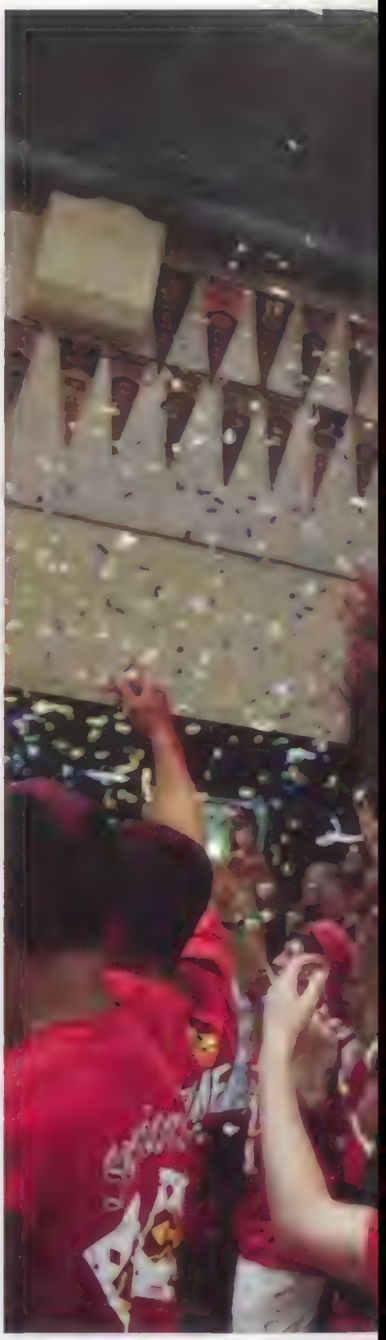
1) **Monica Lim**, **Kristina Lam**, and **Marykim Hoang**, '11, pose in their togas on toga day. **Lam**reveals: "The toga was hard to make, but it was all worth it!"

2) The first day of spirit week is Wacky Tacky **Daisy Wong**, '12 "I enjoyed Wacky Tacky day because I got to wear stuff I usually wouldn't wear."

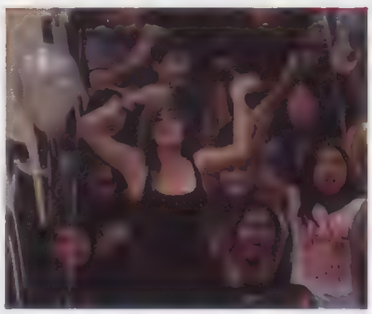
3) **Jocelyn Nguyen**, '12 **Juston Dea**, '12, and **Tyler Cobb**,'11, show off their attire on drink day **Cobb** divulges: "I enjoyed Rockstar day the most because it was new and exciting to dress up for."

4) **Vivian Lai**, '11, is hard at work on nerd day. "I liked class color day. It was much better than last year, because everyone participated even the freshman."

5) **Audrey Yeung**, **Vicky Tran** **Florence Yuen**, and **Kelly Huang**, '11, show off their red on the final homecoming assembly in their high school life. **Huang** reflects: "It was the last homecoming, but the best one!"



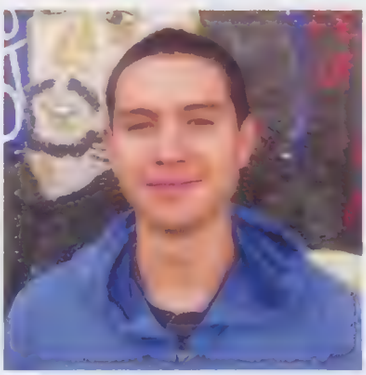
At Alameda High, students are encouraged to celebrate their unique cultural background and share similar traditions. Students feel comfortable to be themselves with the confidence to be proud of their religion, race, and nationality. As Hornets grow up, they learn to accept and acknowledge the many differences people have. But no matter where they are from or who they are, they are all Hornets at heart. To make the homecoming assemblies a successful and spirited rally, it takes all of the classes combined to create one fun and exciting event. Since the assemblies are a privilege, it is important that every student is respectful towards their peers and cheer on the upper and lower classmen.



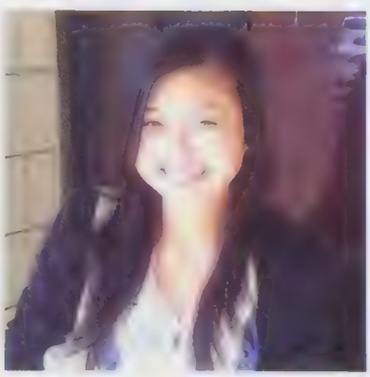
Let's Go Hornets
spirit/diversity

Buzzy the Hornet gets ready to cheer and dance at the homecoming assembly! Buzzy is always at every home sporting event and supports all Alameda High School sports team! Buzzy spreads Hornet fever wherever he travels. Buzzy is the best!

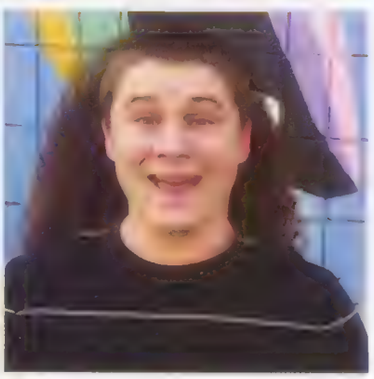
What is Unique About Your Culture?



"The food, music, the way we celebrate...when we celebrate a holiday, we do it big!"
- **Juan Neri**, '11



"We celebrate a very different new year that is rich with China's long history. We give out red envelopes, honor ancestors, and eat extravagant food."
- **Florence Yuen**, '11



"The main ingredient in most of our food is steak. I love pasta and T.V. dinners. Sometimes I use apple sauce as a side ingredient."
- **Tommy Van Ausdle**, '11

Sandra Tuwa, Felicia Wong & Bethany Lee

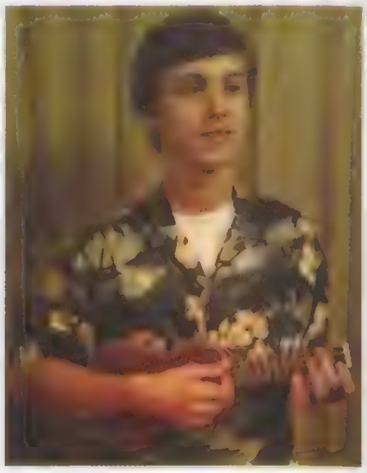
"High school can sometimes be a stressful time filled with drama and teenage dilemmas. Some students have different ways of dealing with it and one way of expressing it is through music. "I thought music was cool and my dad inspired me to play guitar." - **Matthew Choi**, 14

Ranging in hundreds of different genres, music is all around us. "I love Stevie Ray Vaughn and some Jimi Hendrix." - **Noah Kang**, '11

Many Alameda High students play a variety of instruments and have many influences. "Metallica has influenced me to play guitar. When I play, it's really fast and gives me a lot of adrenaline." - **Devin Green**,'13

Stephen Sun, '11, strums on his electric guitar while singing a gospel song at his church for his Element Youth Group. **Sun** attends Grace Point Fellowship church in Alameda where he is a Praise Leader

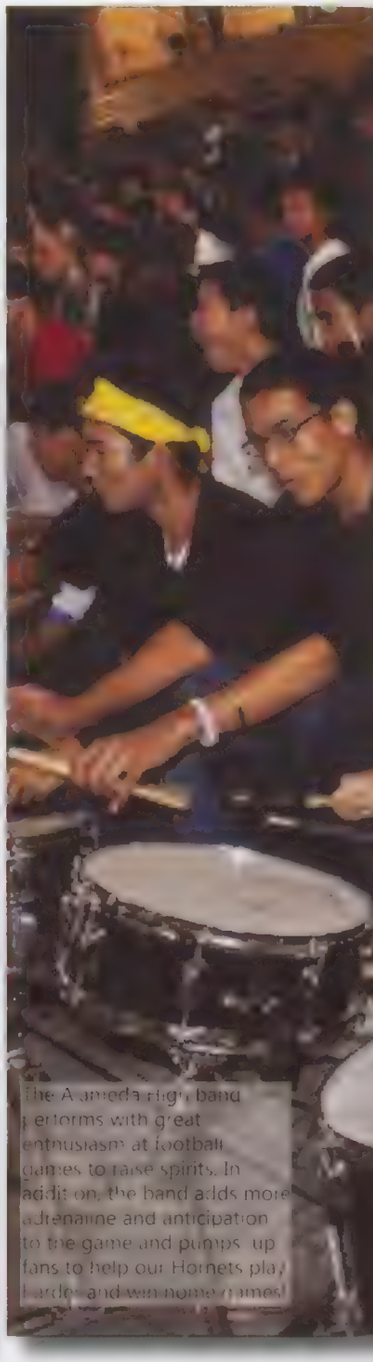
Sophomore **Colin Brady** feels Hawaiian vibes while strumming his ukulele. To add to the tropical environment, Colin wears a traditional Hawaiian shirt just for kicks. His favorite songs to play on the ukulele are "Somewhere Over the Rainbow" and "I'm Yours." Also, he likes to free play to pass the time.



1) Senior **Monica Lee** is co-president of the Song Writers Club at Alameda High. She feels the rhythm of her music while performing one of her songs and playing her acoustic guitar. Lately, **Lee** has gotten into more musical theater and drama, but still continues to perform and write songs.

2) **Christy Nguyen**, '13, quietly sits in her front yard and focuses on her strumming and tune of guitar. "Ive been playing guitar for about four years and it has really helped me with my problems. Whenever I'm feeling down, I can easily go to my guitar and let my feelings out, or when I'm happy I can simply strum and sing bubbly songs. Its always been my kind of escape from reality." **Nguyen** took guitar lessons at Starland Music Center and hopes to make a career out of her strong efforts.

3) Seniors, **Casey Hutchinson**, **Monica Lee**, and **Rosalie Atkinson** put on an exciting performance for the crowd while adding spontaneous and wild dance moves. The girls enjoy performing together and have done so for a long time because they all have a deep passion for music. "Music to me is like a whole new world filled with emotion, passion, poetry, beauty, experiences, aspriations and much more. I love performing because it's amazing to see the feedback from the audience. It's amazing to see how my music can evoke such a strong strong feeling in someone. If music was a hot and studly man, I would most definitely get with him.",**Hutchinson** explains. **Atkinson** quotes, "Music has always been an essential part of my life for as long as I can remember, it has opened up my eyes to so many new experiences."



The Alameda High band performs with great enthusiasm at football games to raise spirits. In addition, the band adds more adrenaline and anticipation to the game and pumps up fans to help our Hornets play harder and win home games!

Music by Veronica Hall and Alvin Lee

The Oakland Youth Orchestra prepares for its intense and compelling performance of their 2010 Spring Concert. Alameda High students, **Jimmy Wu** and **Gabe Cruz**, '11 are members of the OYO. They have performed at the Davies Symphony Hall in San Francisco. The students have played in the OYO for six years all together. " I started playing because I really had no choice. My mom pretty much made me play, but now I'm glad she did. I now have three periods of band a day, go home and practice, and then off to orchestra practice. When I'm performing, I love the feeling afterwards. Seeing the reaction of the audience and knowing that I touched them in some way is such an eye opening experience. Music has influenced me because it is my whole life," **Cruz** explains. Both **Cruz** and **Wu** plan on making a big step in life with music and are hoping for the best to come

Toot It! music

Cameron Beene, '13, diligently pays close attention to his cues at the Winter Concert. **Cameron** is part of the Symphonic Band and has been playing Timpani percussion instruments for two years.

Daphne Duong, Armando Andres & Renee Sieng

Reaching Out
Volunteering

"I volunteer by going to the Oakland Zoo to shovel zebra poo. It's the worst."
- Naayl Kazmi, '14

"I like to help out at the Crown Memorial Beach by cutting down plants that kill other plants. It's a fun way to help out."
- Drew Jones, '12

"I go to the food bank and distrubute food to the homeless. It's sad but it makes me feel accomplished."
- **Antonio Manibusan,** '12

Volunteers for DECA come to school early on Back to School Night in order to bake chocolate chip cookies and snickerdoodles. The parents purchase the cookies in order to raise funds that send select students to the DECA Conference. Ms. Sydow overlooks **Queenie Ng**, '11, as she takes the cookies out of the oven while the rest of the students overlook the process.

Reaching out/Volunteering by Casey Thiering & Sarah Peters

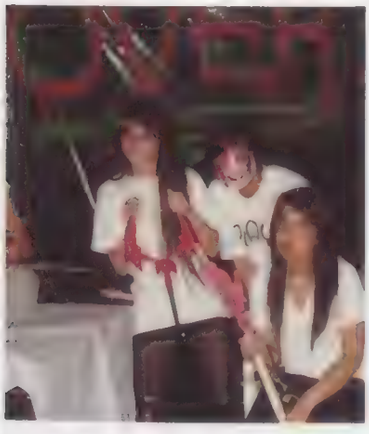
1) **Ken Tang**, '13, **Ming lee**, '12, **Mandy Yang**, '12, **Alex Lam**, '11, **Soyu Liu**, '12, snaps a memorie in LEO Club representing that through volunteering, friends, and different people from all over Alameda High can come together to make a difference.

2) **Quan Wu,** '11, gives out balloons to raise money for Lion's Blind Center in Oakland China Town. The Lion's Blind Center offers education and training for people who are visually disabled or handicapped.

3) **Darryl Hua**, '13, **Randi Ye**, '13, and **Steven Li**, '12, **Ming Lee**, '12, helped out at Salvation Army Soup Kitchen over Thanksgiving in order to provide a delicious meal to people who cannot afford it

4) By doing volunteer work, students can have many useful experiences which either prepares them for working or offers them an impression of different jobs or people's living conditions. It is a good opportunity to reach out to new people, engage in teamwork and have successful experiences.

A couple of student volunteers at musical concerts and shows they have spirit and passion towards their hobby They spend their free time doing extracurricular activities and work. For example, they help by providing and selling food and helping with the organization of events. **Ken Tang**, '13, explains how much he commits to this club, "I spend a lot of my spare time doing events like this to benefit organizations."

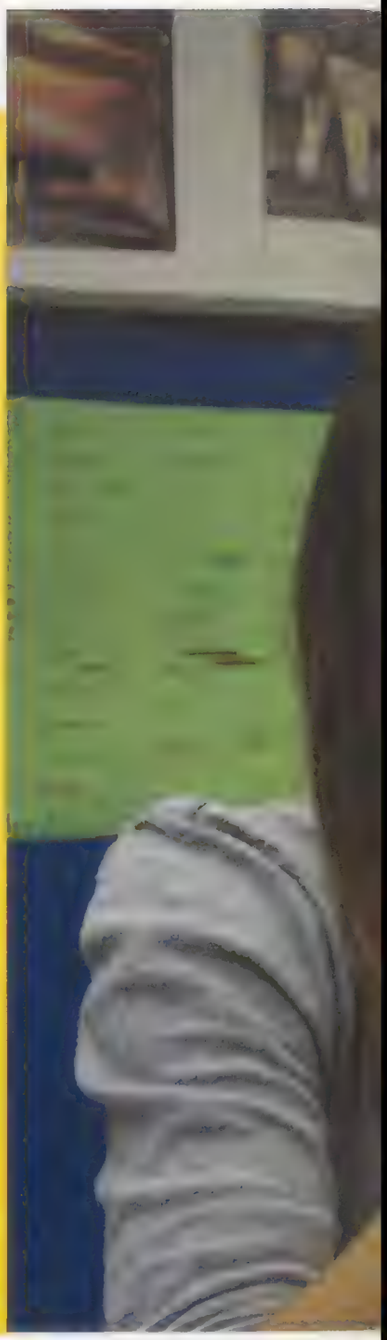


Jessica Trieu, '11, **Amy Yu,** '12, and **Karen Yee,** '11, help out at a haunted house on Halloween. They had a great time scaring people and making the haunted house into an even scarier and more authentic place to be.

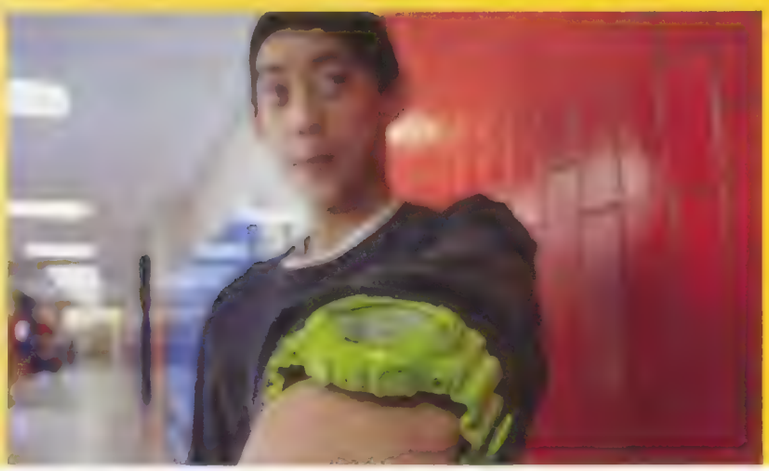
Students support the cause for HIV and AIDS at the AIDS Walk in San Francisco. On a hot day during summertime, they walked 6 miles in three hours. Their feet ached afterwards, but it was a worthwhile experience.

The institution 'Rebuild Together Oakland' repairs the homes of lower income house owners so that they can live in comfort. Volunteers succeeded in rebuilding the house of a 70-year-old lady whose cats had ruined her entire interior and turned her house into a mess so she had to live in horrible conditions. They put a lot of effort and time into cleaning everything up, painting the walls and providing new furniture for her. After the volunteers were finished the woman had a new, clean home where she could live safely. She gratefully appreciated the outstanding help.

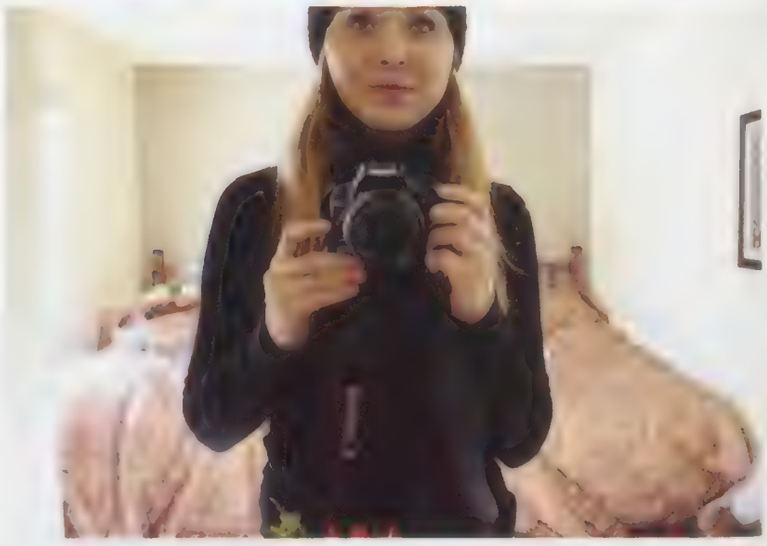
For his Multi Media Art assignment, Sophomore, **Tanner Embry**, looks through the view finder of the class camera to get a different perspective for taking a picture. **Embry**, along with his classmates, had to take 10 pictures of interesting things outdoors. **Embry** made sure he captured unique compositions and tried his best to follow the guidelines of the assignment. Multi Media Art is one of his favorite classes because it allows him to express his creativity and experiment with photography as well as photoshop



Sophomore, **Chris Chan** claims, "I bought this G-Shock watch with my own money at Macy's. I really like it because of the bright neon green color and how it stands out." **Chan** wears his watch daily and finds it more convenient than looking at school clocks



New technology helps students maintain organization and helps in many facets of every day life. Technology is crucial in students' lives. The most popular technology items today are cell phones, computers, cameras, and much more. Many students feel that they are not able to connect to the outside world and one another without technology. Most students have enjoyed using technology from a young age and continue to make use of it in order to make life much easier.



Diana Panich, '12, loves taking her Canon Rebel XSi everywhere she goes. The fast shutter speed, clear quality, and durability make it an ideal camera for her daily life. **Panich** likes to look back on her old pictures, and reminisce about the captured moment.

Technology by Erica Borowski & Andrew Morris

Modern Day Revolution

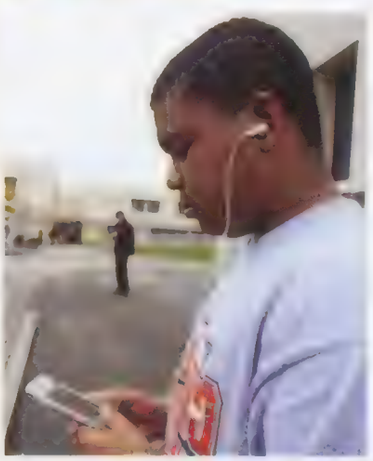
technology

Senior, **Megan Averitt**, flips through the most recent pictures on her Verizon Wireless "Dare". **Averitt** uses her hot pink case to protect her phone in case it gets damaged. She considers her phone a valuable belonging.

"I bought the iPhone 4Gs because it's awesome, and I can do multiple things at once like go on Facebook, listen to music, and even search the web. I use it everyday and the touch screen makes it a lot easier to text and stuff too. I take pretty good care of it and I even have a nice case to protect it."
- **Lauren Henderson** '12

History teacher, **Mr. Manno,** considers himself to be a very tech savvy man. He owns the latest apple technology such as the MacBook Pro, iPhone 4G, and the iPod nano.

Freshman, **Koe Inlow**, recieved her first Nikon DSLR camera this past year for her birthday. **Inlow** uses her camera daily, and is always trying out new techniques and styles to capture creative pictures. One of her favorite accessories is her fisheye lens because it adds an extra element to the photo.



Drew Huie, '14, searches through his handy iTouch for his favorite song to listen to. **Huie** uses his iTouch as a way to make it through the day.

Academics by Sara Kasman

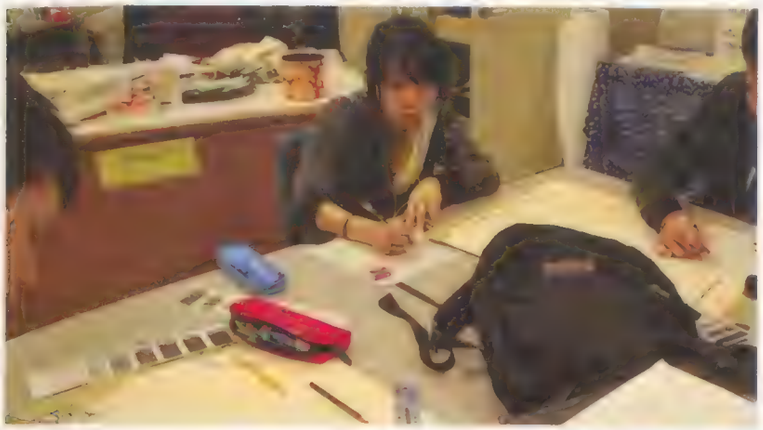
Academics

What is your favorite thing about art?

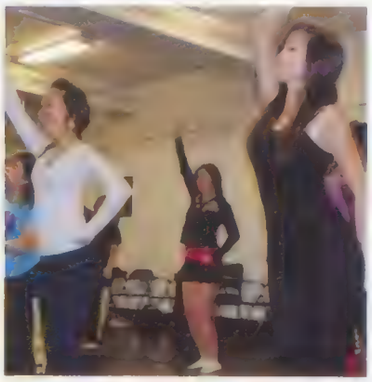
Linda Lee, and **Helena Gagnon**, '12, practice a ballet as part of a routine created by one of the students. **Gagnon** states, "I enjoy learning new dances because it's fun and I like to see what other students have created."

Grace Wood, '11, **Linda Lee**, '12, and **Vanelly Trejo**, '14, perform a ballet leap for the class as an example of the dance they will perform later in the year. To preform well in a group, dancers must have an understanding that all movements have to be accurate and synchronized.

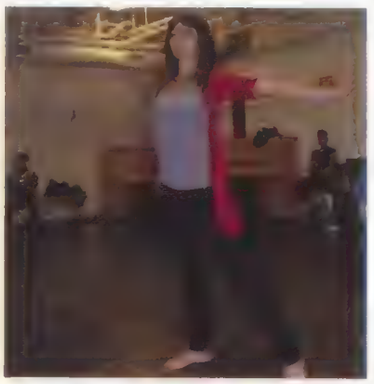
Anand Enkhtur, '12, sharpens her drawing skills by practicing shading. The value scale helps her to determine the correct shade that would contrast well with other colors.



Michelle Nam, '11, **Linda Lee**, '12, **Katherine Chiang**,'12, and **Sandra Tuya** and **Sandra Damvadarjaa**, '13, follow through a dance routine with the rest of the class



Helena Gagnon, '12, strikes a pose during a practice routine. Maintaining body position is extremely important when being a forward dancer because the dancers behind have to follow every movement.



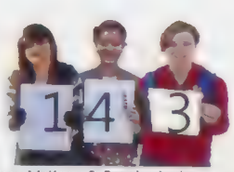
Vanelly Trejo, '14, gracefully leaps through the air while maintaining a poised position. **Trejo** first started dancing at a young age, and has continued with it for seven years. Through dancing, she is able to express different emotions and feelings without words.

1) Creating a unique drawing, **Thomas Rawl**, '14, sketches a picture using his graphite pencil. "The contrast between the black and white makes the everything stand out," explains **Rawl**.
2) Ms. Bramstead's Art One students practice perspective sketching, where they attempt to capture the depth of the hallway in two dimensions
3) **Ernest Gardner**, '13, concentrates on his sketches while listening to his iPod. "The flow of music helps me create," states **Gardner**.

Express Yourself

Art and Dance

Art and Dance are two electives offered that promote creativity and self expression. Every student has the privilege to participate in these classes and allow emotions to flow freely through expressionistic mediums. Dance is taught by Ms. Gill, which is an energetic and active class that teaches the students to dance in synchronized and complex movements. Music is played in the background so the students can dance to the rhythm of the beat. Towards the end of the year the class preforms in the Unity Talent Show with a choreographed routine. The Art classes display inspiring talent that the students have. Art students are able to use different tools for painting and drawing such as pastels, water colors, colored pencils and graphite. Every year, students paint new murals around the school for the following years to enjoy. and admire as they walk around campus.



Akela Gabriel, Kelsey McKeon & Brooke Anderson

Nick Caldwell, '13

Describe your experience in Autoshop.

"I've been in autoshop for about a year and I love the fact that I can use my hands to fix man's creation. Although working on cars has become something I really enjoy, I hope to have a career in the Marine Corps. If nothing else, I'll still continue to work on cars as I get older. Autoshop is really interesting but the hardest part would have to be making Mr. Potter completely happy. If I'm ever upset, Autoshop can really take a load off. When I'm working under the hood, I usually just forget any troubling things that take over my mind."

Jorge Valencia, '13 dedicates his time to inspect the plugs on an old motor. It is always important to make sure that all the motor cables are adjusted and set in properly so the motor does not blow out when it is turned on. "Autoshop has been a chill escape for me, and it's also come really easy for me. I plan to have a career in the automotive industry and most likely become a mechanic sometime in the future." says **Valencia**.

Allan Ray Villanueva, and **Stephen Yang**, '12, prepare to dismantle the car to get a clearer view of the hood. "Taking apart pieces of the car is really fun. You see everything in a new and more technical way," **Yang** explains.

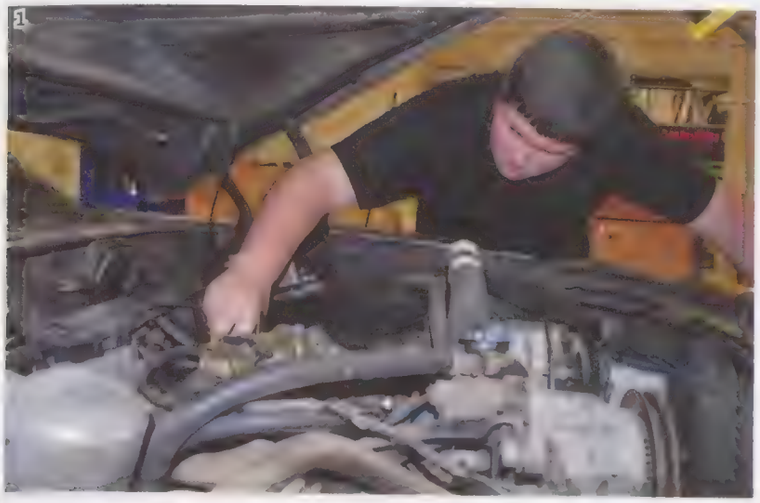
1) **Susan Li,** '11, screws off the license plate before continuing to take the rest of the car apart. Screwing off the plate is an important step before examining the car because the license plate could create a dangerous working environment for the students when working underneath cars and it adds more useless weight to the car when trying to prop it up.

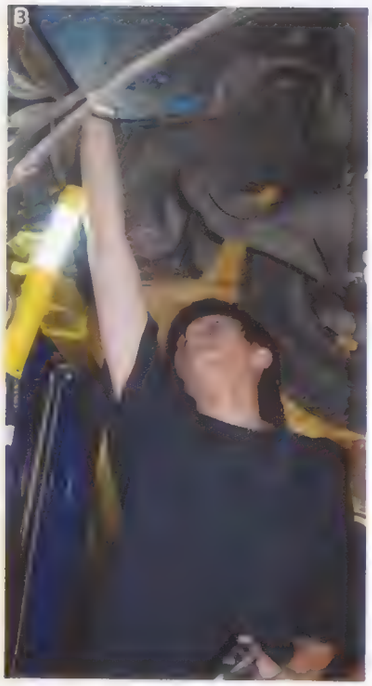
2) The AHS Autoshop class is filled with many cars that have been donated by generous people. The students are taught to take them apart fully and put them back together in working order. While some cars may look a bit rusty or old, they all have a full working engine in them.

3) **Ethan Hobbs**, '13, carefully checks the balance of the car while **Lori Nguyen,** '11, uses a car lift to keep raising the car and adjusting it to the desired level. If a car is not balanced when working, the alignment can become off

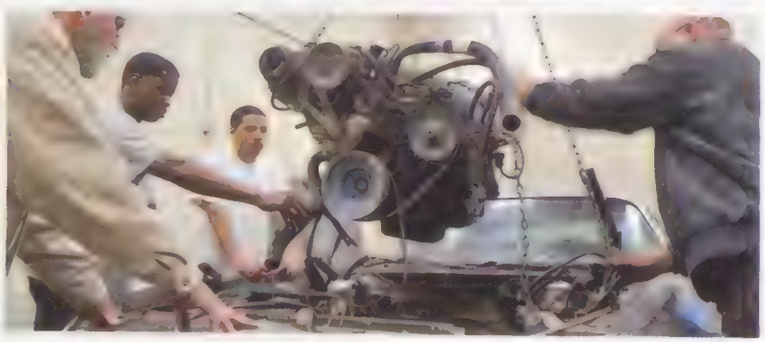
Autoshop by Veronica Ha

1) **Robert Cuthbertson**,'13, checks the oil and water before running the motor to make sure the car is ready to run. **Cuthbertson** plans to be in autoshop all four years of high school. 2) **Jesse Garcia**, '13, uses a flashlight to inspect the pipes and underwiring of the car to make sure everything is put in the right spot. 3) **Jack Zhu**, '12, uses his left hand to get a better look at the muffler and how it is running. The muffler is necessary to reduce the intake and exhaust noise from the pumps of the car.





Derico Brown, '11, is intently focused on the parts underneath the car. As a senior, **Brown** plans to continue his car fixing career in the near future. He spends many after school hours learning skills that will contribute to his career.



Derico Brown, '11, and **Jorge Valencia**, '13, learn about the car engine while taking it out and getting instructions from their instructor, Mr.Potter. When taking out the engine, it is suspended by chains and the students must learn how to put back all the correct tubes into the car. Then, in order to check and make sure that the engine is running and put in right, the car is turned on and revved up.

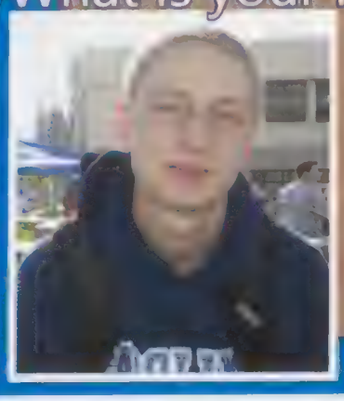
Wheels Keep On Turning

Autoshop

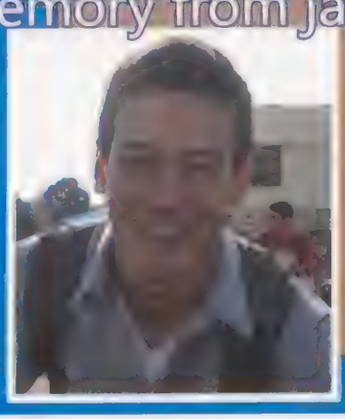
Autoshop is a hands on elective that specializes in learning all about cars and how to fix them. Cars are donated to the class so students can learn how to install engines, change tires, and learn about all the parts. They learn how to use different tools such as screwdrivers and wrenches. Autoshop class members learn new lessons every day. A majority of students who choose to take this class are young men and women considering a career in mechanics. Others just want to learn a new skill or know how to fix a car. Autoshop provides an intense and eye opening experience that will give anyone who takes the class a lesson in teamwork, taking charge and doing tasks on one's own.

Iris Tran, Michelle Licea & Nadya Machrus

What is your most enjoyable memory from jazz band?



"Music is a unique way to express myself. Whether I'm playing the guitar or the piano, I can convey musical ideas that are complex and still approachable."
-**Tyler Parsons**, '11



"My favorite part about jazz band is Chris Maier's solos. I play saxaphone, and I really enjoy this instrument because of it's versatility. I have been playing since sixth grade and the cowbell is my second instrument."
-**Sam Uyeno**, '11

In band, high school students get an opportunity to learn and practice music in school. There is a lot of talent in the band, and it is displayed in talent's shows throughout the year. Xylophone is an important and unique part of the band. It also gives the band a variety of sounds to work with.

Cameron Beene, '13, is a part of the percussion section. "Playing drums in the band is fun because the music is easy to feel and I've learned a lot about music in this class."

The trombone is a musical instrument in the brass family. Like all brass instruments, sound is produced when the player's vibrating lips cause the air column inside the instrument to vibrate, giving it a unique, full sound. Michael Romero is adept at playing the trombone and is part of OYO, or Oakland Youth Orchestra, outside of school where he performs using the trombone .

The brass the section shows off their skills by playing their instruments. Trombones, trumpets and saxophones complete the brass section, and the sounds of each of them combine to make a full, unique sound. There are several factors involved in producing different pitches on a brass instrument. One factor is alteration of the player's lip tension, and another is air flow, and students learn to master both methods.

Band by Casey Thiering & Stephen Rhodes

"Through Jazz Band, I've been exposed to incredible Jazz musicians such as Fredie Hubbard, Miles Davis, Stan Getz, Herbie Hancock,and many others. I have come to appreciate their contributions."
-**Drayson Ngiraingas**, '13

"There was one day when a piece was missing from the drum set, and when we received the new piece, my drum set was finally complete."
-**Madison Willcox**, '14

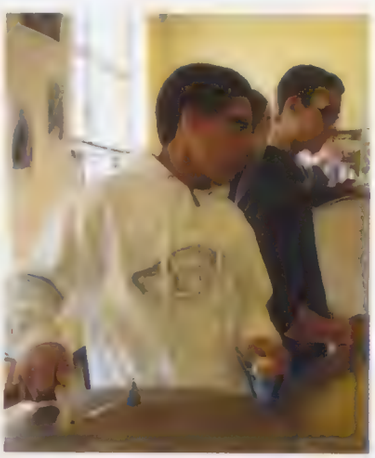
The Rhythm of the Beat

Band

Many students who attend our school are gifted with musical talents. From strings to percussion, and brass to horns, students who play a variety of instruments can audition for the exciting array of musical programs. Students use their musical intelligence to practice and play together in synchronization. Adanced students have the opportunity to go out and perform exciting shows for the school and community. "The best part about being in Jazz Band is all of the different musicians I get to play with. I've also learned new things in the three years I have taken this class, and being able to play piano for one period at school is awesome," reflects **Chris Maier**, '12

Just like an orchestra, the AHS Band plays with precision and perfection. All of the students in a section have patience when the other sections are achieving a perfect sound. **Levi Culverhouse,** '12, is a trombone player. "It's amazing to play with the entire band because everyone loves their instrument and it puts feeling into the music we create."

Art Yee, '11 plays his string bass in symphonic band. Art takes three music classes at school; jazz band, symphonic band, and guitar class. "Music is like a remedy, different types of music we listen to evoke various emotions," contemplates **Yee**



James Knight, '13, and **Kareem Badr**, '13, play in the percussion section of the band. They work hard to keep the rest of the band on time, it's an easy job but takes patience.

Marika Tsagris, Haley Summerfield & Paul Reichart

What are your thoughts about this class?

[redacted]

[redacted]

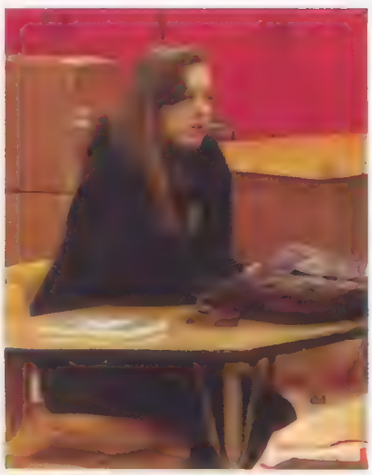
[redacted]

Janie Tran, '11, looks at a diagram posted on the wall behind her. "I took this class second semester and I like it a lot. It's very educational," says **Tran.**

Gianna Ratto, '12, discusses the class with her partner. "This is my first year in Child Developement. I thought we were going to have kids to play with this year but when I found that wasn't the case, I became dissapointed," says **Ratto**

Thuy Tran, '12 listens to Ms. Lewis as she explains the upcoming assignment to the class. "We go to the computer lab to look up information for projects. We have an abundance of recources available to us for researching about child developement," says **Tran.**

Students listen to Ms. Lewis explain the daily schedule for the day. "We learn something every day in class. I might actually retain some of this information when I grow up and have kids," says **Nathan Hidalgo**, '11



Ms. Lewis wishes her students still had the opportunity to work with young children. "This is the first year I haven't had children in the class. The class is not the same without the joyful, spirited children. I now teach the psychological development of children and how they grow up" says Lewis.

Randy Chahine, '11, gets out his folder for class and gets ready to work. "It's a very informational class. I never knew I could learn so much about the growth of children and how they act," says **Chahine.**

Understanding Young Minds

Developmental Psychology of Children

In past years, toddlers from the local preschool were looked after and cared for by the students in the class but this year it has not been possible for students to interact with the kids anymore. Current students instead learn about the process of child development. The class is beneficial because it teaches students to care for young children and learn about the responsibilites that come with child rearing. In addition, the class helps students become more prepared for the future, when they might someday be parents. "The developement of a child is very interesting and not everybody knows how they grow up or how they behave. It's a rather surprising class," notes Ms. Lewis.

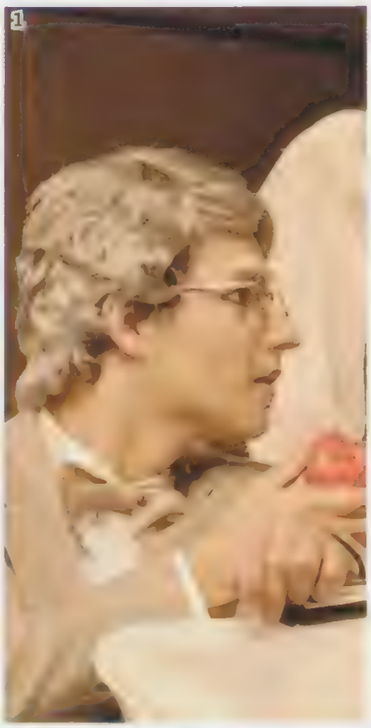
Savannah Reyes & Sean Kelly & Rosalee Brown

Zac Goldstein, '12

A dominant presence on stage

Zac Goldstein has been acting for almost a decade. He plays Mr. De Pina, the comic relief, in the play *You Can't Take It With You.* His character is a fireworks enthusiast. During *You Can't Take It With You,* his favorite scene is when the two main characters are quarreling about their clashing cultures. **Goldstein's** character constructs fireworks which accidently ignite. It is a hiliarious part of the play and the audience enjoys a good laugh.

Andrew Altomare, '11, **Troy Wise,** '12, and **Clare Forbes,** '11, act in a scene from the play *You Cant Take It With You.* As a first year Drama Three student **Wise** enjoys the responsibility of being in a play. "It's a great privilege to be in this production."



1) **Alec Mathieson**, '11, takes the role of the eccentric Martin Vanderhof in *You Can't Take It With You*. The character enjoys a daily helping of tomatoes while on stage. He also enjoys collecting stamps, tending to his snakes, and playing darts without the ability to aim.
2) During one of the scenes **Bianca Decock**, '12, begins playing a game called "Forget Me Not" with fellow actors. To play the game, actors write down the first association that comes to mind when a word is said.

Autoshop by Sara Jo Ciapponi & Audrey Yeung

Nathan Brown, '11, and **Bianca Dekock,**'12, play Mr. and Mrs. Kirby in the preformance *You Cant Take It With You.* In this scene they are preparing to leave the Sycamores'. The Sycamores portray a down to earth family, while the Kirbys are pompous and conservative.

In full costume, **Nikita Burshteyn,** '11, is channelling the presence of Boris Kolenkhov. "I like getting dressed up and performing my part in the play. It truly brings out the character," notes **Burshteyn**.

Mi-Anne Chan, '12, **Alec Mathieson**, '11, **Troy Wise**, '12, and **Andrew Altomare**, '11, sit around the family table and discuss the conflict between the characters. "This is my first year in drama 3 and at first I was rather nervous, but then once my first scene came up, I got the hang of things," says **Wise**.

Alec Mathieson, '11, and **Emily Kirschenheuter,** '11, enjoy their last year in drama as the two leads in this production. "I'm going to miss Drama, and performing in plays. Whether it's the school play or just little skits in class," says **Kirschenheuter.**

Lights, Camera, Action!

Drama

The Drama department puts on a number of productions during the school year including the fall play, *You Can't Take It With You, Urinetown: The Musical* and the One Acts. In addition, Drama One and Two produce shows for fellow students. Drama Three, the advanced acting class, takes place during 6th period, but also requires countless hours after school. The students in the class rehearse for up to four hours outside of school each weekday and on the weekends. During 6th period, the students have permission to do whatever they choose pertaining to drama. Students can rehearse their lines, review blocking, and practice improv. "Acting is discovering who you are by pretending to be someone else," **Mackenzie Cala**, '14.

Max Walther, Melanie Nguyen & Megan Klembith

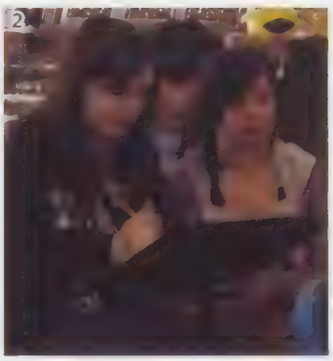
What is your most memorable moment from choir?

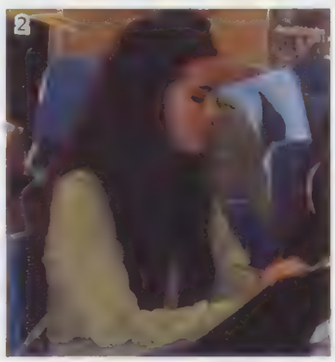
"My favorite memory is practicing our vocals with each other and when Mr. Randall makes funny noises and messes around with the piano."
-**Gitte Schirrmacher**, '14

"This year in choir we went to Boston for a concert. The trip improved my friendship with other members of Choir."
-**Hannah Paulus**, '13

Rachel Zenobia, Anastasia Koutoulakis, and Christina McKinley, '13, are returning for their second year of choir at AHS. They decided to return to choir because they enjoy singing and made many new friends last year. All three girls have a passion for music and appreciate the friendly environment in the classroom. **Zenobia, Koutoulakis** and **McKinley** were excited to preform in the winter concert this year and hope they will get to perform next year. Their favorite part about the concert was getting to dress up and present the skills they developed in front of the entire school. Another memorable event was when the class threw a surprise birthday party for a fellow choir member.

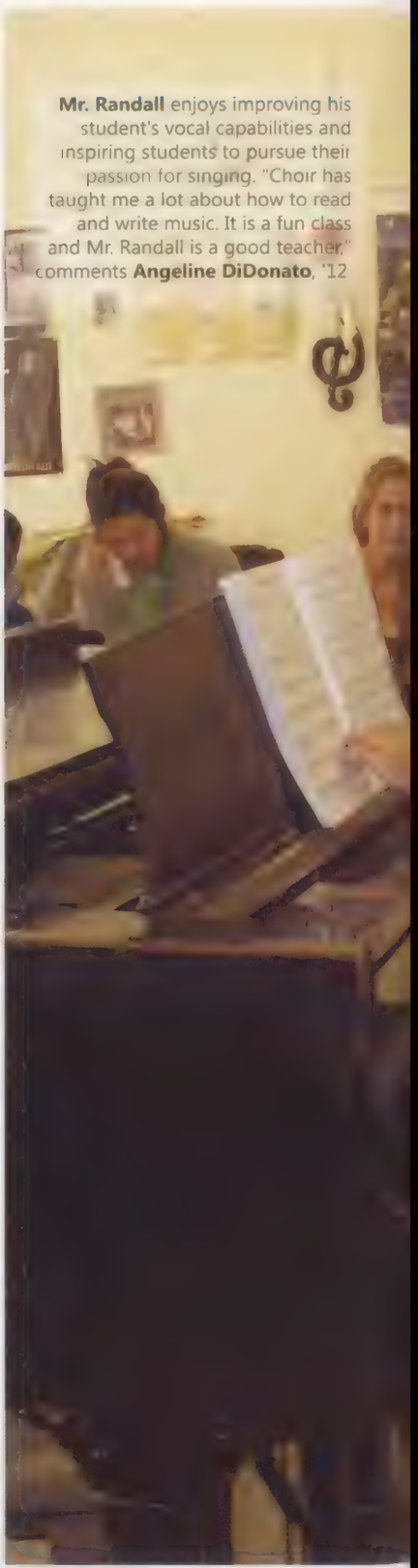
1) **Caitlin Shener**, '14, looks over the sheet music, noting the pronunciations of the words and the rhythm of the beat. "Choir is one of my favorite classes. I decided to take Choir this year because I enjoy singing. This class is like a family and all of us in Choir enjoy coming to class each day," exclaims **Shener**.
2) **Christina McKinley**, '13, and **Faith O'Mara**, '12, use a pencil to note specific parts the sheet music. "Choir is one of my favorite classes, it's been a really good experience in that class with Mr. Randall, I've made a lot of friends ."





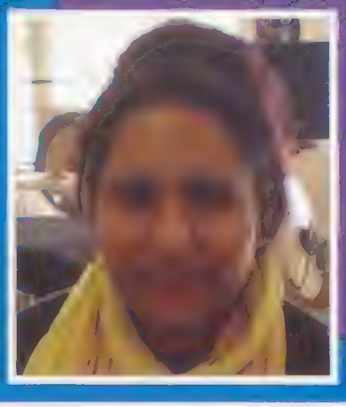
1) Sisters **Sheree Smith,** '11, and **Christina Smith,** '12, are both valuable and experienced members in choir. **Sheree** has been in choir for 3 years and is overjoyed about being able to use her talent at school. **Christina** enjoys learning to perform on stage with her sister. Both of them have made new friends this year and had several interesting moments in choir. "One day a girl got stung by a bee," **Sheree** states.
2) **Suzanne Eggert,** '14, began taking singing lessons two years ago. **Eggert** decided to join Choir because of her passion for singing and wanting to improve her vocal skills. When she has a bad morning, going to Choir brightens her day. **Eggert** explains that Choir is a family where they work together as one. "Every day we warm up before we sing. One time I didn't warm up and I lost my voice for a day."

Mr. Randall enjoys improving his student's vocal capabilities and inspiring students to pursue their passion for singing. "Choir has taught me a lot about how to read and write music. It is a fun class and Mr. Randall is a good teacher," comments **Angeline DiDonato**, '12

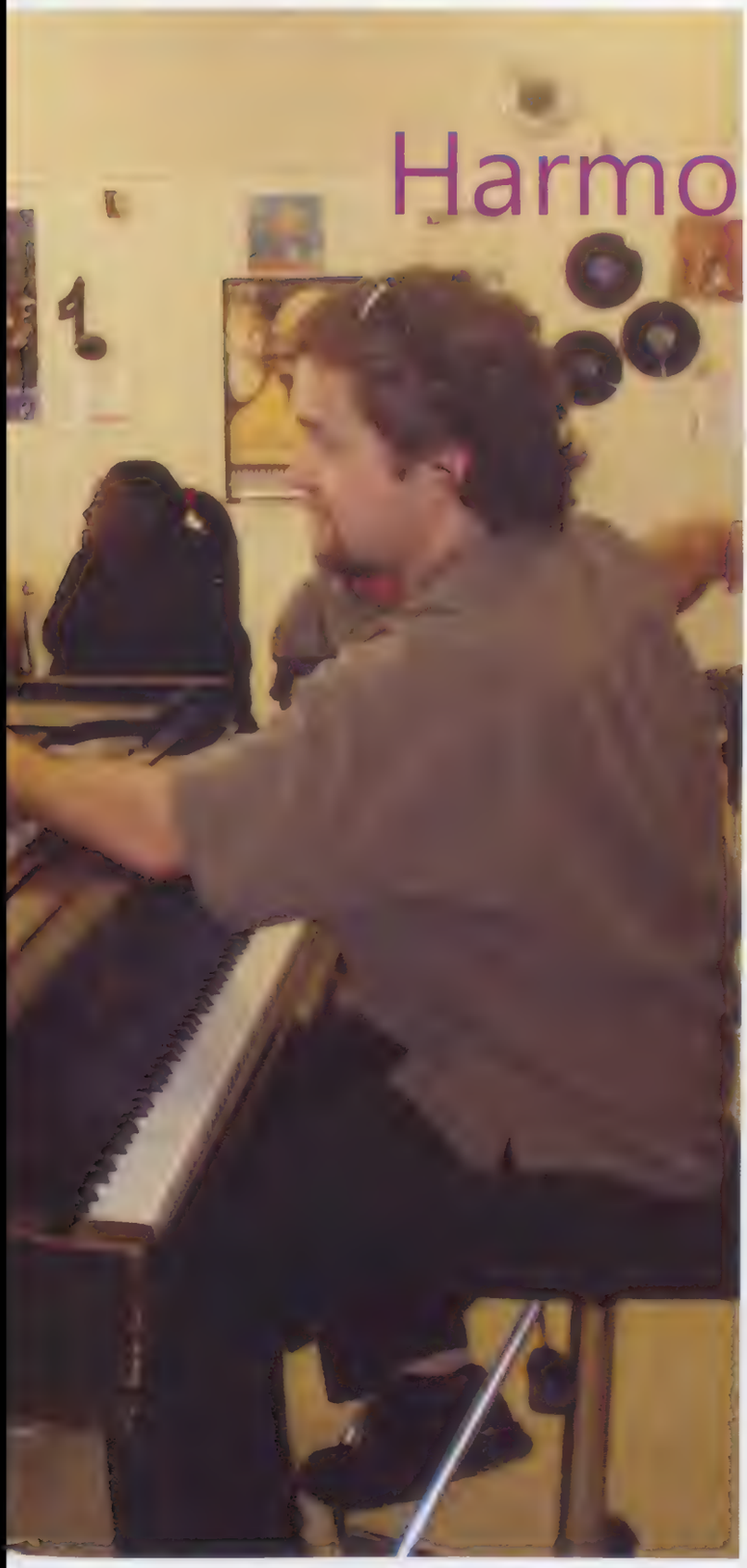


Choir by Kristen Rinck & Sarah Peters

"The most memorable moment was when we performed *True Colors* in the Winter Assembly instead of singing *White Christmas*."
-**Rosalee Brown**, '12



"When I first began choir, I couldn't sing. After many practices and encouragement from my fellow choir members, my voice improved."
-**Yaldah Sultan**, '11

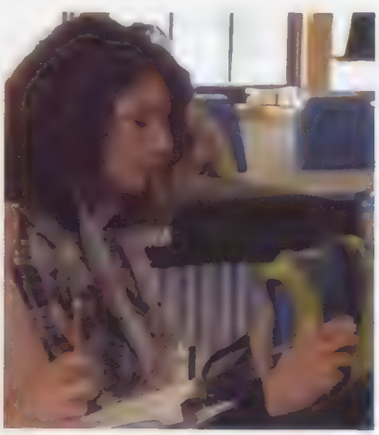


Harmonizing Hornets

Choir

Choir is both an opportunity for singers to express themselves in song as well as to bond with fellow students. The choir members enjoy performing on stage and practicing their vocals daily. At AHS, students sing in unison and on pitch thanks to their regular practice schedule. They show their skills to the student body in many performances including homecoming and the winter musical assembly. "Many choir participants also want to pursue a career in singing and choir offers professional preparation. Being in choir helps me improve my singing and meet many new people. Mr. Randall is a great teacher and has improved my singing skills," affirms **Dayjame Levington**, '13.

Katherine Wantanabe, '12, is returning for her third year of choir. "There are many new members joining Choir this year and she will be returning next year," **Wantanabe** states.



Newcomer **Sarah Nunn**, '14 discovered that choir is her favorite class. This year, **Nunn** improved her vocals and made several new friendships.

What is your favorite part about computer class?

[redacted]

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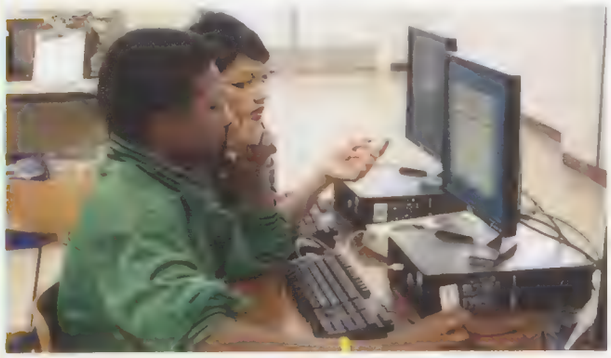
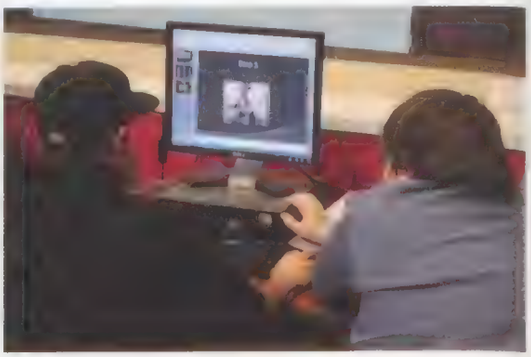
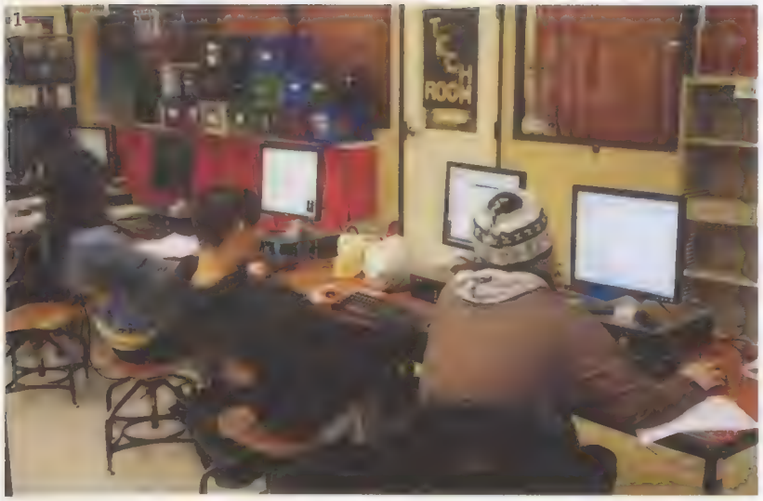
Aumen Holliday, '13, and **Anh Nguyen**, '13, are working together on a Microsoft Word document. **Holliday** especially enjoys the class. "It makes it easier to work on the computer and I learned how to modify documents."

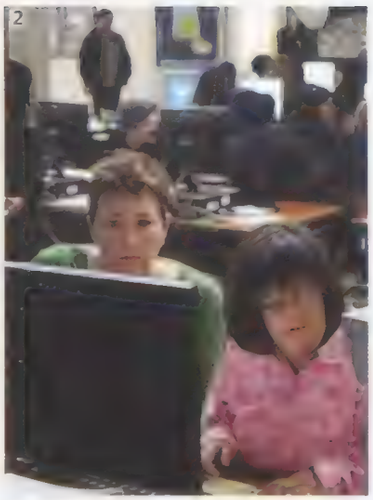


Avery Figari, '13, and **Ryan Flynn**, '14, are working on an instructional PowerPoint that they will later present to the class. PowerPoints are a major part of Computer class and students are taught how to create them efficiently and creatively.

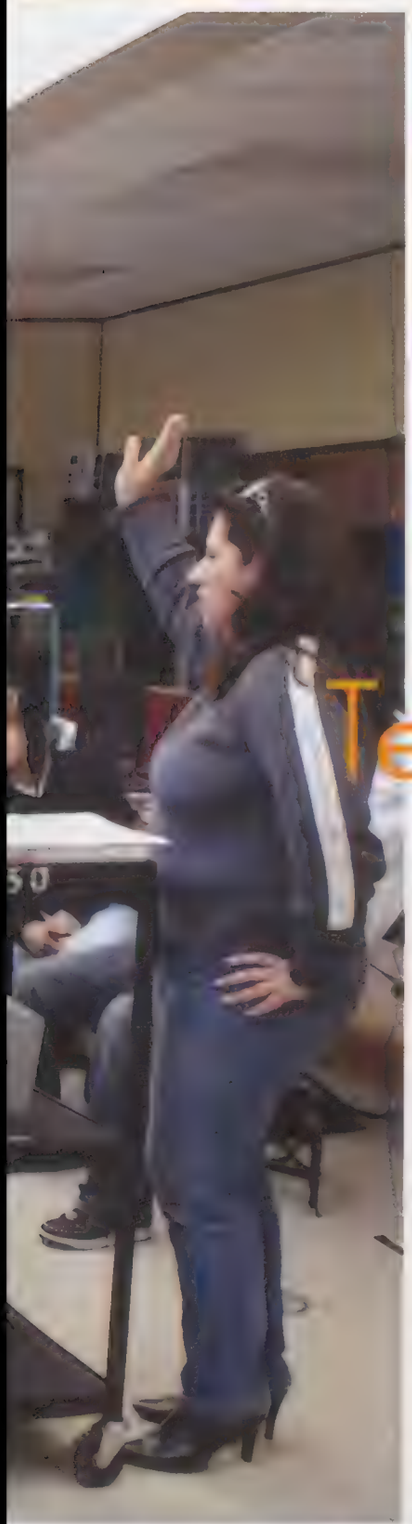


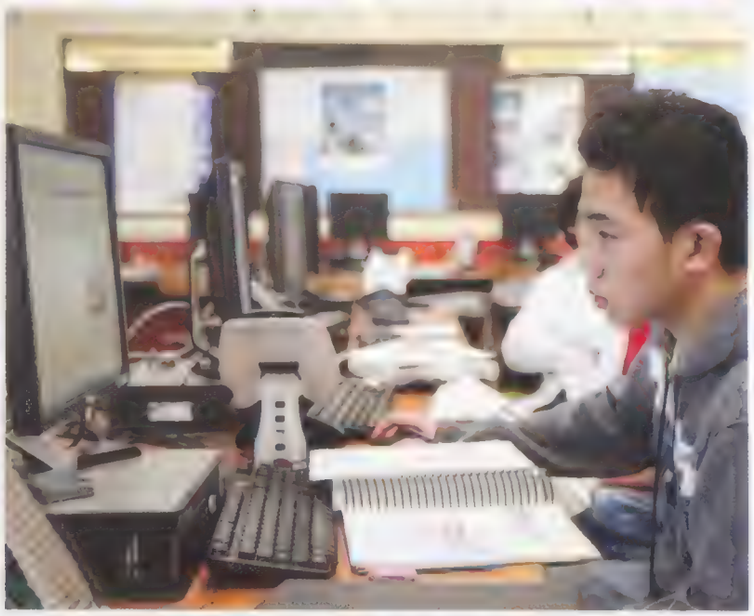
Ms. Lopez goes over classroom guidelines with her new students. Since Computers is a semester class, she must teach her students the school rules about using the computers appropriately twice a year. Her class generally starts off with a lecture on applications and then the studen ts are given time to try it out on their own.





1) **Nathaniel Northen**, '12, **Thomas Wei**, '13, and **Nayoung Chang**, '13, are doing final checks on their documents to ensure that they are free of errors. Students are taught to use keyboard shortcuts to make revising documents a smoother process.
2) **Janet Acquistapace**, the aide for Mr.Bunker, helps guide **Maddy Pearce**, '13, on the computer, working on her reading and writing skills as well as her typing.





Phuong Huynh, '12, is working on one of the various projects in the class. **Huynh** is normally on the computer quite frequently and enjoys learning how they work. He likes using Microsoft Office and his favorite project so far was creating a PowerPoint about his fellow classmates.

Technically Savvy

Computer Class

Computer class teaches students about marketing skills and helps them develop job skills. Ms. Lopez teaches her students technology standards that are required for jobs today. Also, students learn how to troubleshoot their own computers so they can fix them instead of relying on computer technicians. IC3, a certification program that is designed to teach the digital literacy skills associated with basic computer and Internet use is taught to all students. The class is designed to allow students to rely on themselves to solve their problems which is vital in the modern day. All the computers in the lab are maintained meticulously by Ms. Lopez and she emphasizes the importance of all students following the required school computer rules.

Summer Thibodeaux, '11, and **Joey Colton**, '11, are both Tech aides during fourth period. **Thibodeaux** and **Colton** enjoy working together and helping Ms. Lopez's students when they are lost. Their duties also include helping other teachers with their technological problems.

Frank Muzio, Jose Madrid & Kristina Obenauf

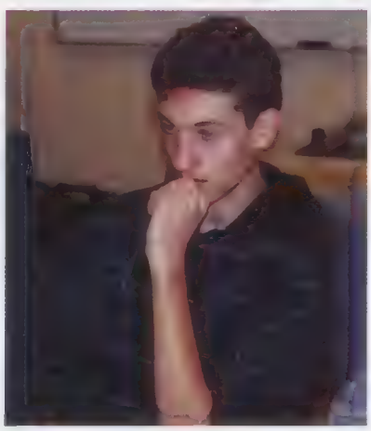
Jessica Cavalli, '14

What is your favorite thing about art?

"My favorite thing we have done so far is when we take a magazine strip of scenery put it in the middle of the paper, and draw the rest using our imagination. Art relaxes me and gives me a break from school. It lets me express myself without words. Sometimes I sit by the lagoon and draw while listening to my iPod. I want to be an architect when I am older and I plan to take art throughout high school and into college."

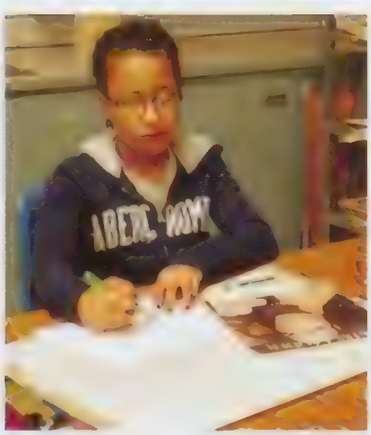
Angelica Ambrosini, '12, and **Isabella Lino**, '12, both work on different designs to put on this years playbill for "Urinetown." In multimedia art, there are students that learn a variety of technological skills. "I really enjoyed learning how to use Photoshop because I always thought it was a hard program to use and now that I understand it, I absolutely love the program. It is amazing," explains **Joann Catungal**, '14.

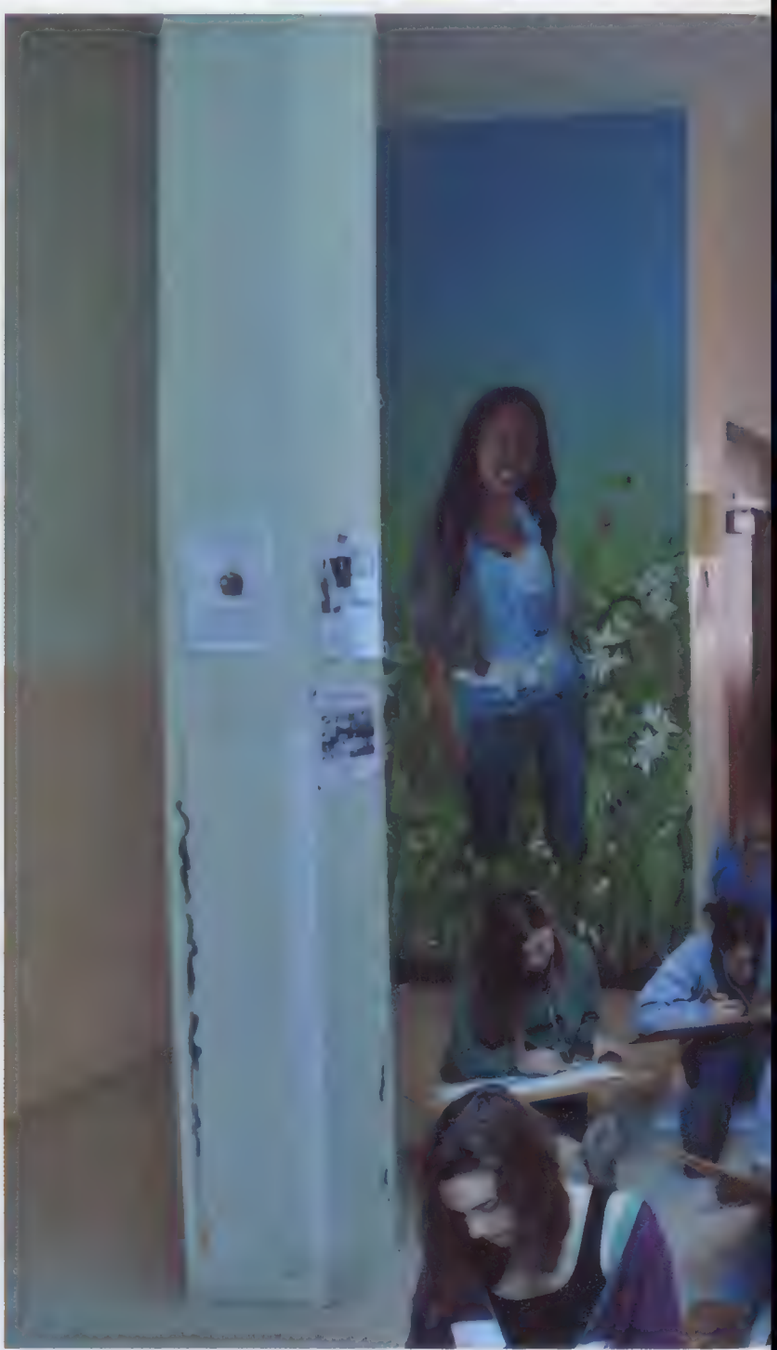
Alex Elsibai, '13, diligently works on a design he is drawing up for Multi-Media Art." I love Multimedia Art, its a great class to learn about computer skills and computer programs," says **Elsibai**.



Michael McMillan, '12, concentrates hard to focus on his drawing. "Art brings out the character in me and it's fun to see how good I actually am," says **McMillan.**

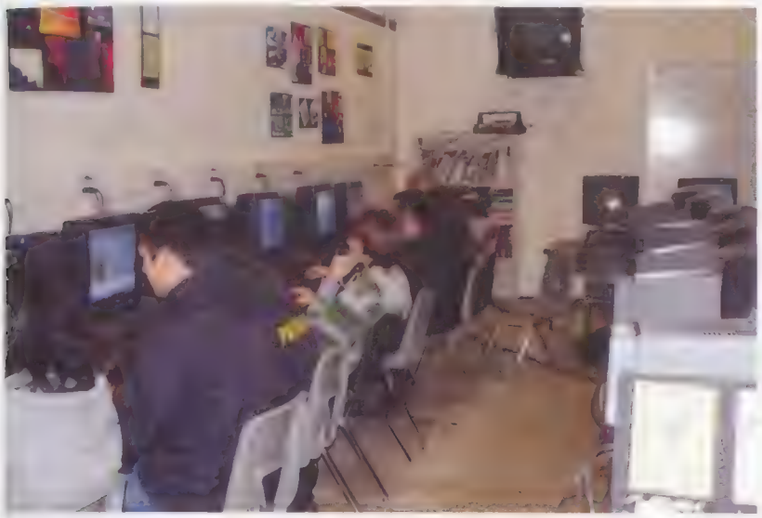
Blair Austin, '12, takes his time while drawing so that he does not make a mistake. "I love listening to music because it brings out the best in me. I concentrate hard on my drawings when I'm in the zone," says **Austin**.



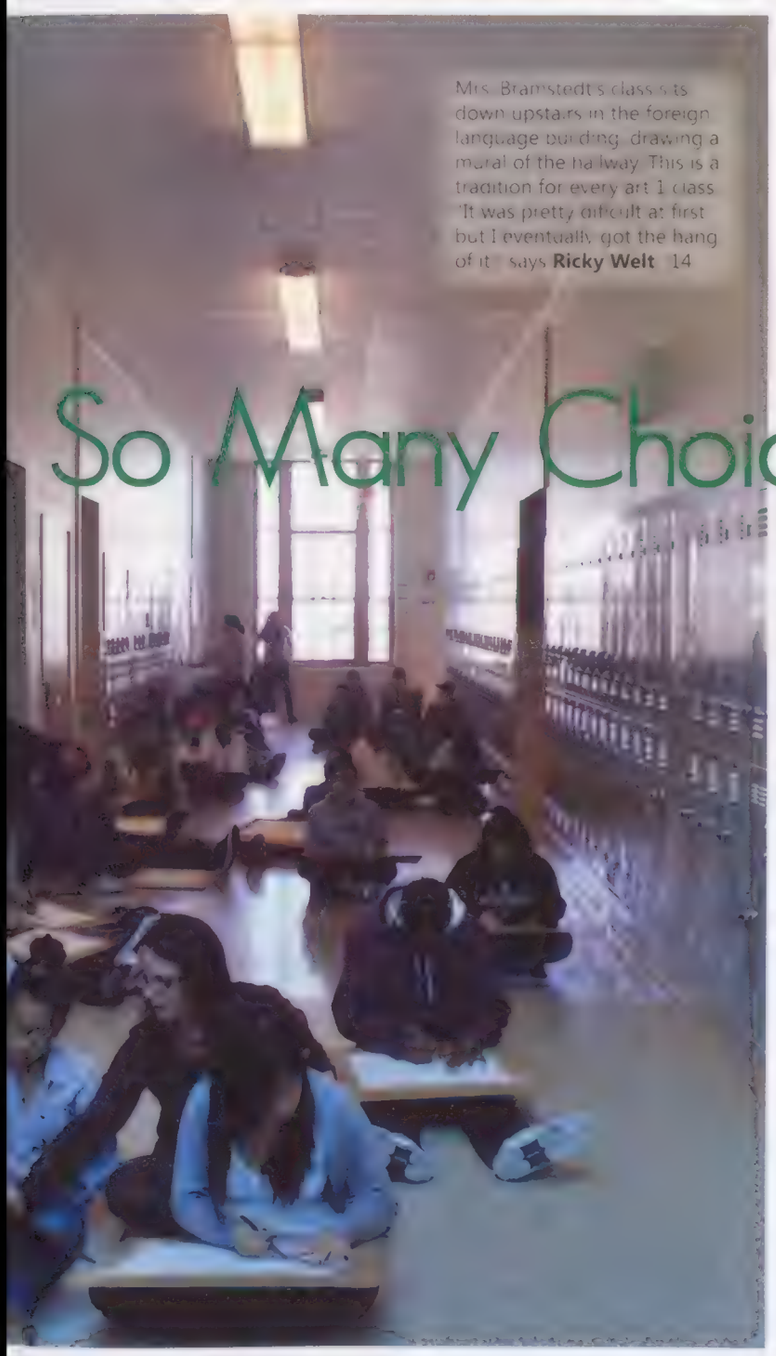


Electives by Kevin Kinney and Katie Allan

Harshal Patanker, '14, and other students in multimedia art class work on designing hornets. "I like this class because it incorporates art with working on the computer so you can be creative and do a lot of different things. It has really helped me because I learned how to use special programs. I am very happy that I signed up for this class, especially since we get to listen to are iPods while we work," says **Patanker**



Thomas Rall, '14, takes his time trying not to make a mistake. Dedication and determination is key when making a perfect drawing. "Drawing portraits can be challenging. This is my first year in art and I like it a lot. I look forward to drawing and creating other projects throughout the year."



Mrs. Bramstedt's class is in down upstairs in the foreign language building drawing a mural of the hallway. This is a tradition for every art 1 class. "It was pretty difficult at first but I eventually got the hang of it," says **Ricky Welt** '14

Kon Hang Lam, '12, does work on the computer as an aid in the library. "I like being an aid for Ms. Romer and the library staff because I enjoy working in there and reading It is perfect," says **Lam**. Library Aid's work in the media center filing papers, putting away books and doing work on the computer.

So Many Choices, So Little Time

Electives

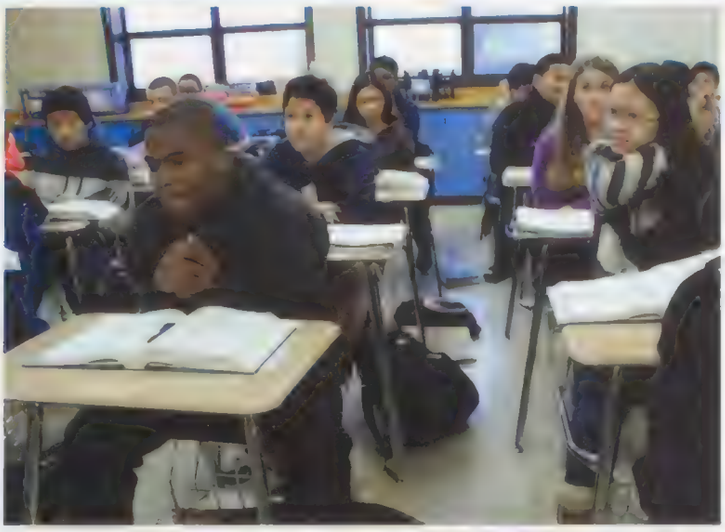
There are many things students may not know about Multimedia Art. Yes it is a class that has to do with a lot of software and computers, but sometimes students learn the industry standards and if they're interested they may move on to the graphics field. They might end up advertising, doing graphic designs or animation. Also students design the school's agenda, menu designs for restaurants, and outside work such as designing logos for the community. Every year gets easier for me to teach this subject. As technology improves students are becoming more and more familiar with it that they don't really need my guidance with it. It's just not a problem anymore," says Ms. Szeto.

Dustin Ho, Duncan McAdams & Ludovica Antonini

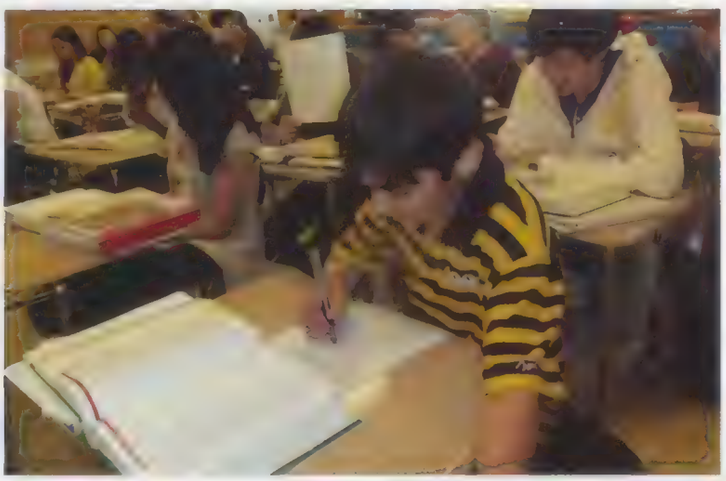
What is your most memorable moment from english?

"Mr. Martin makes class more enjoyable. He makes us laugh all the time. I can't wait for fourth period!"
-**Leaka Vaysberg** '14

"Ms. Barany's class is really fun and we do a lot of writing. Usually we do writing assesments or we read in groups and discuss the current book."
-**Colin Brady** '13



Darnel Rose,'14, takes interest in the discussion during Ms.Rudd's English 4th period class. "She likes it when her students have their books open to the right page, and I'm right in front," **Rose** explains.



Hasib Alocoz,'14, reads and analyzes an excerpt from the epic poem *The Odyssey* in his literature book.

Michael Bui and **Brandon Ramos,**'14, participate in a discussion about Homer's famous poem, *The Odyssey*. Freshman EXP English usually consists of reading many novels throughout the year. "Annotating is a big part of English class." **Bui** explains, "we never put down a book."
Ramos believes that his English class changes his perspective on in-class essays, oral discussions and vocabulary."

Ricky Blank, '11, quickly looks up before resuming his annotations and worksheet based on one of Shakespeare's famous plays, *Hamlet*.

English by Grace Friedman & Katie Allan

"Ms.Rudd is very interesting and I learn a lot about grammar and literature. I have a lot of friends in this class so I really enjoy coming."
-**Deja Johnson**, '14

"In Mr. Teixeria's EXP English class, we annotate daily in class and for homework. Currently we're reading *Great Expectations* by Charles Dickens and having to annotate is a big part of our grade."
-**Rachelle Carrier**, '14

Read Between the Lines

English

"English helps develop critical thinking skills that you need for everyday life. It's vital to have communication skills because whatever job you have, you'll need to use them to be successful," says Mr. Teixeira.
The English Department at AHS offers students the opportunity to develop their skills in reading, writing, speaking and listening. Students use synthesis and analysis to get a complete understanding of literature. English classes are divided into various levels including Regular, EXP, AP and Academy. Teachers create educational assignments to help students reach their full potential as writers, thinkers, and scholars. Students report that English classes at AHS prepare them to be well rounded communicators.

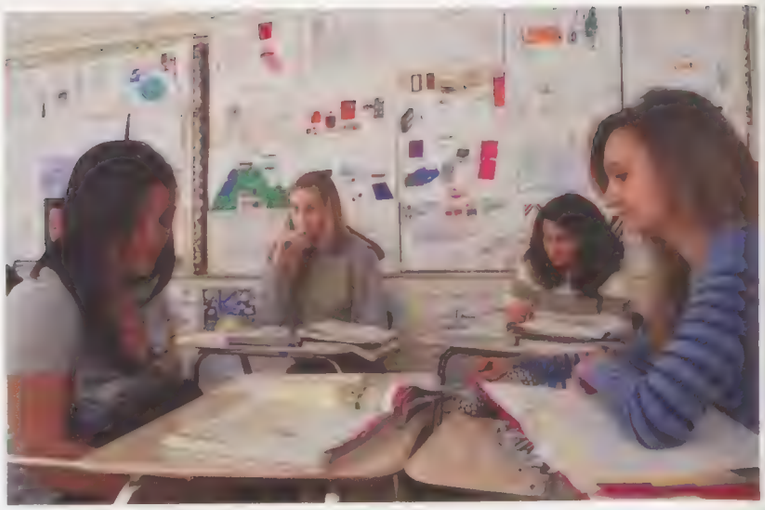
Emmett Kaake, Emerald Chan and Kaleigh Allen,'14, all listen to Mr. Martin as he gives an interesting speach about "Life as We Know It." **Kaake** raves about his English teacher and how much he enjoys coming into his class. "Unlike some other English classes, Martin goes at an easy pace. I don't mind sitting down and getting to work," **Kaake** explains.

Sara Bagahdi,'13, attentively sits and listens to Ms. Baranyi in her 4th period class. After a class discussion, they prepare to write in their journals about the current topic. "I love the class, even when we get too loud," **Bagahdi** says.

Ms. Piazza's students agree that her funny attitude and warm personality make her an amazing teacher.

Do you have any study tips for a foreign language student?

-Eli Nemzer, '11



Amelia Caps, **Holly Staten**, **Juliet Leonard**, and **Eleanna Vafeiadou**, '13 work together in a group to finish their task of classroom exercises. The girls are currently learning about french etiquette and manners. **Leonard** says, "Madame Labarre is a great teacher and working in small groups helps us learn more because everyone contributes to the assignment."

1) **Jeff Day**, **Josh Yuen**, **Jay Moody** and **Dave Zheng**, '11, started off with subtle singing, but escaladed into a dramatic soap opera. "It was a fun experience to perform with some of my friends on stage," says **Day**.
2) **Polly Fong**, '14, works intently on her french crossword puzzle of "Les Corps" meaning "The body." **Fong** says "Crosswords are fun because it's a good way of helping me remember vocabulary."
3) **Maddy Christ**, and **Derek Snediker**, '13, use their french book as resource to complete their worksheet. "French is a unique language, and one day I want to become fluent," says **Snediker**.

As a finale of the foreign language talent show, it is a tradition for the ending act to collaborate with the other performers. This brings all of the students together to impress the audience one last time.

Kelsey McKeon, **Danny Radding**, **Megan Yee**, **Corey Ching**, **Frankie Willcox**, and **Boyang Gai**, '12, form a Salsa group called "Tu Angelito." The group began with a skit and suddenly broke into an exotic Latin dance routine. The dancers' enthusiasm encouraged the crowd to cheer and sing along.

Students walk around the classroom to gather materials and equipment to do a class project. "It's fun because we create a lot of posters that express Spanish culture. I like coloring especially because it reminds me of my childhood," says **Alex Wilson Leech**, '13.

More Than Words

Foreign Language

Learning a foreign language gives students the opportunity to communicate with people from around the world. Hornets are privileged to have the chance to becoming fluent in other languages. "The best age to learn a foreign language is actually right at the beginning of Middle School because the development of the brain makes it possible to absorb new knowledge more quickly than usual," says French teacher Ms. Candace Gutleben. "French is not the easiest class but it's interesting to learn new words and phrases. I can use my knowledge of the language if I ever travel to Europe or I meet a foreigner," says **Weston Tolbert**, '13. AHS offers classes in Spanish and French from level one through five AP.

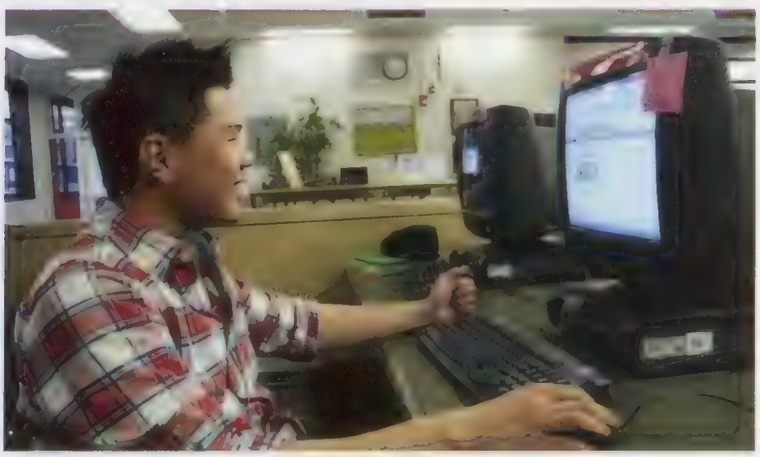
Isabel Tager, '13, began her performance with singing the song "Je Suis Ma Meuiller Copain." **Tager** surprised the audience with juggling and dancing.

Erica Ho, Corea Fornes & Nick Chen

Angel DeSousa, '13

What is your favorite part about your history class?

"I really enjoy history class because of Mr. Gross. He uses different teaching techniques like incorporating activities outside of the textbook. Some days he likes to start class off by playing a song on his guitar and by the last verse the whole class is singing along. It is his teaching methods that help develop a more relaxed atmosphere in the classroom. In addition, Mr. Gross likes to reward his students for the hardwork they put in. On Fridays we watch movies about what we are currently studying and sometimes he'll walk around with treats while we are taking a test. Lastly, my favorite thing is when we do current events. This is a time at the beginning of class when Mr. Gross lets us have open dicussions about world events."

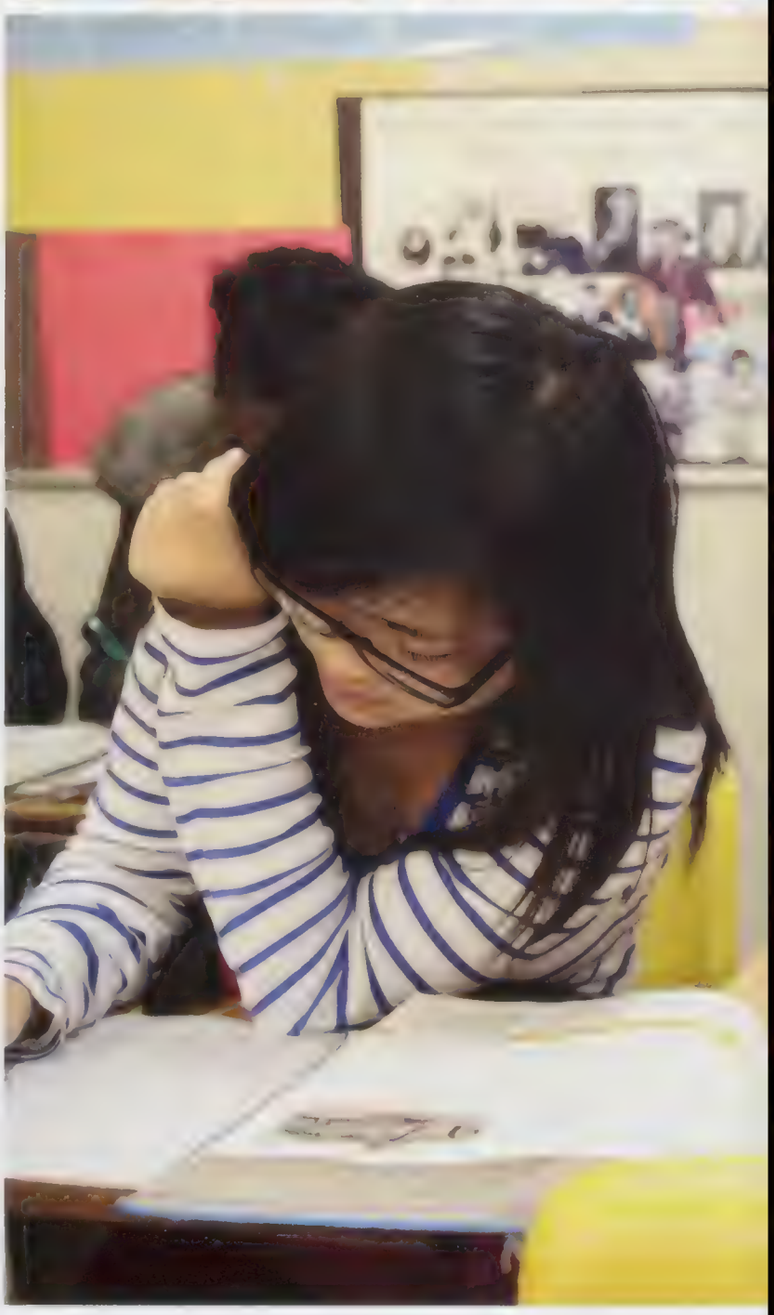


1) **Marvin Chen**, '13, patiently waits for his internet browser to start up while in Mr. O'Malley's Modern World History class. "Right now in class our assignment is to create a brochure or newspaper set in the 1800'S. It's cool because it gives me a chance to use my computer and design skills. Even though the computers can be slow, I'm really glad we have them at all. **Chen** prefers history over English because learning about the past, present, and future fascinates him.

2) Modern World History student, **Marlena Tatman**, '13, works diligently on an assignment of coloring Queen Elizabeth I. **Tatman** likes the different activities in class because through music, films, and coloring, she finds learning more exciting and enjoyable.

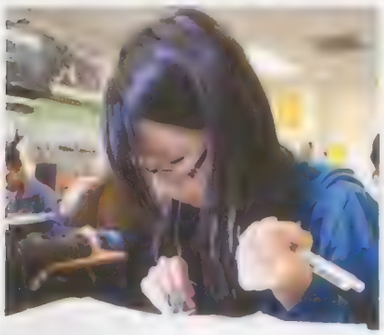
Francine Kolokihakaufisi Gross, '11, quietly takes notes during an in class debate in government class. **Kolokihakaufisi Gross** does not mind taking notes because at the end of the day she can look back and review important topics covered for upcoming tests

Sandy Wu, '12, takes a minute to read a passage in her U.S. History book before taking notes. Currently the class is studying the beginning of World War I. Taking notes is a helpful way to remember key dates and names of important rulers

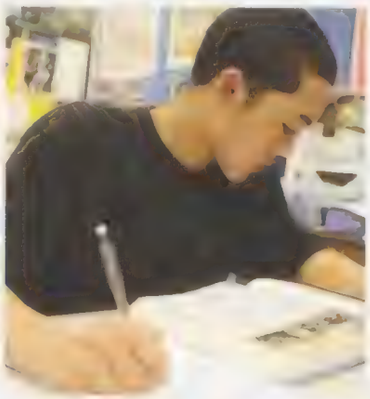


History by Erica Borowski & Andrea Myovich

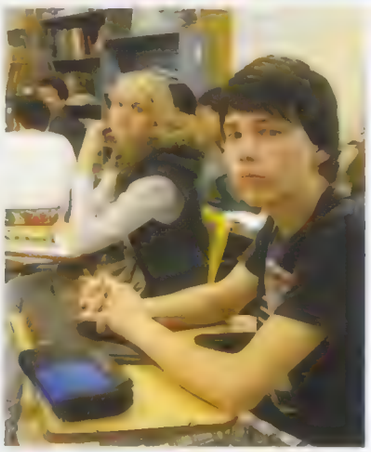
Carefully checking her work, **Stephanie Lam**, '12, learns about different empires in the late 1800's. History is one of her favorite subjects in school because it applies to everyone in the world and there is so much to discover. Having the class with several friends makes the learning environment more fun. **Lam** especially likes learning about the Renaissance, the age of rebirth.



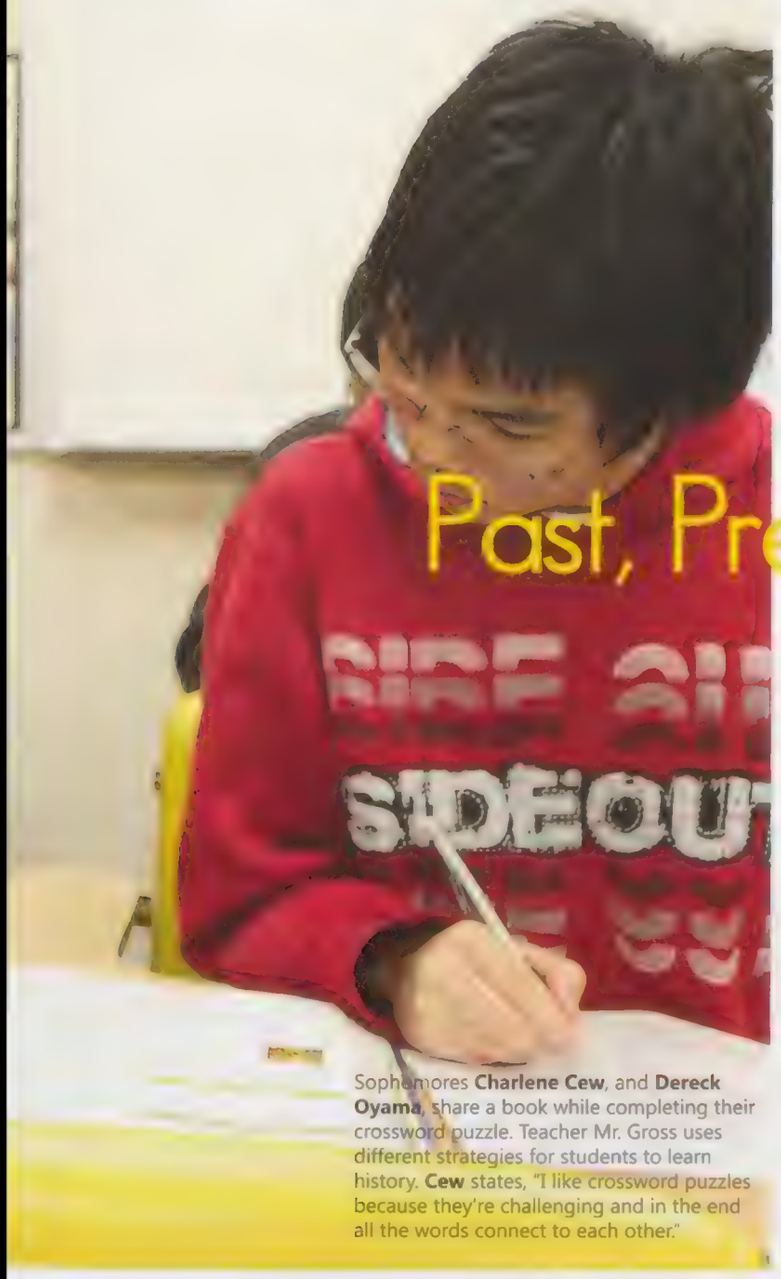
Justin Huergas, '13, works diligently to complete an in-class assignment focusing on the Renaissance Era **Huergas** enjoys being a part of Mr Gross' History class because the students are rewarded for all their hard work. **Huergas** comments, "I really like the days when Mr. Gross starts off class by playing a song on his guitar and when he lets us listen to classical music on his record player while we work."



Mr. Manno walks in between the lines for the boys and girls doing his rigorous inspection on Puritan Day. On this day, the AP United States History classes all experience what life was like back in the puritan days where the tolerance level is extremely low and Mr. Manno does a good job every year showing just that.



Foreign Exchange students, **Kira Meyer** and **Lorenz Rosenau**, '12, listen attentively to the lecture in Mr Ramirez's U.S. history class. Meyer comments: "So far, I have loved my experience at Alameda High. The people are really friendly and the classes are also nice, I especially like history because it is focusing on the same material we learned at my school back home in Germany."



Sophomores **Charlene Cew**, and **Dereck Oyama**, share a book while completing their crossword puzzle. Teacher Mr. Gross uses different strategies for students to learn history. **Cew** states, "I like crossword puzzles because they're challenging and in the end all the words connect to each other."

Past, Present, and Future

History

The history department gives students the chance to gain exposure to past and current events. Each year, students view documentaries, construct projects, and assemble maps centering around information about the past. Mock Congress give students the opportunity to focus on current issues, and learn about U.S. politics. The students form two groups, the House of Representatives and the Senate, which evaluate bills with topics about the environment, our economy, and modern technology. U.S. History teacher Mr. Gross comments, "The problems and issues we faced in the past are not too different from the ones we face today."

Doug Hebel, Jack Walmen, Tessa Russel-Harde

What is the best part about journalism?

"I enjoy interviewing people. It gives me the chance to get to know them a little better."
-**Randy Chanine** , '11

"I love the freedom of writing. It really helps me express myself. The class has many unique writers."
-**Katie Mandell**, '12

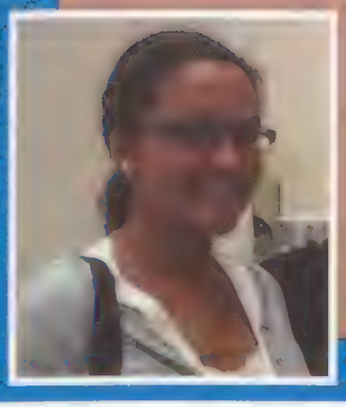
The students in Journalism often discuss in small groups about new story ideas. They try to think of new, original, and fun ideas so that the newspaper has a plethora of stories that students can read about.

There are many people involved in Journalism this year. With over 30 students, the newspaper brings a variety of stories to the students of AHS. Ms. Gregor is very organized when it comes to the school newspaper because she wants to present a spectacular newspaper that the students and faculty can enjoy. "I enjoy teaching Journalism because it attracts kids who are very curious and interested in helping out their community. I truly love working with all the kids. They're a lot of fun to be around," says Ms. Gregor.

Jasmine Ng, '11, looks over **Alexandra Peto**, '11. **Ng** is one of the photo editors of *The Oak Leaf* so it is her responsibility to make sure that pictures are provided for all of the stories. The pictures attract the readers' attention so they are very important.

Marissa Harris, '11, corrects and formats *The Oak Leaf* during class on a computer program.

Kaitlin Elkins, '13, and **Monica Lee**, '13, listen attentively to Ms. Gregor for instructions.



"My favorite thing about Journalism is Ms. Gregor. She is super nice and always supportive."
-**Marissa Harris**, '11

"I think that it is very important to keep the student body informed about what's going on around campus."
-**Eli Nemzer**, '11

Hot Off the Press

Journalism

Journalism produces *The Oak Leaf*, the school newspaper that is distributed every month. The paper lets students know about upcoming events and covers current events. The teacher, Mrs. Gregor, keeps the writers focused on assignments so readers get full coverage of affairs. *The Oak Leaf* includes sections like News, Opinion, Features, Buzz, and Sports. These sections keep the paper diverse and interesting to read. "Something everyone may not know about Journalism is that we have to do a 'paste-up', which is when we have to make the layout of the paper, and put everything in its proper place. It's a very long and tedious process, but after that, the paper is done and it's a great accomplishment because we were able to make all of our tight deadlines," asserts editor in chief, **Alicia Fong**, '11.

Editor in chief, **Alicia Fong**, '11, and **Monica Lim**, '11 are proud of the latest issue of *The Oak Leaf*. After making every deadline and dealing with many last minute decisions, they are proud that they were able to meet their final deadline. **Lim** says, "I think it's important to keep people updated, as well as to express opinions and ideas to students."

Journalists of *The Oak Leaf* take a break to smile for the camera while working on their articles.

A majority of the time in Journalism class is spent in the computer lab to type up and edit stories.

Shuki Chan, Lori Nguyen & Brittany Platt

If you could describe your leadership class with one word, what would it be?

[redacted]

Winnie Chen, 12

[redacted]

Joe Rank, 11

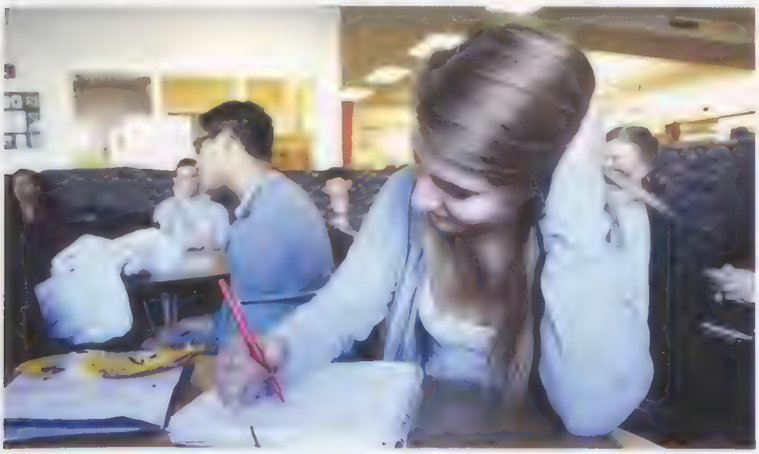
[redacted]

[redacted]

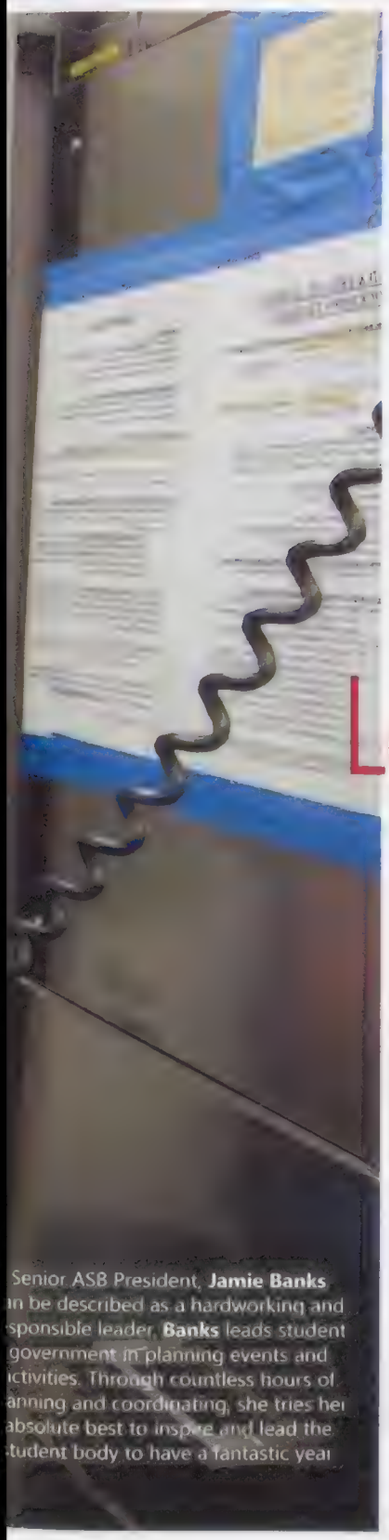
Leadership students, **Michelle Jacobson**, **Alexa Tom**, **Liana David**, **Danielle Oshiro** and **MaryKim Hoang**, 11, show their customized powder-puff jerseys. The five girls agree that having leadership together definitely bonds people over time. "We are wearing red to show our senior pride," says **Tom**. Not only are the girls classmates and friends, but teammates as well.

Supporting the Junior class section of the homecoming assembly, **Kiet Tran** 12, calmly holds a "CHEER" sign to stir up the crowd. This is Tran's first year in leadership and he enjoys the class. "I wish I joined leadership sooner. Although it is a lot of hard work, it pays off in the end because our efforts benefit the students and AHS. I hope people appreciate everything leadership has put forth this year. Despite the budget cuts, we still try to make events enjoyable for everyone," explains **Tran**.

Kathryn Alexander, '12, diligently takes notes during the weekly leadership meetings held in the pit. "It helps me to take notes because when main events come up, I can review my notes and ideas. The meetings bring all our thoughts and ideas together and gives us an opportunity to learn about each other's job duties," explains **Alexander**.



New to leadership this year, **Maria Sazo,** '14, finds her weekly tasks to be quite rewarding. "I have a good time taking out the recycling and sorting through the CRV bins because I know it helps the environment," says **Sazo**.



Senior ASB President, **Jamie Banks** an be described as a hardworking and sponsible leader. **Banks** leads student government in planning events and ctivities. Through countless hours of anning and coordinating, she tries her absolute best to inspire and lead the tudent body to have a fantastic year.

"Leadership can be stressful at times, but then I look back on the events and I remember how much fun I had helping out," says **Kaitlyn Crooker**, '13. Keeping a watchful eye on the crowd during the homecoming assembly, **Crooker** laughs at the class relay race. It is very important to make sure the students do not get too out of control and rowdy. Attending the assembly is a privilege, and leadership members have a responsibility to make sure the event runs smoothly.

Leading the Way

Leadership

Important aspects of volunteering include setting good examples and being a positive influence towards others. At AHS, the leadership team is made up of highly responsible and hardworking students. Even before the year begins, the team is constantly busy. During orientation, leadership members distribute books and schedules to the entire student body. Throughout the year there are a great deal of fund-raisers and events put on solely by leadership. Prom, spirit weeks, Back to School Night, Food Faire, and class bake sales are only a few of the functions organized by leadership. Without all of the tremendous effort from the leadership team, AHS would not have nearly as much spirit.

Victor Tran, '11, **Megan Averitt**, '11 **Caroline Sherratt**, '12, **Drew Jones**, '12, and **Sam Kuttner,** '13, gain muscles during orientation by distributing books to the entire student body. While students wait in a long and tedious line, the leadership members frantically race around in the book room to quickly give out the correct books to students. "Students get impatient and somewhat rude, but we just try our best!" exclaims **Averitt**.

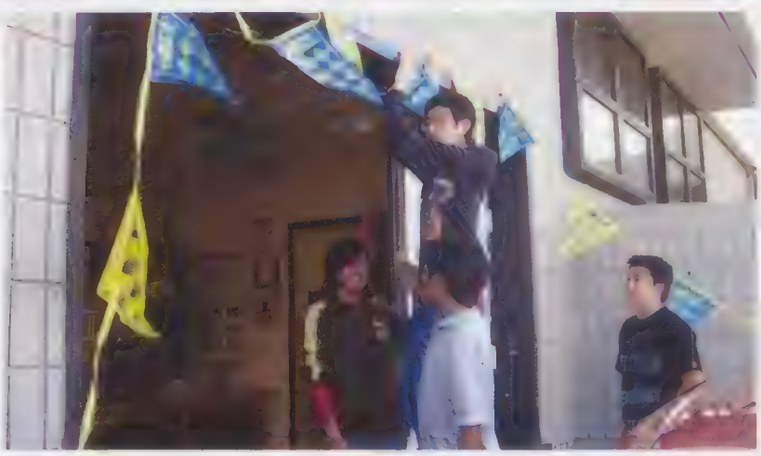
Andrew Choi, Reyna Buzon & Andie Nguyen

Becky Moon, '11

How has DECA been thus far for you?

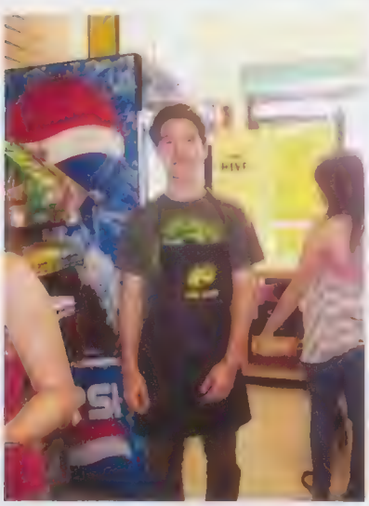
"I have been in Marketing for the past year. We operate the Hive and I like it because you can be directly involved in marketing through selling stuff."

Sally Sanchez, '11, **Jenny Liang**, '11 **Joyce Cheung**, '11 **Thao Le**. '11 **Mark Gotuaco**, '12, **Corey Ching**, '12, **Justin Saco**, 12', **Chris Padilla**, '11 and **Andrew Courtland**, '12 pose for a picture during DECA's Nor-Cal State conference where they compete with each other and gain leadership and buisness experience. Liang believes remarked, "Deca's Nor-Cal conference has prepared me to become an emerging leader of the future. Meeting judges, advisors, state officers, and other DECA members has really helped me expand my network, which is DECA's theme this year. I feel much more confident and motivated to enter the exciting and competitive world of business after my experience from DECA."



Jimmy Song, '11, **Kevin Wang**, '11, **Chris Padilla**, '11, and **Justin Saco**, '12, gather around and contribute to the decoration of the entryway to the Hive. Some probems arise due to the blue tape's adhesive not sticking to the brick. However, after trial and error, they finally got it done.

Queenie Ng, '11, gets very enthusiastic about selling cookies for Back-to-School Night that will raise funds for Go-Fight-Win, a cause directed at raising funds for breast cancer research. This is **Ng**'s,first year in DECA and she really enjoys the class and how relaxing it is but she is learning at the same time.



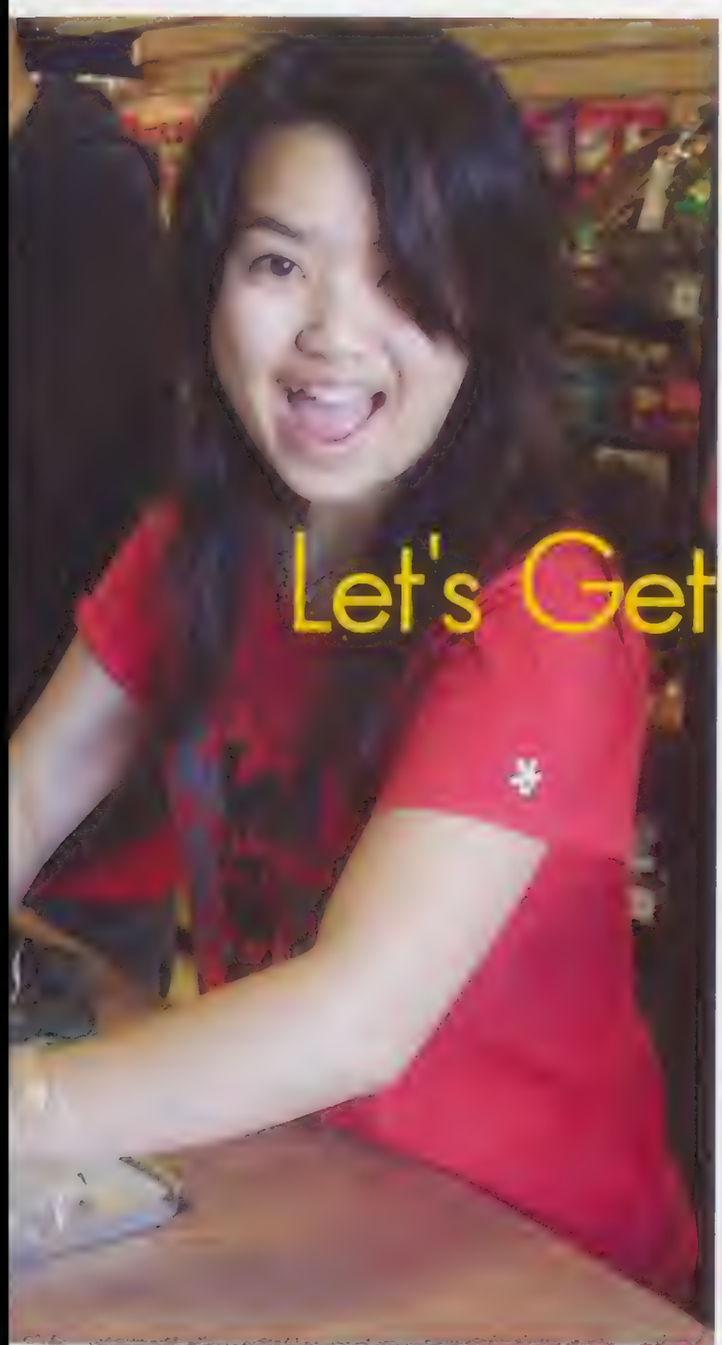
Amir Razavi, '12, believes that marketing has a opened a door for him in the entrepreneurship world as this is just the first step in his business administration career. Here he puts on his business face.

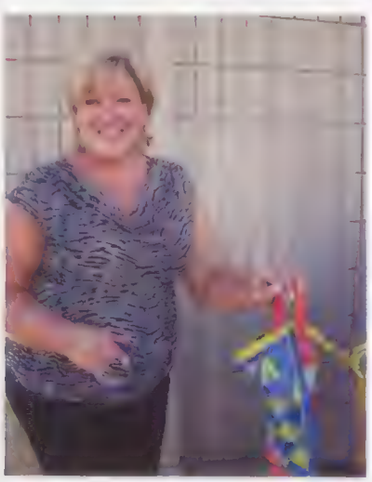
Quan Wu, '11, thinks it's "No big deal" to work in the Hive. One day, **Wu** hopes to own her own business. She'll be her own Queen Bee and have all her little hornet "minions" serving her and her colony.

Kevin Wang, '11, takes out the pre sorted cookie batter and sets them on the pan. Afterwards, the cookies go into the oven and are baked and sold to the hungry parents and students during Back-to-School Night.

Seniors **Sally Sanchez**, **Chris Padilla**, **Anthony Ko**, and **Jenny Liang** set up a table in front of the Alameda Theater and ask for donations to raise funds for breast cancer, and spread awareness after school. "I feel really good while raising money because I felt like I was getting involved in the community and I was making a difference and helping, says **Sanchez.**

Kenneth Ko, '14, enjoys DECA events such as selling cookies during Back-to-School Night. **Ko** joined DECA because his older brother told him that it was a good way to start being involved in marketing.





Marketing Class does a lot of fund raising to make money for their DECA Club to help send their club members to special conferences. The cookies are just one of the specialty foods that the club has to offer

Let's Get Down to Business

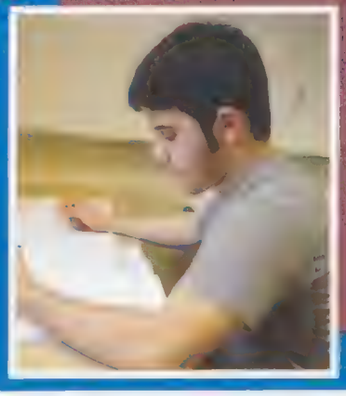
Marketing

Marketing offers students the vital skills that are needed today. Some of those skills include learning about handling money or hosting conferences effectively. The marketing students learn business skills that can be easily applied to any job that they encounter. The students have to operate the Hive, where they sell a variety of snacks and drinks that the student body can purchase. The marketing students sell the items and keep an inventory of all the supplies they currently have and they deduct the costs of all the items and see whether or not they are making a profit. The students also attend two conferences where they represent the school and debate about a variety of topics.

Emma Sriet, Victoria Tsang & Mickeve

What do you enjoy about math?

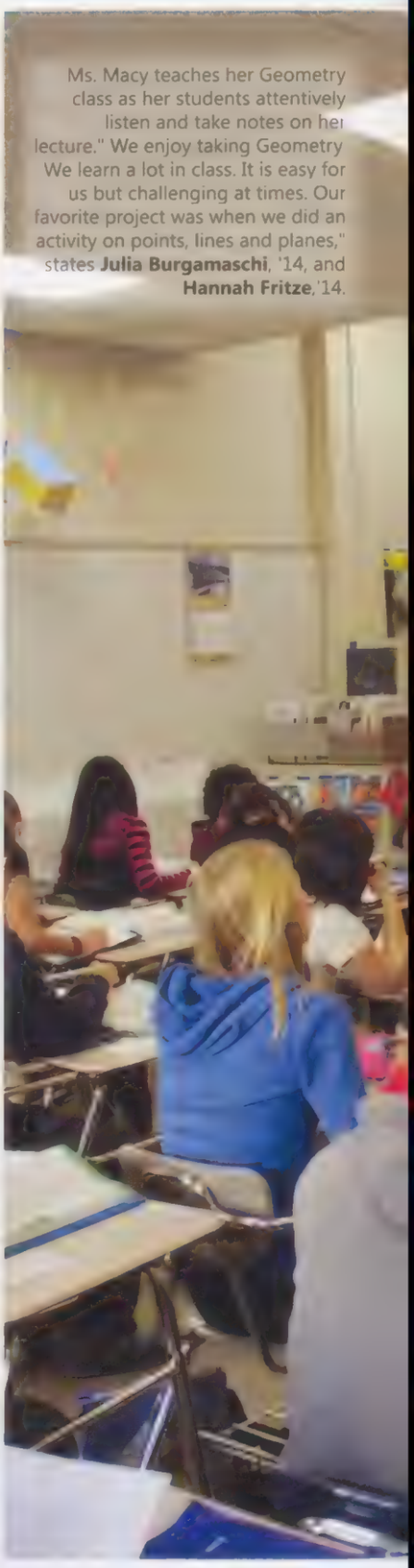
"I'm in HP Pre-Cal, and I like my teacher Mr. Lamb. He makes math fun and easy."
-**Derek Snediker**, '12



"Math can be applied to a lot of different facets in life."
-**Declan Shener**, '12

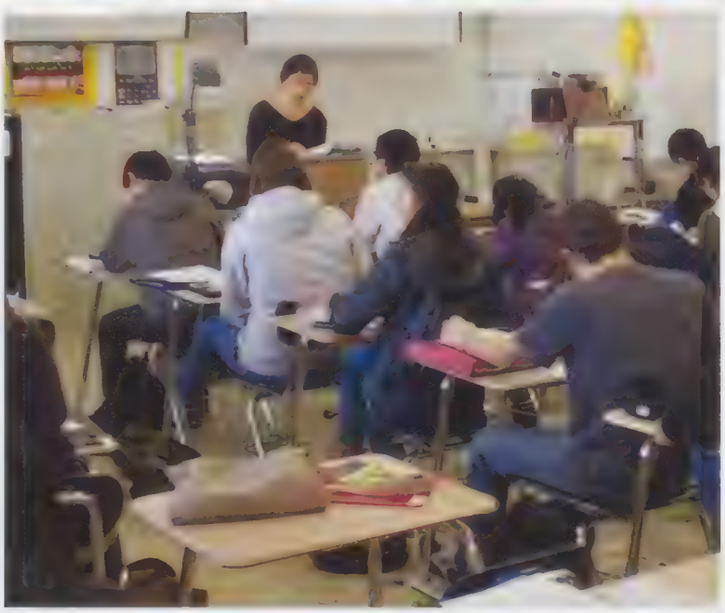
Brittney McGovern, '14, is taking Algebra 1 this year. She enjoys taking the class because many of her friends are in it with her. Her favorite thing she learned this year was about polynomials. "I like my teacher and her teaching style helps me understand math better," **McGovern** states.

Ms. Macy teaches her Geometry class as her students attentively listen and take notes on her lecture." We enjoy taking Geometry We learn a lot in class. It is easy for us but challenging at times. Our favorite project was when we did an activity on points, lines and planes," states **Julia Burgamaschi**, '14, and **Hannah Fritze**,'14.

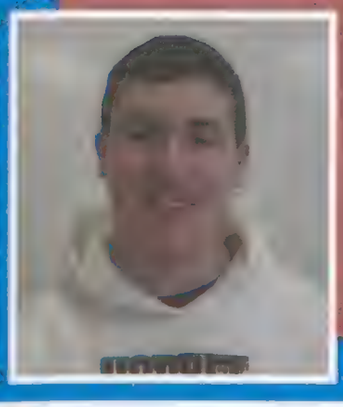


Mr. Byon has been teaching math at AHS for five years. He likes teaching math and enjoys helping students understand it. Mr. Byon enjoys teaching Geometry over other variations of math because it is simple and it makes sense.

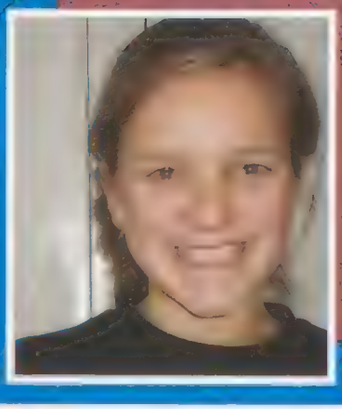
Ms. Quan has been teaching for over 40 years. She enjoys teaching AP Statistics because of the students and the practicality of the subject. "Statistics has so many applications and knowledge that you learn that affects one's view on the world. I enjoy seeing my students gain confidence in learning and understanding math. Teenagers are both humorous and engaging. My favorite part about teaching is seeing my students become successful in life," states Quan.



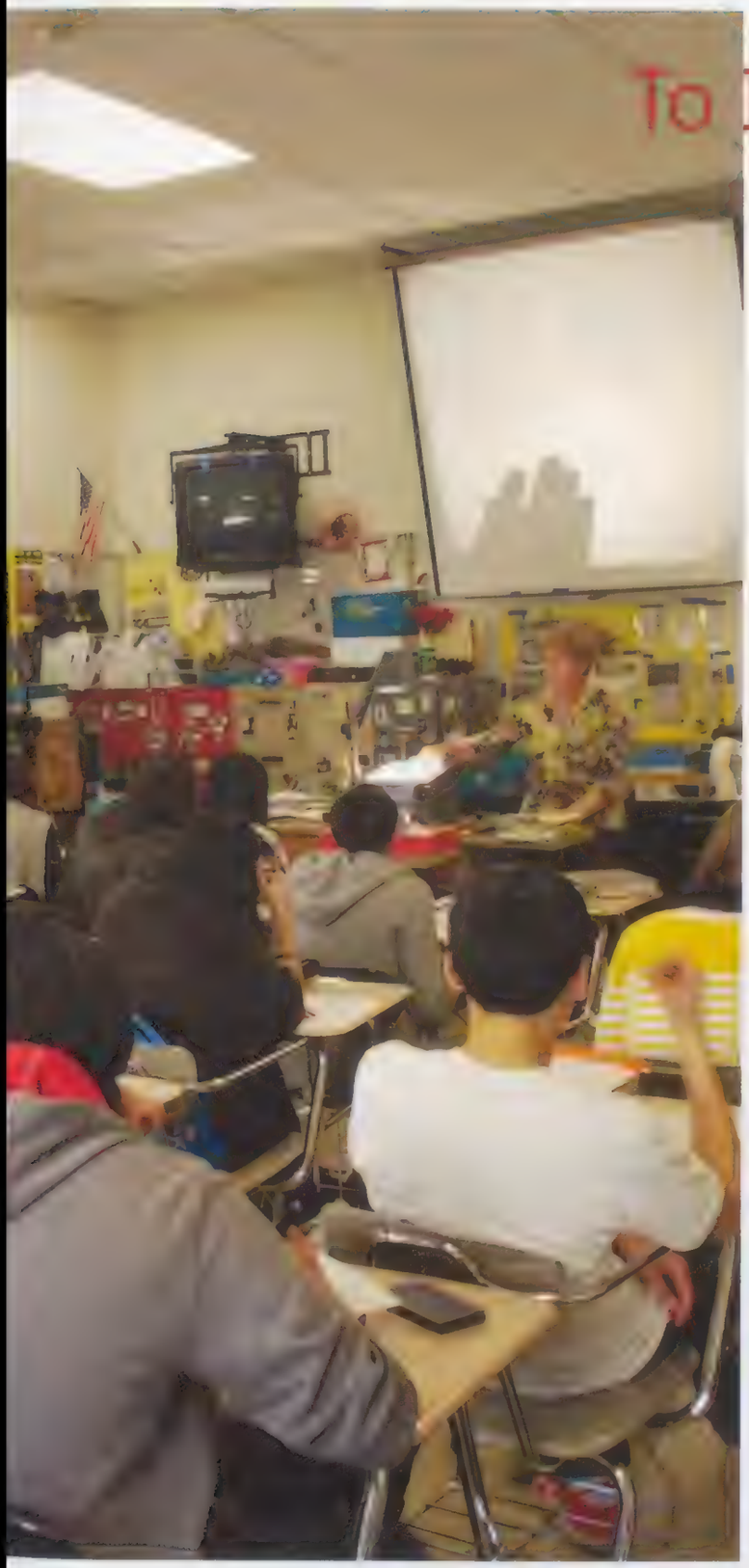
Math by Kezzi Kinney & Kristen Rinck



"I take two math classes, AP Statistics, and AP Calculus BC. I took the classes because I like a good challenge."
-**John Ruck**, '11



"Math is one of my favorite subjects. My teacher is nice and gave us brownies when we got 100% on a test."
-**Rachel Menedez**, '14



To Infinity and Beyond

Math

Math is a unique subject present in every aspect of a persons life. How scholars learn depends on which teacher they have and how effective are the teaching methods. Some teachers use visual aids while others lecture their students. The subjects available cover everything from Algebra to Statistics. Every math course offers a different learning experience. Although some students may not think it is helpful later in life, most jobs require them to understand different variations of math. Some types of math have a higher level of difficulty than others. "Math is not always the easiest subject for me but it is one of my favorite classes. The best part about math is that you learn something new everyday," states **Michelle Nip**, '14.

Wesley Gee, '13, diligently works on his assignment during his math class. "I am taking Algebra 2 this year. Some days I don't look forward to going to math but the class is fine when we learn something interesting. Next year, when I am a Junior, I plan to take Pre-calculus."

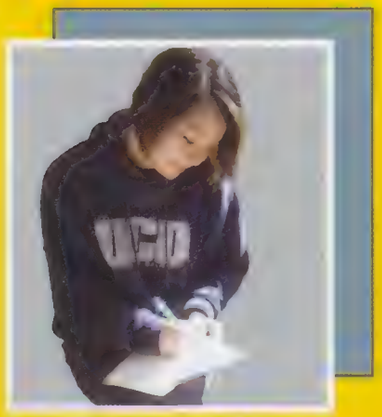
Students in Ms. Harriman's class watch as their teacher explains a complicated math problem. "I'm in Algebra 2 and I like this class. I have learned a lot this year and hope to learn even more next year," states **Rym Bendimerad**, '13.

Rachel Menendez, Katya Reep & Connie Chen

What are the benefits of being in Academy?

"The academy program is incredible. I love the culture. Also I like getting more involved in community."
Andrew Leung, '13

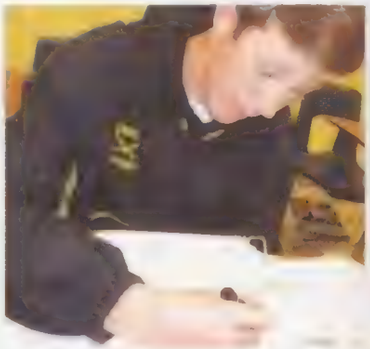
"The academy program is awesome. I really like the sense of community that it provides compared to other classes."
Tina Chiem, '13

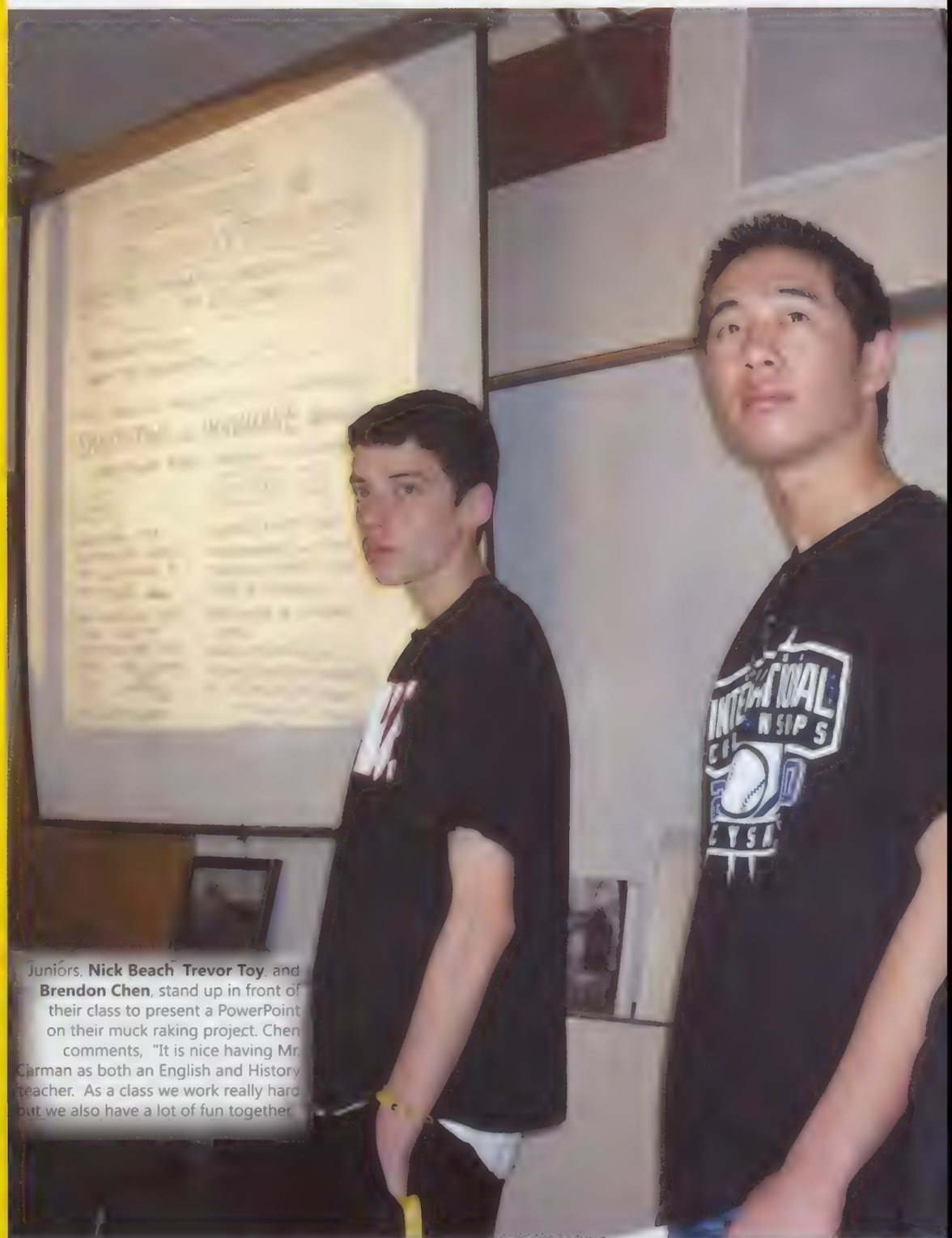


"Being a part of the academy program has helped me achieve my goals in school and prepare me for college. I enjoy the academy because..."
Kelly Tran, '13

Assiduously reading, **RJ Bagus**, '14, explains "This community really focuses on spending more time on projects. I signed up for this series of classes just to see what it was like but I think I am going to follow through with this class until Senior year."

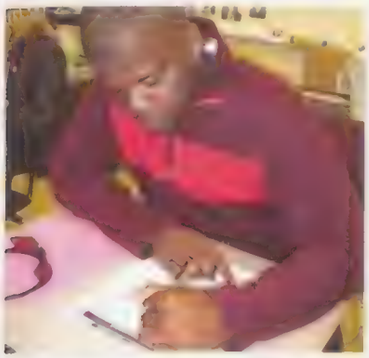
Jack Kelly, '12, works on a political cartoon about political machines and the Jim Crow Laws. "Drawing and sketching out what we learn in class helps me really grasp the idea and it's way better than taking notes."





Juniors, **Nick Beach**, **Trevor Toy**, and **Brendon Chen**, stand up in front of their class to present a PowerPoint on their muck raking project. Chen comments, "It is nice having Mr. Carman as both an English and History teacher. As a class we work really hard but we also have a lot of fun together."

Senior, **RoRo Lyons**, has been in the Academy program for the past three years. **Lyons** comments his academy teachers Mr. Teixeira and Mrs.Goldberg by stating,"They communicate with each other to make the work load and transition between classes more manageable for their students."



Sophomore, **Maxine Romualdo**, blocks out the noise around her in order to maintain focus on her class work. **Romualdo** enjoys "being surrounded by my friends."

Jasmine Pulley, '11, interacts with a fellow student and shares a laugh during class

Ms. Goldberg has a current event lecture everyday that ranges from global issues to issues in the Bay Area. **Armando Andres**, '11, says "My favorite current issue so far has been about the presidential elections. It was very interesting to look up facts about old presidents and relate it to the present."

Promoting Humanity

Millennium Academy

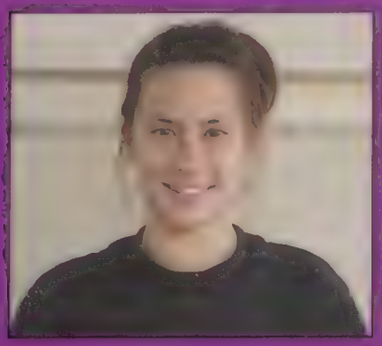
"Think globally, act locally" is this year's new motto for the Millennium Academy, a collaboration of History and English. "First, the Media Academy was a course that offered access to computers and labs which started up around fifteen years ago. Recently, we have been trying to focus more on issues of social justice like world hunger and education for all. Because this class is self-selected, you meet people with similar goals and spend more time together," states Mr.Carman. "What is great about this community, are the aspects of getting to know a smaller group and feeling a sense of belonging. Academically, it is a nice middle ground, not as overwhelming as an AP course but with the consistent quality to prepare for college," conveys Ms. Turpin.

Jamie Chua, '14, says that "What I enjoy about taking The Millennium Academy is how the teachers and methods make me think in a different way and helps me understand better. I enjoy the morning quick writes and the connections I am then able to create."

Ben Bauer, Marlas Willson-Foster, Emily Cooper

Madison Willcox, '14

What sport did you enjoy the most this year?



"The sport I enjoyed the most was softball. All the girls got really into it and started cheering for each other, especially when we played against Mr. Dunn's class. P.E. is also fun because you get to hang out with your friends and just relax."

Zach Gentry, '12, throws **Duncan Mc Adams**, '11, while practicing for their final exam. Being able to use your weight to effectively to throw someone to the ground is an important skill in Judo. After learning how to do this, the students will demonstrate for the Dojo during finals.

1

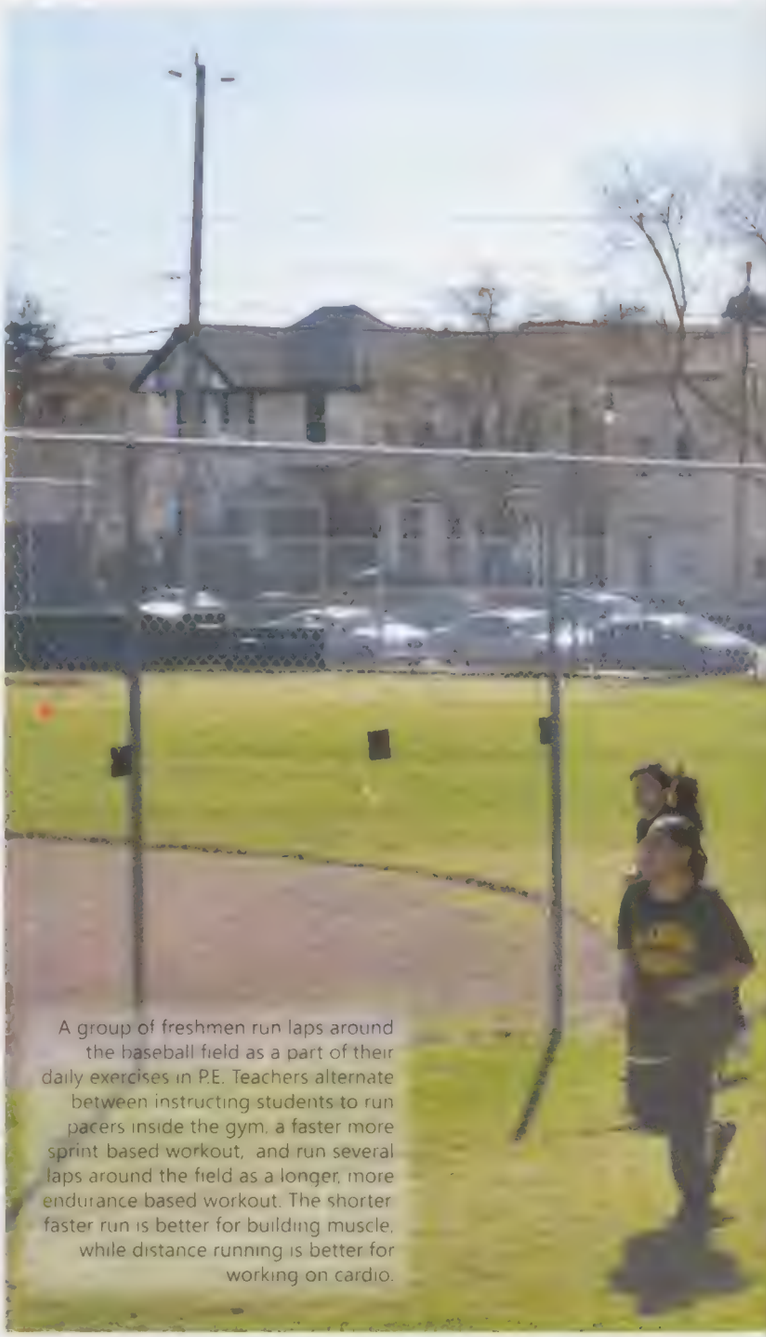
2

3

1) **Raymond Kelly,** '13, is working on his squats while listening to music. Music helps **Kelly** get more into his workout. "Running and working out are my favorite things to do in class because I get to work on my body and feel good about myself."

2) **Fred Smith,** '13, is preparing to throw a football to his teammate. Having the ability to throw the ball and make it spiral is essential to making an accurate pass.

3) **Joseph Riley,** '14, and **Okari Nyagaka**,'14, go head to head to get the ball to their teammates. "Basketball and softball are our favorite sports to play while hanging out with friends and just relaxing," says **Riley** and **Nyagaka**.

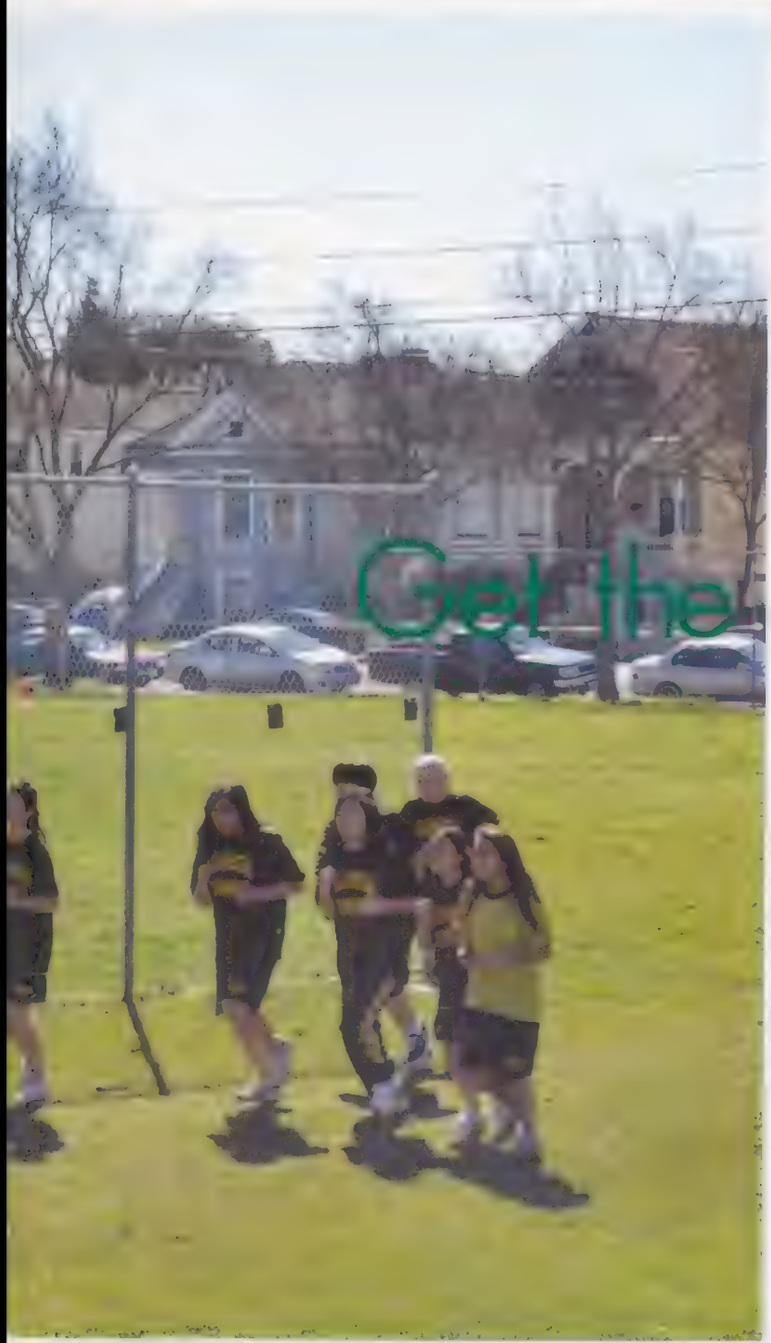


A group of freshmen run laps around the baseball field as a part of their daily exercises in P.E. Teachers alternate between instructing students to run pacers inside the gym, a faster more sprint based workout, and run several laps around the field as a longer, more endurance based workout. The shorter faster run is better for building muscle, while distance running is better for working on cardio.

The P.E. students listen to a lecture about the rules of tennis by Mr. Fredrick. This is Frederick's first year teaching P.E. at AHS and he is well respected by his students. "Mr. Fredrick is a really good guy and he makes sure his students learn everything they need to know about the sport," explains **Ryan Cooper**, '12, one of his aides.

Alex Wilson Leech,'10, is flipping his opponent **Kevin Mercado**,'10, in the air as a warm up exercise in the beginning of class. "I got tired of P.E. and Judo sounded like a fun alternative. It is very different than P.E. because I get to throw people," said **Mercado**. It is safe for students in Judo to throw each other because the mats are there to keep them from hurting themselves or someone else.

Edward Yang, '11, and **Justin Yeo**, '11, are preparing to spar. Everyday, to start off class, the students practice sparring and throwing. "It's fun and way better then doing P.E. I wanted to be with all my friends and learn Martial Arts. I also enjoy helping out the incoming students," says **Yeo.**



Get the adrenaline going

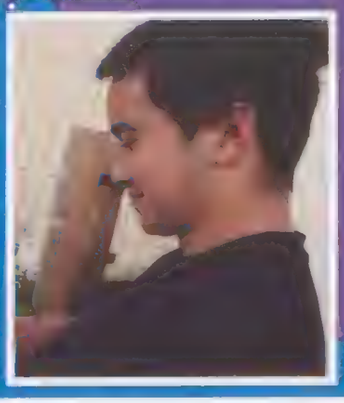
P.E. and Judo

Physical Education helps students feel motivated, release energy, and experience the benefits of fitness. It helps them keep in shape and maintain their health. Written tests are given in the class so that students can study the human body and how it works. "P.E. is fun because I get to run around and let that extra energy out. Also, I like to hang out with my friends and socialize."**Kenzie Gatling**,'14. Judo, on the other hand, is a modern martial art that includes throwing, or taking down, one's opponent. Judo classes include both fitness and self-defense. The class teaches students many skills such as grappling on the ground, controlling holds, and doing arm locks. Judo is a great way to develop self-confidence.

Hannah Klein, Emerald Chan & Fred Smith

What do you like about science?

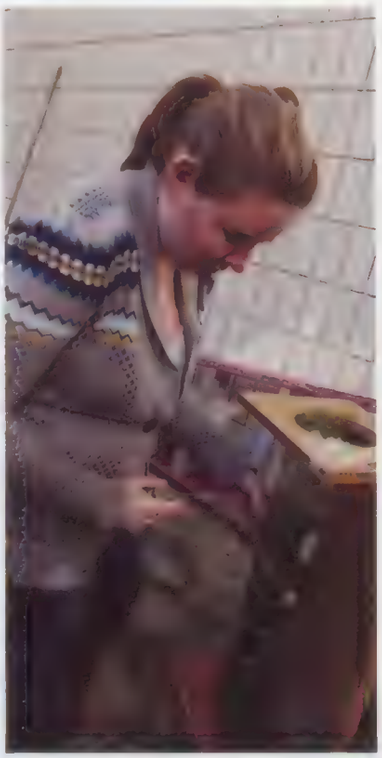
"What I like about biology is how I learn about the Earth and how every thing changes over time."
-**Sarah Fong**, '14



"I take environmental science and I enjoy learning how to keep our environment clean."
-**Antonio Manibusan**, '12

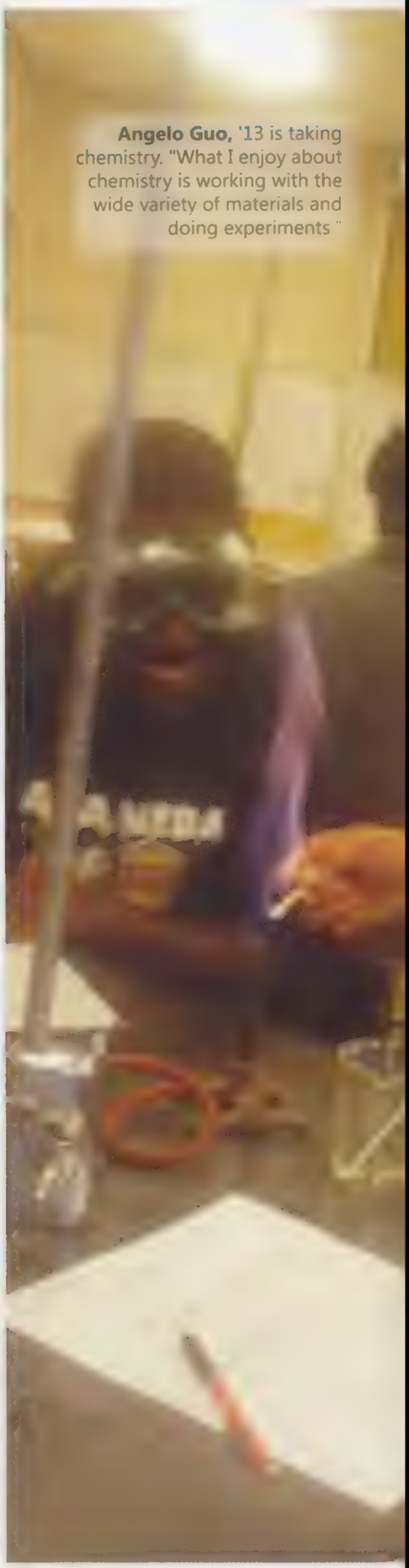
Mr. Carlson's Biology class is doing a probability experiment using coins. In the experiement, students throw a coin in the air and see if it lands on heads or tails. There is a 50% chance that the coin will land on heads and a 50% chance it will land on tails. This experiment illustrates components of physics that might not seem practical. Students enjoy learning real world applications of science.

Jessica Lam, '12, and **Vivian Chen**,'12, examine a tank of water for environmental science. While observing the container of pond water filled with living organisms after leaving it outside, the girls create hypotheses about the future for these species. They enjoy this hands on application of science.



Megan McGrath, '11, is working on her eco column. "What I enjoy about doing the eco colum is finding what kind of organisms live in different enviorments. Also, it is very gross to see all the mold and fungus that is all around the eco colum."

Ciara Morris,'12, conducts an experiment in her chemistry class where she heats test tubes with a lighted flame. "It was a really fun experiment, but I hated wearing safety glasses even though it is required," **Morris** explained.

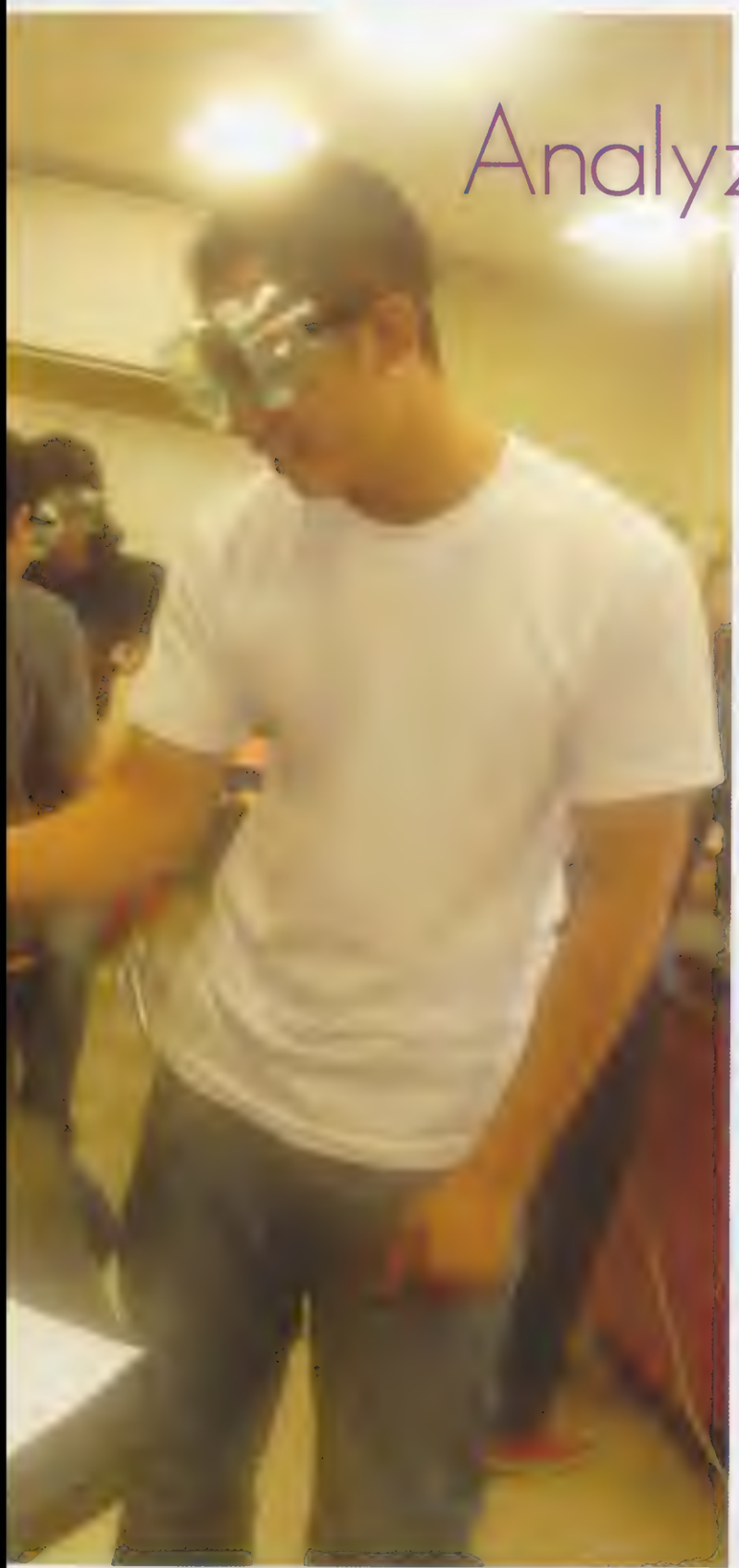


Angelo Guo, '13 is taking chemistry. "What I enjoy about chemistry is working with the wide variety of materials and doing experiments."

Science by Ken Lee

"Chemistry is one of my favorite classes because my teacher is really cool and I love doing the experiments."
-**Fiona Murphy**, '13

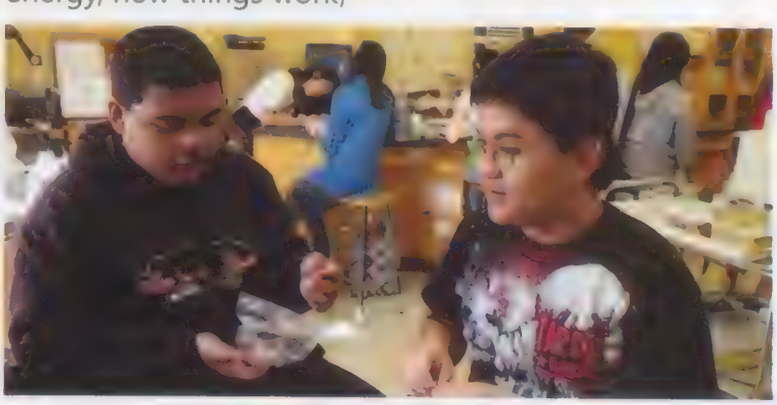
"I love how there is so much information in biology and I love to learn more about life."
-**Meghan Carroll**, '14



Analyze and Conclude

Science

There is a wide variety of classes offered in the science department including Biology, Chemistry, Physiology, Physics, and Environmental Science. Students dissect various types of animals and test mulitiple chemicals, encouraging them to get hands on experience. Students learn about the human body, laws of gravity, their environment, alternative energy, how things work, and how they affect their surroundings. "This is my first year at Alameda High and teaching my students about a topic that I love is the best feeling. I would say that I conduct a lot of experiments and students agree that they're fun as well as informative. Science and technology are the keys to our future," explains Mr. Sharma.



Drew Hui, '14, and **Johnfrei Delariman**,'14, are in Mr. Sharma's 4th period Biology class. They are doing a lab that compares how fast a person can complete tasks both with and without using a thumb. This tests the advantage humans have over animals and helps to explain how humans survive and thrive on Earth

Tom Ruckman, Katie O'Connell & Jenny Yang

What is fun about woodshop?

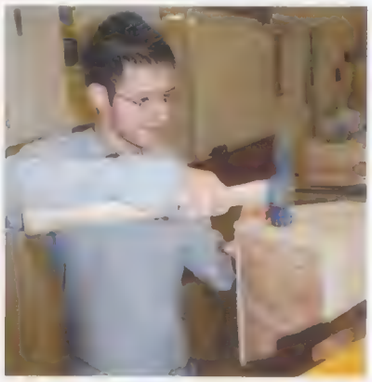
Shengyao Lu, '11, works on his next project for the class. "Woodshop is a relaxing class because we get to make things that we like," says **Lu.**

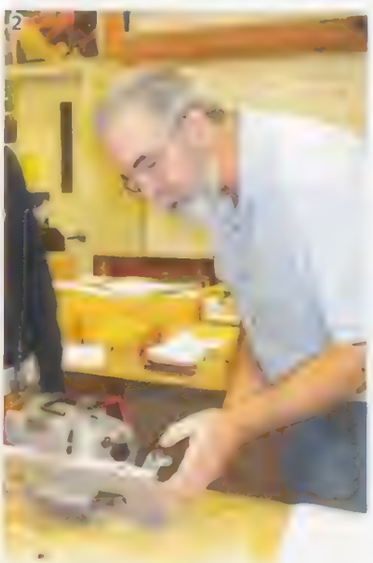
Oscar Reyna, '11, and **Kyhre Bailey**, '11, use teamwork to finish their final product. "Woodshop is a chill class, and we learn a lot," says **Reyna.**

Scott Rude, '11, is focused on finishing a project he has been working on for about two weeks. "I like woodshop class because we get to build stuff. It's fun to put your own creativity into a piece of scrap wood. It makes you feel really accomplished when you're finished," comments **Rude**.

Students learn how to use various different tools in shop class. **Viet-Thai Phumsa Ard**, '12, cuts a peice of wood to his liking using careful precision. "I like shop because I enjoy working with my hands and this class requires a lot of that."

Jonathan Stettler, '12. hammers a nail into his project that he has been working on for a week. "We work hard to finish our projects."





1) **Cody Meloy**, '11, is happily hammering a nail into one of his projects. "Woodshop is a cool class because I get to chill with friends and make things out of wood."

2) "I've been working with wood for fourty years and I love teaching construction skills I have used all my life to make money. It's fun watching the kids accomplish projects that they have been working on," says **Mr. Hawthorne**, Woodshop Teacher.

king the Cut Every Time

Woodshop

In Woodshop, students learn how to manipulate wood into their own creations. The class uses the buddy system because some of the machines have the potential to be dangerous. "I enjoy building stuff and learning how to use the tools. We work at tables together so we can gain a good sense of togetherness when working on our projects. If someone needs help or we're stuck with doing a difficult task, working with each other helps us," **Garret Young**, '11, says. Lessons in Woodshop teaches students how to use many techniques such as sanding and sawing These are useful skills to have for those who are planning on having a career in construction or interested in being a carpenter. Students must also have a very close eye for detail because there are many finishing touches when completing projects.

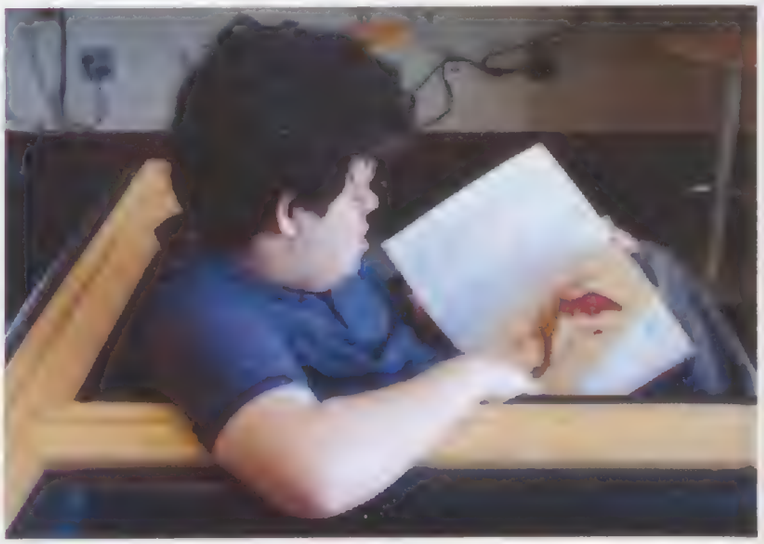
Jasmine Clark, Iris Tran & Ryan Cooper

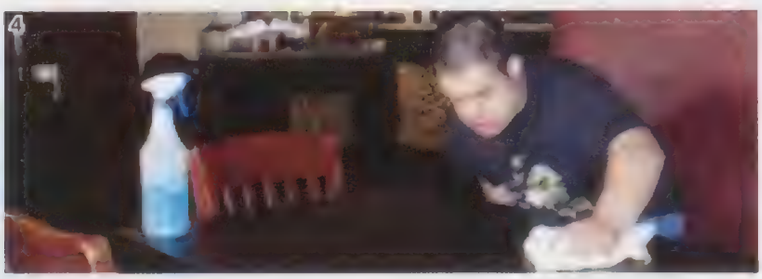
Savio Le, '11

Hard Worker

Savio Le, '11, prepares to serve up some yummy drinks for thirsty customers at The Blue Danube. This is a relatively new job for **Le. He** loves the feeling of having a job and getting work done.

At a trip to the local library, **Harrison Kusel,**'12, sits comfortably with a book and prepares to learn all about the wonders inside the many different genres of books. **Kusel** becomes greatly intrigued by a book about dragons and is immediately captured by all the colorful pictures. Reading has become one of **Kusel**'s favorite past time activities and looks forward to outings to the library.





1) An excited group prepares for Halloween by dressing up in festive orange colors and creating their big annual pinata to spook each other. Arts and crafts is always an enjoyable time for the students because it gives them an opportunity to express themselves.

2) **Harrison Kusel**, '12, skims through books at the library to find a good book to read. With tons of different books in many different genres, he has a wide range to choose from.

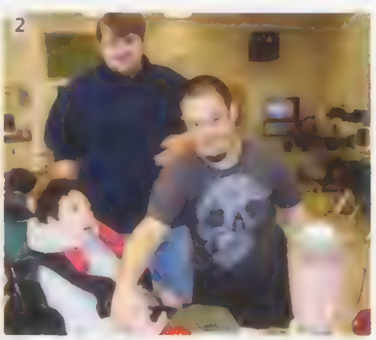
3) **Caleb Chow**, '12, focuses on his typing while in computer class. Using the computer is one of Caleb's favorite activities. He also loves dancing and playing sports with his friends.

4) **Zachary Kirkpatrick**, '11, works diligently at cleaning the tables while on the job at Bowzers Pizza on Park Street.

Joon-Hee Lee,'11, and **Brendon Durkee**,'12, work with each other to stir up a tasty stir fry for the class to share for lunch. The class enjoys eating fresh lunches made by the students. They spend quality time together while cooking and eating.

While enjoying their lunch period, a group of excited athletes get ready to play basketball together. While supporting each other and coming up with good strategies to help make their shots better, the students enjoy their athletic time. They love the chance to be outside in the fresh air. Playing basketball has became a lunchtime ritual and they plan to keep it alive while they are attending AHS.

Savio Le, 11, and **Christopher Larsen**, '11, prepare to whip up a delicious fruit salad for the class to share. **Larsen** begins to swiftly stir the salad while **Le** happily prepares to mix in whipped cream. Cooking is a great way to bring the students together and meet all their nutritional needs. It is also a great way to get everyone involved and helping. After each of the cooking adventures, the team can enjoy all their homemade food together at the table. Then they help one another clean up the mess and wash dishes. Activities like these give the students experience working together and opportunities to learn about basic tasks that they can perform around the house.



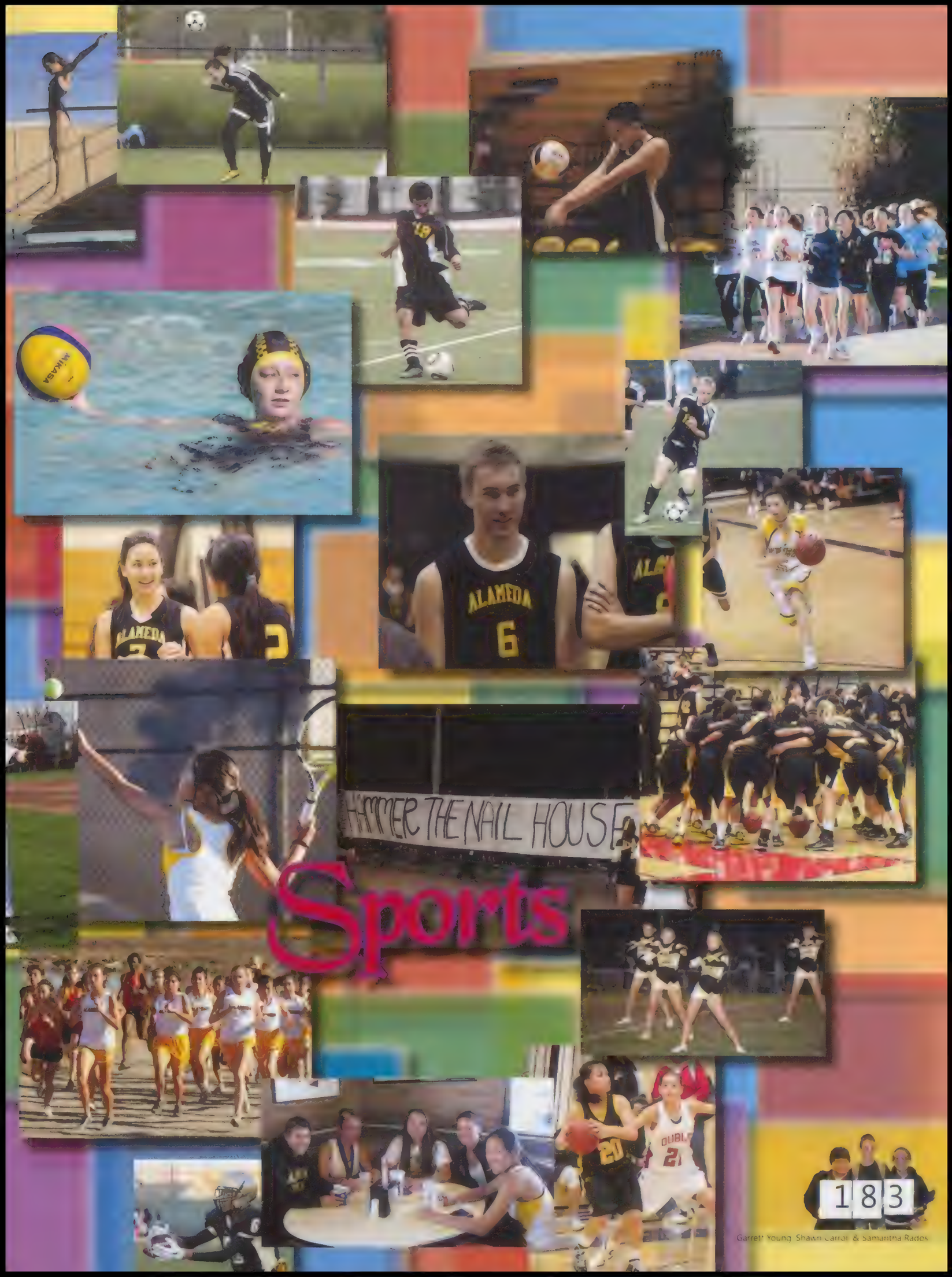
1) Best Buddies **Christina Cowan**, '13, and **Rachel Matinas**, '12, smile happily for a picture during the club meeting. Best Buddies is a club designed to give students in Lifeskills a chance to interact with other AHS students from all different grade levels. The club meets every Wednesday during lunch in room 401.
2) While trying to make a smoothie together **Christopher Larsen**, **Zachary Donald**, and **Eugueni Gouliam**, all '11, work together to get the job done. **Donald** helps **Gouliam** by holding her hand to help push a button to start the blender while **Larsen** looks on attentively with a big grin.

Helping Each Other

Lifeskills

The Lifeskills class offers a wide variety of learning experiences that develop the skills of students with unique needs. The students focus on *WorkAbility*, where they have paying jobs in the community. They also pursue many different art projects and different subjects to learn each day such as computer skills and Jujitsu. The students enjoy a fun and fulfilling high school experience each day. They are able to make new friends and interact with everyone on campus. Ms. Williams, has dedicated her time to teaching and offering the very best for her students. She spent many years focusing on her students and continues to enjoy every minute of it. With a number of different aides who come in to help each day, the AHS Functional Living Skills department develops amazing young adults to be prepared in the future.

#1 TEAM
on the
ISLAND



Garrett Young, Shawn Carrol & Samantha Rados

The cross country team celebrate after becoming the champions of their league.

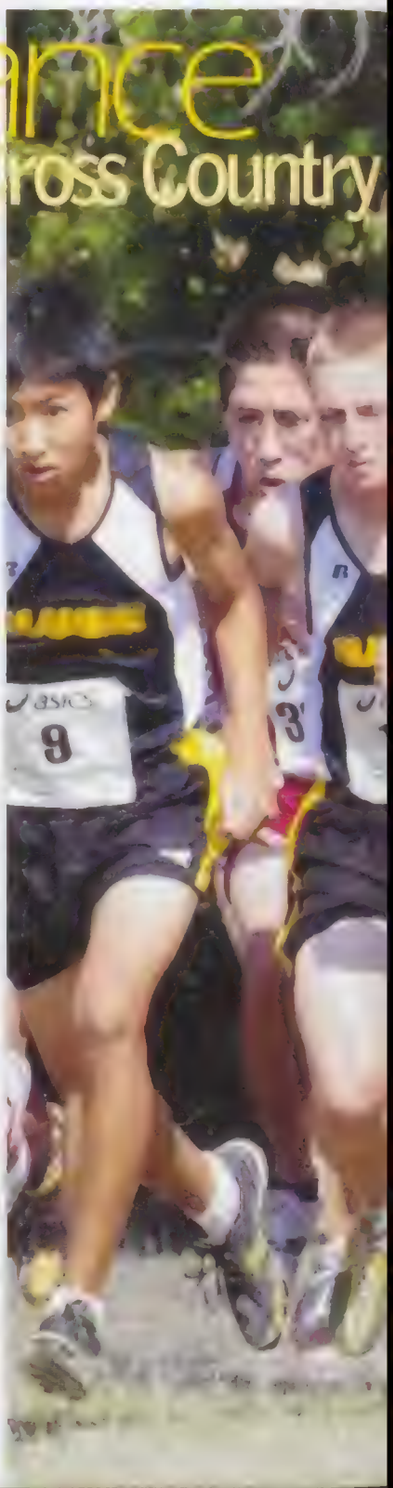
Going the Distance

Cross Country

Andrew Liu, 14', and **Miguel Hidalgo**, '14, pace themselves during the race. **Liu** says,"After the race it feels great to stop.'

1) **Andrea Ngyuen**, '14, **Mariko Stenstedt,** '14, **Lindsey Tu**, '13, and **Polly Fong**, '14, run side by side as they make their way to the finish line. **Fong** says, "You have to be dedicated to run, and running is not an easy sport. Also it is great to have friends that motivate you."

2) **Karl Bliven**, '13, passes up two of his opponents from Berkeley High. His fellow teammates follow closely behind. Bliven divulges, "The race is really nerve racking and I get really nervous at the start."



Cross Country by Ken Lee & Sara Jo Ciapponi

"What you put into running is what you get out of it"
- **Jonathan Chan** '14
"Mind, Body, Soul"
- **Andrea Nguyen** '14

Sonia Xu, '12, **Kelly Hosokawa**, '13, and **Irene Xu**, '14, lead the race and are close to celebrating their victories

The girls of the Alameda High team start the race of by running together in a pack

The men's cross country team put on their game face and gets ready to get a head start. Not anyone can run like the men's cross country team.

|| **Mariko Stenstedt**
|| Varsity '14
|| "My favorite memory is when the women's and men's varsity teams went to Mount SAC Los Angeles because together we had dinner and it was a time where we got to know each other."

|| **Jeremiah Lewis**
|| JV '13
||"My favorite match was RAM Invitational meet because it was hot and I felt like crap, but I placed for the team, so I got points for coming in 1st to 5th place. One of my favorite memory is when Deepak Sharma and Conner Szeto have a big race every year. Also run hard and do not mess with Karl Bliven.

|| **Miguel Hidalgo**
|| Frosh'14
|| "My favorite meet was the Artichoke meet because of the big hill. Running up the hill was a challenging task, and I felt good after running over the hill
The coach is good because he pushes us to get better. He also runs a good program. The team is a fun group of guys, and we all get along well."

"My favorite cross country memory is when we did our last chant together."
- **Maria Sazo** '14

Alessandra Brambila, Andrew Pavao, Schaah Ghafouri

"We had a lot of injuries and faced many obstacles, but MOJO guided us to a fantastic and unforgettable season. We fought them in the lava then we fought on the ice."
-**John Ruck**, '11

1) **Mike Cunningham**, '11, gives an Encinal defender a stiff arm.

2) Varsity team Captains **John Ruck**, **Tom Ruckman**, **Roro Lyons**, **and Ian McLens**, '11, walk out for the coin flip that starts the game.

3) **Biruk Gebreyesus**, '14, jumps and reaches for the ball catching it in mid-air.

4) **Earnest Gardner**, '13, runs for more yards. **Gardner** was brought up to varsity half way through the season.

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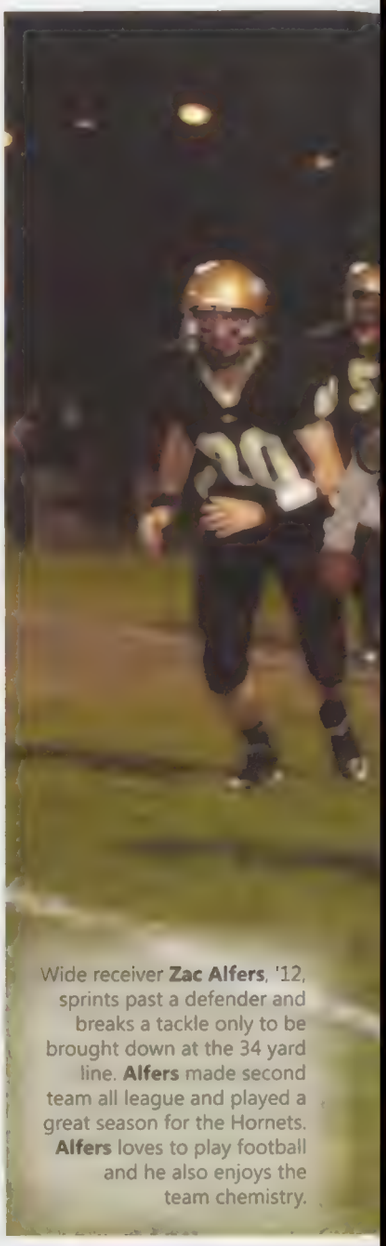


Wide receiver **Zac Alfers**, '12, sprints past a defender and breaks a tackle only to be brought down at the 34 yard line. **Alfers** made second team all league and played a great season for the Hornets. **Alfers** loves to play football and he also enjoys the team chemistry.

Quarterback **Sean Cunningham**, '14, rolls right to throw a pass to a receiver down field.

Sulaiman Hameed, '14, was the leading rusher for the J.V. team. As a freshman on J.V., **Hameed** had a great season and plans on playing next year.

During the 56th Island Bowl game, the Hornet offense gets set at the ball awaiting the snap

Football by Andrew Morris & David Elzig

"Working with my brothers on the field as one to achieve the same goal."
- **Adham Awa**, '13
"This season we have not only become a great unit, but we have bonded as a family."
- **Andrew Cooper**, '13

Friday Night Lights
Football

In his fourth year playing for Alameda High, **Ryan Carlson**, '11, plays wide receiver and is also a defensive back. **Carlson** would love to play at the next level.

John Ruck, '11, and **Frank Muzio**, '12, both start at safety for the Hornet Defense. **Ruck** lead the team in tackles. "We always gotta have that MOJO flowing in our lives 'cause were always coming out hitting'" said **Muzio**. **Ruck** and **Muzio** love football and live with Hornet Pride.

Sam Rausser, '12, was injured during the second game and was out for the season. **Rausser** along with everyone else who was injured, inspired the Hornets to play hard in their honor.

About your ...
Hornets

Working hard from winter through summer into the fall football season can be quite tiring. Coach Steve Rochlin is the head coach and the defensive coordinator. Losing one starter is hard for any team but losing 18 of 22 is unheard of. Hornet pride took its place in the players' hearts and confidence was re-gained. The Hornets ended up making it to NCS as the 15 seed accounting for the adversity they faced.

Fiona Wong Andrew Pavao Zach Ribera

After stretching with her teammates, **Emily Grimm** '13, mentally prepares for her match by listening to music with a fast beat. **Grimm** says that the music helps her calm down and maintain focus.

Grimm '13, partners with **Lauren Parsons** '13. **Grimm** says "Lauren and I have been playing together for two years. Sometimes she is tough on but it helps me focused. We play really well together."

After a match, **Grimm** '13, does cool down drills and then cheers on any of her teammates that are still playing. When all the players finish their matches, they go out for team dinners to have fun and talk about the matches they played that day.

Step By Step

women's tennis

Before this year, **Stephanie Owyang**,'11, had never played tennis in a competitive league. However, this lack of experience did not stop her from trying out and earning a spot on the Varsity team. **Owyang** partners with **Sydney Lewis**,'12, for matches and competitions such as the ACCL tournament. The doubles pair enjoys playing together because they get along well on and off the court.

The first week back at school, the Varsity and JV women's tennis teams participated in a tournament in Fresno. **Kimberly Phan**, '11 says, "It was a good experience because it allowed us to take the time to get to know each other and bond as a team."

Women's Tennis by Andrea Myovich & Kristen Rinck

"I enjoy both singles and doubles. When you play singles, the focus is more on you and when you play doubles you have someone to fall back on."
- **Vivian Li**, '11

Audrey Yeung, '11, is currently the number one singles player at Alameda High. **Yeung** has been playing tennis competitively since the eighth grade.

Cynthia Yee, '12 takes a jumping start to add more power to her overhand serve.

Captains **Audrey Yeung**, '11, **Isabella Hamilton**, '12, and **Sarah Huie**, '12, led their Varsity team to many victories this season. Overall, the team won 7 out of 11 matches against high ranking competitors including Berkeley and Pinole.

Varsity players, **Audrey Yeung**, '11, **Stephanie Owyang**, '11, **Sydney Lewis**, '12, **Isabella Hamilton**, '12, and **Sarah Huie** '12 take home medals for their victories for the ACCL League at the Amridge Country Club. **Yeung** placed third for the singles division which helped her advance on to NCS. The junior pair, **Hamilton** and **Huie** took home first in their doubles division. Following them was the number two doubles pair, **Lewis** and **Owyang** who received second place in their division.

1) **Sarah Fong**, '14, is one of the two freshmen on the Varsity team at Alameda High . **Fong** says; "The team is extremely nice and supportive of the new team players. The more experienced players teach us new members the rules of Tennis."

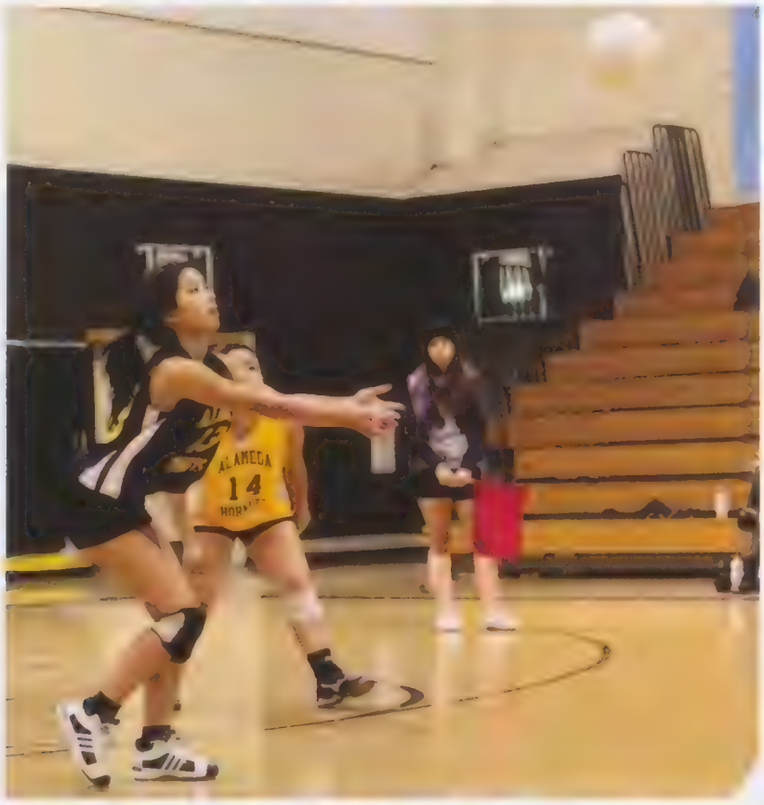
2) **Laura Nguyen**,'12, has been playing on Alameda High's Tennis team since her freshmen year. This year as a junior, **Nguyen**'s competitive edge and consistent determination helped her made it on to the varsity team. **Nguyen** really enjoys playing in a competitive league and being apart of the team. Her favorite match of the season was when the team went up against Berkeley and won two out of three matches.

"I've only played doubles, but it is nice to be able to depend on a teammate."
- **Sara Fiedler**, '14

1) **Jenae Monasterial**, '11, jumps in the air and smiles in excitement after making a spike, "playing middle hitter is a hard position because I have to block all the tall girls, and time it perfectly."

2) **Molly Groves**, '13, prepares to hit the ball. Her teammates wait in the background patiently to see the result of her hit. "Being the setter I have to assist other players to get hits. It requires a lot of running, so it gives you an adrenaline rush."

Kristina Lam, '10, confidently brings her hands together. She waits for an opportunity to hit the ball and score points for her team.



The JV team joins a circle to celebrate winning their game. They shout their team chant and wave their hands in the air in excitement.

Frankie Willcox, '12, a three year varsity player slides on her knees to get a hit. "I play four positions, but I would have to say being setter is the hardest. It requires running all around the court and you have a crucial role for every play. The best part about volleyball is the teamwork. Everyone is working towards the same goal."

Women's Volleyball by Stephen Rhodes & Rachelle Carrier

"The JV team really came together. We played together well on and off the court. Everyone became really close, and that's what I enjoyed the most."
- **Mackenzie Cala**, '14

Katya Reeb, '13, later says, "Volleyball is intense, but it takes a lot of patience."

Mackenzie Cala, '14, gets her head in the game as she slides across the gym floor to come in for an intense shot.

Name || **Maggie Elias**
Grade || JV, '14
What was the best part about the volleyball season this year? Do you have a favorite game?|| "The best part about this year's volleyball season was getting to know some very nice girls and have a great time. My favorite game of the season was when we finally beat Berkeley High, after a whole season of losing to them." In this photo she prepares to serve the ball to the other team. "The trick is to serve to where you think where the other team's game is the weakest."

Bump, Set, Spike

women's volleyball

The JV team watches confidently as **Alyssa Francisco**, '13, sets up to hit the ball. "Go for any ball that comes to you," she advises. The volleyball team learned and developed many tips and tricks throughout the season that helped them win.

Name || **Devon Lodge**
Grade || Varsity, '13
How long have you been playing? and what do you like most about it?|| "I have being playing Volleyball now for 6 years. I really enjoy it because being on the team is like having another family. I also really like my position, which is middle blocker."
Devon was the Varsity captain, and she helped lead her team through a successful and memorable season. In this photo, she gets in position and prepares to hit the ball once it comes to her.

" Volleyball is an intense sport"
- **Paige Krinks**, '13

Weston Tolbert, Tyler Powell & Christina West

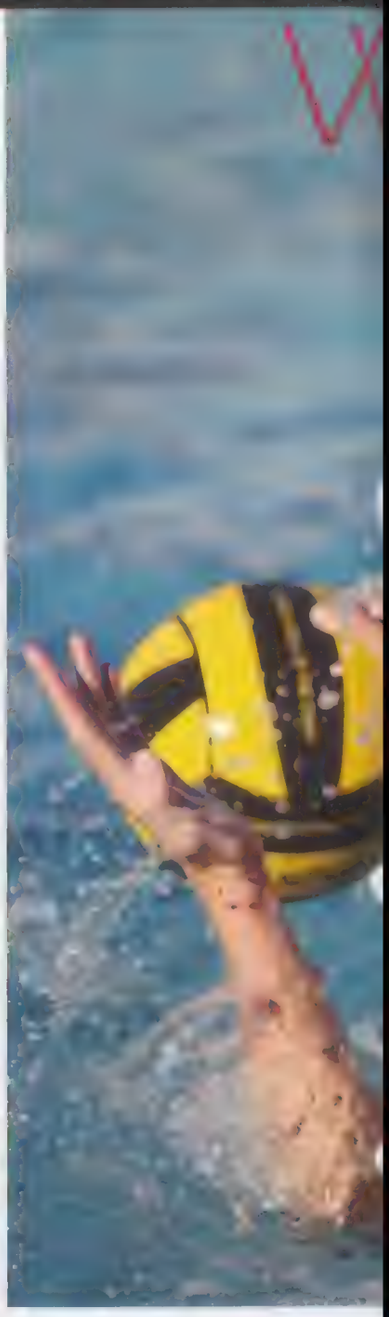
"It feels good to be good."
Daniel Daniel, '11
"Coach Marshall is awesome."
Jacobb Ulloa, '13

Paul Reichert, Varsity, '12, prepares to fire a practice shot as a warm up for both him and the goalkeeper. Shooting requires much skill and accuracy, especially to score into the small goal. The goalie's job is to block all incoming balls and keep the goal safe.

1) In order to receive a pass, Varsity player, **Emile Siriot**, '12, needs to evade the opposing team's efforts to drag him under the water. Water polo players must have exceptionally strong leg muscles to propel their bodies out of the water.

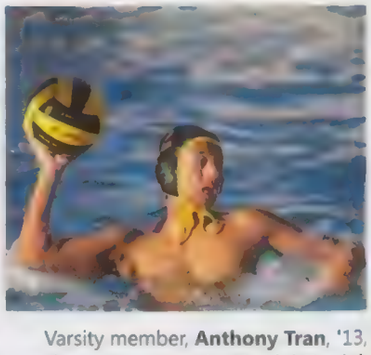
2) **Julian Kizanis**, Varsity, '14, lifts his torso out of the water so that he can make a precise, uninterrupted throw to his target. This is his first year playing water polo for Alameda High.

3) **Dennis Wong**, '13, launches the ball to teammate **Thomas Rall**, '14. **Wong** states that being able to catch the ball correctly is a crucial part of keeping the game in play. He also says that one of his goals this year is to improve his receiving and handling skills.



Varsity player, **Ben Ingram**, '14, is a new member to this year's team. Inspired by his brother to play water polo, **Ingram** attends practices regularly to improve his passing and shooting skills. Preparing to pass the ball, **Ingram** extends his arm to make sure he gets the greatest amount of momentum possible.

In order to fight off the other players, Varsity goalie, **Anthony Huang**, '13, dominates his position to keep his territory of the goal safe. **Huang** not only has to carefully watch his opponent, but he also has to anticipate the next move and prepare for any tricks or unexpected plays.



Varsity member, **Anthony Tran**, '13, makes a pass to senior **Daniel Daniel** '11. "You don't really know what you're feeling because the adrenaline takes over your body. All you think about is getting the ball to your teammates," says **Tran**.

Men's Water Polo by Erica Borowski & Sam Embry

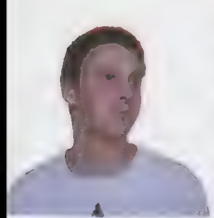
"Never give up."
Christopher Lam, '12
"Just keep swimming!"
Jeff Ploss, '14

York Hard, Play Hard

men's water polo

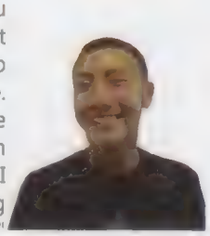
Evan Shum, '11, Varsity, breaks through the opposing defenders to have the opportunity to make a focused, precise shot against Berkeley's goalkeeper. Berkeley High is one of Alameda's main rivals in water polo, and the results of these games weigh heavily on which team ranks higher in the league.

Top Five Meals



"Before a game or practice, I try to eat something healthy like a banana or an apple. Afterwards, I usually like coming home to a home cooked meal like steak, rice, and lots of vegetables!" - **Max Walther**, '12

"Whatever you do, don't get fried shrimp before a game. It gave me the worst stomach ache ever and I ended up getting really sick."



- **Kevin Chen**, '13

"Bananas! I always eat them to make sure I don't get cramps. After a game, I love eating chocolate cake, ice cream and brownies. I also really like lasagna and going to India Palace." - **Jordan Butler**, '13

"I don't eat very much before a game because I don't have enough time. But the parents will sometimes bring tasty foods such as burgers and pasta." - **Laurent Siriot**, '14

"Anything nutritious and filling is good to eat before a practice or game. Food plays a huge part in water polo because that's where you get your power and energy from. Meat is a great source of protein." - **Sody Enkhbayar**, '11

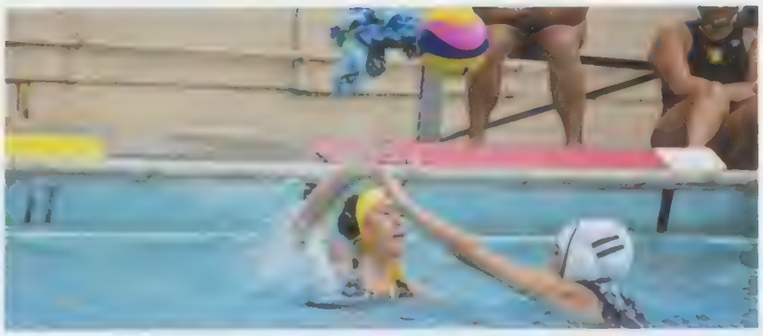
Kevin Chen, Rachel Menendez & Michelle Galicia

"Get it in."
- **Winnie Chen**, '12

1) **Megan McGrath**, '11, shields herself and the ball for longer ball possession.

2) **Erica Escalante**, '12, makes eye contact with her teammate for an assist for a goal.

Megan Klembith, '11, takes the opportunity to shoot the ball after a pass from her teammate. She makes sure it is high enough for her opponent not to block it.



Kelly Arth, '11, uses her body to fight against the other players so that they cannot steal the ball. Arth has been an avid swimmer since her freshman year.

Winnie Chen, Varsity, '12, explains how she prepares for a game. "In order to prepare before a game, I don't eat dairy products and I make sure I eat a half an hour before the game in order to digest. I listen to music that helps me focus and gets me pumped up. The coach tells us not to talk about anything other than Water Polo in order to stay in the zone."

Hannah Slicton Williams, Varsity, '12, tells, "before games, I usually eat Captain Crunch and listen to music that helps me boost my self-esteem. The hardest part about playing Water Polo is having to tread water for three hours in games and at practice. Practices consist of hard conditioning for half of the time and then we finish the practice with swimming."

"Water Polo, it's every intense. It's really fun and the team is really close."

- **Malia Obillo**, JV '13

Brutal Force

women's water polo

Water Polo (Noun)
A game played in a swimming pool by two teams of swimmers who try to throw an inflated ball into the opponents' goal.

Alameda Girls Water Polo not only helps create a fun atmosphere but also helps support young athletes and their abilities to become brutal Hornets in the water. It develops certain characteristics to make them stronger and more courageous. In Water Polo, brave Lady Hornets train to become leaders and guide their teammates in becoming the best. Varsity and Junior Varsity train hard everyday, practicing swimming skills and strenuous workouts. The whole team learned how to communicate by talking to each other, calling for plays and supporting the team.

Top Five Drills

"We have to hop out of the pool with our arms multiple times and our arms start to burn."
- **Kayla Chai**, JV, '13

"We do shooting drills, along with passing drills. We do this in two lines, then switch after we're done so every time, we face a different team mate."
- **Nellie Cazares**, JV, '12

The goalies practice blocking shots to prepare themselves for game speed.

2) **Malia Obillo**, '13, works on beating her opponents to the loose ball in the water.

1) The team works on their defense so that they are solid against their opponents.

Marvin Chan, Jesse Lewis & Alyssa Francisco

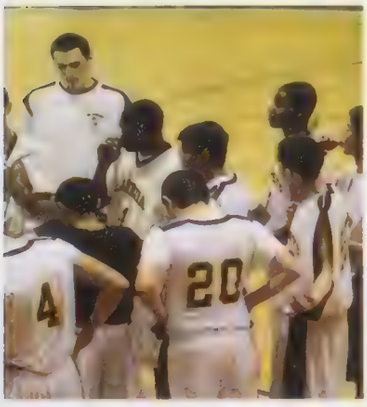
Break Away!

Chris Bussy, '13, aggressively dribbles down the court to look for a shot. "I have been playing since I was 2 years old. I love the game. It's nice to build good chemistry among the team and work together," says **Bussy**.

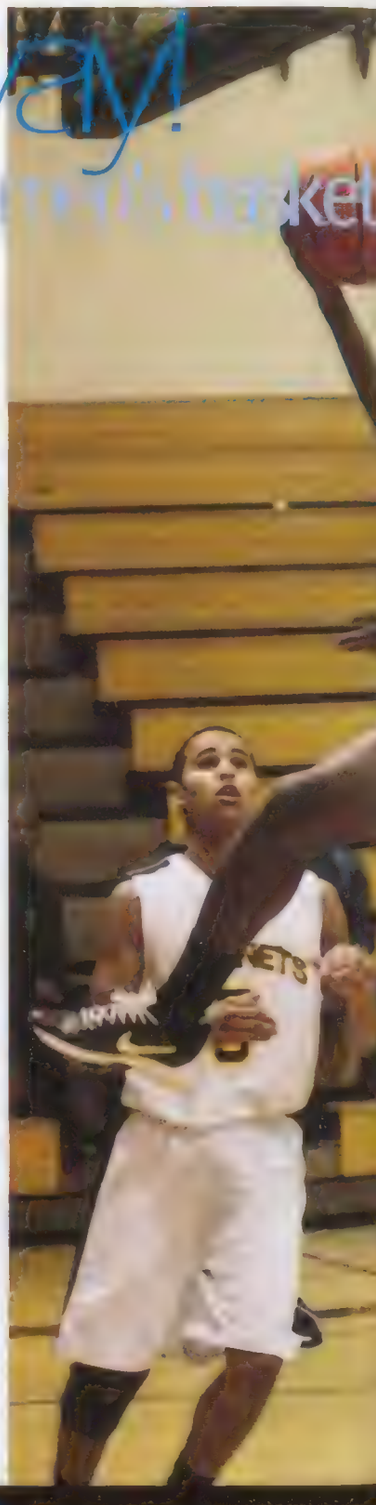
Joe Chin, 11 makes a move in the key to try to get to the hoop. This is Chins 4th year playing basketball for the school and loves it. "It's like a brotherhood, we're all a family," says **Chin**.

Dustin Ho, '11, looks at the hoop as he goes up for a layup. "I've been playing since elementary school, and it always stuck with me. My height gives me advantage over most people which is very helpful, says **Ho**"

The Freshman team gathers together after a time-out is called to discuss their game play. "It's a great experience working with the boys and getting them to a higher level of play. I feel accomplished when they run a play right during the game that we just ran at practice the other day, " says Peterson.



The Varsity basketball players stand at attention and listen to the National Anthem. **Allen Nakamura**, has been the mens Varsity coach for two years and loves it. "I like the part about the whole team coming together and being a family," says **Nakamura.**



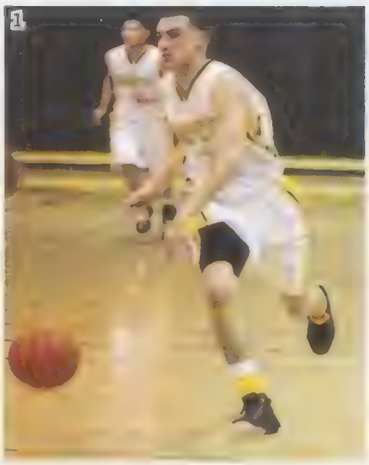
Chris Luistro, '12, concentrates at the line for free throws. " I have a special free throw ritual and it works most of the time."

Zac Alfers, '12, towers over his teammates and goes up for a lay up. "Basketball is my favorite sport. We work hard in practice everyday and it pays off," says Alfers

Scott Chahine, '12, gets some air as he goes for a lay up. "I've been playing basketball since I was five. I just love the game. I got addicted to it right away. I like how our team gets along and has good team Chemistry," says **Chahine**

"Amazing, a whole new world."
Elviden Tudzinovic, '1214
"Your always on your feet."
Rowland Markheim, '14

Chris and Alex Chan, '13, go after a loose ball against Berkeley. They both have been playing since elementary school. "My brother and I are a good team together, we get along on the court and off the court," says **Alex**.



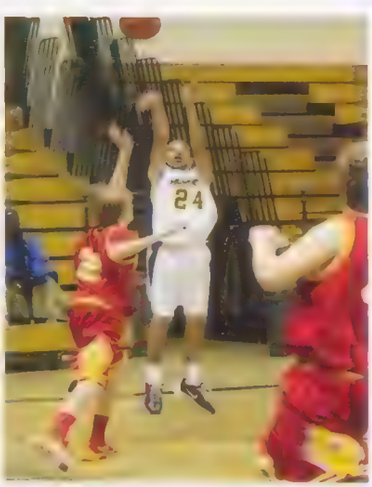
1) **Dylan Armijo**, '11, dribbles down the court on a fast break and looks for an open teammate. "I practices everyday rain or shine. It takes dedication and hard work to become an excellent player. A great team comes with chemistry and bonding. If we don't get along we will never win," says **Armijo**.

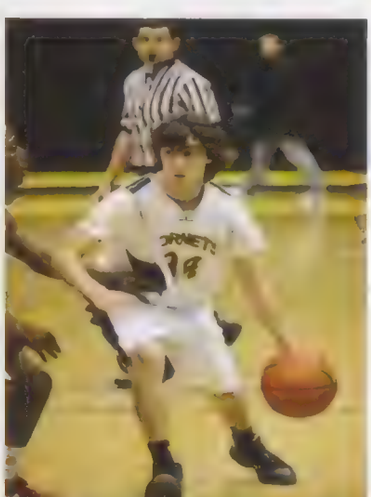
2) **Sammy Allen**, '11, makes a move on one of Berkeley's player. "I transferred over here from Encinal. I like the program better. We have a good squad and good coaching," says **Allen**.

Sulaimine Haneed, '14, jumps towards the hoop for a lay up. "I guess it's in my genes. We get into shape before the season starts. Running is a big part of practice. If you can't run down the court for the whole game, you can't play. I'm a Freshman and starting on JV is an honor. I take pride in it and prove to the coaches I'm good enough," says **Haneed**

Name || **Quinn Rederick**
Grade || Varsity, '11
Favorite Warm-Up Rituals || " I love playing for the high school, it's a great experience. The team is like a family. It's a beautiful game, I learn a lot of things from it. I have been playing my whole life ever since I was a kid. I don't have a real warm-up ritual or routine, I just go out there and play the game."

Name || **Keelan Doss**
Grade || JV, '12
Best Match of the Year || I love basketball. I have been playing since I was in 3rd grade. It's my favorite sport. One of my best games of the year was at home against Berkeley. I scored 30 points and had a great game. I felt great and accomplished after the game was over. My favorite part are scoring, passing the ball to my teammates and getting assists.





Name || **Sean Cunningham**
Grade || JV, '14
Lucky Charms || " I don't really have a Lucky Charm. I just go out there and play. I do have a specific pair of shoes I wear for games. I guess that gives me luck. I've been playing basketball my whole life and love it. I always hoop with my friends at Lydecker and local parks when ever I can."

"It's fast moving."
Jesse Lewis,'13
"It shows personality."
Chris Bussy,'13

Frank Muzio, Jocelyn Nguyen & Thais Arjo

Women's Basketball by Angelica Rivera & David Lizig
Photos Courtesy of Jose Lim

"My worst injury was when I fractured my left hand during the game. It was unfortunate because I am left handed, so it was difficult gettting used to doing things with my right hand."
-**Marissa Woo**, '14

1. **Alicia Fong**, '11, shoots behind the arc against a Dublin defender. **Fong** has been working on her shot all summer in hopes to lead the team in three pointers this season.

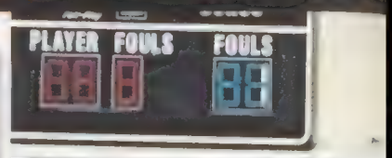
2. **Marie Bertholdt**, '13, puts up a shot for the Lady Hornets. Her quickness and ability to rebound is a definite asset to the team. "I love all aspects of the game. My favorite part is the team chemistry. You become friends with people you ordinarily wouldn't," says **Bertholdt**.

3. **Tatiana Villegas**, '14, dribbles past a defender towards the basket. **Villegas** plays on the Freshman team and hopes to play again next year.

4. **Morgan Hashimoto**, '14, grabs a defensive rebound and dribbles to the other side of the court to score for her team. "I love to play basketball because of its competitive edge," says **Hashimoto**.

5. **Emilia Kastning**, '14, takes a baseline jumper. "I consider myself to be a competitive person, so I love playing," explains **Kasting**.

6. Pointguard **Alison Takagaki**, '12, calls out a play for her teammates to execute. This is **Takagaki's** second year on Varsity, so she really knows how to lead her team and step up as a leader on and off the court.



Geena Greene, '12, is new to Alameda's basketball program this year. "Everything is really different compared to my last school, but I am adjusting well. I'm still getting to know everyone, but it's been good so far," explains **Greene**.

"One time, I was getting ready to start a game and I took off my shooting shirt, and I completely forgot to put my jersey on. It was awkward," says **Monica Lim**, '11. "Also, I peed myself before practice because I was in such a rush."

The Varsity team has four Seniors this year, **Angelica Rivera**, **Alicia Fong**, **Cecilia Nguyen**, and **Monica Lim**. "We've been playing together since middle school, so it's kind of sad to know that this is it. We're definitely making the best of it and going out with complete swag," says **Rivera**.

"My most embarassing moment on the court was getting hit in the face by the ball."
- **Tara Toy**, '14

Beating the Buzzer

Women's Basketball

The Lady Hornets were really focused on defense this year. Playing good "D" allows the players to communicate at all times and work together. When they trust each other on the court, they are able to play better as one.

Elizabeth Gee, '14

Kelsey McKeon, '12

Top Five Drills

"My favorite drill is 4 on 4 cutters because it consists of many defensive elements. It really requires the players to think fast, make smart decisions, and constantly communicate with one another," says Coach Brad Thomas."

"I like when the coaches slow everything down and let us run the plays through. It helps us a lot, especially before games," says **Alexis Konstantino**, '13.

Kaitlin Owyang, '13, says, "I enjoy doing Olympic Shooting because it really helps the guards get their shots together before a game. It's really helpful."

'My favorite drill is Scramble. I think it's very competitive. It's good for us because it's a drill where you can't dribble the ball, so you really have to communicate with your teammates to try to score," explains **Cecilia Nguyen**, '11. "It's really fun when the score is close because you want to win so bad."

A drill that stood out to every player on the Varsity team was Full Court Shooting. "We all really have to contribute and make our shots and layups. We have a certain amount of time to score over a hundred points. When things aren't going right, we have to encourage each other to keep going," says **Sahar Adina**, '12.

Before

Grace Guenon, **Judy Tran**, both '13 and **Vivienne Wong**, '11 relax and do their make-up before a long day at Cheer Camp. There they practice and learn new routines along with other cheerleaders from other schools.

During

With tons of spirit, the cheerleaders pump up the crowd after their routine at halftime. They wave and clap to show their dedication to spirit and to warm up the crowd.

After

Sophomores **Juliet Leonard**, **Nicole Pham** and **Linda Lee** rest after a long day of cheerleading. "With all the adrenaline in me when I cheer, I get very tired afterwards because it's so much excitement to take in," Nicole says.

Hornets Fired Up

Cheerleading

At the homecoming game on October 1st, the team performs intense and sometimes difficult stunts in their routine. **Nicole Pham**, '13, flies back down into her teammates' arms to safely end the routine. **Juliet Leonard** '13, finishes the routine and smiles with great spirit while three of her teammates hold her up preparing to bring her back down.

The cheerleaders worked hard for long hours to perfect their routine and it all came together as they performed each as one. Even though cheerleading seems easy, it requires long and grueling hours with lots of effort. Every year, the cheerleading team never fails to amaze us with the stunts they incorporate into their routines. They really help raise our school spirits and get us worked up at the games.

Cheerleading by Veronica Hall & Sarah Peters

"To me, cheerlead ng is really fun and means having a good sense of community. It gave me motivation for school, but I also found a second family away from home."

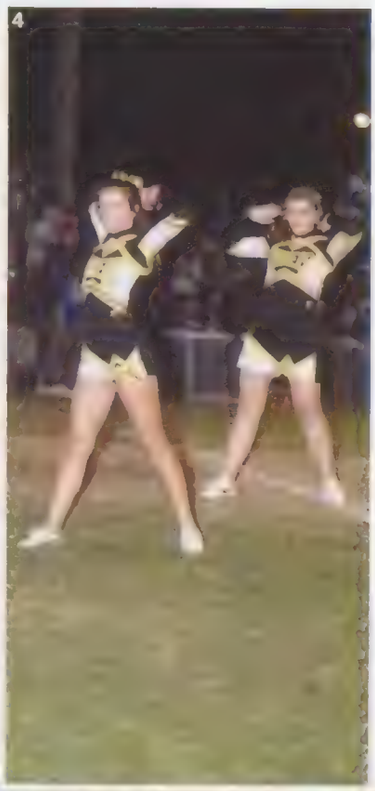
- **Stephanie Keel Moore**, '12

Sierra Calandri, '11, one of the cheerleading captains, enthusiastically begins a cheer during the homecoming game, which is one of the most important events of the year. The team practiced hard and were eager to make their routines perfect "Cheerleading is something I've done since 7th grade. It is more than a sport to me. I kind of grew up with it," Calandri explains.

The cheerleaders do an impressive and sometimes risky stunt. However, they perform it with impressive grace and security and,of course, always with a bright smile.
Every game is a new and different experience. Even with the excitement, they finish their performances perfectly each time. What many people may not know, is that Cheerleading has one of the most highest injury rates compared to most sports. With many difficult lifts and stunts, these girls could easily fall. But because they are well prepared, it usually does not happen.

1) Cheerleaders do their split jumps all at once before finishing gracefully "The girls are very close to each other and we always have a good atmosphere. It's almost like a family" **Sara Ching,** '11, describes the relationship between the cheerleaders.
2)The cheerleaders take their performance during the games seriously. "We really focus on our routines and the level of difficulty so we can practice and really stick them during performances. Even though it's my first year, I really take learning all the moves seriously to do as best as I can out on the field." **Jessica Lam**, '12, explains.

3) **Vanessa Frandsen**, '12, waves her pom poms and shows off a big smile while representing her Junior class. At the homecoming game, Vanessa and a number of other cheerleaders wear shirts with their class colors to bring extra spirit to the game. **Alyssa Kondo** '13, explains,"Wearing my class color made me feel even more apart of the school."
4) Intense workouts can be seen in the cheerleader's numerous performances. For many of them, dancing is very important and gives them a lot of confidence like **Grace Guenon**, '13, and **Arielle Siem**, '11, both show in their moves.



"Cheerleading means having a positive attitude and bringing spirit to everyone around me. It teaches me discipline and makes me more confident."
- **Keiko Tokuda**, '13

Max Lozada, Kency Gatlino & Denzel Johnson

Selaab Ghafouri, '13, plays Varsity during his first year at AHS. He is from Denmark. "**Selaab** has amazing foot work and definitely has a future in soccer," explains the Men's coach.

Evan Lee,'12, is quite a competitive player in the game of soccer. When he hears his teammates call, "man on!" **Lee** starts shielding the ball away from the opposing team.

Ken Lee,'14, sprints to the ball to keep it in bounds. **Lee** plays left forward and is known for making numerous assists to his fellow teammates. This is **Lee's** first year on Varsity and he plans to stay on the team for the rest of his high school years. "It took hours and hours of practice and dedication to be able to play Varsity as a freshman. I have only been playing soccer for three years and already I am passionate about it. J. S. Park plays for Manchester United and he is by far my favorite player. Park never gives up and keeps pursuing to reach a spot on a top team," **Lee** says after practice.

Back Of The Net

Men's Socc

1) **Laurent Siriot**,'14, gives an assist to the offense on a quick throw-in during an the intense game at Livermore. **Siriot** is starting defense on Varsity and hopes to continue playing all throughout high school.
2) **Zach Pecson**, '14, defends his position by blocking out the opposing team and swiftly taking the ball back. **Pecson** uses skill and agility while on the field to focus on his moves and not get distracted.
3)**Danny Rading**,'12, attempts to clear the ball in order to defend his team. **Radding** continues to hold his spot on Varsity, playing his second year. Teammates agree, that **Radding** is a great person to go to for help on drills.
4) **Emmett Kaake**, '14, prepares to head the ball to his teammate, **Ficsher Davis**, '14, both on JV. **Kaake** explains that he plays both as a field player and a goalie.

Julius Buche,'12 dribbles down the field in order to give an assist to **William Upp**,'13. "Playing in the U.S.A. is a lot different from Germany and I'm really glad I had this Opportunity to play. I really hope I can come back and visit the team," Explains **Buche**

"We really work as a team, there is a strong brotherly bond."

"Huuuummm baabbbbbeee!"

Men's Soccer by Veronica Hall & Grace Friedman

Matt Neff,'13, prepares to defend his goal with a swift and forceful kick to a teammate. **Neff** continues to play JV while completing his Sophomore year. He plays both goalie and outside defense, using many different skills for his two separate positions. He uses the team practices wisely, explaining that he works on his skills and learns new ones from his teammates any time he gets the chance to. "I love the game! If I'm getting pointers from my friends, it makes playing even better. I hope to gain a spot on Varsity next year and continue playing throughout high school. Soccer has become more than a past time for me, it's a complete lifestyle," says **Neff**.

"There is a strong brotherly bond when we play and we really work together and know each others moves. That's really important because everyone has to work as a team in soccer and understand the basics of the game," **Hoshang Hatfie**, '11, explains. "Not only is soccer a contact sport, it's also a game where strategy is greatly needed. You may use your body and head and obviously your feet to control the ball," says **Hatfie**.

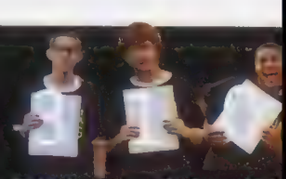
Name || **Kenneth Lee**
Grade || JV, '12
Favorite Warm-Up Rituals || "My Favorite warm ups are shooting drills. They get me really pumped and ready for anything. "If I warm up with shooting good, then I know that I can easily do anything in the game. This drill is good because it also helps with coordination for the game. Nobody likes someone who can't control the ball, and that's what shooting helps me with. If I keep practice shooting then I can for sure make an abundance of goals during the game."

Name || **Ricky Blank**
Grade || Varsity, '11
Best Match of the Year || "My Favorite match would have to be the De Anza game because I scored one amazing goal that game. The intensity of that game was great because everyone was playing their hardest and it made the playing time on the field much more fun. Because we did our best, we won that game five to four. It was a close game the whole way through and was Exhilarating to know that I helped in the team's victory. It's moments like these that I'll always remember in high school."

Name || **Selaab Ghafouri**
Grade || Varsity, '13
Lucky Charms || "I don't really have a lucky charm other than staying positive and keeping happy out on the field. I plan to become a professional soccer player so that's why I make it my goal to use those traits. My role model is David Villa and I hope to be like him when I play soccer later in life. I get especially happy when I score a goal. I dance around and celebrate a lot but since we cannot make a big scene, I keep it contained. Soccer is my life and I love nothing more than playing."

"Running is the hardest drill, but the coaches are good."

"I never know what to expect."



"There is a reason your're on the team, show and leave it on the field."
Grace Friedman '14

1. **Kaliegh Allen,** '14, has full control of the ball. "I feel confident when I get a hold of the ball and I'm on a roll so the defender doesn't get a chance to touch the ball." **Kaleigh** plays the position of forward for the Varsity team. **Allen** blocks a member of the opposing team from getting the ball.

2. **Vanessa Ramirez,** '14, JV, gets a hold of the ball while being chased by members of the opposing team and her teammates. Vanessa plays the position of middle field.

Reyna Buzon, '13, kicks the ball to try and clear it away from the other team, as well as passing it to her team mates. "I hate lossing the ball and I try my best to keep it in my control."

Daniela Blanca, '13, runs with the ball as fast as she can while many girls from the opposing team following her down the field. "It feels great to pass everyone and to get the ball and score a goal. However, it sucks when the team is losing and my team mates give up. The hardest part of playing my postition is I run a lot, support players, and I can also go up and attack to create a chance to score a goal."

1) **Kaitlin Crooker,** '13 "This year the team is great together and if we practice hard and win games, then we can make it to NCS . That would be great news for AHS because we have not gone to NCS in a really long time."

2) **Sara Fiedler,** '14, plays the position of forward. Here, she runs to catch up with the ball. "The hardest part of playing is when we are losing the game and the team is in a rush to catch up to the other team. When you look at the score and you are behind by a lot it's good motivation to do really well from then on to win."

Justine Silvers, Varsity, '14 "I hate to lose and that helps me to play harder. All the other girls on both Varsity and JV feel the same way. This keeps us safe from not falling behind in our league because we work really hard to win ." **Silvers** steals the ball from the opposing team and prepares to pass it to a team mate.

Womens Soccer by Rachelle Carrier and Ken Lee

"If you ain't running with us, run from us"
Melayna Smith '14

"Speed into the feet"
Taylor Clark '14

Black and Yellow Women's Soccer

Top Five Moments

5. Sara Ciaponni, Varsity, '14 "During the game against Hercules, I scored the last goal. It was really hard to do and memorable because it was a header goal off a corner kick. That was the best goal of my high school soccer season."

4. Nadia Mouzih, Varsity, '11 "When we beat miramonte we went into that game and expected to get killed. But that final whistle blew and we came out on top. I scored the winning goal!"

3. Lauren Upp, Varsity, '11 "I scored the opening goal during our first Berkeley game off a free kick to the lower right corner in the mud. It was really memorable, in the pouring rain at Thompson field."

2. Lauren Martin, JV, '14 "In the first game against Bancroft, Lilian Fong scored two goals in the last five minutes of the game, and we won. Afterwards, when I knew we won the energy from the rest of the team was amazing."

1. Katie Allan, JV, '14 "The JV team played against Berkeley High in pouring rain. There was a big mud pit in the middle of the feild and at the end of the game we rolled around in it."

Duncan McAdams & Durbin

Set, Flick, Smash
badminton

Team captain, **Hiu Hong Yu**, '11, and Coach Eddie Ruiz are observing the practice games to determine the skills of each player. Practice games are a great way for the athletes to develop their skills.

The male badminton players all line up to get ready to run. **Hiu Hong**, '11 "Running is my favorite drill because it feels like I get a lot of exercise."

Jessica Lam, '13, **Anne Yoo**, '13, and **Annie Fong**, '11 line up to run suicides after the guys. Running is a part of their daily warm-up routine after the team finishes their stretches.

On court one, **Hiu Hong Yu**, '11, **Estelle Yeung**, '12, **Vanessa Lin**, '14 and **Guan Lin**, '11 play mixed doubles. **Guan Lin**, '11 explains, "I hope to finish the season strong since this is my last year playing."

Tony Yin, '12, serves the birdie to start the practice double game. Meanwhile, **Andrew Nguyen**, '13 and **Alec Cheung**, '12 are getting ready for the return.

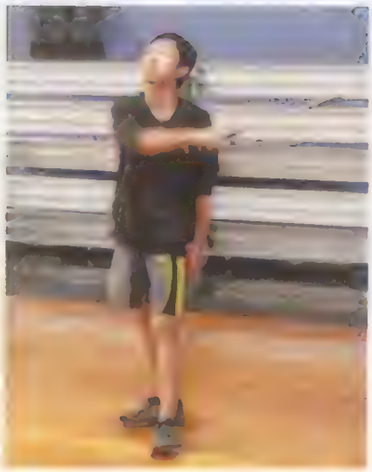
Andrew Liu, '12 and **Tony Yin**, '12 wait for their turn to play practice matches. While waiting, the two warm up with by rallying the birdie back and forth.

Zhicong Chen, '13, and **Stephen Yang**, '13, practice playing their double matches against their opponents. Constant practice with teammates helps to develop a strong team.

Timothy Ling, '13, and **Aric Yu**, '13, practice their teamwork in doubles matches. Playing doubles requires good communication between teammates.

"Rely on yourself.
If you make a mistake it's your fault
not someone else's.
-**Ben Au**, '13"

On court three, **Sam Zhao**, '14, and **Zelin Yang**, '13 practice playing their single matches by rallying with each other. This is a great way to try out the new techniques that they've learned.



1) **Jeffrey Lee**, '13, rallies with his friends for practice. "I like badminton because the experience is fun and you get to meet new people."
2) **Sam Zhao**, '14, prepares himself to make a great hit to the opposing team. This is **Zhao's** first year playing badminton for AHS.

Ben Au, '13, **Jenny Yang**, '13, demonstrate techniques and new tricks that they will use during the game. The rest of the team sits on the sidelines to observe the new moves.

Tyson Chan
13

"One of my favorite warm-up drills is running to get ready for practice. Also, I like to do a lot of foot work drills to get ready for playing. You never know when something is going to happen. Lastly, hitting drills are good because hitting is very important. You have to have good form and be able to hit the birdie."

Jacky Ng
13

"My favorite memory of playing badminton is when we won our first away game last year. I also played with Tyson for the first year. Badminton is easy exercise and I can play with a lot of people for fun."

Annie Fong
11

"My favorite memory is when we massaged each other's backs during practice. One of my favorite warm-up drills is free play with friends before warming up and after conditioning. Winning a match is my biggest reward."

"Badminton is a fun sport. I always look forward to going to practice and playing."
-**Alyssa Gaddi**, '13

I think we have a strong connection as a team and I am just glad to be apart of it.
- **Chris Maier**, '12

Hit, Run, Score!

baseball

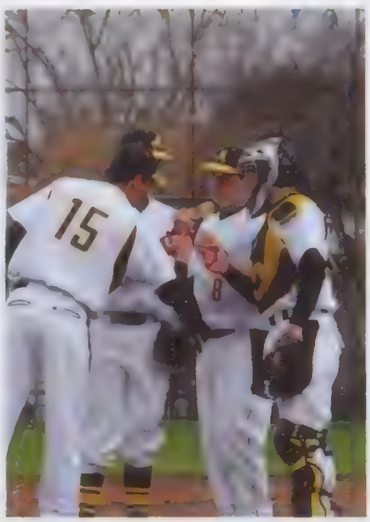
Name || **Eric VanWinkle**
Grade || JV, '13
Best Memory||
VanWinkle has been playing baseball competitively for the last ten years. It is his dedication that helped him earn a spot as short-stop on the JV team for the second year. **VanWinkle** recalls, "My best memory from last season was playing against and beating Enicinal."

Name || **Victor Verducco**
Grade || JV, '14
Most Competitive Game ||
Third baseman, **Verducco**, has been playing baseball in a competitive league for over nine years. **Verducco** comments, "I am most excited for our game against Encinal this year because they are our biggest rivals. Also, I have a lot of friends who play on the Encinal team so it will be fun to have the chance to play against them."

Name || **Brandon Woo**
Grade || Varsity, '11
Favorite Team Ritual ||
This is **Woo**'s third year playing on the school's baseball team. As a Senior, **Woo** earned a position as one of the team captains alongside players **Trent Yee** 12', and **John Ruck** '11. **Woo** comments, "Before a game the whole team comes together in a group huddle, and we shout out chants to help us get pumped up and ready to play."

Kyle Leong '11 says, " I enjoy playing baseball because I love the competition between us and the other schools. The euphoria that comes with winning is worth each day of work that we put into our game. My team is my second family. I would do anything for anyone of them and I know that they would do the same for me."

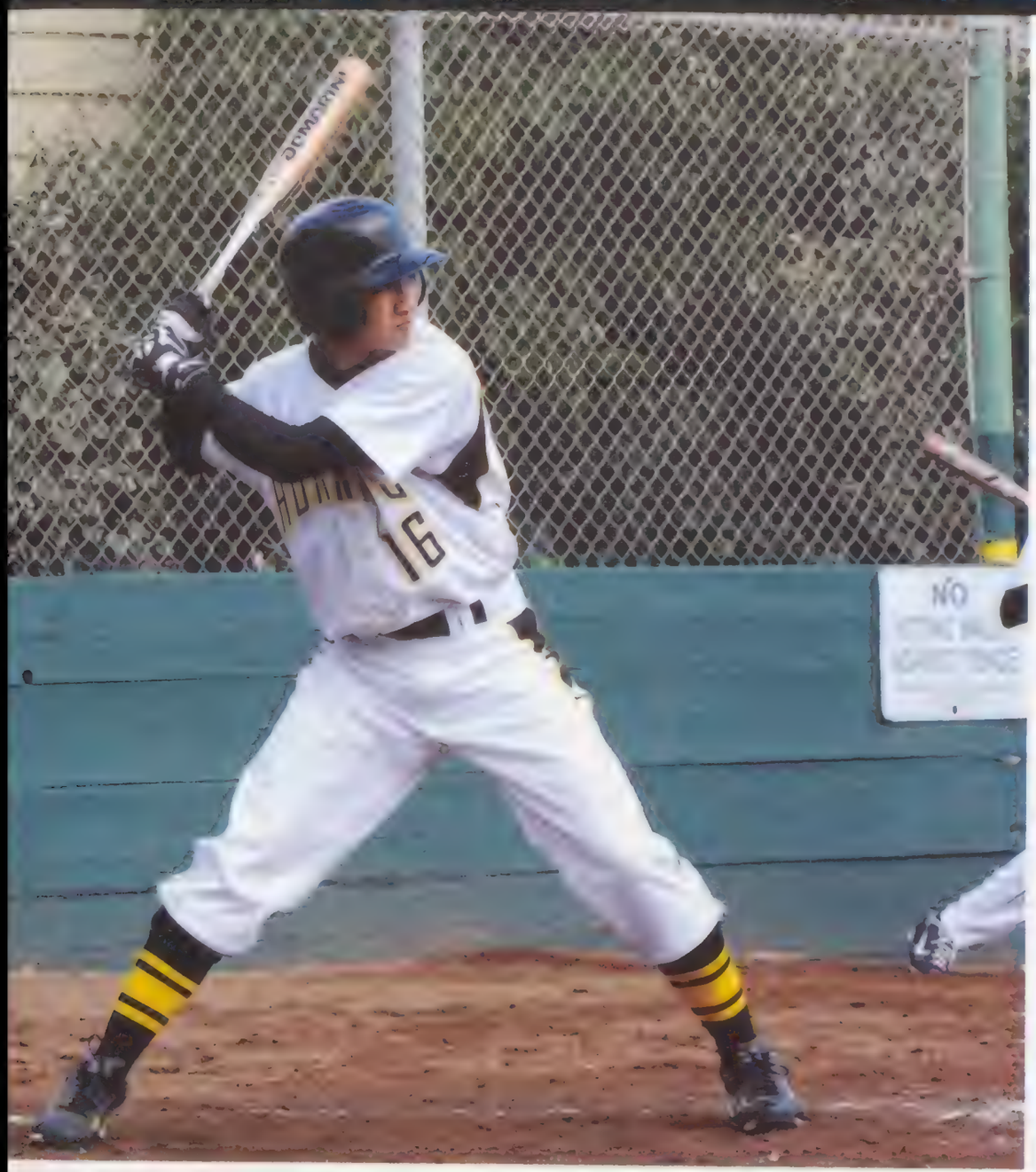
Varsity players, **Jeese Lewis** '13, **David Elzig** '12, and **John Ruck** '11 come together before the start of the game to give each other words of encouragement. **Elzig** comments, "We have all been playing together for so long that our team chemistry is pretty great."



Chris Scyphers '13 winds up to pitch during the Hornets first game of the season against Las Lomas. **Scyphers** comments, "I'm really looking forward to this year because our team shows a lot of potential."

Baseball by Andrea Myovich & Kelly Huang

This is my first year on the Varsity team but I have already developed a level of comfort with my teammates. We work hard, and play hard together. - **Fred Smith**, '13

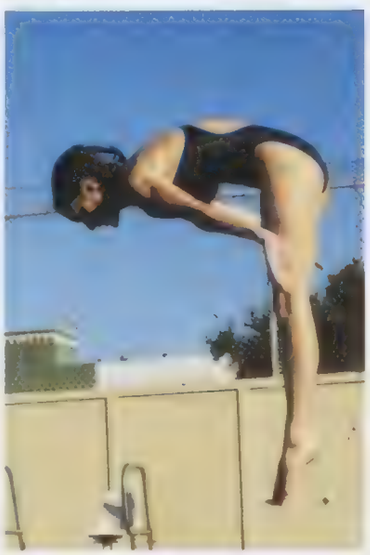


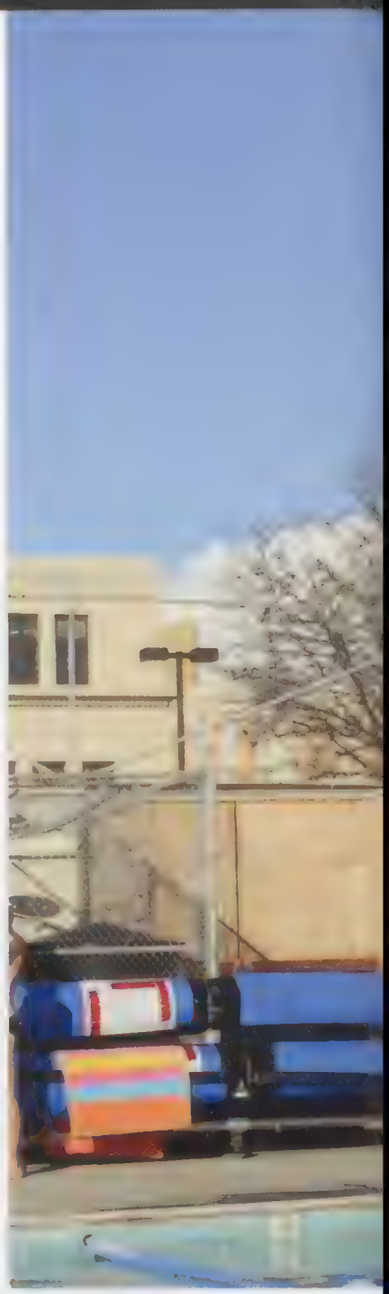
Tyler Cobb, '11 says, "I love my position on the team because the pitcher establishes the tempo or pace of the game. I enjoy pitching because there is usually an amount of pressure, and I like having that weight rest on my shoulders. Also, I like making batters look silly."

1) Outfielder, **Keegan Tatum** '12, alternates back and forth holding a position on both the Varsity and JV teams. **Tatum** says, "We have a lot of good talent, depth, and team chemistry this year. We also have great leadership which is displayed by our team captains."
2) **Chris Landcaster** '11 steps up to bat during the second game of the season against Tracy High School. In the first game of the season, they beat Newmark Memorial High School, and carried on their winning streak by dominating over Tracy HS, 6 to 0.
3) Catcher, **John Ruck** '11, has been playing baseball competitively for over ten years. **Ruck** comments, "I am most excited for our game against either Pinole Valley or Clayton High because those schools are our biggest competitors."

Diving is the greatest
because you can do crazy tricks.
-**Doug Hebel**, '12

Sam Embry, '11, preforms a one and a half somersault in the pike position. "To be able to pike successfully, flexibility and air-awareness are important," says **Embry**. During competitions, dives are scored based upon the degree of difficulty, height, and distance from the board. With three years of diving experience, **Embry** hopes to compete in NCS and finish strong with his fellow teammates. To qualify for NCS, one of the divers must have a total score of 280 or above.





1) **Tiki Garcia**, '12, sets her dive in the air as she pikes into position. Setting the dive is important because it allows the diver to enter the water as straight and as gracefully as possible. Valuable points can be deducted if the diver enters the water crooked.
2) **Tanner Embry**, '13, jumps into the air while performing a hurdle, which allows him to land accurately on the end of the board. This is necessary for completing the dive, as it makes him launch straight into the air. "Diving is really scary at first, especially when you're a beginner. But if you keep practicing then you get over your fears," states **Embry**.

Coach Maureen Mitchell, leads stretches before the team competes in the diving meet. Stretching is an important component before and after diving because it helps relax the muscles, making it easier to complete successful dives.

Skillfully testing his distance from the board, **Jordan Butler**, '13, plunges into the water with a front jump. This allows **Butler** to be comfortable with the board before he begins diving. Practicing jumps before diving gives him the confidence needed to perform complicated dives.

I love the feeling of accomplishment after you've completed a dive you've worked on for weeks on end.
-**Sam Embry**, '11

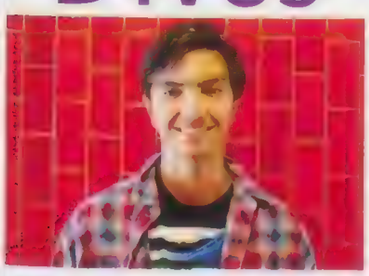
Get It Up

diving

Smoothly transitioning into her pike, **Jade Pavao**, '11, rotates towards the end of her reverse dive. **Pavao** tries to maintain a poised position in order to gain points when entering the water.

Preparing to dive into the water, **Lauren Williams**, '13, pushes off with her right foot to gain momentum. By pointing her hands, she is enabling herself to break the surface of the water.

Top Five Dives



"I just started diving so I can't do that many dives yet, but my favorite is the reverse dive. "
-**Doug Hebel**, '12

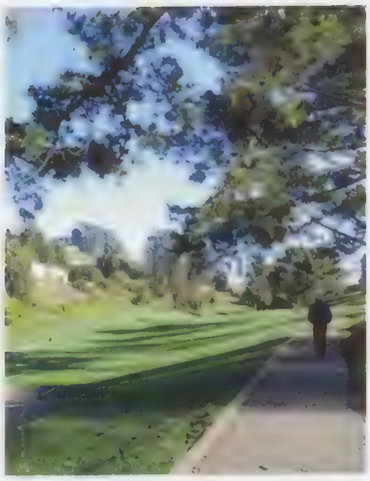
"I want to learn how to do a back somersault half twist because I was good at it last year, and I lost my ability to do it."
-**Tanner Embry**, '13

"I've been trying to do a reverse dive for a long time but I can't seem to get it right. To put it simply, you jump forward but flip backwards."
-**Koe Inlow**, '14

"My favorite dive is a 1 and 1/2 somersault because I used to do gymnastics and flipping was my favorite part. I want to be able to do a front somersault half twist."
-**Jade Pavao**, '11

"My favorite dive is an inward dive because I can do it the best and it looks well done. You stand facing the board, jump back, and dive forward."
-**Tiki Garcia**, '12

Angel DeSousa Danielle Oshiro Sam Merz



Coach Glen Oetman, walks with the team and watches them very carefully. "I love watching the boys improve on there game during practice and see them play well during matches," says Oetman.

Nick Beach, '12, warms up his chipping game on the putting green before the match. "My short game is my hardest to keep consistent," says **Beach**..

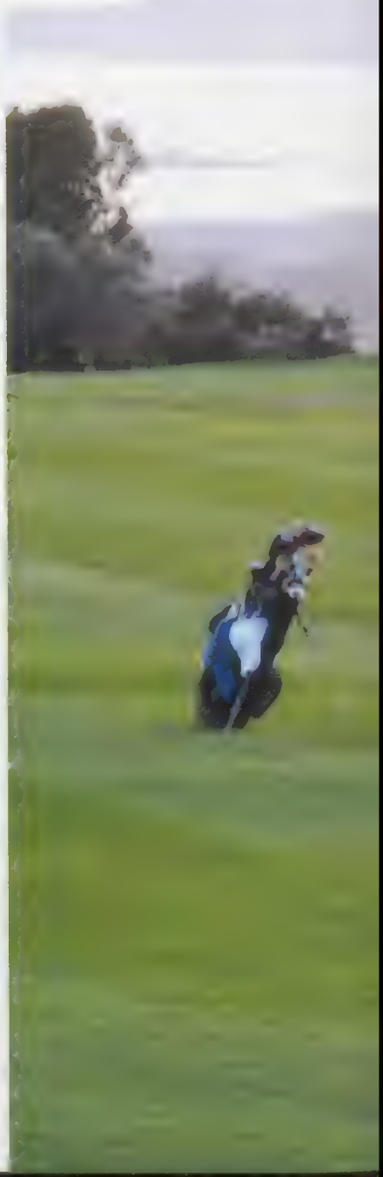
Four of the starting six golfers warm-up on the warm-up green at Mira-Vista Country Club. The clubhouse looks out over the Golden Gate Bridge and all of San Francisco. "It's a wonderful view," says **Shawn Carrol**, '13.

Even Par

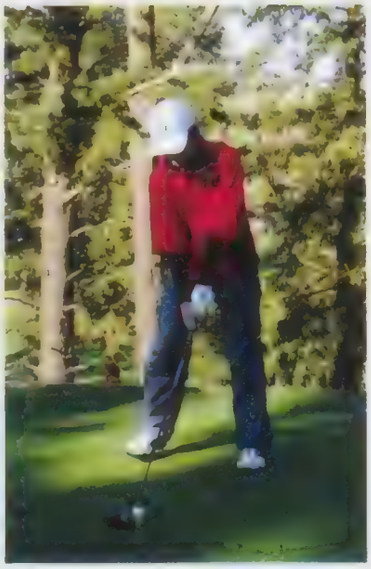
men's golf

Nick Beach, '12, and **Shawn Carrol**, '13, analyze the hole before they tee off. "Hitting a good drive to start off the match is crucial and it pretty much sets the tempo for the match," says **Beach.**

Zihao Wang, '12, and members from the other team walk down the 6th fairway at Mira-Vista to where their balls are located on the course. Its one of the best views in the bay. Not only can you play a great round of golf but the gorgeous view put the icing on the cake.



Dakare Dixon Essien, '12, concentrates at the tee box as he tees off on the first hole of the El Cerrito match.



David Na, '14, gets ready to hit his drive. "This is my first year playing for AHS and it's an honor to be in the starting six as a freshman," says **Na**.

Shawn Carrol, '13, explains that he "can hit the ball onto to the green from 150 yards but from 25 yards and shorter it's harder. I always have room for improvement on my short game," says **Carrol.**

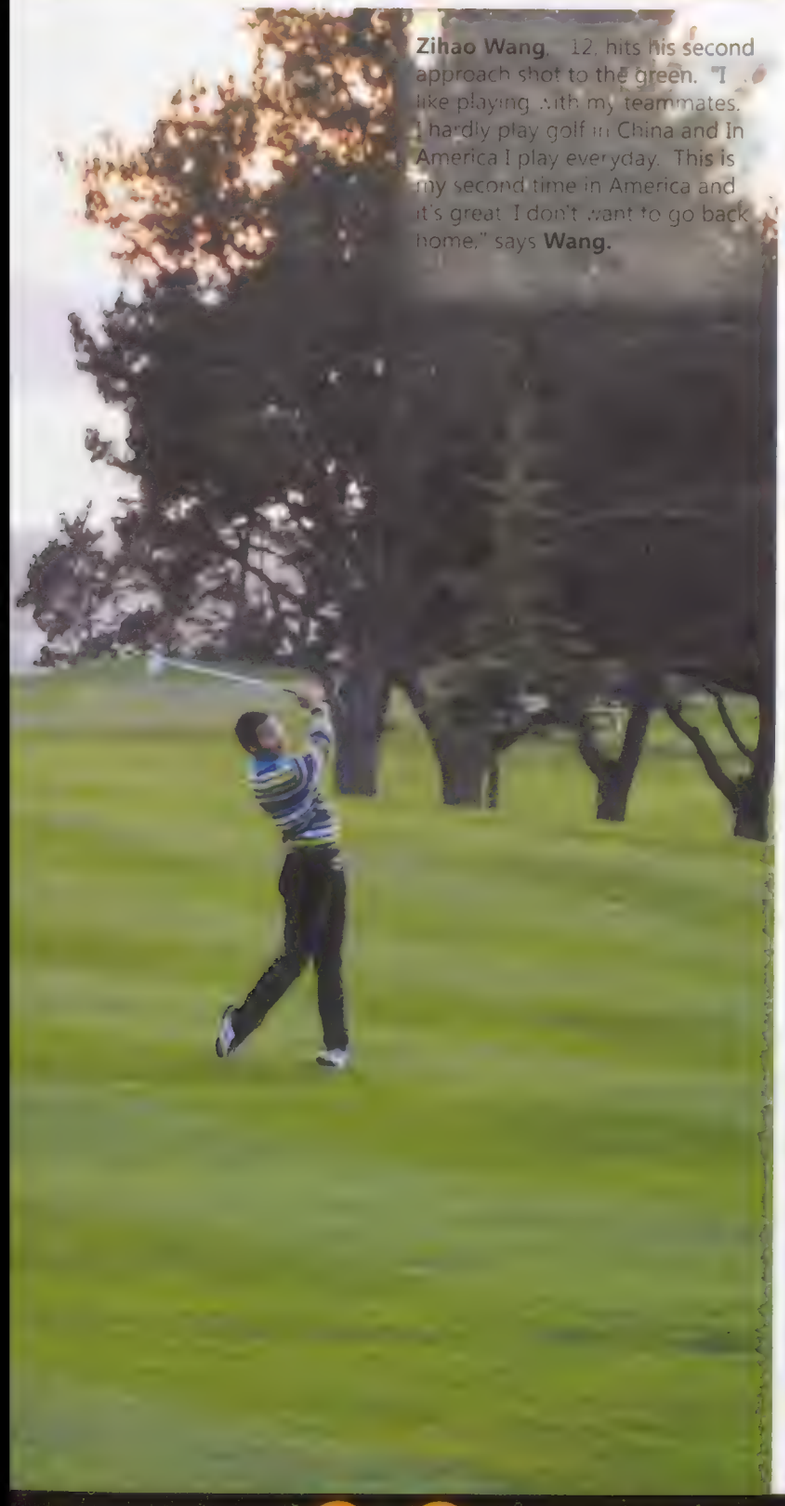
"It's great how we all get to play home games. Even though not all of our scores count, the environment and feel of a real match is intense."

Zachary Kjelland, '14

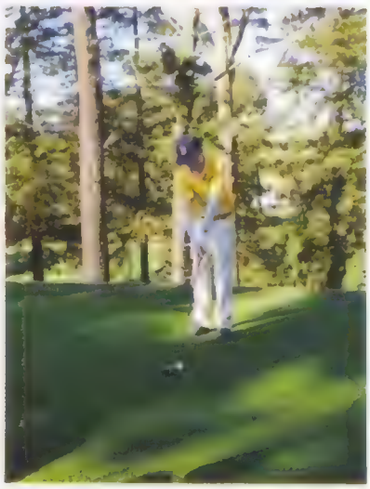
Derek Snediker, '13 tees up his ball and gets ready to start off the match. "This is my 4th year playing golf and my 2nd for the high school. I practice everyday with the team or without," says **Snediker**.

1) **Kevin Kinney**, '13, addresses his ball and concentrates hard to hit a nice solid shot. "It's a fun sport. I play my own game and it's not as stressful as a team sport. Although all of our scores add up in the end, it's my own game," says **Kinney.**

2) **Bryan Gee**, '11 walks down the 8th fairway at Mira-Vista country Club "It's one of the nicest courses I have played. It has a great view of San Francisco," says **Gee**.

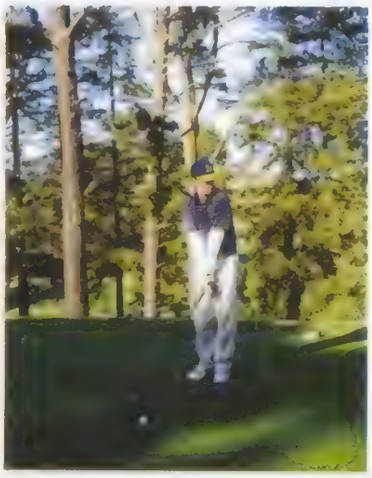


Zihao Wang, '12, hits his second approach shot to the green. "I like playing with my teammates. I hardly play golf in China and In America I play everyday. This is my second time in America and it's great. I don't want to go back home," says **Wang.**



Name || **Derek Snediker**
Grade || Varsity, '11
Favorite Warm-Up Rituals || " I love playing for the high school. This is my second year and it's fun. I get along well with my teammates and I love playing at nice country clubs. Before a match I usually just go to the putting green and work on my short game. I usually do it by myself to concentrate and get focused. Golf is a game of focus and concentration. I concentrate on every shot I make."

Name || **Nick Beach**
Grade || JV, '12
Favorite golf memory || "One time when I first shot a 78 which was the first time I shot under 80 it was on the North Course at Chuck Corica in Alameda. It is still tied for my best round ever on that course. I felt accomplished when it happened and now I know I can do very well and that will become the score I will strive to beat one day."



Name || **Bryan Gee**
Grade || JV, '14
Funniest Golf Memory || "I don't really have a funny golf memory but when we arrived at Mira-Vista Country Club I forgot to bring my belt and so I used coaches $60 belt and played well."

"It's really fun playing with my teammates. I enjoy practicing with my friends and socializing as we play.
- **Angus Storm**, '13.

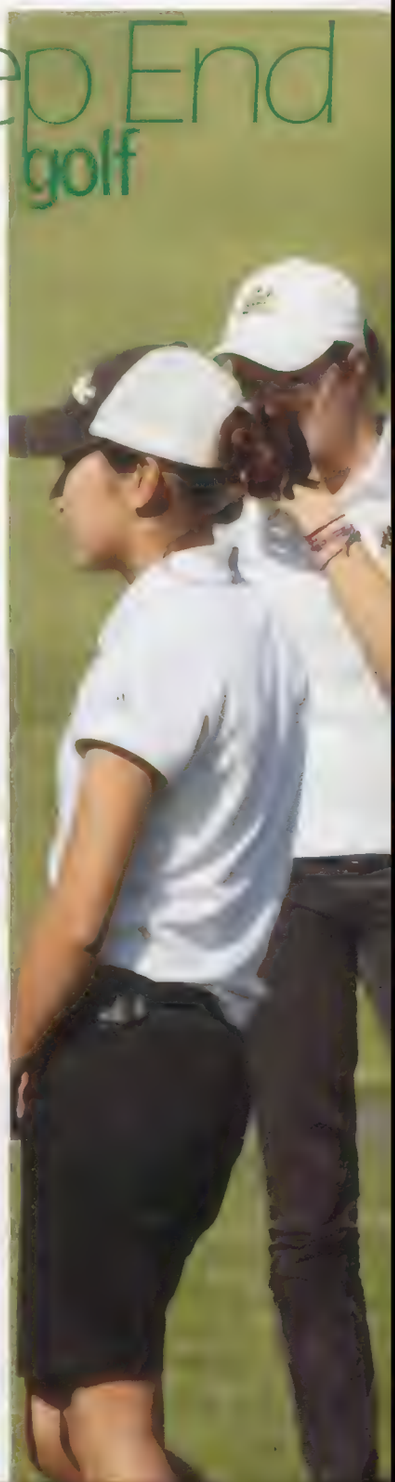
1) **Carly Childs**, '12, is in mid swing as she tees off with her driver to shoot a far shot down the fairway.
2) **Carly Childs**, '12, and **Anina Oliver**, '13, shake hands with their opponent before their match. Golf is a friendly but competitive sport. **Oliver** respects her opponent, but tries hard to beat her on the course.

Going Off The Deep End

golf

Grace E. Na, '12, tees off and shows a perfect motion as she follows through with her shot. **Grace** and her cousin, **Grace Na**, '11, are on the team and they love playing together.

Coach B, **Grace Na**, '11, and **Samantha Esguera**, '11, show off the 2nd place trophy they won in Rancho Cucamonga for NCS.



Anina Oliver, '13, **Emerald Chan**, '14, and **Katharine Dimitruk**, '13, anxiously watch their teammate tee off. It is a team effort. The top 5 scores get submitted after each match. Therefore, looking out for your teammates is crucial.

Buzzy, sits on the head of a golf club and enjoys the sun shine on a beautiful day.

Katharine Dimitruk, '13, and **Anina Oliver**, '13, have been friends for a while now, they like being out on the course together and spending time talking, while playing the sport they love.

By Kevin Kinney, Angelica Rivera

"My hardest shot is out of the sand trip."
Katharine Dimitruk '13
"The feeling after a win is undiscoverable."
Carly Childs '12

1) **Carly Childs**, '12, **Anina Oliver**, '13, and **Emerald Chan**, '14, wait for their turn to tee off. Even though it's an individual sport, they still play as a team and at the end of the match the scores are added up. The girls golf program is expected to do excellent every year
2) **Grace E. Na**, '12, reviews her score-card before she gets ready to tee off. **Na's** favorite match of the year was Nor-Cal in Stockton, where her team came in 1st unexpectedly.
3)Coach Stephen Burrnett has been the women's golf coach for 4 years. He enjoys it because he loves winning state

Grace E. Na, '12, **Carly Childs**, '12, **Anina Oliver**, '13, **Emerald Chan**, '14, and **Katharine Dimitruk**, '13, wait for their turn to tee off. Grace is a Junior and has been playing for 4 years. This is Katharine and Anina's 2nd year playing, while it's Carly's 3rd year of playing golf. "It's going to be pretty hard to fill my sister's (Emily Childs) shoes who was a great golfer here at Alameda High two years ago but I ... I do my best to beat her" says Childs

Name || **Emerald Chan**
Grade || Varsity, '14
Best Match of the Year || "My favorite and most comfortable club that I hit is my driver because you can get a lot of air on it and hit it far. One of the most toughest variables in golf is the wind. You always have to adjust your shot to the wind if there is any. It can be a very tough process and frustrating. It's really nice to know that you have the number one player in California Grace Na."

Name || **Grace Na**
Grade || Varsity, '11
Favorite Part of Golf, Hardest Shot || "It's nice to do an independent sport to take responsibility for yourself. It was a memorial year and to play as a team for the sport was remarkable. My game varies from day to day. Conditions and other factors make certain shots each day difficult. My game is good and bad, its very situational depending on a lot of variables."

Name || **Katharine Dimitruk**
Grade || Varsity, '13
Lucky Charms || "I personally like the feel and the way I hit my 7 iron. I like how it goes straight and smoothly down the fairway. The wind plays a huge role in the way the shot travels. You have to adjust the way you shoot and how you shoot. It was a great honor playing with Grace this year, watching her practice was amazing. I felt proud of the team and it was very inspiring having her with us."

"My favorite feeling is hitting good shots." **Emerald Chan** '14
"My game play varies from day to day" **Grace Na** '11

Softball has been a really big part of my life.
It pushes me mentally and physically.
I enjoy every aspect of the game
and becoming a better team player.
- **Lexus Rawlyk**, '13.

1) **Mariko Stenstedt**, '14,focuses her eyes on the ball and begins to swing through fully to make a great hit.
2) The Varsity and Junior Varsity warm up together everyday before practice. It is important to warm up and stretch so injuries do not occur.
3) "I love being close with my team," states **Mia Musso**, '13. "It's the best to do well and work hard with everyone."
4) **Katherine Johnson**, '13, plays pitcher for the Varsity team. She is a force to be reckoned with this season.

Softball could easily be classified as one of the most intense games. Facing long hours of practice and rough field conditions, the girls softball team are proven fighters. "I love my team. We have a strong bond on and off the field," says **Gia Morten**, '12.

Jessica Ravetti, '13, scoops up a grounder swiftly with her left arm while using her right hand to protect the ball. This is always a good technique to use when playing softball because it keeps the ball from falling out of the glove when making a play.

Briana Kelly, '14, stares down her hit while swinging all the way through. To make a great and strong hit , it's always a good idea to keep your eye on the ball and swing with the most power as possible.

"I always have fun when I'm playing softball, especially because of the team. They're so much fun to be around and I love spending time with them everyday. We all become really close during the season," says **Carrie Lee**, '13. **Lee** has been playing softball for ten years and hopes play for the remainder of her high school career.

Softball by Veronica Hall and Angelica Rivera

"Softball has been my life since I can remember. It's given me so much self empowerment and strength. I believe girls do it bigger, better, and dominate the field anytime or any day!
- **Drew Jones**, '12.

Hey Batter Batter

softball

"Softball is a really important to me. I work hard everyday to improve," says **Alexis Konstantino**, '13. "I enjoy the competitive edge, but I have fun at the same time."

Catilyn Shener, '14, dives for the ball with ease to make the perfect catch. Diving is something that you must do in softball in order to make good catches and quick plays. It may be dirty and at times, painful, but any dedicated softball player will make a dive without a problem.

Alicia Fong, '11, makes a quick throw to a teammate during practice. "My favorite thing about softball is that it's unpredictable. Anything can happen at any given moment; it only takes one thing to start a rally," explains **Alicia Fong**, "I started playing because of my dad. He loves baseball, so he taught me how to play when I was little."

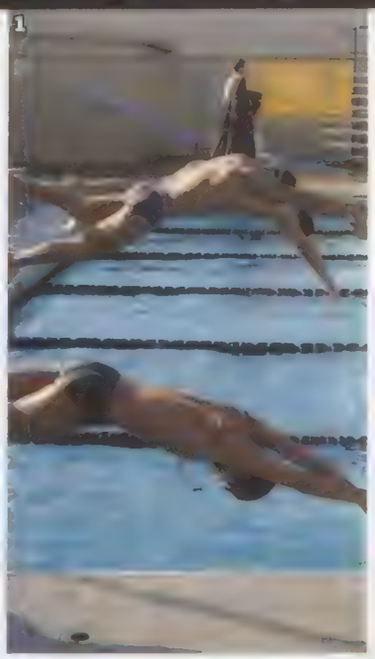
About your ... Hornets

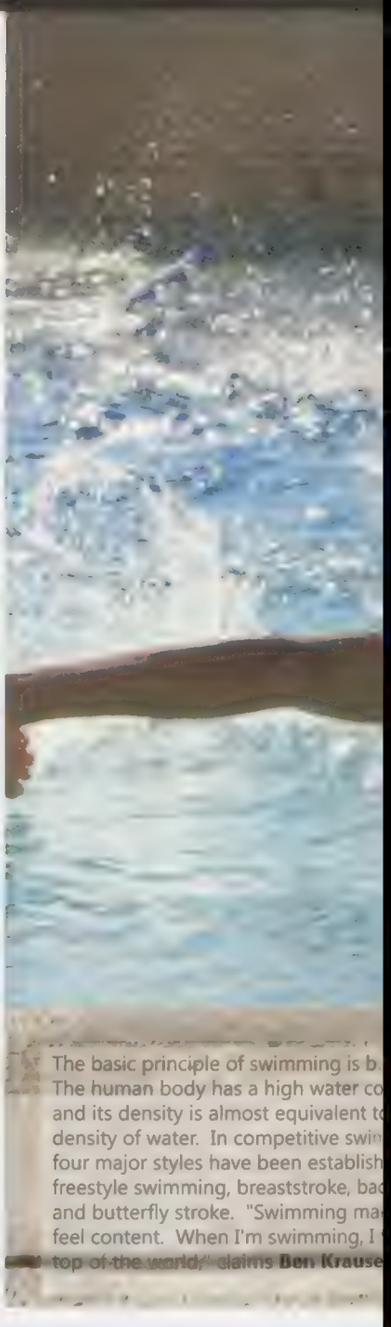
Megan Averitt, '11, plays center field for the Varsity softball team. She has been playing since she was five years old when she first began playing Bobbysox. She also played for AGSA, so she is extremely familiar with the game.

"Softball has always been a great passion of mine. I love the adrenaline and excitement it gives me during a game. **Averitt** will continue to play softball after high school at Dartmouth College in New Hampshire.

Gabriel Benin, Brian Deng & Michele Leung

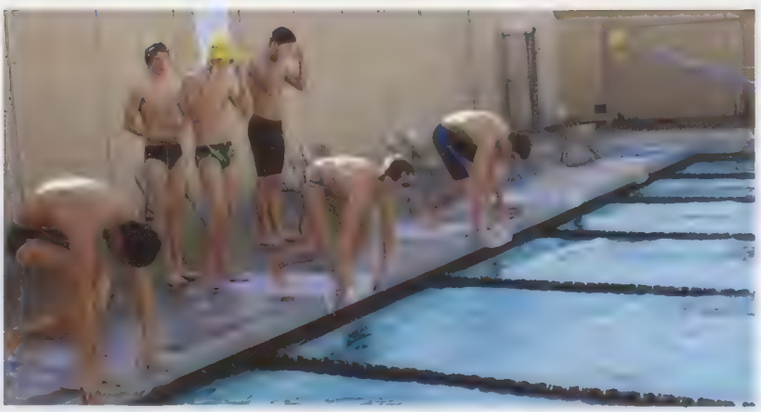
"Swimming is
an amazing feeling."
-**Bobby Ingram**, '12





1) Two swimmers dive far into the pool to begin their race. Swim meets consist of many swim teams from different schools who travel to compete.
2) **Evan Shum**, '11, performs a backstroke to warm up. The backstroke gives the advantage of easy breathing, but the disadvantage of swimmers not being able to see where they are going.
3) The swimmers take a dip in the pool to get a better feeling for the water before their competition. **Thomas Rawl**, '14, later says, "Warming up is an essential part to swimming. It gets your body used to the water temperature, and it helps before the race."

The basic principle of swimming is b
The human body has a high water co
and its density is almost equivalent t
density of water. In competitive swim
four major styles have been establish
freestyle swimming, breaststroke, bac
and butterfly stroke. "Swimming ma
feel content. When I'm swimming, I
top of the world," claims **Ben Krause**



While waiting for his turn to get into the pool, **Steven Montoya**, '14, stretches. "This is my first year on the swim team and I love swimming. My teammates are supportive of me. Each practice I improve my swimming and before any competition I prepare myself mentally and physically."

Bobby Ingram, '12, practices his backstroke in the middle lane. "The backstroke is a relaxing style of swimming because it is not as fast as the other styles. Swimming in general is an amazing feeling, you should get in the pool whenever you have the chance!"

Swimming is fun and
it works out your muscles.
-**Myron Leung**, '12

Just Add Water

men's swimming

What motivates you to SWIM?

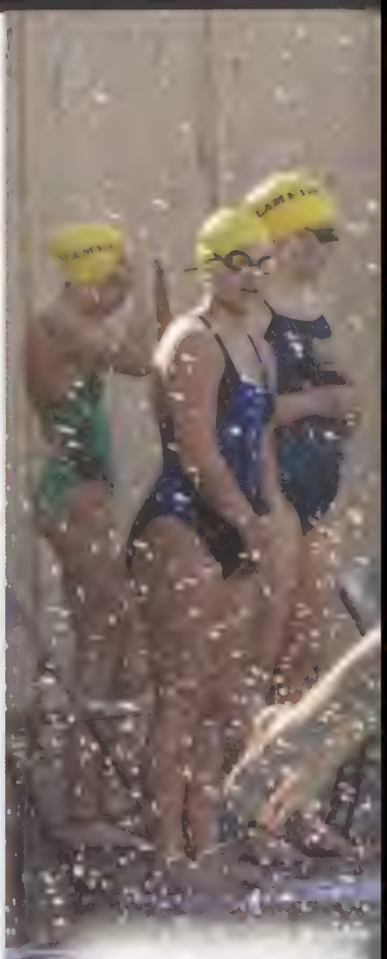
Before the race **Dennis Wong**, '13, mentally prepares himself. "Swimming is a good way to get exercise and have fun at the same time."

"Competitive swimming is a pretty friendly sport but it can also get intense. When there is a really good swimmer on the other team, we all step up our game," says **Kevin Chen**, '13.

"Swimming relaxes me. The feeling of relaxation combined with the thrill of competition is amazing. There is no better feeling than when I am swimming," says **Myron Leung**, '12.

My favorite stroke is butterfly
because I like having
the feeling of the momentum.
-**Daisy Vo,** '12

Prenisha Guam, '13 says "I think that my favorite part about the swim team is meeting new people. When you first start swimming, all you really focus on is trying to improve your own strength. You want to practice all the time so that you can be the best. But now that I have spent a lot of time with my team, I realize that the most important thing is that your team becomes stronger as a whole, physically and mentally.".



Monica Lim, '11 and **Fiona Wong**, '12 take a break between laps to have a chat. "It was really difficult when I first started swimming, I think I drank more of the pool water than I actually swam in. But after a while, I've actually learned to love it!" recalls **Lim**. "It's pretty hard but I've worked at it and the coaches here at AHS are really supportive, so it gets easier. "

The butterfly, a.k.a. fly, is considered one of the hardest stroke. Many beginners struggle with the fly because it requires the techniques to be feasible. A strong shoulder and legs are needed. **Julia McLean**, '11, seems to have mastered the fly and performed it beautifully.

Cynthia Hughes, '11, dives into the pool for a 100-meter butterfly. **Hughes** has been on the swim team for all four years. She is currently one of the captains and a valuable swimmer to the team.

Koe Inlow, '14, and **Jessica Alvarado**, '13, take a break from practice to smile for a picture.

Tiffany K. Le, '11, swims her way to victory during the Tracy meet. **Le** describes the 100-meter breast-stroke event as her favorite.

It's common place for the girls when their goggles lose suction and water gets in their eyes.

The girls mingle while they wait for their coach to come out and start practice.

I like swimming because I feel like a dolphin. And of course, Coach C is the best person in the universe...
-**Esther Paik**, '12

Just keep swimming

Top Stroke

Women on the swimming team agree that freestyle is the best stroke because it is easier than all of the others and you can go faster than some of the other stroke do.

"My favorite stroke is freestyle because it's really calming and it relieves stress. It's the easiest for me. Whenever I am just swimming for fun, I do freestyle."
-**Monica Lim**, '11

Morgan Hashimoto, '14:
"Freestyle is my favorite because it is the only one I am fast at. When I swim butterfly, I choke every other breath. Backstroke, I hit the lane lines and when I do breast stroke I don't even move."

Megan McGrath, '11, takes a breath while swimming a 50-meter freestyle event.

Michael Bugann, Huy Vo & Bryan Gee

Andrew Courtland, '12, shows off his skills by serving the ball. He is one of the best players on the team and has been number one on the Alameda team for two years.

Courtland quotes, "Tennis helps me fine-tune my mind as well as keep me in shape." He enjoys participating in tournaments outside of school.

After playing for only four years, **Courtland** placed "top ten" in the Northern California under 16 age division for both singles and doubles, a very impressive feat.

Serving it UP

men's tennis

Kenny Thon '12, gets ready to hit the ball onto the other side of the net. **Thon** says "I've been playing tennis for two years now. I have always enjoyed playing with my friends on the court for fun. It inspires me when I watch the pros on TV. I would like to become a professional tennis player someday."

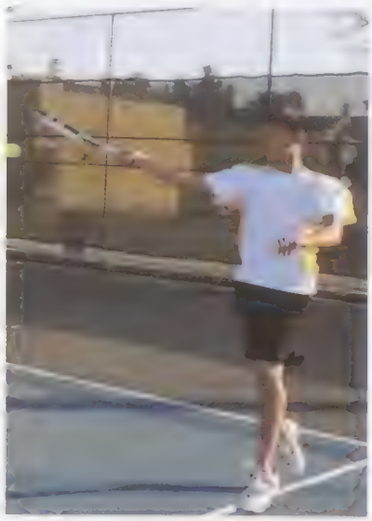
Brian Wong, '13, reaches for the ball while warming up before a game against Richmond. "I want to play tennis for college but it is hard to get a scholarship so I will just keep trying. "

Men's Tennis by Casey Thiering and Katie Allan

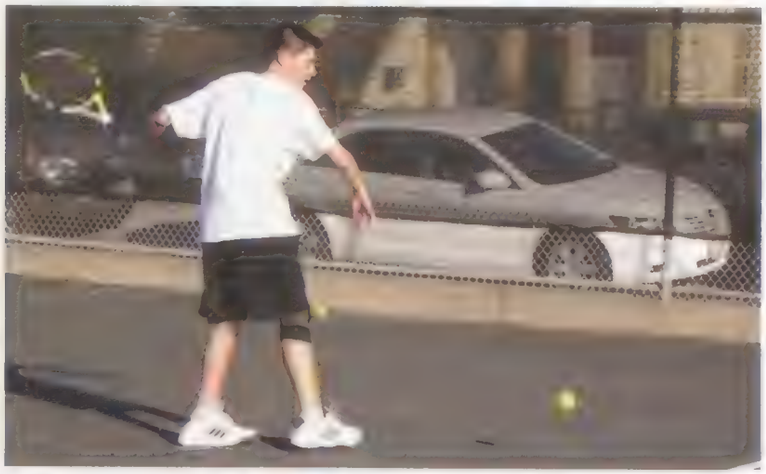
"Never give up"
- **Nate Putnam**, '14

Brian Wong '13 serves up the ball to his opponent. "Tennis is a sport that really fits me. I love doing it."

Kenny Thon, '12, jumps in the air to swat the ball away. It takes a lot of accuarcy and coordination to perform a good hit.



Eric Jung, '13, prepares to hit the ball while playing doubles. Tennis is a sport of patience. Players report that it is both amusing and relaxing. Additionally, the game has a quick pace so the players mst be prepared at all times.



Mathew Woo, '14 and **Eric Jung**, '13, play together as an agressive team. On doubles they can battle against two other opponents. **Woo** explains "I really like doubles compared to singles because having a teammate to get my back helps out a lot. It feels good when I get my partner's back too." To compare skills with a partner on the same side helps to sharpen and improve both players' skills.

1) **Nathan Putnam**, '14, is ready to strike the ball with his racket. Running is very important in tennis because the ball goes all over the court. " I really like tennis because it gives me the oppurtunity to make new friends," says **Putnam**.
2) **Nicholas Raber**, '12, waits for the ball to come to his side of the court while he plays doubles with his partner. While playing doubles, players can run to the ball sooner and decide where to hit it.

"Practice as much as possible."
- Kenny Thon, '12

"As a track team, we run about 11 miles per week, but it isn't just running. Every step we take, we take with our teammates besides us and with our coaches support. Sure, there are days that we would rather not run, but everyone picks each other up and makes it easier to run our route. I would say that the meets and races are the best because we get to travel around the Bay Area and scout out the competition. A lot of people think the Track team is just running nonstop. But it's not. I consider it to be more of a family," explains **Maria Sazo**,'14

Get Ready, Get Set, G

track & fiel

Evelyn Jo, '14, stretches before practice officially begins. Stretching, especially for a runner, is important because it loosens up muscles. If an athlete doesn't stretch, the risk of getting injured is much more likely. Coaches emphasize to their team the consequences of not stretching. Along with stretching, eating correctly and keeping yourself hydrated is very critical. Runners have to maintain a balanced diet to assure that they will be able to run.

1) **Sophia Xu**, '14, has always had a passion for running. "I could run for hours. I love the rush it gives me and the wind flowing behind me," she explains. "As a freshman, it was a bit intimidating joining the team because everyone is already familiar with how things worked. But the upperclassmen were really helpful so I adjusted quickly. I hope to continue running track for the remainder of my high school career."

2) **Anh Vo**, '13, prepares to throw a discus. This task is extremely difficult to do and takes a lot of practice to accomplish. **Vo** loves this event because he loves to see how much he has improved throughout the season.

Track & Field by Angelica Rivera

"I like running the relay race because I love working with others for a common goal. It's a great feeling to win as a team."
- **Taylor Owyang**, '13

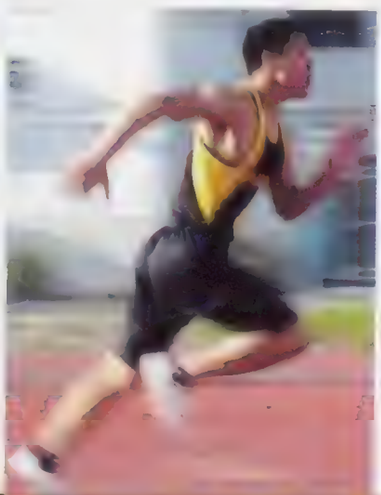
Dominica Vitucci, '11, has been running Track for four years. Her favorite part is meeting new people.

"With Drama performances and school, Track helps me get my mind off of things. I just concentrate on running and nothing else. I have a good stamina which makes me run faster and longer. The most important part of Track is never giving up and always wanting to improve,"says **Grace Wood**,'11.

Track and Field practice usually starts off with jogging a few laps. This allows the runners to get loose and warm up so that they can feel ready before the official start of practice.

Name || **Andrea Myovich**
Grade || '12
Favorite Memory || "This was my first year on Track. I really liked the team because they were all supportive and welcoming. My favorite memory was the Dublin D-Fest. I enjoyed it because they played music while we ran so it seemed somewhat easier to run. It was a really fun meet with the team. I am a part of the "distance girls" and when we are together, we feel like a family," says **Myovich**.

Name || **T.J Hadidian**
Grade || '11
Favorite Match of the Year ||"My favorite match this year was at the Dan Gabor Distance Festival. I ran the 1600 meter race in the time of 5:02.21. Although I had some tough competition, I remained focused the entire time. I won first place. Everyone congratulated me and I really loved the feeling of winning. From that point on, I went to every race with a new mentality. I never doubted myself and always tried to exceed expectations," says **Hadidian**.



Name || **Derric Lee**
Grade || '11
Favorite Meet || "My favorite meet this year was the Skyline Invitational. It was our first meet of the new season, so all of the rookies were pretty nervous. However, we all performed at our very bests and the outcome reflected all of our hard work. Returners were really excited to be back and we were all really impressed with our rookies," states **Lee**.

"Running track helps me free my mind from everything else that is going on around me."
- **Sara Ciaponni**, '14

1) **Almir Tudjinovic**, '13, tips the ball over the net, to score an extra point for the JV team. The JV team agrees that gently pushing the ball over the net, is the easiest way to gain a point. This is because the other team does not expect a short pass

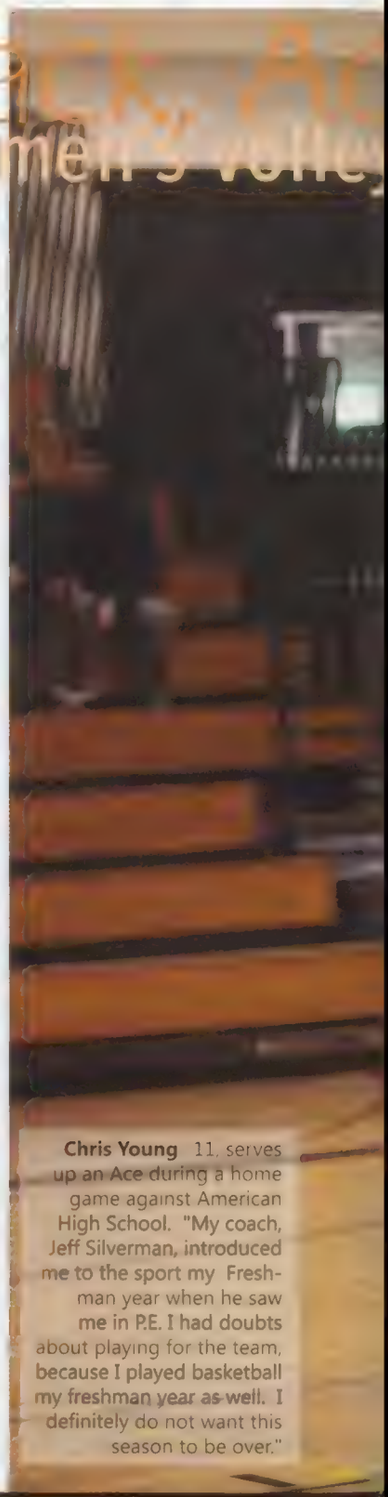
2) **Kareem Badr**, '13 , has taken the spot of captain in his first year playing volleyball or AHS. "Being one of the captains, makes me feel more like a leader and enables me to act like one for my fellow teammates. "

Assist, Atta

Both **Alex Chan** and his twin **Chris Chan** ,'13, have a great time Cheering on the boys while they take a break away from the court. "The best thing to hear while your playing is the support of your teammates and coaches," explains **Alex**. The brothers both agree that hearing strict criticism is the best way to improve their game mentally and physically.

Skyler Wright, '14, focuses on serving the ball in the beginning of the Encinal game. **Wright** loves being on the JV team, and can't wait to learn more about the game. **Wright** has been playing volleyball for his club team, and likes the change of pace of the school's intense season

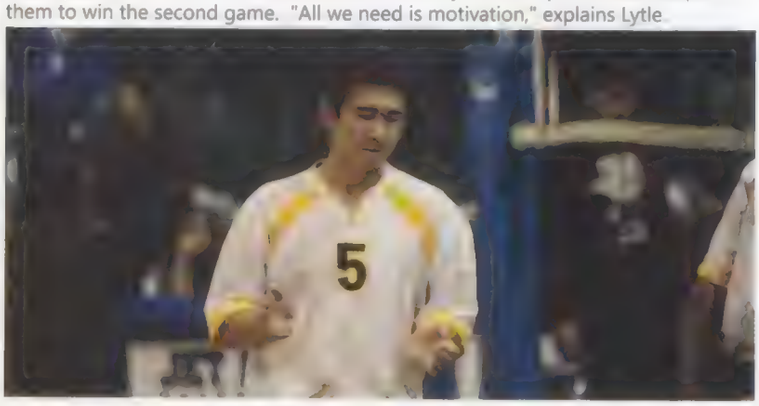
Ryan Hunter, Conner Reed and Chris Young, '11, conclude that their last year playing volleyball for AHS is an amazing experience. All three boys love playing with each other, and have moved up from JV side by side from previous years. "When you're a Senior, you finally know everything about the sport, which person is where and who has your back. All the practices, games and training help me for the final game of the season, as well as my senior year at AHS," explains **Reed**.



Chris Young 11, serves up an Ace during a home game against American High School. "My coach, Jeff Silverman, introduced me to the sport my Freshman year when he saw me in P.E. I had doubts about playing for the team, because I played basketball my freshman year as well. I definitely do not want this season to be over."

There are so many fans that come to each game to cheer on and supporting the players. Not only do the players parents come, but the kids support each other.
- JV parent.

Derek Lodge,'14, concentrates on getting an Ace for the team. "I watch my sister play on Varsity, it inspires me to do better in the game."
Max Lytle, '13, cheers on his teammates after they earn the point which helps them to win the second game. "All we need is motivation," explains Lytle.



Name ||**Gavin Dacumos**
Grade || 12
"My dad played when he was in school so I wanted to try it out I like playing because it's fun and I enjoy playing with my teammates and it improves my hops." **Dacumos** plays setter so he has to be alert while waiting for his teammate to hit the ball. He sets the ball up for the hit over the net. They all rotate around the court so they have the chance to play all the other positions not just their own .

Name || **Jack Liang**
Grade ||13
"Having the opportunity to play volleyball for AHS gives me more self esteem than I've ever had. Not only do I learn new skills on and off the court but I bond with my teammates and gain great friendships," **Liang** explains.

Name ||**Justin Lee**
Grade || 14
Bumping the ball to his teammates, **Lee** concentrates on making a perfect hit. "If you don't flex your arms when your about to hit the ball, you won't have enough power and you can't control where the ball goes. " This is **Lee's** first year playing volleyball and he enjoys learning new skills and techniques during practice. **Lee** enjoys his teammates not only because they support him but because of their great attitudes and dedication.

"The most important thing about being on the team is communication. Calling where you are and having your teammates back can be an effective way to win a game."
- Chris Young, '11

Jessica Lam, Joanne Lau, Annly Duong, Annie Fong, Anne Yoo, Nicolas Cheung, Curtis Cheung, Sharon Ho, Aryssa Gaddi, Emeric Gaddi, Ben Au, Hiu Hong, Shi Ho Jenny, Zelin, Bao, Aric, Averyl. Steven, Stephy, Tim. Vanessa, Zhi Cong, Yong Cong, Angela, Ryan, Ryan, Tony
*Some names not provided

Badminton

"It is a fun sport and not very well known. It's much more difficult than people think."
Ben Au

"Patience and concentration are two words that I would use to describe baseball. Also, timing is everything. Your every move counts because other members are counting on you to catch or throw the ball."
– Juston Dea

Varsity Baseball

Dylan Armijo, Tyler Cobb, Ryan Cooper, Juston Dea, David Elzig, Chris Lancaster, Kyle Leong, Jesse Lewis, William Lyons, Chris Maier, Eli Nemzer, Andrew Pavao, Richard Roque, John Ruck, Fred Smith, Trevor Toy, Brandon Woo, Trent Yee Coach Ken Arnerich, Coach Greg Dunn, Coach Rich Krinks, Coach Rich Sherratt

Team Photos by Sarah Choe

Marcus Billetter, Sean Cunningham, Rory D'Alleva-Keane, Christian Doumitt, Ryan Fong, Drew Huie, Thomas Johnson, Sean Kelly, Ryan Lam, Perry Leong, Max Lozada, Gregory Ngim, Graham Onefur, Joe Riley, Jim Ruck, Chris Scyphers, Keegan Tatum, Weston Tolbert, Erik VanWinkle, Victor Verducco Coach Devin Grigg, Coach Devin Hobbs, Cody Nelson

JV Baseball

"I enjoy playing with all the girls on my team. It made it more fun to play because of how close we are."
- **Katharine Dimitruk**

Basketball Women's Varsity

Sahar Adina, Marie Bertholdt, Utieyin Etchie, Alicia Fong, Geena Greene, Alexis Konstantino, Monica Lim, Kelsey McKeon, Cecilia Nguyen, Kaitlin Owyang, Taylor Owyang, Angelica Rivera, Alison Takagaki, Fiona Wong
Coach Ahshalic Johnson, Coach Brad Thomas

Anjelica Ambrosini, Katharine Dimitruk, Elizabeth Gee, Morgan Hashimoto, Deja Johnson, Briana Kelly, Isabella Lino, Dominique Ocampo, Maria Sazo, Marisa Woo
Coach Stephen Burnett, Coach Catherine Wu

Basketball Women's JV

Women's Freshmen Basketball

Stephanie Buggs, Christina Carmon, Amy Fann, Challena Gilbert, Emilia Kastning, Pamela Reyes, Tara Toy, Tammy Trinh, Tatiana Villegas, Danielle Yee
Coach Lori Huerta, Coach Chuck Scanlon

Team Photos by Sarah Choe

Zac Alfers, Sammie Allen, Dylon Armijo, Jo Jo Chin, Dustin Ho, Sam Kunz, Jesse Lewis, Ivan Linh, Chris Lusitro, Juan Neri, Quinn Reddrick, Elvedin Tudzinovic

Coach Edwards Hawkins, Coach Damon Jones, Coach Allen Nakamura

Men's Varsity Basketball

"Basketball is a fast-paced sport which requires a lot of teamwork on and off the court. Win or lose, as long you play with all your heart it's worth it."
– **Dustin Ho**

Basketball Men's JV

Stefan Brown, Chris Bussy, Alex Chan, Chris Chan, Scott Chahine, Olisa Chibueze, Sean Cunningham, Ernest Gardner, Sulaimine Haneed, Max Jacobs, Denzel Johnson, Julian Lofton, Tyler Yee

Coach Chris Lock, Coach Kirk Wong

Chris Bussey, Denzel Johnson, Julian Lofton, Tyler Stanley

Efren Claro, B'Jon Couther, Keelan Doss, Ryan Fong, Biruk Gebreyesus, Max Lozada, Rowland Markheim, Kelii Mckeown, Harshal Patankar, Joe Riley, Victor Verduzco, Allen Williams, Kenny Wong
Coach Andy Olveira Jr., Coach Andy Olveira,Sr., Coach Brian Peterson

Basketball Men's Freshmen

"The whole aspect of the sport, promotes positive thinking and creates more team spirit. Also I like watching sports on TV which helps me gain knowledge about the sports we cheer."
– **Juliet Leonard**

Cheerleading

Sierra Calandri, Angelina Castellanos, Sara Ching, Princess Estrella, Vanessa Frandsen, Grace Guenon, Stephanie Keel-Moore, Alyssa Kondo, Jessica Lam, Linda Lee, Juliet Leonard, Jasmine Murphy Nicole Pham, Annabelle Rushing Nelson, Haley Summerfield, Arielle Siem, Keiko Tokuda, Judy Tran, Viviene Wong
Coach Gail Harper, Coach Christy Mauro

Team Photos by Saran Choe

Women's: Jessica Burns, Polly Fong, Emma Fraser, Ashley Garber, Kirsten Hausmann, Jessica Hoang, Holly Hong, Kelly Hosokawa, Hannah Klein, Nora Lam, Andrea Nguyen, Adrienne Pena, Ana Santos, Maria Sazo, Caitlin Shener, Mariko Stenstedt, Lindsi Tu, Doni Uyeno, Dominica Vitucci, Rebeckah Vitucci, Courtney Winterbauer, Irene Xu, Sonia Xu, Melissa Yip, Elise Yuen
Coach Nino Hernandez, Coach Bruce Hicks
Men's: Daniel Arnstein, Cameron Beene, Kari Bliven, Emmanuel Boquiren, Stephan Carlson, Jonathan Chan, Joseph Chen, Vinh Ha, Taylor Hadidian, Miguel Hidalgo, Andrew Hovermale, Reece Kamphuis, Jeremiah Lewis, Nicholas Liu, Andrew Liu, Phong Luong, William Maiers, Chris McMillan, Michael Moler, Matt Neff, Duc Nguyen, Tyler Parsons, Chris Parsons, Mitchell Quon, Nicholas Raber, Deepak Sharma, Conner Szeto, Cameron Tu, Jordan Wong, Nathan Yick
Coach Nino Hernandez

Cross Country

"Running is my way of life. I feel relaxed once I finish and every day I reach for a new goal."
– **Emma Frasier**

"When I'm on the board I don't think of anything else but being there, and when I do a good dive I feel successful."
– **Tiki Garcia**

Diving

Sam Embry, Tanner Embry, Tiki Garcia, Doug Hebel, Koe Inlow, Jade Pavao, Lauren Williams
Coach Maureene Mitchell

Em Compton, Derek Snedeker, Devon Lodge

Giovante Adams, Ben Alemania, Zac Alfers, Adham Awa, Mahlik Blake, Ryan Carlson, Jared Carmon, Taylor Crutchfield, Donte Cullins, Michael Cunningham, Tyler Currie, Tyler Divino, Ali Esmatyar, David Elzig, Robert Finau, Ernest Gardner, Russell Gayle, Kevin Harvell, Safi Hasseeb, Justin Hipol, Jordan Jarell, Daniel Jimnez, Jalen Leathers, Armando Leon, Johnson Le, Roro Lyons, Frank Mai, Antonio Manibusan, Tomas Martinez-Granata, Nabeel Matin, Ian McLens, Peni Mesui, Zubair Mohmand, Rhys Morgan, Frank Muzio, Sam Rausser, John Ruck, Tom Ruckman, Declan Shener, Victor Tran, Sam Uyeno, Marlas Wilson-Foster

Coach Kemp Moyer

Varsity Football

"I like the fast-pace of the game and the bonding within the team."
– **Frank Muzio**

JV Football

Gerardo Aguaya, Chris Bussey, Olisa Chibueze, Andrew Cooper, B'jon Couther, Pedro Cremasco, Sulaiman Hameed, Kaeleb Hanrahan, Justin Huergas, Ryan Jarecki, Denzel Johnson, Daniel Joo, Raymond Kelly, James Knight, Jesse Lewis, Kaleb McIntosh, Sam Merz, Jack Rausser, Patrick Reilly, Zach Ribera, Andrew Rochlin, Jim Ruck, Joe Ruck, Johnathan Sandoval, Chris Scyphers, Fred Smith, Weston Tolbert, Blake Twyman, Danilo Valle, Billy Wahab, Aaron Zhou

Coach Tyrone Currie, Coach Michael Cunningham

Team Photos by Sarah Choe

Trebor Bergman, Blake Celindro, Nick Chen, Nick Cheung, Efren Claro, Nick Collins, Sean Cunningham, Keelan Doss, Christian Doumitt, Jon Fifer, Quinn Garcia, Biruk Gebreyesus, Jack Ghiglione, Trevor Greenley, Keenan Johnson, Emmett Kaake, Derek Lodge, Keli'i McKeown, Angel "Kiko" Mendoza, Steven Montoya, Okari Nyagaka, Keoni Otenbriet, Ashton Paulus, Andrew Rusca, Cayland Stanley, Whylie Vann, Paul Virgen, Jack Wellman, Allen Williams

Coach John Byon, Coach James Cahill

Football Freshmen

"There is always something new to look forward to and the excitement of succeeding never fades away."
– **Carly Childs**

Women's Golf

Emerald Chan, Carly Childs, Katharine Dimitruk, Samantha Esguerra, Drew Jones, Samantha Moyal, Grace Na, Grace E. Na, Sharon Nam, Anina Oliver

Coach Stephen Burnett

Sarrah Bagdi, Erica He, Fred Smith

Nick Beach, Dakare-Dixon-Essien, Bryan Gee, Kevin Kinney, Zach Kjelland, David Na, Justin Saco, Derek Snediker, Angus Storm, Zihao Wang
Coach Glen Oetman

Men's Golf

"What keeps me playing is the fact that I have the chance to become the best that I can be."
– **David Na**

"I've been playing for so long and it's become such a big part of my life. I love my teammates. It's a team sport unlike track or swimming."
– **Nadia Mounzih**

Women's Varsity Soccer

Kaliegh Allen, Jamie Banks, Reyna Buzon, Sara Jo Ciapponi, Kaitlyn Crooker, Emily Dial, Pearl Holmes, Sydney Lewis, Ciara Morris, Nadia Mounzih, Viridiana Oliva, Stephanie Owyang, Tessa Russell-Harde, Justine Silvers, Melayna Smith, Alexa Tom, Lauren Upp Madison Wilcox, Emma Rose William
Coach Diane Chann, Coaches Adriana Diaz

Team Photos by Sarah Choe

Katie Allen, Rylie Beccera, Daniela Blanca, Jessica Cavalli, Elizabeth Cepernich, Briana Cho, Taylor Clark, Emi Compton, Sara Fielder, Grace Friedman, Alana Hipol, Lauren Martin, Britney McGovern, Vanessa Ramirez, Lexus Rawlyk, Kelsey Reed, Caitlin Shener, Devon Yee

Coach Adriana Diaz, Coach Nikki Johnson

Womens's JV Soccer

Men's Varsity Soccer

"Soccer is a stress reliever and playing helps keep my mind off of everyday life."
– **Amir Razavi**

John Barbour, Richard Blank, Karl Bliven, Julius Bucher, Ivan Chavez, Rory DAlleva Keane, Ronald Desmond, Selaab Ghafouri, Vinh Ha, Hoshang Hatifie, Tae Hoon Ken Lee, Tomas Martinez Granata, Nicholas Moler, Daniel Radding, Alejandro Ramirez Jasso, Amir Razavi, Scott Rude, Laurent Siroit, William Upp, David Walrod

Coach Dannylo Ayllón, Coach Ivahan Ayllón, Coach Jesus Ramirez, Coach Octavio Ramirez

Jack Lane Utieyin Etchie Jessica Denney

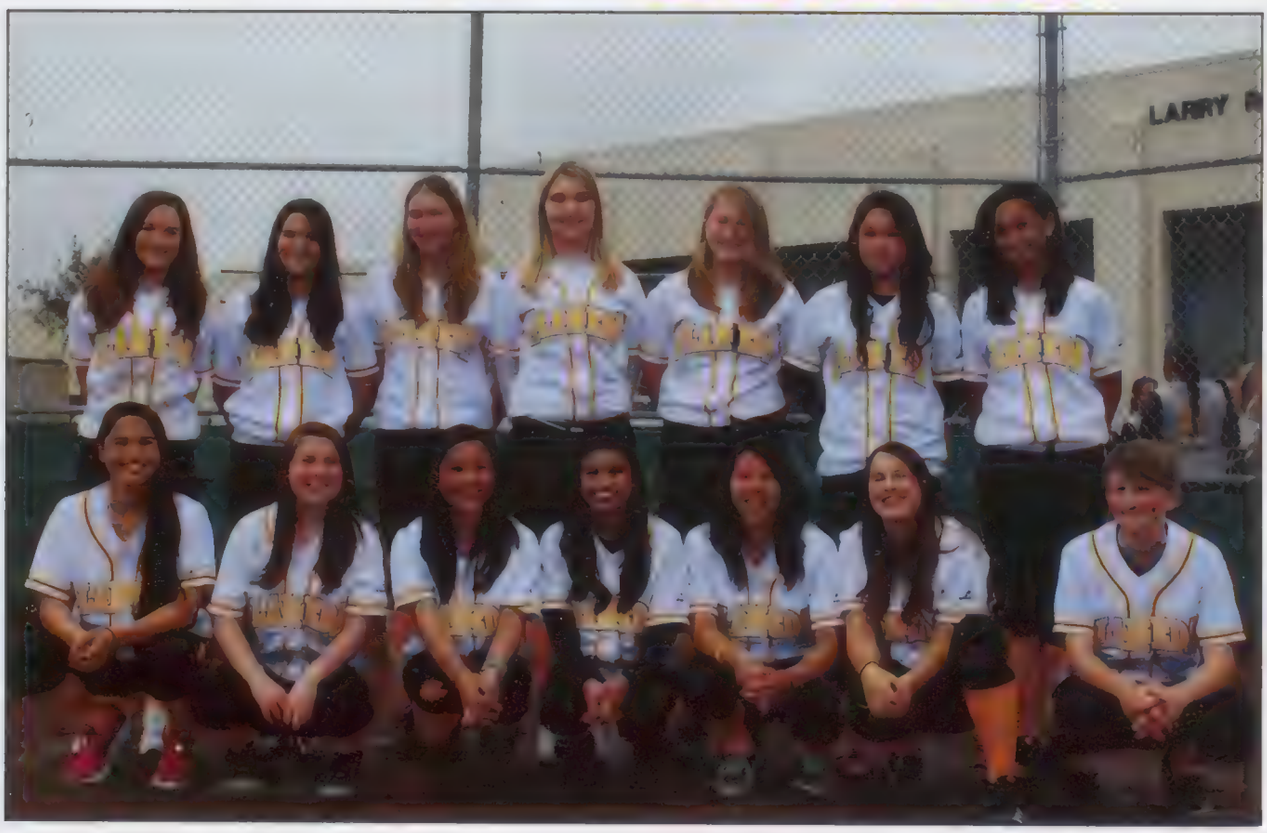
Navin Basnet, Nicholas Chen, Fischer Davis, Biruk Gebreyesus, Emmett Kaake, Nijesh Lama, Garrett Langfeld, Evan Lee, Kenneth Lee, Max Lytle, Andrew Morris, Matthew Neff, Zachary Pecson, Ronald Quang, Boyan Tzvetkov, Erik VanWinkle, Jack Wellman
Coach Dannylo Ayllón, Coach Ivahan Ayllón, Coach Jesus Ramirez, Coach Octavio Ramirez

Men's JV Soccer

Varsity Softball

"I've been playing competitively since I was young and I want to continue for years to come."
- Gia Morten

Megan Averitt, Aamirah Dastgir, Alicia Fong, Hannah Johnson, Katherine Johnson, Drew Jones, Alexis Konstantino, Carrie Lee, Gia Morten, Mia Musso, Jessica Ravetti, Lexus Rawlyk, Anastasia Scheichl
Coach Jodi McCarthy, Coach Dan McCarthy, Coach Jay Lawson



Team Photos by Sarah Choe

Jessica Cavalli, Cat Dalton, Mary Dietrich, Sara Fiedler, Katie Higuchi, Laura Jarecki, Briana Kelly, Rachael Reising, Caitlin Shener, Mariko Stenstedt, Tara Toy, Leaka Vaydberg, Corrine Zuranich
Coach Sarah Kaplan

JV Softball

"It's a good workout and keeps me in shape for water polo."
– **Megan Klembith**

Women's Varsity Swimming

Sienna Zoe Allen, Grace Berrie, Kayla Chai, Winnie Chen, Erica Escalante, Kelly Huang, Cynthia Hughes, Koe Inlow, Rebeka Krause, Tiffany Le, Dionna Lee, Megan McGrath, Erica Obando, Esther Paik, Angelica Pan, Nellie Suzarez, Helene Takamura
Coach Leslie Cortez

Jonathon Kornblum, Jonathon Sandoval, Jordan Jarrell

Alexander Arjo, Thais Arjo, Rym Bendimerad, Sophia Chu, Brenda Chung, Katharine Dimitruk, Morgan Hashimoto, Gina Huynh, Megan Klembith, Sui Kwan, Alexandra Lee, Bethany Lee, Daphne Lee, Michelle Lee, Monica Lim, Jazmine Negrete, Cecelia Nguyen, Malia Obilo, Dominique Ocampo, Ariel Pun, Maxine Romualdo, Chaninat Somsakulboongam, Eleanna Vafeiadou, Daisy Vo, Fiona Wong, Irene Zou

*Some names not provided.

Women's JV Swimming

"Swimming is a fun sport and competing is awesome."
– **Ben Krause**

Men's Varsity Swimming

Kevin Chen, Daniel Daniel, Sody Enhkbayar, Curtis Fong, Bobby Ingram, Joey Johnescu, Christopher Lam, Galen Lam, Paul Reichert, Evan Shum, Jared Thompson, Anthony Tran, Dennis Wong, Max Walther
Coach Marshall Dortch, Coach Brandon Tom

Team Photos by Sarah Choe

Tyler Bates, Ron Desmond, Marcus Fong, Winton Fong, Wesley Gee, Benjamin Ingram, Julian Kizanis, Myron Leung, Steven Montoya, Jeffery Ploss, Thomas Rall, Cobbie Ulloa
Coach Marshall Dortch, Coach Brandon Tom
*Some names not provided

Men's JV Swimming

Women's Varsity Tennis

"Tennis is an under appreicated sport. It's very physical and you have to be quick on your feet. The annual Fresno tournament bonds the team. We make sure to stay close during and after the season."
– **Bella Hamilton**

Anne Jilliane Barcelona, Anne Julliene Barcelona, Jing Tian (Katherine) Chiang, Sally Fang, Sara Fiedler, Sarah Fong, Emily Grimm, Isabella Hamilton, Sarah Huie, Sydney Lewis, Vivian Li, Laura Nguyen, Stephanie Owyang, Lauren Parsons, Kimberly Pham, Samantha Sato, Grace Wood, Cynthia Yee, Audrey Yeung
Coach Eve Courtland, Coach Kirk Wong

Andrew Courtland, Lee, Teon Lee, Daniel Liu, Eric Jung, Nathaniel Putnam, Nicholas Raber, Kenny Thon, Jeremy Wan, Brian Wong, Nathan Wong, Mathew Woo, Patrick Shao
Coach Eve Courtland, Coach Mandando Ivy, Coach Kirk Wong

Credit: Eid Joy Photography

Men's Tennis

"Tennis is good exercise and keeps me healthy. It helps me manage my time because after practice I have to finish homework and do other activities outside of school."
– **Andrew Courtland**

"We're all friends and get along really easily. We do team stuff together to make sure no one gets left out."
– **Holly Hong**

Track & Field

Women's: K.Allan, K.Allen, K.Batsaikhen, C.Bui, J.Burns, S.Cheng, K.Chong, S.Ciapponi, K.Crooker, M.Dembroge, O.Etchie, P.Fong, M.Gould, G.Greene, I.Hamilton, K.Hausmann, J.He, H.Hong, K.Hosokawa, L.Huang, E.Jo, J.Kim, H.Klein, A.Kumar, T.Le, A.Lee, D.Liang, E.Liu, L.Mar, S.Moseley, L.Myers, A.Myovich, A.Nguyen, L.Nguyen, K.Owyang, T.Owyang, A.Pena, N.Pham, E.Radding, M.Sazo, J.Tran, J.Tneu, L.Tu, D.Uyeno, D.Vitucci, R.Vitucci, K.Vo, E.Westwood, G.Wood, I.Xu, S.Xu, M.Yip, H.You, E.Yuen, G.Zeng, M.Zhang

Men's: D.Arnstein, C.Beene, E.Boquiren, F Capistrano, S.Carlson, J.Chan, B.Chen, J.Chen, C.Chin, R.Cohen, J.Cook, D.Daubeneck, B.Deng, G.Docena, K.Doss, R.Fan, B.Feng, E.Gardner, V.Ha, T.Hadidian, S.Hameed, M.Hidalgo, K.High, H.Hu, R.Hui, D.Johnson, R.Kamphuis, N.Kazmi, M.Krohn, A.Lee, D.Lee, J.Lewis, S.Li, A.Liu, N.Liu, S.Liu, D.Lu, P.Luong, J.Madrid, J. Madrid, F.Mai, W.Maiers, N.Mak, C.McMillan, M.Moler, D.Nguyen, D.Nguyen, K.Nguyen, C.Parsons, T.Parsons, K.Phan, M.Quon, A.Redfield, N.Reyes, Z.Ribera, M.Rodrigues, D.Sharma, C.Szeto, S.Thon, N.Tieu, T.Tran, N.Truong, C.Tu, A.Vo, K.Wang, J.Wellman, J.Wong, N.Wong, B.Ye, T.Yee, N.Yick, A.Zhao, B.Zhen, A.Zhou
Coach Nino Hernandez, Coach Bruce Hicks, Coach Rich Noble, Coach Artruo Ricabal, Coach Justin Woo

Team Photos by Sarah Choe

Courtney Ashbaker, Vicky Castellanos, Daphne Duong, Valerie Fong, Zula Ganzorig, Marykim Hoang, Paige Krinks, Kristina Lam, Devon Lodge, Nadya Machrus, Jenae Monasterial, Dominique Ocampo, Katya Reeb, Maddy Silverman, Frankie Willcox
Coach Steve McAdam, Coach Jeff Silverman

Women's Varsity Volleyball

"Playing with the seniors challenges me to get better and it gives me the opportunity to hang out with other people that I don't normally see."
– **Madeline Silverman**

Volleyball Women's JV Gold

Sahar Adina, Elizabeth Adkins, Mackenzie Cala, Naomi Chan, Maggie Elias, Alyssa Francisco, Elizabeth Gee, Molly Groves, Linde Huang, Gabrielle Obando, Karina Rowe, Rose Smith, Anna Soskin, Helene Takamura
Coach Chris Miller, Coach Kawika Baculpo

Marissa Lee, Rocio Samaniego, Natalie Ybarra

Sciorra Atiogue-Conception, Vanessa Castro, Sarah Choe, Julia Deutsch, Melanie Limbo, Connie Lin, Stefani Marlin, Pamela Reyes, Isabelle Shin, Chaninat Somsakalboongoon, Rachel Taylor, Tatiana Villegas, Kathy Watanabe, Daisy Wong, Dani Yee, Lauren Yee
Coach Kawika Baculpo

Volleyball Women's JV White

Men's Varsity Volleyball

"I enjoy playing with my teammates and love the fast paced competition."
Gavin Dacumos

Andre Cabrales, Alex Chan, Chris Chan, Chris Choi, Gavin Dacumos, Jamie Fong, Ryan Hunter, Bryant Kim, Sam Kuttner, Derek Lodge, Connor Reed, Chris Young
Coach Steve McAdam, Coach Jeff Silverman

Team Photos by Sarah Choe

Kareem Badr, Darryl Hua, Justin Lee, Jack Liang, Max Lytle, Andrew Playsted, Almir Tudjinovic, Christian Villanueva, Jacob Vargas, Joey Vargas, Skyler Wright
Coach Steve McAdam, Coach Chris Miller

Volleyball Men's JV

"The adrenaline rush I get during a game is unlike anything I've experienced before, and being able to trust each other and work towards a common goal gives me a precious sense of belonging."
– **Rosalee Brown**

Women's WaterPolo

Varsity
Kelly Arth, Grace Barrie, Rosalee Brown, Nellie Cazares, Winnie Chen, Mariana Daniel, Cynthia Hughes, Casey Hutchison, Megan Klembith, Rebecca Krause, Julia McLean, Megan McGrath, Erica Obando, Angelica Pan
Coach Leslie Cortez, Coach Maureen Mitchell, Coach Brandi Wong, Coach Artie Cortez

JV
Thais Arjo, Kayla Chai, Erica Escalante, Pranisha Gautam, Eleanore Guenon, Koe Inlow, Alexandra Lee, Bethanie Lee, Monica Lim, Allison Miller, Zolboo Namkhaidorj, Malia Obillo, Hannah Slicton-Williams
Coach Leslie Cortez, Coach Kelly Marshall

*No photo provided for Men's Waterpolo

Sara Fielder, Sophia Macias, Stefan Brown

Year in Review 2011

1) After eight years of dating and two brief splits, Prince William and Kate Middleton became engaged on January 5, 2011. In addition to being married by the Archbishop of Canterbury Rowan Williams, two other prominent religious figures took part in their wedding on April 29th at Westminster Abbey. Middleton is know known as the Princess of London.

2) Season 10 of American Idol brought new voices and new judges. Fans were heartbroken over the departure of the harsh but comical judge, Simon Cowell. Fans raved that Jennifer Lopez and Stephen Tyler were a great addition to the show.

1

2

3

3) Glee took home four Emmy awards in 2010, including one for Ryan Murphy for Outstanding Directing, one for a Comedy Series and one for Jane Lynch in the category of Outstanding Supporting Actress in a Comedy Series. In 2010, Glee covered over 100 songs ranging from Britney Spears to The Beatles.

4) The 2011 Egyptian Revolution took place following a popular uprising that began on the 25th of January in 2011. The Revolution included demonstrations, marches, acts of civil disobedience, labor strikes, and violent clashes between protestors and security services and supporters of the regime of Hosni Mubarak.

The 2010 FIFA World Cup was held in South Africa from June 11th to July 11th. Rival teams and brotherly countries came to compete for the title of the world's best soccer team. 32 teams battled each other, eliminating a team every round until Netherlands played Spain at the finale on July 11, 2010. Wesley Sneijder went one-on-one with Spain's goalkeeper Iker Casillas, to score the final goal and help Spain take the win.

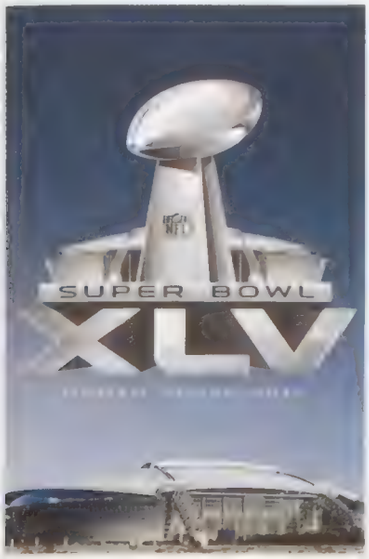
The San Francisco Giants took the title for The World Series Champions on November 7, 2010. More than a half-century after moving West, the Giants took the trophy to the city by the Bay for the first time. Tim Lincecum was wicked on the mound, Edgar Renteria broke a scoreless duel with a three-run homer in the seventh inning and San Francisco beat the Texas Rangers 3-1 in a tense Game 5 Monday night. Following the Bay Area Champions, San Francisco hosted a massive parade, flushing the streets with over 150,000 proud Bay Area Fans.

4

Colin Firth took home the 2011 Academy Award for Best Actor for his portrayal of King George VI in the hit film *The King's Speech*. Following his award, *The King's Speech* won Best Picture and Best Supporting Actor, Geoffrey Rush.

Grace Friedman and Veronica Hall

On February 6, 2011, the Packers defeated the Steelers with a score of 31–25. Packers quarterback Aaron Rodgers was named Super Bowl MVP.



Riots broke out in January when BART cop Johannes Mehserle shot and killed BART rider Oscar Grant III.

A powerful earthquake hit Japan's northeastern coast Friday, March 10, 2011. It unleashed a giant tsunami that swept boats, cars, buildings and tons of debris miles inland. For more than two terrifying, seemingly endless minutes, the most powerful earthquake ever recorded in Japan shook homes and buildings, cracked open highways and unnerved even those who have learned to live with swaying skyscrapers. After the earthquake, a devastating tsunami slammed into northeastern Japan and killed over 10,000 people. The violent wall of water caused even more destruction. Fires burned out of control. Power to a cooling system at a nuclear power plant was knocked out, forcing thousands to flee. A boat was caught in the vortex of a whirlpool at sea. The death toll rose steadily throughout the day, but the true extent of the disaster was not known because roads to the worst-hit areas were washed away or blocked by debris and airports were closed. After dawn Saturday, the scale of destruction became clearer.

MTV's popular reality show, Jersey Shore, attracted the attention of many viewers in its third fist pumping season. Ratings demonstrated that the show was the most popular program on Thursday nights with 8.870 million viewers. The crew will return for a 4th season scheduled to be set in Italy sometime next year.

1) Congresswoman Gabrielle Giffords of Arizona was shot in the head while meeting with constituents outside of a grocery store. The shooter was taken into custody immediately and Giffords miraculously survived the shooting.
2) Justin Bieber became every teen girls' dream when he released hit after hit song and then released his own biographical movie called "Never Say Never."

1)Tumblr has become a new and fun way of blogging for many high schoolers nationwide. The web site gives you the freedom to re-blog pictures from people post pictures, music, links or just write about anything. Life Magazine and Rolling Stone both have began using Tumblr.
2) The release of the iPhone 4 for Verizon was uplifting news for many phone buyers. Previously, the iPhone was only available for AT&T customers. Now, the rumor is that it may be coming out for Sprint. Only Apple knows the truth

Jack Radisser Elise Wilson Trevor Ng

Clubs

Laurence Fong, Steven Li & Andrew Morris

Gracie Beireis, Marie Bertholdt, Mackenzie Cala, Caroline Carper, Jessica Cavalli, Madison Christ, Kaitlin Elkins, Allie Gutierrez, Taniya Kumar, Kristina Landreth, Alexa Le, Lia Mahoney, Lizzy Reynolds, Haley Toot

AHS for Midway Red Cross

Abdallah, Obaida Aribon, Greg Anne Julliene Barcelona, Baskin, Mikaila, Dawnia Brody, Yuan Yi Cen, Aimee Chan, William Chen, Joyce Cheung, Jing Chiang, Tian Chong, Yee\Tung Annie Choy, Asmita Dahal, Meixin Deng, Sally Fang, Vicky Fang, Annie Fong, Rachel Gee, Alejandra Gonzalez, Amanda Ha, Hiu Man, Steaphanie Lam, Darryl Hua, Ryan Huey, Bao Huynh,Daniel Joo, Naayl Kazmi, Herbert Lam, Alexander Lee, Alexandra Lee, Jeffrey Lee, Marissa Lee, Ryan Lee, Christopher Leung, Rixi Li, Derek Liang, Andrew Jing Liu, Lilian Mar, Jasmine Ng, Andrew Nguyen, Anna Tai Owens, Alexandra Peto, Nancy Quach, Kevin Rankine, Aakash Sastry, Susan Kia Yan Tom Li, Jimmy Tran, Hong Tran, Elena Uranwala, Kailly Wang, Andy Ye, Cynthia Yee, Estelle Lok Yiu Yeung, Shuying Yu, Dave Zheng

Willa Jin, Jill Barcelona, Joan Barcelona, Sheree Smith, Cynthia Yee, Vivian Li, Joey Johnescu, Kevin Yu, Alec Matherson, Ani Angelica Pan, Madeline Walker, Christina Smith, Giao Bui, Lea Mahoney, Eleanna Vafeiadou, Emma Rose, Patricia Miller, Rym Bendimerad, Angelina C., Ilse Villacorta, Kevin Yu.

French

Photography

Vanessa Ambrosini, Benjamin Bauer, Aamirah Dastgir (President), Alex Fradel, Lauren Jiang, Samantha Manning, Stephanie Owyang (Secretary), Sarah Raphael, Austen Snow, Marybeth Soriano, Alexa Tom (Vice President), Huy Vo, Ian Wang, Courtney Winterbauer, Megan Yee (Treasurer), Adam Yim

Joseph Ruck, Josh Yuen, Johnnie Rodriguez

Mrs. Carroll, Isabella Hamilton, Kelly Hosokawa, Irene Xu, Sonia Xu, Anastasia Scheichl, Andie Nguyen, Anina Oliver, Ashley Garner, Charisse Dimalanta, Colleen Chung, Connie Ng, Danilo Valle, Duan Do, Elise Yuen, Grace Wood, Helen Chung, Jennie Chen, Jessica Hoang, Juliane Smith, Kaitlyn Owyang, Kenny Thon, Kevin Wang, Kirsten Hausmann, Krystal Ching, Lien Nguyen, Lilian Fong, Lindsi Tu, Michelle Chan, Mitchell Quon, Nora Lam, Polly Fong, Rebecca Krause, Sharmaine Caoile, Stephanie Le, Steven Thon, Taylor Chan, Taylor Owyang, Tiffany Hoang, Tina Chung

Knick Knacks for the community

Filipino

Gabe Benin , Justin Hipol Kiet Kevin Tran , Natalie Lorraine Redublo, Tiffany Duong, Simon Liu, Alyssa Lasuer , Kathy Watanabe, Michelle Cazares , Justin Huergas , Maria Del Carmen DePazRaeRae Angeles, Erica Escalante, Blake Celindro , Nia Ordinario , Josephine Soriano, Pamela Reyes , Tatiana Chanel Villegas , Arianna Vinluan Hill, Kayekaye Gaddi , Jamie Christel Chua, Chris Padilla , Jacob Mark Vargas

Clubs b. Sam Embry

Alec M
Angelica P
Anina O
Claudia W
Dr. Griffith
Elizabeth P
Ilse V
Izzy T
Julia M
Katherine D
Lindsay Y
Megan M

Culinary

Skate

Amir Razavi, Jordan Wrobel, Mr. Ramirez, Michael McMillan, Huy "Big Daddy DoublePounder" Vo, "Ren", Alex Tran, Benjamin Bauer, "Gio", Chris Nguyen, Ryan D. Fong, Chris Padilla, Tony Hawk, Ryan Sheckler, Sean Malto, Mike Mo Capaldi,Dylan Rieder, Keelan Sunglao-Valdez, Adam Yim, Austen Snow, Joey Vargas, Greg Ji, Tom Baire, Walker Foster, Alex Moran, Jordan Butler, Jacob Vargas

Evan Lee, Eric Van Winkle, Andre Cabrales

Katherine Dimitruk, Julia McLean, Alec Mathieson, Megan McGrath, Elizabeth Park, Brittany Nguyen, EmmaRose Williams, Analise Bostrom

Classic Film Society

Health

Suzanna Chau, Rose Hoang, Ziying Liu, Priscilla Lee, Mary Nguyen, Yaldah Sultan, Beca Truong, Lindsay Young, Linda Zhang

Clubs by Sam Embry

Lori Nguyen, Scarlett Wu, Shirley Lau, Michelle Yu, Brittany Lee, Kaitlyn Gee, Jenny Yang, Jennifer He, Evita Fok, Melissa Yip , Lan Ng, Stephen Tang, Mike Gee, Vinh Ha, Christopher Lancaster, Priscilla Lee, Garrett Young, Corey Spray, Isabella Hamilton, Irene Xu, Alex Yee, Cynthia, Yee, Alvin Lee, Kelly Hosikowa, Melissa Lee, Elaine Tam, Damian Lo, Linde Huang, Vicky Liung, Sarah Raphael, Vivian Li, Michelle Wan

Key Roots and Shoots

Amanda Gee, Andrew Barazza, Aziza Yaropa, Bianca Dekock, Brandon Thoma, Brianna Devlin, Brittany Nguyen, Carly Childs, Cindy Jiang, Cindy Jiang, Courtney Winterbauer, Daisy Wong, Daniel Radding, Darija Michovich, Duan Do, Elise Wong, Emma Hoch-Schneider, Gabi Dumaguin, Holly Hong, Jacqueline Cepeda, Jena Thoma, Jessica Hoang, Jessica Lam, Joanne Lau, Kaitlyn Gee, Kristen Rinck, Max Lytle,, Megan Louie, Mi-Anne Chan, Michelle Nip, Naayl Kazmi, Rachel Menendez, Samantha Lee, Shelley Buford, Tim Travis, Willa Jin

Freddy Tam, Andrew Courtland, Nick Beach

Noah Kang, Michael Bugarin, Angel de Sousa, Duncan McAdam, Harrison Freck
Not pictured: Michael Gee, Alex Fernald.

Inklings

DECA

Queenie Ng, Lawernce Fong ,Isabel Tager,Henry Wong, Sally Sanchez, Sara Osman ,Amy Quan,Andrew Courtland, Nick beach, Anina Oliver, Chris Padilla , Jefferey Lee, Ryan Lee, Quan Wu, Alisa Hong, Diamond Tangpo, Janlle Martin,Yat Long Ko, Kenneth Ko, Jenny Liang,Corey Ching, Mark Gotuaco, Thao Le, Justin Saco, Janice Xu, Joyce Cheng, Monte Krohn, Tomas Martinez-Granata, Trevor Tay, Freddie Tam, John Tupasi

Clubs by Sam Embry

Kathryn Alexander, Jessica Burns, Sam Embry, Tanner Embry, Emma Fraser, Jordan Jarrell, Hannah Johnson, Hannah Klein, Sydney Lewis, Tiffany Ma, Adrienne Pena, Caitlin Shener, Declan Shener, Juliane Smith, Mariko Stenstedt, Doni Uyeno, Max Walther, Jack Wellman, Elise Yuen

Ski Freedom

Noah Kang, Taehoon Lee, Stephen Sun, Michelle Blackman, Mr. Manno, Fracine K-Gross, Taylor John Hadidian, Matthew Choi, Anna Kang, Kelly Huang, Melanie Ouyang, Ofe Etchie, Sophia Gonzales, Allison Miller, Taylor Chan

Huy Ha, Frankie Wilcox, Danny Radding

Daisy Wong, Aimee Chan, Melanie Nguyen, Jenell Cruz, Kimberly Pham, Mitchell Ng, Jacqueline Cepeda, Emma Hoch-Schneider, Aziza Yaropa, Alexie Sousa, Amelia Remeta, Gabrianna Dumaguin, Sara Ho
Not pictured: Linde Huang, Elise Wong, Brigitte Woltjen, Saede Moseley, Laine Walrath, Rachel Stewart, Duan Do

Sweets & Treats

Junior Statesmen of America

Shelley Buford, Crystal Chan, Ethan Chavez, Vivian Chen, Suzanne Eggert, Audrey Fox, Mike Gee, Benjamin Goode, Carrie Hartigan, Ryan Hunter, Hannah Klein, Kristina Landreth, Evan Lee, Emily Lovell, Zac Lovell, Jay Moody, Erynn Naccarelli, Daniel Radding, Collette Smith, Tim Travis, Sam Uyeno, Devon Yee, Zaria Zinn

Clubs by Sam Embry

Back: Annatai Owens, Mr. Matheison, Brenden Chen, Hannah Keng, Front: Jessica Alvarado, Anshika Kumar, Amber Robbins, Ilse Villecovta, Dorothy Tung Missing: Dr. Griffith

Sierra Humane

Julia Ballou, Eleni Baskin, Mikaila Baskin, Annie Choy, Kaitlyn Gee, Claire Isola, Lauren Jiang, Julie Le, Andrea Lee, Priscilla Lee, Vivian Li, Cian Lim, Ziying Liu, Rachel Menendez, Jasmine Ng, Meisze Phung Elena Radding, Amber Robbins, Ilse Villacorta, Garrett Young

Ian Mcleans, Sarah Huey, Haowen Zhou

Lamont Carter, Derico Brown, Dakare Dixon-Essien, Kelsey McKeon, Brittany McGovern, Adreena Arnold, racy Wanjiku, Ernest Gardner, Brittani Combs, Stephani Buggs, Summer Johnson

Black Student Union

Hunger Awareness

Jennifer Lee,
Meisze Phung
Eleni Baskin
Katherine Chiang
Priscilla Lee
Jason Fei Lopes
Queenie Ng
Francis Nguyen
Annatai Owens
Kelly Son
Victoria Trieu
Elizabeth Westwood
Beatrice Wong
Garrett Young

* not in picture
Rose Hoang
Sara Hui

Clubs by Sam Embry

Ruth Chau, Joanna Chan, Stephy Chen, Siu Kwan Cheng, Ada Deng, Lawerence Fong, Sharon Ho, Sammy Huang, Alex Lam, Angel Li, Cherry Li, Karmen Li, Kin Ming Li, Shouyu Liu, Queenie Ng, Ming Suen, Lori Wai, Jenny Yang, Mandy Yang, Estelle Yeung, Yuyi Zheng, Angela Zhou,

APEN

Society of Kindness

Brianna Devlin
Hannah Fritze
Julia Bergamaschi
Yazmyn Rahimi
Nick Hargrave
Alec Mathieson
Alex Fradel
Marybeth Soriano
Ana Santos
Holly Staten
Mi-Anne Chan
Suzanne Eggert
Tim Travis
Ethan Chavez
Eleanna Vafeidaou
Bianca Dekock
Willa Jin

Leanna David, Grace Na, Sharon Nam

Yazmyn Rahimi, Hannah Fritze, Sarah Nunn, Isaac Everett, Julia Bergamaschi, Marybeth Soriano, Jeff Day, Troy Wise, Zac Goldstein, Emily Kirschenheuter Gabriel Villela, Eleanna Vafeiadou, Holly Staten, Mi-Anne Chan, Nick Hargrave, Andrew Altomare, Alec Mathieson Zaria Zinn, Brianna Devlin, Christina Pena, Alexa Le, Gabby Fasano

Drama

Science

Alex Yee, Matthew Fullmer, Patrick Shao, Jihoon Ok, Derek Oyama, Dennis Wong, Mr. Matheson, Frank Mai, Ricky Fan, Brian Wong, Nicholas Liu, Daniel Liu

Clubs by Sam Embry

Briana Biascan Ramos, Michelle Chan, Jennie Chen, Colleen Chung, Helen Chung, Hailey Gordon, Emily Landis, Andrea Lee, Evan Lee, Katie Mandell, Samantha Manning, Erin McMullen, Samantha Moyal, Connie Ng, Juhi Patel, Amy Quan, Amelia Remeta, Ian Wang

Animal Dragon Boat

Aaron Zhou, Alex Lee, Alex Yee, Amy Quan, Ben Au, Brittany Lee, Christina West, Evita Fok, Irene Zou, Jennifer Lee, Justin Tong, Krystal Ching, Lauren Jiang, Marcus Fong, Meisze Phung, Melanie Nguyen, Nick Yuen, and Rikio Cohen

Jiamin Z., Amanda Huang, Kath., Chong

Nicholas Beach, Tyler Cobb, Andrew Courtland, Clare Forbes, Sonia Homayun, Drew Jones, Chris Lancaster, Derric Lee, Kyle Leong, Caroline Sherratt, Freddy Tam, Trevor Toy, Ena Trokic, John Tupasi,

Make a Day Leadership Experience

A. Cen, A. Zhou, A. Garcia, A. Cheung, A. Quintero, A. Chan, A. Yee, A. Liu A. Guo, A. Yu, B. Trieu, B. Zhen, B. Lee, C. Sieng, C. Li, C. Chan, D. Hua, D Ngiraingas, E. Dial, E. Fok, G. Benin, G. Lam, G. Chan, G. Greene, G. Icmat, G. Zhang, G. Jin, I.Villacorta, I. Linh, J. He, J. Ho, J.Wan, J. Ok, J.Dietrich , J. Chan, J. Chen, J.Nguyen, J. Fanger, J. Le, J.Dela Cruz, J. Huang, J.Lee, K. Owyang, K. Gee, K.Vo, K. Vo, K. Ching, L. Parsons, L. Fong, M.Yonn, M. Chan, M. Yee, M.Bui, M. Yu, M.Quon, N. Chan, N. Yick, N.Chen, N. Reyes, O.Kwan, P. Leong, P. Nguyen, P.Ledaan, R. Ye, R. Lam, S. Truong, S Lee, S. Manning, S.Chu, S. Yang, T. Owyang, T Doung, T. Le, T.Ling, T Tran, T. A. Yee, T.Chan, W. Gee, W. Chan, K. Yee, Q. Wu, A. Yu, R. Sieng, V. Lai, S. Lui, J. Trieu, S. Shin, K. Huang, E. Shum

Clubs by Sam Embry

Duncan McAdam, Alex Fernald, Justin Yeo, Justin Tong, Alan Tan, G. Lam, Alex Yee, Mr. Quinonez, Sara Ho, Mikel Cager, Brigitte Woltjen, Rikio Cohen, Mary Tong Nguyen, Edward Yang, Daniel Nguyen, James Fong, Lindsay Young, David Zheng, Alexandra Pacheco De Sousa

Judo

Disney

Kristen Eng, Andrew Godfrey, Derric Lee, Simon Liu, Frank Mai, Vicky Tran, Justine Vu, Grace Wood, Lindsay Young, Joshua Yuen

Not Shown: Linda Zhang, Ilse Villacorta, Jamie Banks

Sara Fong, Alisa Hong, [illegible]

Julia Fong, Evan Lee, Ron Desmond, Nate Ruttan, Erica Borowski, Andrea Myovich, Diane Kang, Koe Inlow, Nicole Pham, Ashlye Hodge, Connie Lin, Melanie Limbo, Tomas Martinez Granada, Sam Kunz, Jackson Valler

Not Pictured: Sarah Choe

ICU Songwriters

Diane Kang, Haley Reagan, Casey Hutchinson, Michael Gee, Nicholas Hardgrave, Troy Wise, Colin Brady, Clare Forbes, Monica Lee, Rosalie Atkinson

Duncan Mc Adam, Michael Romero, Harrison Freck, Gabe Cruz, Michelle Zheng, Blank, Art Yee, Grace Na, Corinne Shiu, Ana Santos, Sophia Kjelland

Chamber Music Philosophy

Michael Bugarin, Sam Uyeno, Jay Moody, Tyler Parsons

Tyler Currie, Ryan C. Fong & Wesley Tu

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Orthodontic Specialist

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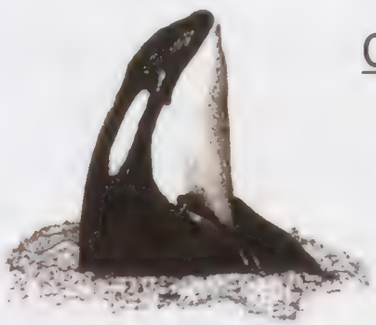

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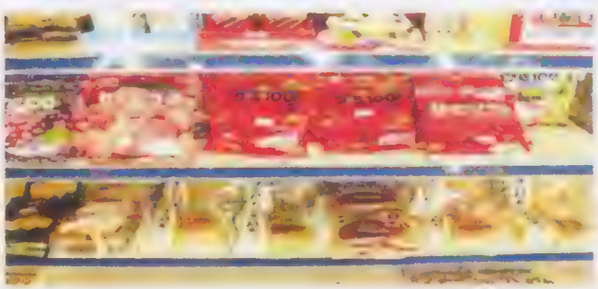

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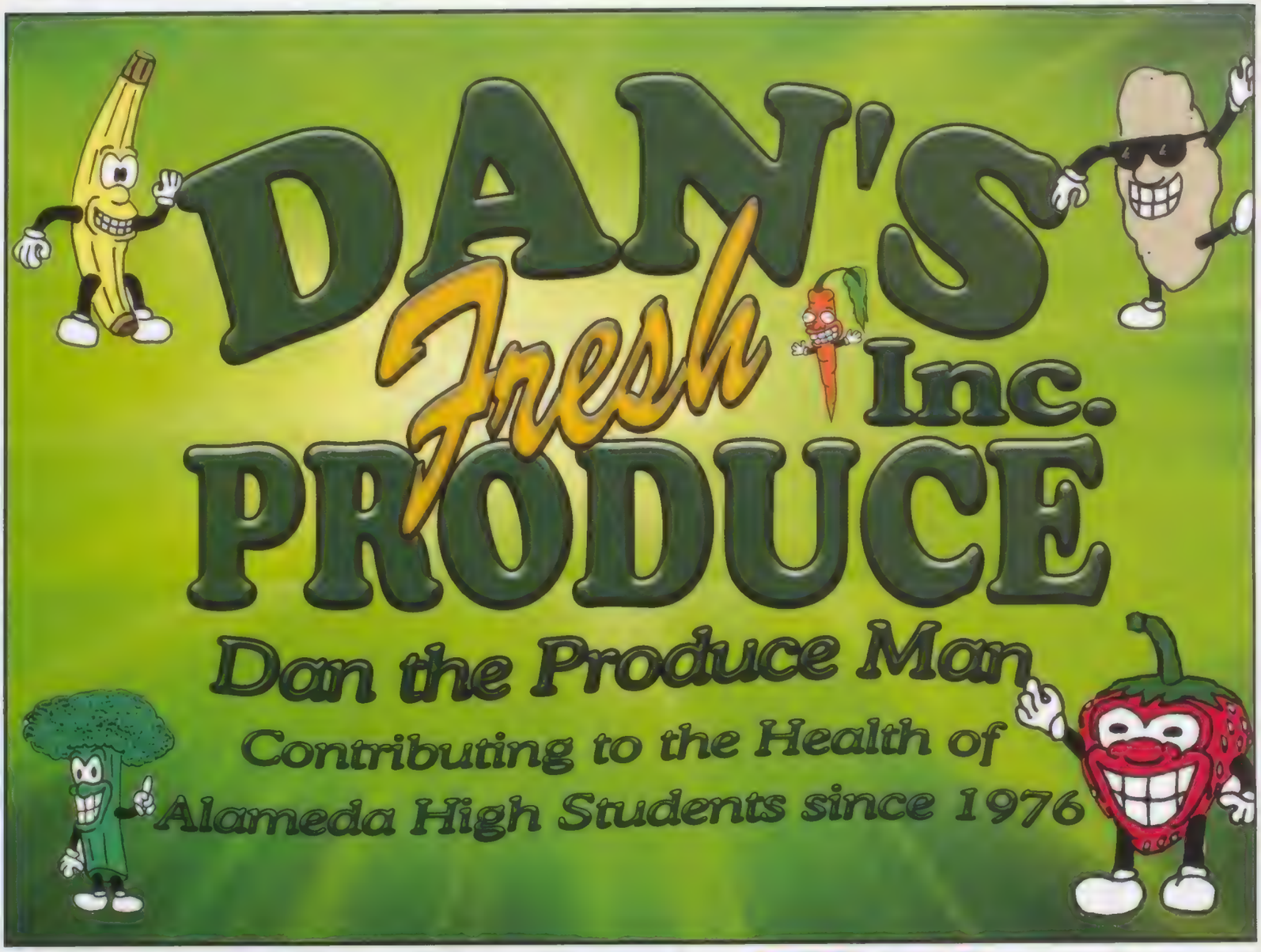

Thank you

The Acorn Staff would like to thank a few people without whom the yearbook would not be possible. Shelly Townsend has contributed countless hours to make sure the yearbook staff stayed on task and produced high quality work. We would like to thank the teachers and staff at AHS for putting up with interuptions by the yearbook staff. Additionally, we appreciate the parents who submitted great pictures for us to use. Edward Jay contributed his photos for us to use and Joel Capra of Pro Image Studios provided us with professional sports photographs. Magali Sourbes helped us with all things technical and saved us on many occasions.Thank you to all those unnamed who have cooperated with us while we did the best we could. Also, thank you to our yearbook T.A.'s Calvin Tran and Monte Krohn.

Acorn Staff, it was my pleasure spending so much time with you this year. Each one of you holds a special place in my heart. Ms. Schulman, wow! Thank you for stepping in and seeing this through. You have a real gift. Kelly, thank you for staying after so many days with me (and the taco). I enjoyed our time together. Sara O - no words can explain my appreciation for your commitment to this yearbook. Your vision is now a reality and it has been awesome getting to know you. You are a great editor, a talented designer, awesome photographer, gifted writer and an incredible person. Your future is very bright and I am better to have known you. I wish you all the very best things in life.
Your yearbook lady, Shelly

Ads by Andrea Myovich

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Zuranich, Corrin 97

Colophon

Volume 137 of The Acorn was produced by the yearbook staff and faculty adviser, Marisa Schulman at Alameda High School, in Alameda California. The book was printed by Balfour Publishing at their plant in Dallas, Texas. The account was serviced by Sales Representative Shelly Townsend and Russ Smotek The 288 pages, full color was submitted in PDF format for a press run of 1000 copies and sold $60-80.00 Photos were taken by student photographers and Pro Image Studios. Pages were designed using InDesign CS4 and Photoshop CS4. Cover is a four color litho with embossing.

Fonts used were Segoe UI, Whitewater, Tekton Pro, Vladimir Script, **Bell Gothic STD,** Eras Light ITC, Maximo and Trajon Pro.

PLEASE NOTE:

While we have made every effort to make the book as accurate as possible, it does contain human errors. We apologize for the mistakes and know that our staff has worked very hard to make this book possible.

Video Year in Review

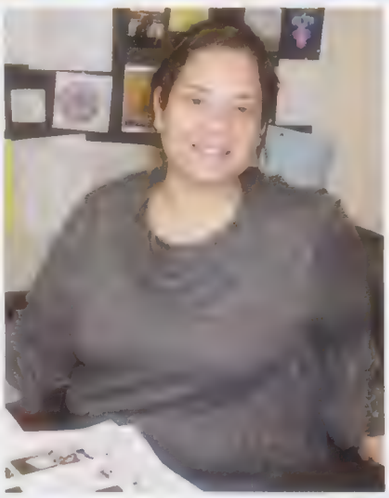
bal4.tv/stmobite

Use a free smartphone QR Code Reader app to view an exclusive video summarizing the year's biggest news and events!

View on your computer or on your smartphone.

YEAR BOOK

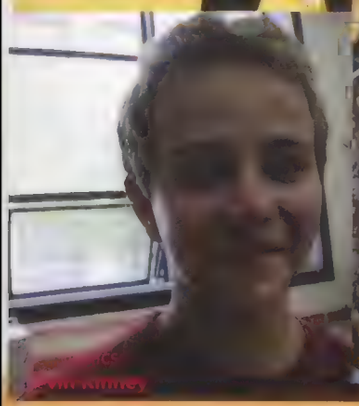
I am honored to be a part of yearbook for four years. I had an amazing staff that got through all the ups and downs of this year, overcame all obstacles and produced great results. I continue to be amazed when I hold the yearbook in my hand and reminisce about all the time and effort that went into making it. The greatest part is all the friends I made and the feeling of coming to the familiariarity of my second family. The whole experience has been amazing!
-Sara Osman

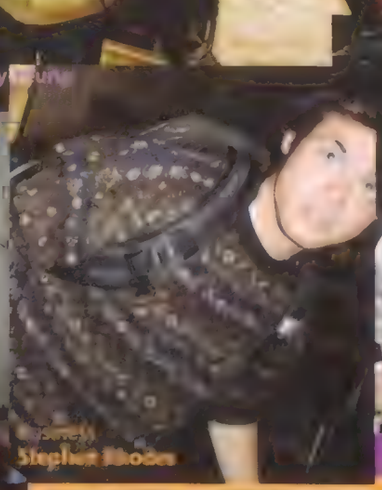


By a stroke of good fortune, I have the privilege of advising the yearbook class this year. While developing the book, staffers took on enormous responsibilities and stepped up to challenges. It is a transitional year for The Acorn and we owe a debt of gratitude to Shelly Townsend for getting us through! The success of this year's book is largely attributable to Sara Osman for leading her team with strength, commitment and compassion.
-Ms. Schulman

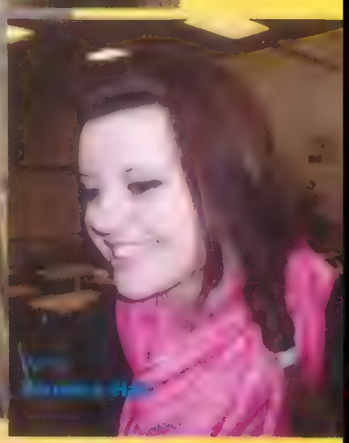
Meet the Editors

Kelly Huang, Jack[illegible] Quan, [illegible]

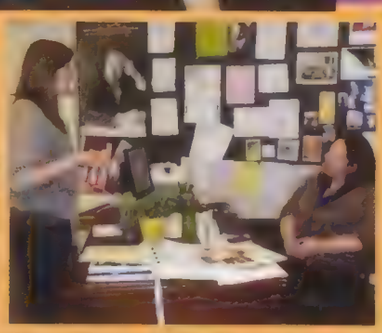




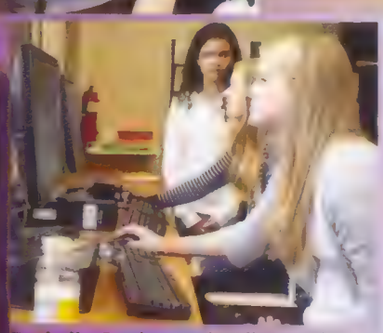
Stephen Rhodes



Kristen Rinck, '14, works on homework in between the lulls before she is assigned another page to work on.



Grace Friedman, 14, discusses page details with Ms. Schulman. This is a crucial step for all students in creating pages of the yearbook.

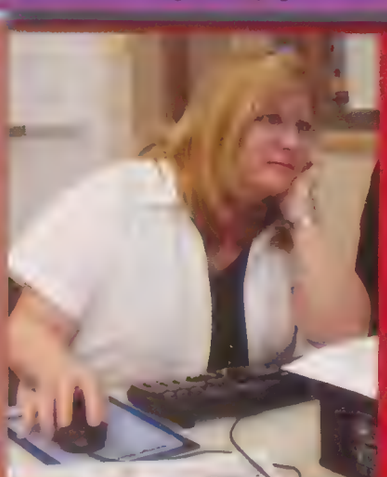


Rachelle Carrier, **Katie Allen**, and **Sarah Jo Ciapponi**, '14, use the program Indesign in order to create layouts, place pictures and create captions to make a yearbook page.

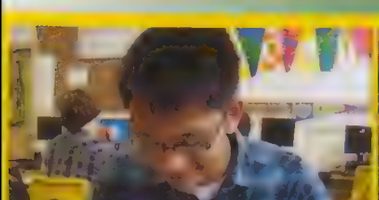
Angelica Rivera, 11, enjoys some brain food while working on her page.

In amazement, **Audrey Yeung**, '11, **Kelly Huang**, '11, **Grace Friedman**, '14, **Katie Allen**, '14, **Kevin Kinney**, '13, and **Ken Lee**, '14, gather around to look at this year's new cover!

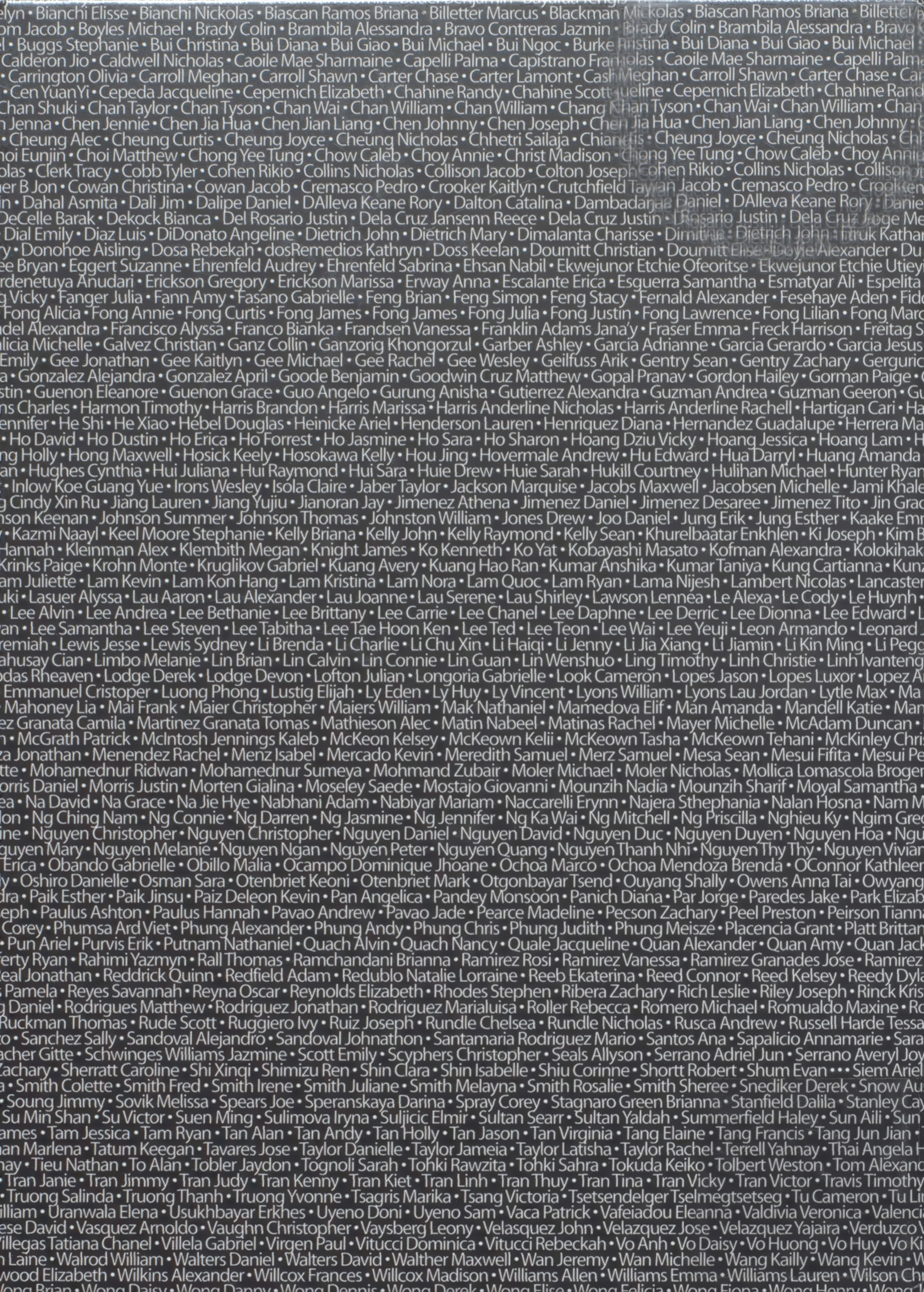
Ken Lee, '14, reads a book during class in order to pass the time.



Shelly Townsend, the amazing yearbook representative, spent countless hours helping us successfully create a yearbook.



Alvin Lee, '12, works diligently on correcting his proofs.

Angelica Parodi, 14, carefully writes a caption based on an interview she previously conducted

Casey Thiering, '12, steps away from the computer pondering about what is lacking on the page and what needs to be done in order to create a great layout